

# SPORT





# Definition of sport

Sport is organised or unorganised recreation. Today it usually implies competition, usually implies following rules, and often means competitive sports and games

# Types of sport

Physical sport

Climbing

Equine sports

Fishing

Flying disc sports

Football

Golf

Gymnastics

Handball family

Hunting

Ice sports

Kite sport

Mixed discipline

Orienteering family

Pilota family

Racquet (or racket) sports

Running

Sailing



# Popular sport in Russia

**Football** is a family of team sports that involve, to varying degrees, kicking a ball to score a goal. Unqualified, the word *football* is understood to refer to whichever form of football is the most popular in the regional context in which the word appears.

# Silly sports

Computer games

Reading books

Eating



Which sport is challenging for me?

