

# Thanksgiving Day

A photograph of a Thanksgiving dinner table. In the center is a large roasted turkey on a platter, surrounded by cranberry sauce, stuffing, and bread. The table is set with white plates, silverware, and glasses. The background shows a dining room with chairs and a window.

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Thanksgiving is a chance for many families to reunite for the first time in many years, it's a good time to think about loving and caring for others, as well as to understand why you feel grateful.



# Thanksgiving Day

It is celebrated on the second Monday of October in Canada and on the fourth Thursday of November in the USA. From this day begins the festive season, which includes Christmas and continues until the New Year.



# History of the holiday

Thanksgiving Day is one of the oldest American holidays, its origin is associated with the first settlers from England who arrived in the New World on the ship "Mayflower". After many months of intense navigation, the settlers reached America in November 1620 and immediately faced severe winter. In the first winter on the new continent, more than half of the settlers died of cold, hunger and disease. The survivors founded the colony of Plymouth, the oldest settlement of the English in America, and with the help of local Indians began to cultivate the land.

The reward for these works was an unexpectedly plentiful harvest - and the first governor William Bradford decided to spend in the autumn of 1621 Thanksgiving Day to the Lord for the harvest and help of the Indians. During the festive table, the elders of the colony were invited and local Indians from the Vampanoag tribe who helped to survive the settlers. Indians brought with them four strange birds, later called turkeys - this meal was the first Thanksgiving Day.



The first settlers were Puritans, deeply religious Christians. They saw in this holiday a deep meaning, an opportunity to thank the Almighty for his mercy. However, later in the US and Canada, this holiday largely lost its religious significance and became a nationwide civil celebration.

After gaining independence, the young country needed its own holidays and traditions, and the first President George Washington in 1789 signed a decree on the celebration of Thanksgiving as a national holiday on November 26 each year. In 1864, after the end of the Civil War, Abraham Lincoln proclaimed the Thanksgiving Day on the last Thursday of November of each year, and in 1941 in the United States was adopted, legally approved this date of celebration.



*National dishes*



## **1 Baked turkey**

She is the most important dish for Thanksgiving. A dish for which any American will travel half the country, only to be in the parents' house and try a turkey performed by his mother.



## **2 Cranberry sauce**

Whichever the filling is, and whatever recipe for turkey cooking is used, the baked poultry is always served with cranberry sauce. By the way, on Thanksgiving Day Americans eat a fifth of the whole cranberry, which they use for a year.





### **3 Mashed potatoes with cheese**

Mashed potatoes are a traditional side dish for turkey. We suggest making it quite sharp and adding cheese.



## **4 Pumpkin Pie**

Pumpkin is the main decoration of the table for Thanksgiving. Still from it make a pumpkin pie, similar to a cheesecake, and pour it with whipped cream.



# *Entertaining programs*

## *(games)*

Go for a walk with your family. Do not forget to take a dog for a walk, especially if the dog also ate excess on the holiday.

Entertain guests. Play charades, tell stories, see photos, share news, etc.

Read something. It's time to read something that you wanted to read for a long time, but could not because of the lack of time.

Watch the movie. Look for a suitable movie in the TV program or get your favorite DVD. Play some board games. If the children are still active, invite them to come up with a board game, and then play it.





*Thank you for  
attention*