

**F**AST FOOD  
**AND**  
**S**LOW FOOD



## ADVANTAGES OF FAST FOOD:

1. HIGH SPEED
2. CHEAP PRICE



## DISADVANTAGES OF FAST FOOD:

### 1. FAST FOOD IS HARMFUL FOR OUR HEALTH



## ADVANTAGES OF SLOW FOOD:

1. IT IS LESS HARMFUL FOR OUR HEALTH AND SOMETIMES HELPFUL
2. IF YOU COOK YOURSELF IT MIGHT BE CHEAPER.





## DISADVANTAGES OF SLOW FOOD:

1. IT TAKES TIME TO COOK IT
2. HIGH PRICE OF QUALITY FOODSTUFF

