

My sport idol

- Jay Cutler (born August 3, 1973, Worcester, Massachusetts, USA) - American bodybuilder, four-time holder of the title "Mr. Olympia" (2006, 2007, 2009, 2010).

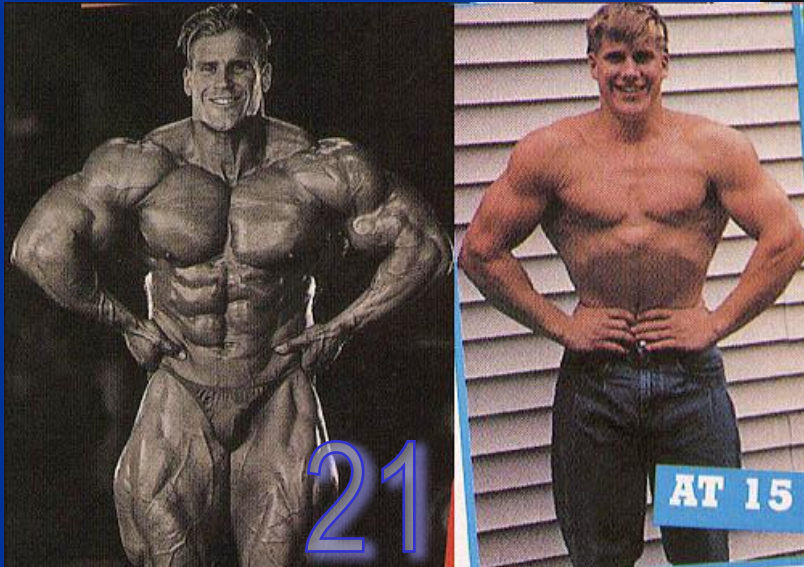


Childhood

As a child, Jay worked at the construction site of his father and in his brother's business, probably this influenced him as a bodybuilder - Cutler learned a long and hard work. In his school years, Jay traveled a lot and often changed his place of study. He never suffered from a lack of attention and was quite a popular person. At school, J was professionally engaged in American football. After leaving school in 1991, he entered the Quinsigamond Community College and was educated in Associate Degree in Criminal Justice. Since Jay did not participate in college sports, he began to work independently in bodybuilding, and soon achieved good results.



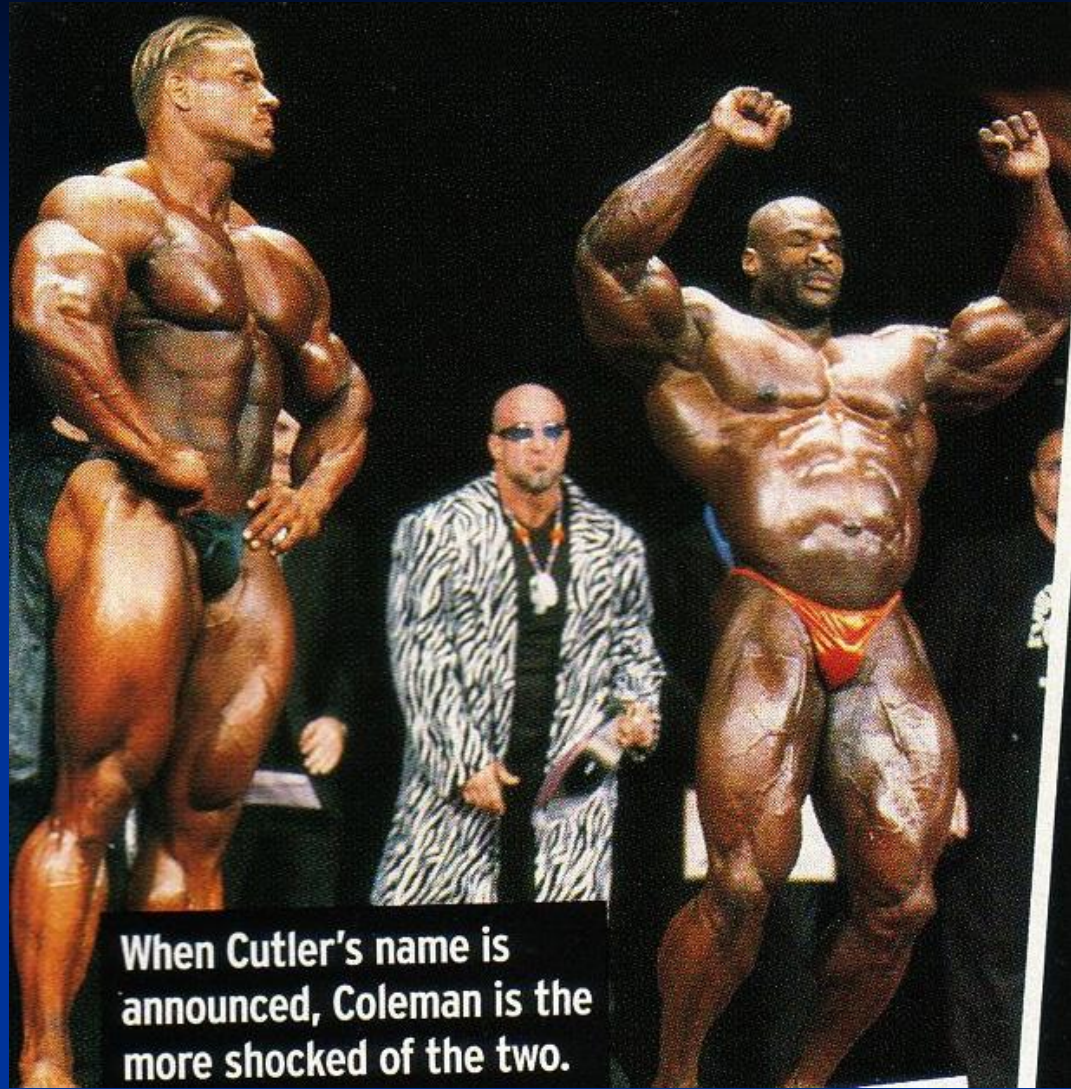
- The first sporting achievement in the biography of Jay Cutler is the victory in the "Iron Bodies Invitational" competitions in 1993. Then the victories came: "NPC Teen National Bodybuilding Championship" in 1993; "NPC U.S. Tournament of Champions" in 1995; "NPC U.S. Men's National Bodybuilding Championship" in 1996, the same year Jay Cutler gets a **Pro card**.



- Since 1996, Cutler-professional has been competing aggressively.
- The first success to Jay Cutler came in 2000 at the "Night of Champions" competition - 1 place, then he went around more massive athletes, such as Paul Dillet and Marcus Ruhl! Jay also tried his second time on "Mr. Olympia 2000" - 8th place.



- A real breakthrough happened on "Mr. Olympia 2001" - the 2nd place where Jay was leading in points and only at the last minute Ronnie managed to snatch victory from 28 year old Jay Cutler. Many consider this victory controversial. Jay announced for the tournament "Arnold Schwarzenegger Classic 2002" and confidently wins!



- In 2003, many are called the year of Jay Cutler! He again won "Arnold Schwarzenegger Classic 2003", "Ironman Pro Invitational 2003"; then won the "San Francisco Pro Invitational 2003". Such successes do not happen by chance. And it became clear to many!
- In the following year, 2004, Cutler could only participate in Olympia. And if that happened, the history of our sport might have to be rewritten. Imagine a whole year of preparation! However, then Arnold classic Cutler could not miss. "Arnold Schwarzenegger Classic 2004" - 1 place. Followed by Olympia 2004, new rules that were supposed to help other athletes get close to Ronnie Coleman. Olympia 2004 » - 2nd place and 3 points lost 7x Mr.O Ronnie Coleman!



- The 2005 Olympia is also taken by Ronnie Coleman.
- Jay is still the second.



- «Mr. Olympia 2006» - 1 место !!! Джей Катлер побеждает Ронни Колемана ! «Mr. Olympia 2007» - 1 место.



- "Mr. Olympia 2008 "- 2 nd place." Mr. Olympia 2009 »- 1 place and the best form for all career! "Mr. Olympia 2010 "- 1 place. Jay defeats his best friend Phil Heath. For Cutler it was already 4 victory in the tournament Mr. Olympia!" Mr. Olympia 2011 "- the 2 nd place.



■ The time goes by, Cutler was already 38 at that time, and earlier he had said that he was going to compete only up to 32-33 years. Why? It turns out that Cutler is afraid for his health. Here's the quote: "Staying healthy after 10-15 years of performances, - he says, - it's for the pros achievement of a steeper victory at Olympia ...

■ Now Jay is busy with business and promoting his brand



■ Thank for Attention.



Prepared
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