

# AUSTRALIAN CUISINE





# INTRODUCTION

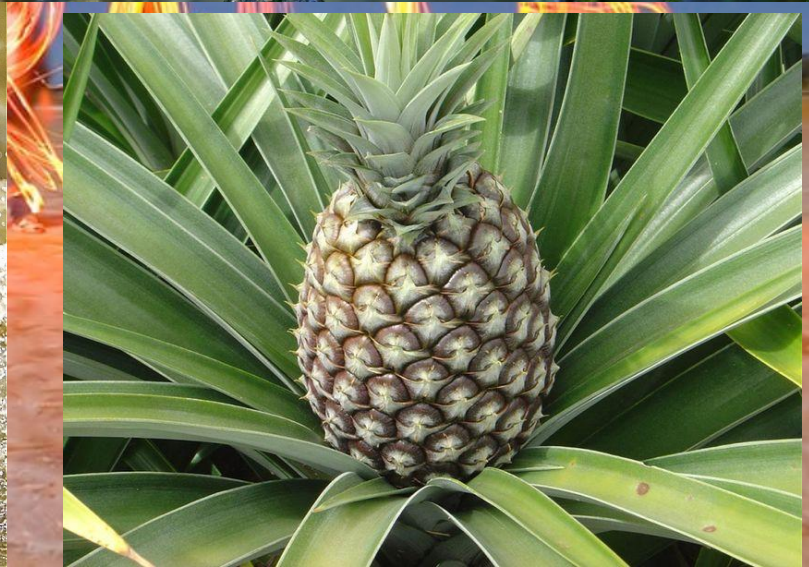
- For a very long time Australian cuisine was influenced by British



- It experiences a strong influence of Chinese, Japanese and Italian cuisines. This is due to the large number of immigrants arriving in Australia



- Australia is full of exotic animals and plants that are not found in Europe or Asia, so it has all reasons to be the first in product's diversity





# MEALS FORMED BY THE ENGLISH MODEL

**Breakfast** in Australia consists of vegetables, bread, eggs, sausages, ham or one hot dish.

**Lunch** is also resembles English: steak with potatoes and onions, pate of meat or salad with mayonnaise, decorated with «Chester». However, Australians can be content sandwiches.



**Dinner** consists of soup or appetizer, a meat or fish dish and a dessert.



# FEATURES

- Australians eat a lot of beef and a little lamb.
- Mussels are almost not used in Australian cuisine but it's widely used lobster and oysters
- In addition to vegetables, Australian eat tropical fruits, such as taro, papaya, bananas, pineapples exc.





They consume a lot of fish, including native species such as shpeper (tastes like pike perch), barracuda – with a pretty tough meat



There is a very interesting method to fry fish: on the embers put a thick layer of grass, than fish and than again a layer of grass and cover it hot coals.



# DRINKS

- Australians prefer to drink tea. Also they drink coffee, milk, fruit water, beer. Soft drinks are prepared from fruit juice with lemon, mint leaves and ginger, Very popular milk shakes and ice cream.



Australian wines are made from cultured French, Spanish, Portuguese grape varieties.



# AUSTRALIAN DESSERT

- Among the desserts we should mention Lamington – sponge cake circumfused chocolate fondant and sprinkled coconut shaving.
- Initially Lamington made of biscuit dough with stuffing of strawberries or raspberries





# THANK YOU FOR YOUR ATTENTION!



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