

# My idol - Alina Kabaeva

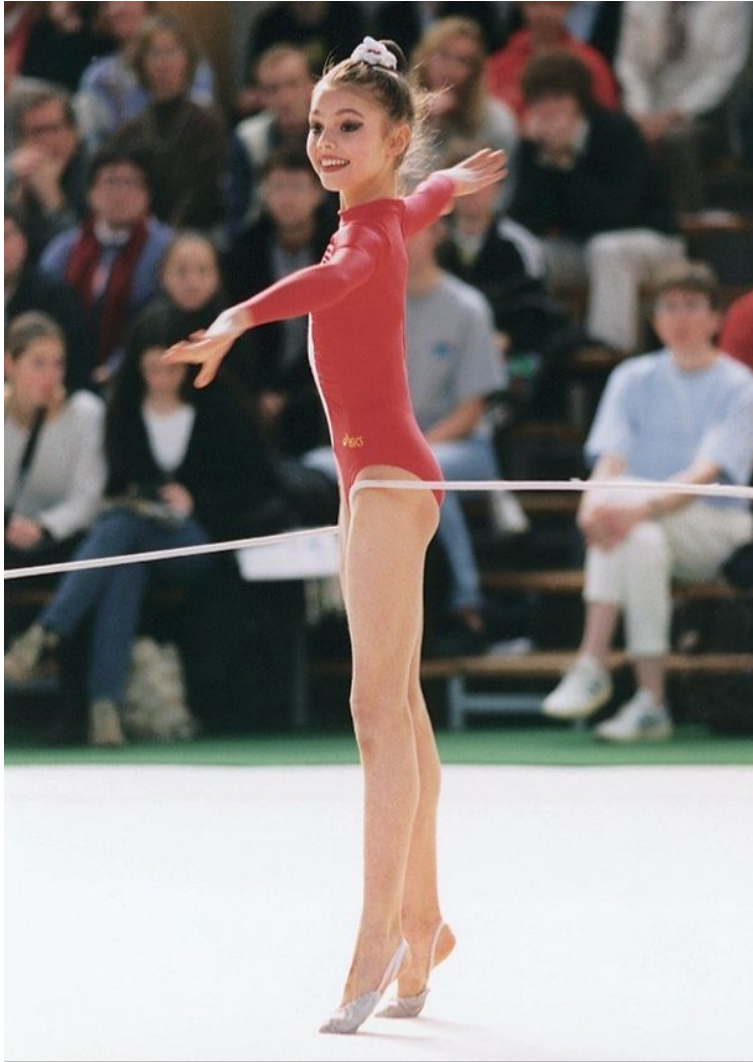


Performed 1st year student  
groups 71101  
Lysenko Lilya

# Biography

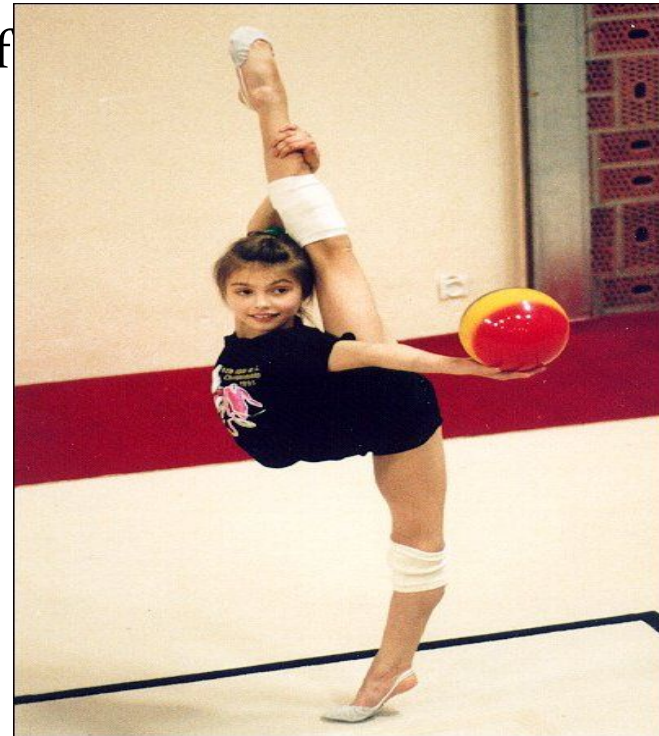
Was born in May 12, 1983 in Uzbekistan, in the family of athletes. Love Kabaeva - Alina's mother played in the national basketball team. The father, Marat Kabaev, devoted his life to the football team Pakhtakor. Alina has a younger sister, Leysan.





All her childhood, Alina spent in training and collecting their parents. Parents did not force Alina to follow in her footsteps and did not want her daughter to repeat their difficult fate. When the adults saw in Alin sports potential, they gave it to figure skating, later it was decided to bet on artistic gymnastics. This happened due to the lack of serious schools for the training of figure skating in Tashkent. At 3.5 years old the girl was already engaged in gymnastics.

When Alina - a child with high hopes, reached all possible heights in 12 years in Tashkent, the family decides to move to Moscow. The capital gave the young athlete the opportunity to study in the gym with the legend of gymnastics - Irina Viner. When Wiener first saw Alina, she was horrified. Everything in this girl was not so: age, weight, figure, physical training, but among the shortcomings of the girl, Wiener could see the true talent of the young gymnast. Wiener put a lot of energy into Alina: a constant diet, training until exhaustion. Aline's efforts quickly crowned with success. She lost weight, strengthened her skills, and in 1996 quickly joined the Russian national rhythmic gymnastics team and began to receive popular titles.





In 1999, Alina became a two-time world champion and the absolute champion of the world in rhythmic gymnastics, it happened in Japan. In Madrid, she won the next world title. Year after year the athlete reached new heights in his career, proving that on the planet no one is better than her. In 2004, at the Olympic Games in Athens, she was not equal. The only athlete in the world who managed to look into the Guinness World Records for 15 years. The girl managed to win the title of world champion in rhythmic gymnastics 4 times. Alina achieved success in sports, politics, show business.

In 2005, Kabaeva became a member of the party "United Russia". Later, she began to engage in charity. In 2007, she was elected to parliament from the party. Now she works as deputy chairman for youth affairs. The channel "7 TV" presented the audience Alina Kabaeva as the host of the "Empire of Sports" program. The musical group "The Game of Words" wrote a song about the champion and shot a video with Alina herself, in which she played herself.





**Thank you for  
attention!**