

The History of the Olympic Games

Long ago ancient Greeks often waged wars.

Small states suffered and lost much even if they did not take any side and stayed out of wars. The ruler of such a small state, Elis, wanted to live in peace with all neighbours. He was a good diplomat because his negotiations were successful and Elis was recognized a neutral state. To celebrate this achievement, he organized athletic games

In the beginning this feast lasted one day, but later a whole month was devoted to it. All wars and feuds were stopped by special heralds who rode in all directions of Greece. The games were held every four years in Olympia on the territory of Elis. The first games which later were called the Olympic Games were held about a thousand years before our era.



Summer and Winter Games are held separately.

There are always several cities wishing to host the Games. The most suitable is selected by the International Committee. After that the city of the Games starts preparations for the competitions, constructs new sports facilities, stadiums, hotels, press centres.

Thousands of athletes, journalists and guests come to the Games, and it takes great efforts to arrange everything. There is always an interesting cultural programme of concerts, exhibitions, festivals, etc., for each Games.









The Olympic flag has a motif of five interlocking the five inhabited continents of the world rings on a white background. The five rings represent and symbolize universal brotherhood. The six colours, the white of the background and the blue, yellow, black, green, and red of the rings, represent the nations of the world, since every national flag contains at least one of these colours. The ceremonial embroidered flag, by the Olympic rules, must reside in the principal municipal building of the host city until the next Games.







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Usually, when talking about winter sports we have in mind all sports having to do with ice and snow.

But some sports such as hockey and figure skating, should be considered summer sports.

They are played all over the world on artificial ice

rinks.

It is interesting to participate in speed races, but it is much more interesting to watch speed races.

Hockey is played on a rink forty metres long by six players on each of two teams.

It is very interesting, fast, and dynamic game.
It is played with a puck and long straight sticks with an angle at the bottom. The team that scores the most goals wins.

One more exciting kind of winter sports is

ski-jumping.

Winter Sports



If you want to be healthy, strong and beautiful you should go in for sports. If you want to keep yourselves fit, you should go in for sport regularly. Nobody likes to be stout and clumsy.

We enjoy watching nice bodies of sportsmen, their strength and adroitness.

When I go in for sports I feel wonderful. I am cheerful, active and full of energy. Sport is very important in our life. Sport helps people to keep in good health







why I'm a fan of the Olympic games

I love the Olympics, because that is where our country may seem like a lot, what can her children! Nice to see the Olympic Games as the summer and winter, cheer on our own. Eyes a rest when you look at how run skiers on snow among the pines and firs. Good to see figure skating, skaters in the artistry, as well as look at the skaters and luge. It will be exciting when slalom skier with great speed from the mountain, skirting obstacles, racing to the finish line. Olympic Games are a great event where countries demonstrate their achievements in all senses

