

Fyodor Vladimirovich Emelvanenko



Golikova Victoria 1Э-1

- Full name- Fyodor Vladimirovich Emelyanenko
- Nickname- Last emperor
- Nationality -Russia
- Date births on September 28, 1976 (48 years)
- Place-Rubezhnoye's births, Luhansk region, USSR, USSR
- Accommodation- Moscow, Stary Oskol, Russia
- Height is 183 cm



Family

The spouse is Oksana (1999 — 2006, 2013 — N of century)

Marine (2009 — 2013)

Children - Maria (a sort. 1999)

Vasilisa (sort. 2007)

Elizabeth (sort. 2011)

Famous relatives Alexander of Yemelyanenko, brother

Mother- Olga Emelyanenko

Father- Vladimir Emelyanenko



How does Fedor Emelyanenko train?

- Run. The general distance for a training - 15 km.
- Pullings up. Considering the big weight of the athlete (106 kg) of 40 times for approach which he carries out - it is just really impressive result.
- Push-ups. Various ways of performance of push-ups are involved.
- Exercises on endurance. Favourite exercise of Yemelyanenko - with a sledge hammer and a tire.



Education

By training he is an electrician (the diploma with honors of technical training college No. 22 in 1994). Later, in 2009, being already recognized master of hand-to-hand fight, Fedor has graduated from faculty of physical culture and sport of the Belgorod State university. At present in the same place passes a postgraduate study.



Statistics in mixed martial arts

Fights 42

Victories 36

- knockout 11
- delivery 16
- decision 9

Defeats 5

- knockout 4
- delivery 1

Not taken place 1



Political activity

Since September 3, 2007 Fyodor Yemelyanenko is a member of political party "United Russia". In October, 2010 Yemelyanenko has been elected in the Belgorod region дума as a part of the list of candidates from the party. In the election program of the fighter considerable attention has been paid to development of youth movements and the sports interests of the public. Having been elected, Yemelyanenko has told that he "will monitor respect for human rights and it is better to do life of people". In August, 2012 Yemelyanenko became member of council on development of physical culture and sport then with family I have moved from Stary Oskol to Moscow. Same year Fedor has resigned authority and became the adviser to the Minister of Sport of the

