

Judo is considered a starting point in May 1882. At this time 21-year-old Japanese Jigoro Kano founded a school called "Kodokan" in Tokyo.



Judo was formed on the basis of jujutsu, originated as a system of fighting without weapons.



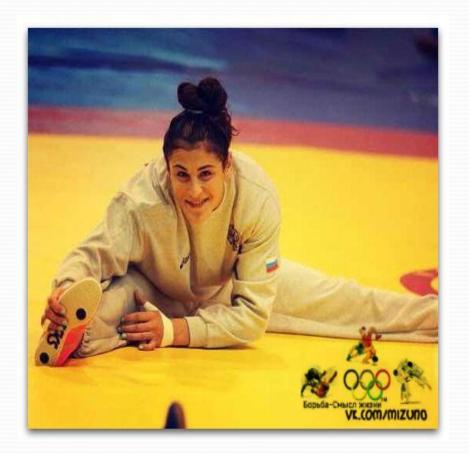
In 1886 Judo was recognized at the state level and was taught in the military and police academies, and soon became a physical training program in secondary and higher education institutions.



- Internationalization and development of the Olympic movement lead to the fact that in July 1951 the International Judo Federation was founded.
- In 1964, Judo became an Olympic sport.



- The first Women's World Championship was held in 1980.
- In Japan, judo regularly engaged about 8 million people .The number of "dedicated" Judo is second only to football.



- Judo keeps ancient traditions and the samurai code of honor.
- Judo brings not only physical strength, but mental health.
- Founder of this sport,
 Jigoro Kano, viewed judo
 as a philosophy of
 everyday life.



Judo Code of Honor includes such features as:

- courage,
- sincerity,
- honesty,
- modesty,
- self-control,
- loyalty in friendship,
- respect for others.



 Marta Labazina from Nizhny Novgorod in the 2013 Summer Universiade became the bronze medalist.

 Arsen Galstyan is an Olympic champion in judo in London 2012.

