

# Sport in our life

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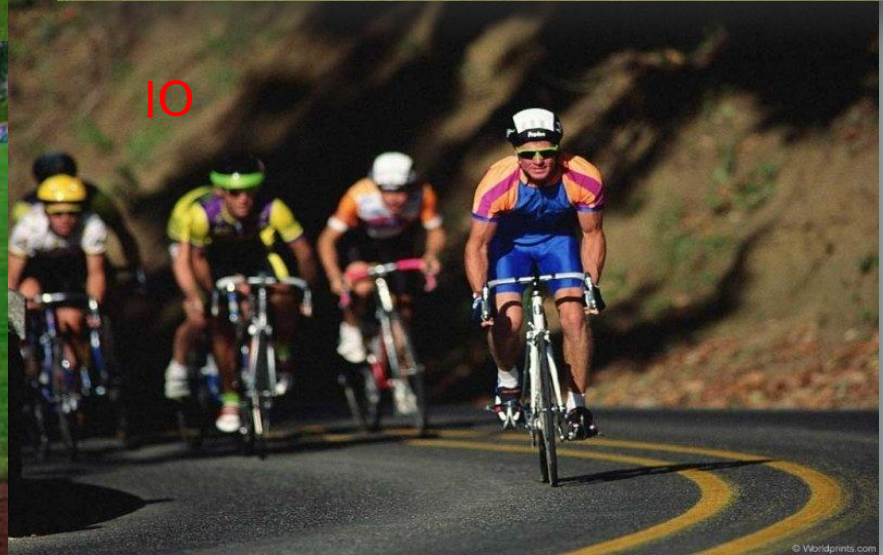


# Introduction

Sport plays an important role in our life. Sport makes people healthy, keeps them fit, more organized and better disciplined. People go in for many kinds of sports.

There are sports grounds near every school, every institute, every factory and plant. Besides there are sports clubs and sport school in every town.





# SUMMER SPORTS





# AND GAMES



# WINTER GAMES





# INDOOR SPORTS





# OUTDOOR SPORTS





# What kind of sport do you know?

**Football**  
**Basketball**  
**Volleyball**  
**Handball**  
**Tennis**  
**Table tennis**  
**Badminton**  
**Golf**  
**Cricket**  
**Gymnastics**  
**Track-and-field**  
**athletics**  
**Boxing**  
**Cycling**  
**Wrestling**  
**Rugby**  
**Baseball**  
**Fencing**

**Tobogganing**  
**Skating**  
**Skiing**  
**Figure skating**  
**Ski-jumping**  
**Hockey**

**Water polo**  
**Swimming**  
**Boating**  
**Surfing**

# Sports for everyb

I go out cycling every day,  
I get strong and fit that way,  
And I play football at weekends,  
With all my other healthy friends.  
We like to run and swim and walk  
Let's move around, no time to talk!  
So we enjoy sport anyway,  
We love to do sport every day.  
If the weather is OK,  
We can go fishing all the day.  
We can jog around the park.  
It's very good for the heart.  
Yes, we like to swim and run and walk,  
Let's move around, no time to talk!  
So we enjoy sport anyway,  
We love to do sport every day.



# Remember with what kind of activities we use do, play and go.

## To go

- cycling
- swimming
- climbing
- sailing
- fishing

## To play

- volleyball
- basketball
- badminton
- tennis
- cricket
- golf
- football
- handball

## To do

- athletics
- gymnastics
- exercises

**THANKS FOR YOUR  
ATTENTION !!!**