

GPOY"Chita Medical College"

**Influence of bad habits
on the health of a
pregnant woman**

**Completed: Mylnikova.SV
Checked: Makusheva.TV.**

The Effect of Cocaine

Consumers of cocaine have an increased risk of stillbirth due to placental abruption.

The abuse of cocaine leads to the birth of premature infants.

The effects of cocaine on the fetus:

- slowing of fetal growth;
- development of fetal tachycardia;
- reduction in fetal body size and slowing of brain growth;



Harm to smoking for pregnant women

SMOKING AT THE PRESENT TIME IS A BAD HABIT ACCEPTED BY SOCIETY.

Complications of pregnancy:

Vaginal bleeding is possible, as well as blood flow disorders in the placenta zone. Increased risk of congenital



Pregnancy and alcohol

- ◆ When alcohol gets into the blood, the liver, blood vessels, and the brain suffer;
 - ◆ the destruction of eggs responsible for genetic health,
 - ◆ risk of a child with a pathologically low body weight,
 - ◆ weakened immunity, a lag in physical and mental development.



Addiction

Chronic disease, which is characterized by painful dependence on the intake of psychoactive substances.

❖ **Drugs result in a deficiency of nutrients;**

❖ **anemia (anemia);**

❖ **slow development of the fetus;**

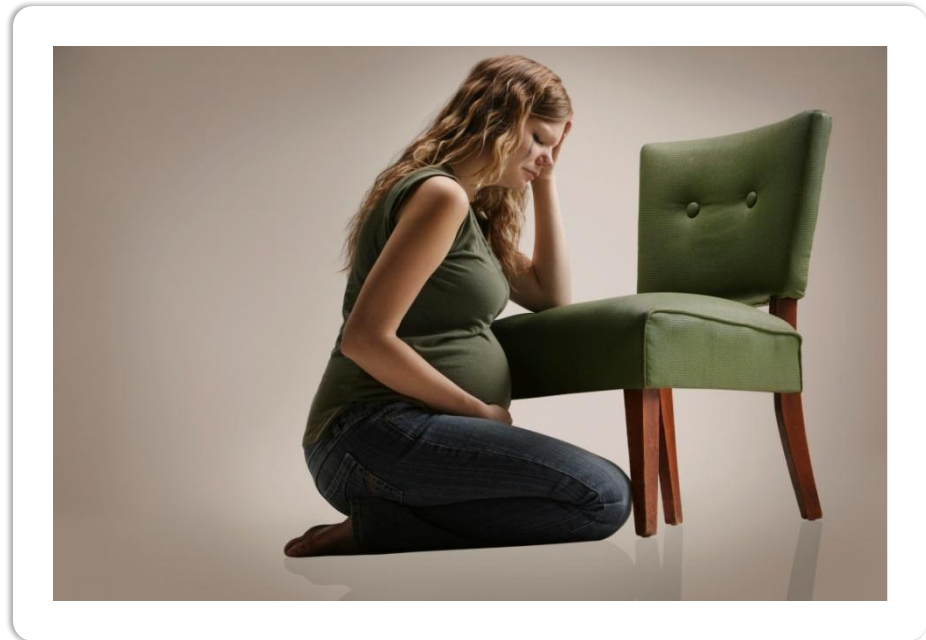
❖ **The predisposition to the birth of children with defects of intrauterine development is also increasing.**



Depression during pregnancy

this is a mental disorder in which there is a loss of interest in life, a negative or indifferent attitude toward oneself and the surrounding world prevails, and sharp mood swings.

- **Lack of hormones in the body of joy;**
- **Current problems of health of the future mother;**
 - **Increased fatigue;**
- **Problems in the family, domestic character;**



Bibliography:

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- Правильное питание: <http://www.happy-giraffe.ru/community/2/forum/post/7203/>
- Беременности и депрессия



Thank you
for your attention



bye

