## TURKISH CULTURE





### THE CAPITAL OF TURKEY, ANKARA OR ISTANBUL?

Ankara - is the official capital of modern Turkey, and Istanbul is the largest city of Turkey and the former capital of the Roman, Byzantine and Ottoman empires. Ankara is the second largest city (population 4 million.) Turkey after Istanbul, administrative, political and cultural center of Turkey, city ministries, embassies and universities.





## **National clothes**



Tulip Festival in Istanbul (Istanbul Lale Festivali) - the world-famous flower festival, a colorful event, which attracts lots of tourists to Turkey. This magnificent festival is held every spring, about a month. Every year in April, Istanbul turns into a floral masterpiece and becomes tulip capital of the world





"Children - flowers of life!" - For every citizen of Turkey, this expression has a special meaning. One of the national peculiarities of the people is the selfless love of the younger generation. Turkish families tend to have many children, the norm is the presence of three or more children. The date of the national celebration is on 23 April.





# In Turkey, traditionally a huge selection of sweet and pastry dishes and treats.

Baklava - soaked in syrup sweets made from dough with pistachio nuts Tulumba - the sweetness of the dough cylindrical shape with delicate ribs soaked in sugar syrup





### The drinks

Coffee - Coffee-legged taken finely ground coffee, sugar (to taste) and water in a specially slightly conical shape of the coffee maker ("Turk", a tour or Cezve ibrik.). Sugar is added during cooking, to the finished coffee is nothing to be added and it does not stir, so as not to damage the foam. Therefore indicate when ordering - how much sugar put, and put it there at all.

When it comes to woo the bride prepares coffee for them. If the coffee is sweet daughter agrees to marry and if bitter coffee that she did not agree to marry.

Raki - Turkish national drink. This anise alcohol "vodka" when used diluted with water. As a result, anise isolated and formed a milky-white liquid. Raky used in modern Turkey everywhere. Fortress undiluted beverage and from 40 ° to 70 °.





If the house has an unmarried girl, a woman and she is ready to get married, the grooms are given a kind of "signal" - on the roof ... namely, chimney ... exhibited an empty bottle. And anyone who has raked the bottle can become a husband for a girl.



"Night of Henna" - is an important part of national ceremonies and wedding traditions in Turkey. Held this holiday in the female part (harem) of the house where the young wife will live after the wedding - most often it is the house of the groom. And at the same time, while women with the bride perform traditional rites "Henna Night", the men gather at the male half of the house (or other house of the groom) and celebrate this event separately. In any Turkish woman "Night of Henna" can only be a once in a lifetime, which makes this holiday special meaning.





#### Dining etiquette

It should be noted that the Turks never eat alone and do not snack on the go. At the table sit usually three times a day, preferring to do it as a family. Breakfast includes bread, cheese, olives and tea. Lunch is usually quite late, beginning only after collecting all the family members. Lunch menu mostly consists of three or more dishes that are eaten sequentially, and each dish is served lettuce or other greens. By lunchtime, made to invite guests, neighbors and friends, but in this case, the meal and the menu selected in advance



