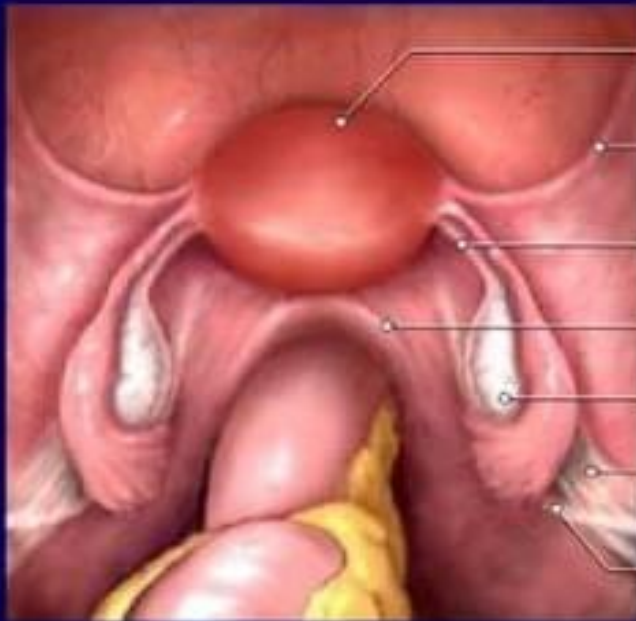


# **Benign tumors of the female genital organs**



# Topographic Anatomy



1. Uterus
2. Round ligament
3. Utero-ovarian ligament (proper ovarian ligament)
4. Uterosacral ligament
5. Ovary
6. Suspensory ligament of the ovary
7. Ureter

Benign ovarian cysts are commonly encountered problem in gynecological practice and often asymptomatic the clinical course and tend to regress. Their presence is one of the most common causes of hospitalization of patients in gynecological hospitals. So at the age of 65 years, according to some authors, 4% of all women have ever been hospitalized with this diagnosis.

90% of ovarian tumors are benign, although this index varies with age. Among the tumors that require surgical treatment in the premenopausal period, 13% are malignant, and after the menopause, this index reaches 45%.

The main objective in the management of patients with benign ovarian tumors - avoidance the possibility risk of malignant growth and prevention of complications. While at younger women should avoid unnecessary interventions that violate fertility.

Ovarian tumors are physiological or pathological and formed with any tissue, which is included in the composition of the ovary. Most benign ovarian tumors are cysts, but the presence of solid components increases the risk malignization. However, benign tumors such as fibroma, Corpus Luteal cysts, mature teratoma (Dermoid Cyst) and Brenner's tumor, usually contain solid components.

The management of each of ovarian tumors is different. However, only when a specimen is analysed in the pathology laboratory can we know for sure what the diagnosis is. A clinician has to utilise his clinical acumen and the results of investigations to help determine management and make a clinical diagnosis.

## Tumours of ovaries are divided into two basic groups:

- blastomatous (proliferating) tumours of an ovary, or a cystoma;
- non blastomatous (not proliferating) tumours of an ovary, or a cyst.
- Blastomatous tumours (cystoma) are the true tumours having unlimited growth.
- Not blastomatous tumours (cysts) have limited growth and reach small size.

# The classification of benign ovarian tumors

## (for the histological conclusion)

### **Functional cysts**

- \* Follicular cyst
- \* Corpus Luteal cyst

### **Germinogenic benign ovarian tumors**

- \* Mature teratoma (Dermoid Cyst)
- \* Immature teratomas

### **Epithelial ovarian tumors**

- \* Serous cystadenoma
- \* Mucinous cystadenoma
- \* Endometrioid cystadenoma
- \* Brenner's tumor
- \* Clear Cell tumor

### **Benign sex cord / stromal ovarian tumors**

- \* Granulosa tumors
- \* Theca cell tumors
- \* Fibroma
- \* Sertoli/Leydig tumors

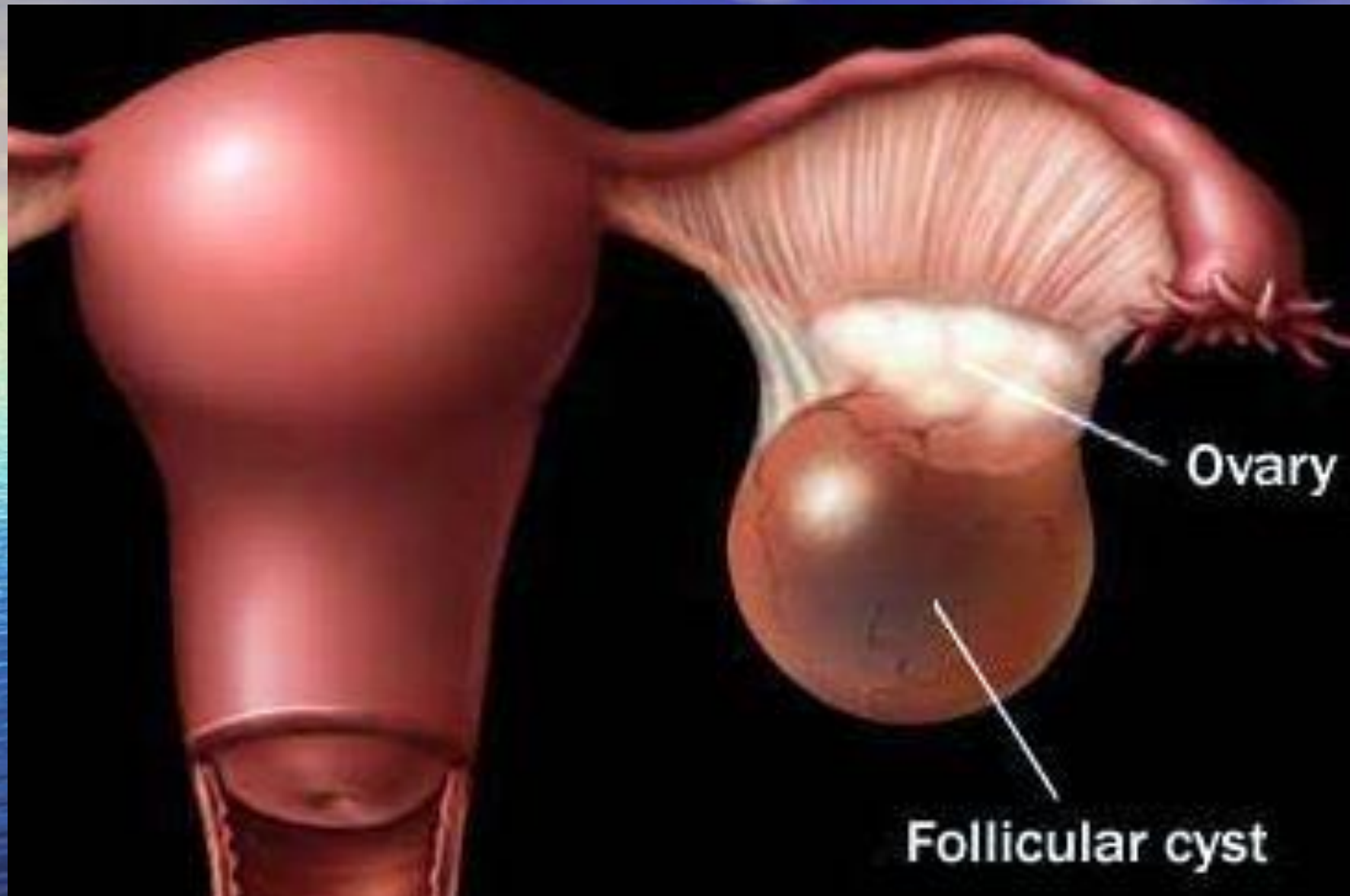


# **Follicular and Corpus Luteal cysts (lutein cysts) occur in reproductive life and can be confused with neoplastic lesions.**

follicular cysts - tumorous formations which educe on a background of inflammatory process owing to accumulation of fluid in a cyst-atretic follicle, or can be caused by infringement of hypothalamic-hypophysial regulation of function of ovaries; cavitory, thin-walled unicameral formation, unilateral, 2-7 cm in diameter; sometimes hormonactivity as contain estrogens.

lutein cysts - are surveyed as anatomical variant of normal constitution of corpus luteum; can be consequence of inflammatory diseases of ovaries or hyperproduction of gonadotrophic Hormones by adenohypophysis; at girls appearance of cyst is connected to hypersecretion of Prolactinum, arise in the period of sexual maturity, is more often at biphase menstrual cycle.

The management is usually by observation alone. These cysts can also be treated by suppressing ovarian activity with the contraceptive pill. Sometimes for failure of conservative therapy it is necessary perform an ovarian cystectomy.



**Germinogenic benign ovarian tumors** can be benign mature teratoma (Dermoid Cysts, Struma of an ovary) or immature teratomas. They contain elements from all three embryonic germ lines (mesoderm, ectoderm, and endoderm).

**Mature teratomas** account for a quarter of all benign ovarian cysts (50% in women under 20). Mature teratomas are dermoid cysts arise from all three rudimentary lists, is more often onesided, mobile, a dense or irregular consistence, with a smooth surface, growth is sluggish, have tendency to peduncle torsion, one or multichamber, lumens are filled with lard, a hair, jelly-like cloudy mass; sometimes the tumour is proved pains of different intensity and duration; signs of premature puberty which do not regress after an oncotomy are sometimes observed; a malignancy infrequent in a teratoblastoma. Clinically is shown by peduncle torsion or breakage of capsule. **Treatment:** an oncotomy together with the damaged ovary. Diagnostics of dermoid cyst does not represent difficulties: a firm consistence of a tumour, motility, a locating ahead from a uterus, very sluggish growth.

**Struma of an ovary** - a tumour which on histological structure is very similar to a thyroid gland. This tumour concerns to a mature teratoma. It is routinely onesided, grows quickly, but preserves benign character. Occurs early as the increasing phenomena of thyrotoxicosis combined to presence of tumour of ovary (a fast-growing, dense consistence, with pulled surface, concerning the small dimensions, on a peduncle). Treatment is surgical - removal of cystoma together with an ovary.



**Immature teratomas** (teratoblastoma) – can occur but are rare. They are low differentiated tumours, have very malignant course, the tumour quickly grows, burgeons a capsule, yields metastasises in retroperitoneal lymphonoduses, hematogenic - in a liver, lungs, a brain. At gynecologic survey the tumour that leaves an ovary is defined tuberous, an irregular consistence. In a blood a high level of  $\alpha$ -fetoprotein. **Treatment:** a hysterectomy with bilateral removal of ovaries, an omentum, an appendix, in the postoperative period - a chemotherapy, as at embrional to a carcinoma.

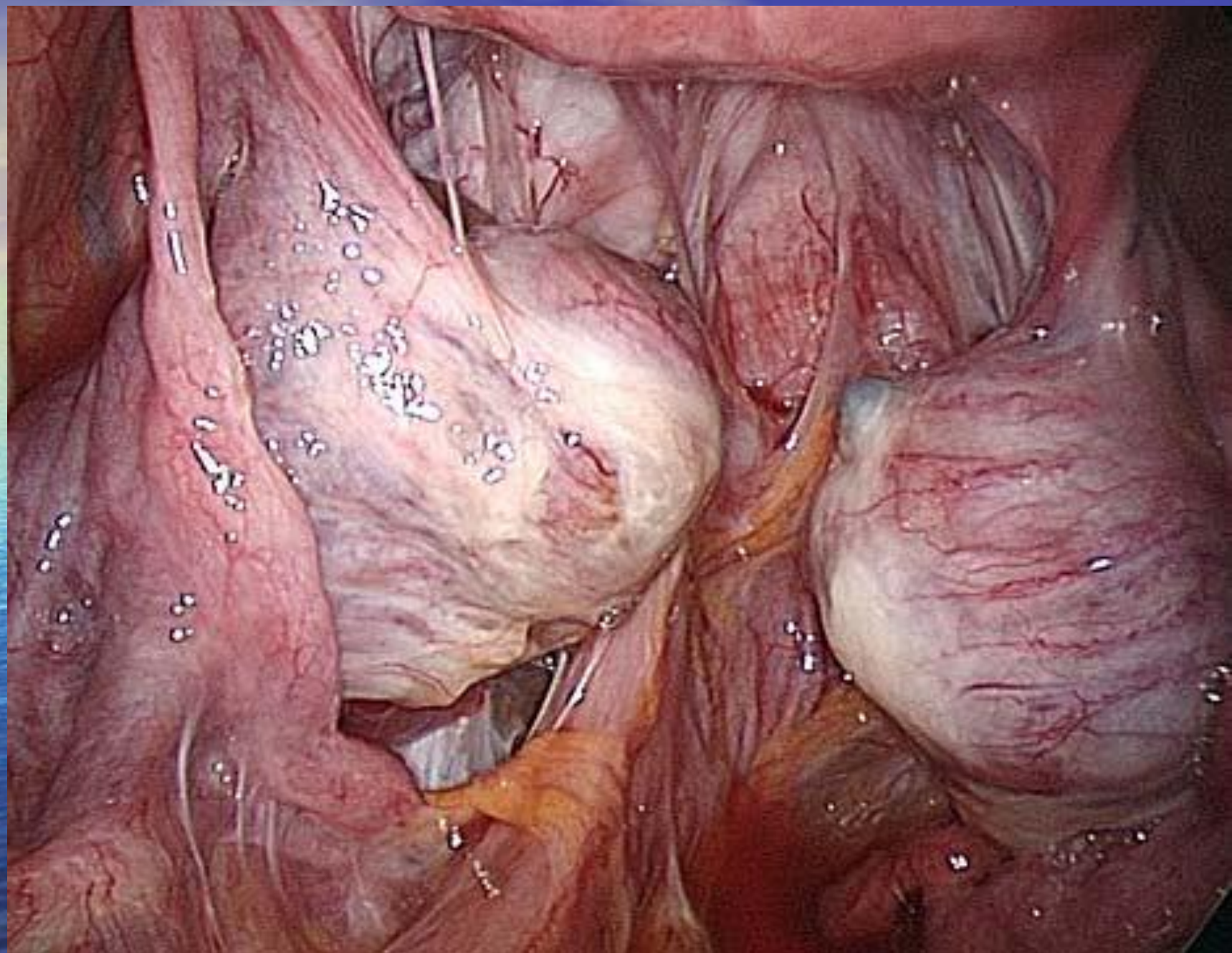
**Serous cystadenomas** are the most common epithelial tumors and account for about 50% of malignant and 20% of benign cysts. 20% of benign cysts are bilateral and classically they are unilocular, can reach the huge dimensions with tendency to torsion, and contain a straw coloured fluid (light serous contents). Serous tumors may be borderline. Borderline tumors with serous papillary components are the worst type of borderline tumors with the highest predisposition to dedifferentiate.

- **The simple serous cystoma** - is more often unicameral formation with serous contents. A capsule wall is smooth. Treatment of cystoma is only surgical.

- **The papillary cystoma (proliferating)** more often bilateral, multichamber, has a tachyauxisis, is inclined to a malignant degeneration (up to 80% of cases).

On an internal surface of capsule an abundant papillary growths are formed. At malignant degeneration the growth pass on visceral peritoneum and a peritoneum of the next organs. The papillary cystoma of routinely small dimensions (its maximal size - about a neonatal head), is frequently accompanying by an ascites. Contents of a cyst is serous or serobloody.

- Treatment is surgical, as well as at a simple serous cystoma.

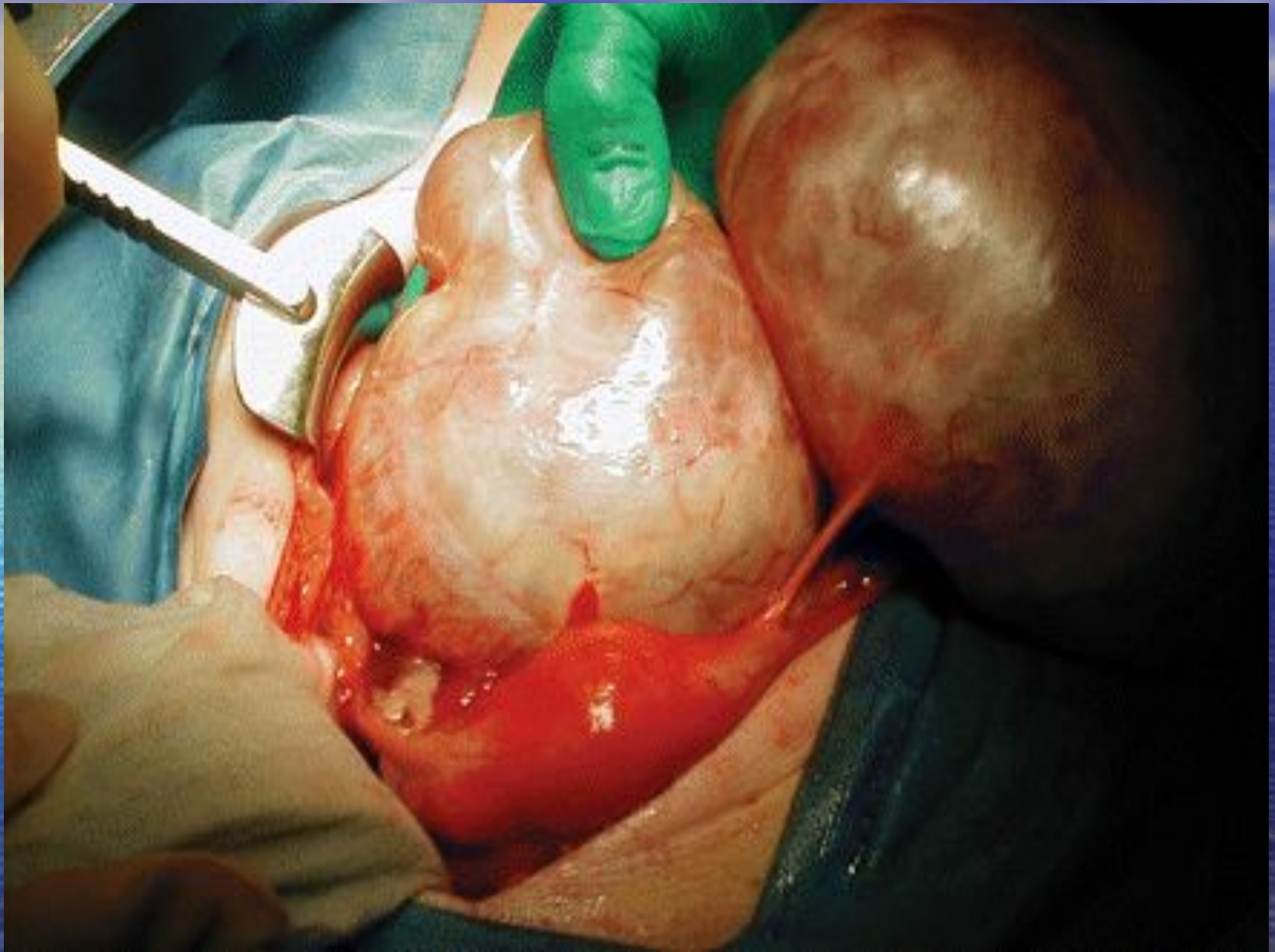




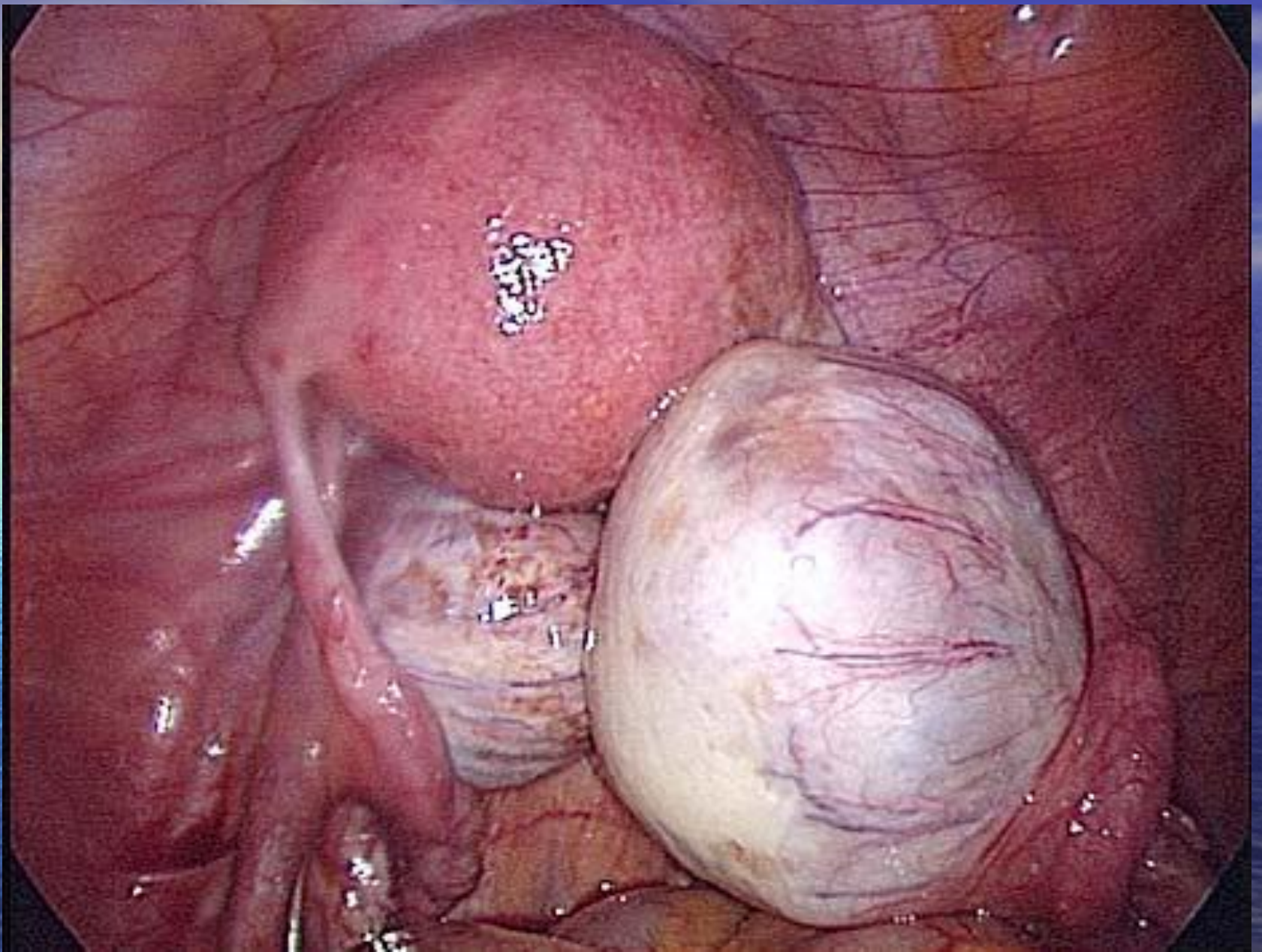
- **Mucinous tumours (mucinous cystadenoma)**. Mucinous tumors can be borderline. Benign tumors are classically multiloculated. **Mucinous cystadenoma** - multichamber with a plenty of septum, filled gel-similar contents with a finely divided suspension, are more often onesided, are characterized by a fast growth. These form about 20% of ovarian cysts and are benign 90% of the time. When benign they are usually unilateral but 20% of malignant mucinous tumors occur on both sides. Contents of cystoma cavity of - a pseudomucin - heavy-bodied jelly-like fluid of various colour (yellowish, brown, pale or dark green, dark red).
- The pseudomucinous cystoma educes asymptotically, the abdomen yet will not start to be enlarged. The tumour, even the big dimensions, sometimes is not accompanied by any clinical exhibiting. However at peduncle torsion or a necrosis of a capsule early there is a pain in the abdominal low or loin. Signs of compression of the next organs (urinary bladder, rectum, sacral neuroplex, lymphatic and venous vessels) occur late.
- **Treatment:** at cystadenomas (serous and mucinous cystoma) removal of an ovary even is carried out when the ovary is submitted by a thin membrane around cystoma. At young age the tumour is removed together with an ovary. Bilateral removal of ovaries are after 48 years.

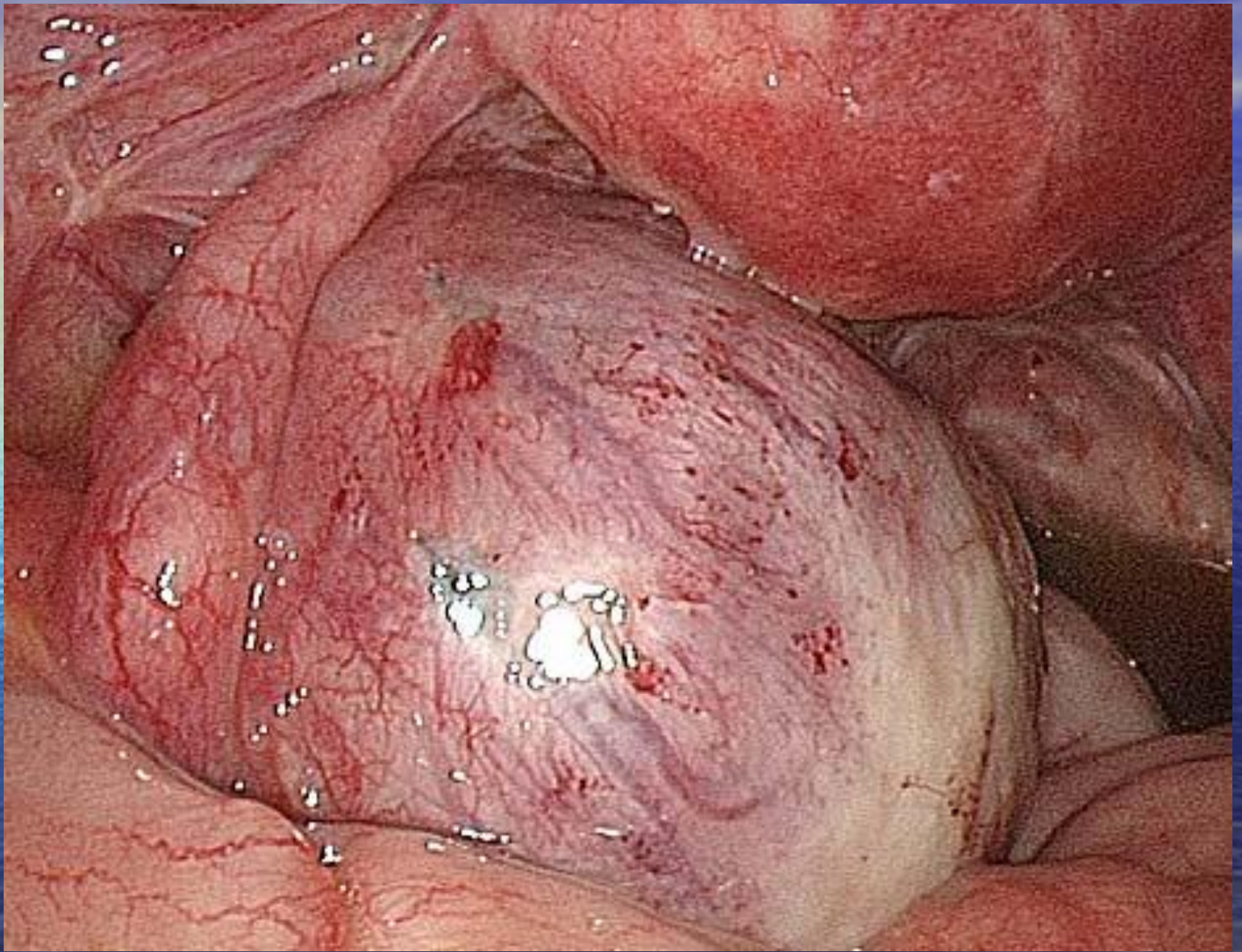


- **Pseudomyxoma** - rarely meeting tumour of an ovary (type of pseudomucinous tumour). A cystoma is multichamber. The breakage of a capsule descends spontaneously or at gynecologic research. Contents of capsule get in abdominal cavity. The pseudomucin is not soaked up by a peritoneum, and incapsulating, there is dissemination of pseudomucin over all abdominal cavity.
- Clinically the pseudomyxoma is accompanied by an abdominal distention, a pain at palpation of abdomen. Schotkin's sign is weak positive in the inferior departments of an abdomen. At a breakage of a capsule of pseudomyxoma the signs of an acute irritation of a peritoneum can appear.
- Treatment surgical. It is impossible to remove jelly-like masses from an abdominal cavity considerably. After operation it is necessary to administrate cytostatics.



**Endometriotic cysts** are sometimes called chocolate cysts. They are cysts of endometriosis that occur on the ovary and contain chocolate appearing material formed from old blood. We'll talk about endometriotic cysts the second part of this lecture.





- **Brenner's tumour** - it is epithelial–connective tissue. It meets rarely, mainly at women than 50 years are more senior. They are normally benign but can be malignant. They often occur in association with serous tumors. Clinically is shown disturbance of a menstrual cycle, can have hormoneproduce character - hyperoestrogenic (glandular-cystic hyperplasia endometrium at postclimacteric bleedings) or a masculanization. Clinically under the form, size and consistence a Brenner tumour is similar to a fibroma. It is benign, onesided, a dense consistence, ovoid form. Treatment is surgical - an oncotomy together with the damaged ovary.
- **Clear Cell tumor**. These are always malignant and carry a poor prognosis.



The right ovary is replaced by a Brenner tumor, the left ovary by a mucinous cystadenoma. The cervical tumor is a non-keratinizing squamous carcinoma.



- **Granulosa cell tumors (folliculoma)**. These account for about 5% of ovarian malignancies. About 70% secrete sex hormones of which the most common is estradiol. Folliculoma - a feminizing tumour, a surface of tumour smooth or tuberos, a consistence denselyelastic or mild, the constitution is solid - cystic, cystic lumens contain serous or hemorrhagic fluid; a degree malignancy - 16-28%; about third of all granulocellular tumours hormone inactive; endocrine activity hormoneproduce tumours complex, prevailing production of estrogens in the prepuberty periods can result to early sexual maturity, early menarche, to development of the secondary sexual attributes, and in puberty - in juvenile uterine bleedings.
- The tumour meets at any age, more often after 40 years. Asociation of feminizing syndrome, infringements of menstrual function, infertility with an ovary tumour (onesided) always specifies on hormoneproduce character of a tumour.
- Treatment: removal of the damaged ovary, a biopsy of the second; at revealing low differentiated cells of tumour the volume of operation extends before removal of uterus with appendages and omenectomy with the further polychemotherapy. Be relative frequently a granulocellular tumour is combined with a fibromyoma and a hysterocarcinoma. There is a granulocellular tumour without the expressed hormonal activity.



**Arrenoblastoma** (an androblastoma, masculinizing tumour) - arise from embryonal germ of a man's component of female sexual gland, localization is more often onesided, reach the big dimensions which can be caused by absence of the expressed symptomatology at early stages of tumoral growth; a solid constitution; frequently are hormoneproduce, androgens define clinical sings of virilization, disturbance of a menstrual cycle, an amenorrhea; frequency malignancy 10-30%. Development of a tumour is show also a masculanization (dfeminization) women (an involution - a hypoplasia of uterus and the second ovary, an endometrium atrophy, an amenorrhea, an atrophy of mammas, loss of sexual sense, growth of hair on the face, breasts and legs, voice roughening, a hypertrophy of clitoris).

- The association of virilization and hypooestrogenization signs is possible.
- **Treatment:** at a hemilesion of gonad and the favourable urgent cytologic diagnosis it is possible to confine an adnexectomy on the one hand; after operation the menstrual cycle is restored, the hirsutism decreases.

**Gynandroblastoma** – is very infrequent tumour, blended type, secretes estrogens and androgens, with the conforming clinical pattern of a feminization up to an endometrium hyperplasia and uterine bleedings and virilization with a hirsutism, enlargement of clitoris.

- **Treatment:** an adnexectomy of uterus from the side of lesion.

- **Fibroma and a thecoma** (thecablastoma, thecacellular, feminizing tumour) are usually benign tumors secrete estrogens, invoke signs of a feminization (a premature puberty in girls of prepuberty age) or later fading of menstrual function (55-60 years) (early or late a feminizing syndrome). At children's age prematurely there are the secondary sexual attributes (mammaries educe, occur cyclic or acyclic uterine bleeding, growth of a hair on a pubis). At women of genital age the menstrual cycle is broken (the menorrhagia, a metrorrhagia, amenorrhea), is marked infertility or predilection to abortions.
- In the period of a menopause are occurring acyclic bleeding, the uterus is enlarged due to a hypertrophy and a hyperplasia of cells of a myometrium, mammaries are enlarged, the hyperplasia of a mucosa of a vagina and cervix of a uterus, and also are developed the sexual drive strengthens. The thecoma educes at women after 40 years, a tumour onesided of dense consistences or dense elastic consistences more often, can reach the big dimensions. The thecoma is quite often accompanied by disturbance of a menstrual cycle such as a menometrorrhagia, hemorrhagic metropathias, and also infertility.
- The fibroma of an ovary exceeds the dimensions of medium man's fist, educes more often at young women on the one hand. The tumour mobile, is on a peduncle, grows sluggishly. Clinical signs are shown at hemorrhages and a necrobiosis, torsion peduncle of tumour. In these cases there are signs of a irritation of a peritoneum. On occasion (at a bilateral lesion) the fibroma of an ovary is accompanied by Meigs triad (an ascites - a polyserositis, an anemia, a cachexia), that specifies a malignant degeneration of a tumour. In senior children can cause an anemia, an ascites. **Treatment:** removal of the damaged ovary.

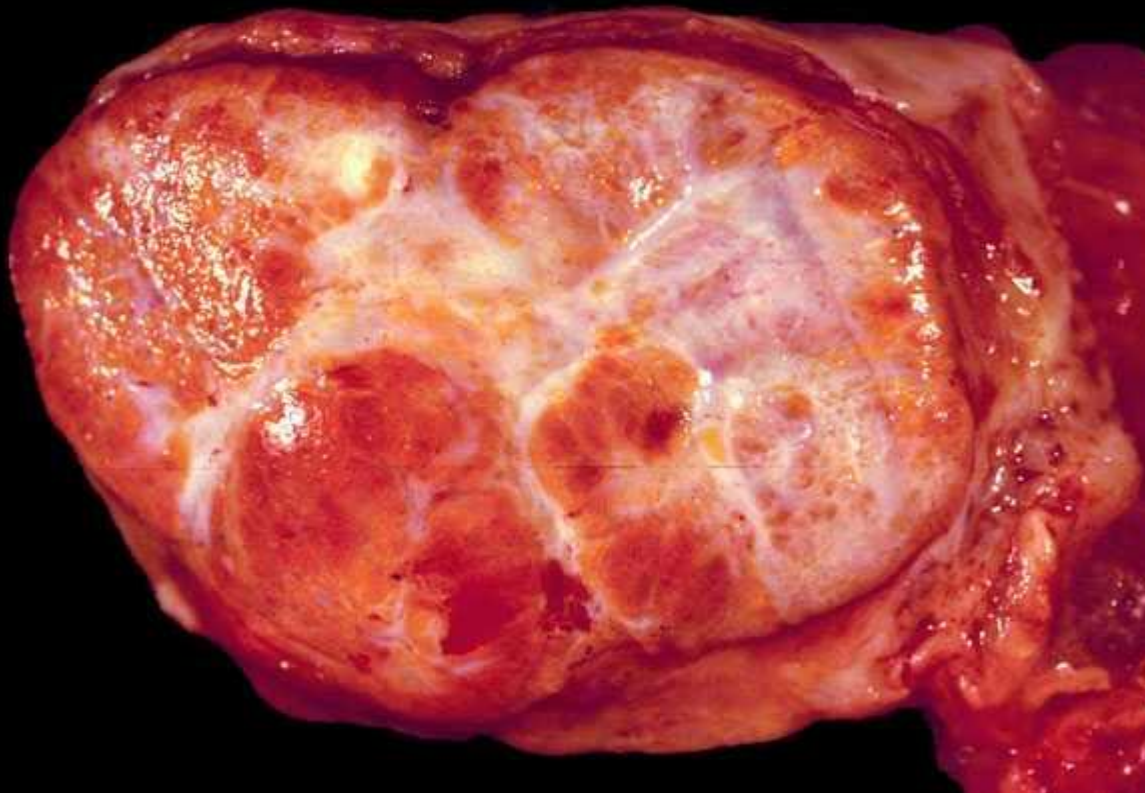
# Fibroma ovary



**Sertoli/Leydig tumors.** These account for less than 1% of ovarian tumors and are usually benign. They occur in younger women (teens and early 20s) and may produce androgens.

# Sertoli/Leydig tumors

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## **LEUOMYOMA OF THE UTERUS**

- Leuomyoma of uterus (fibromyoma, leuomyoma) - the limited benign tumour consisting from smoothmuscular cells and fibrous elements of connective tissue.

## **Epidemiology.**

- Leiomyoma is the most wide-spread gynecologic disease: occurs approximately from 10 to 27% of gynecologic patients. Should pay attention that it meets at 20% of the women who have achieved 30-years age.

## ETIOLOGY.

- The leiomyoma occurs as a result of local proliferation smoothmuscular cells. On a measure of growth in structure of leiomyoma fibrous elements start to dominate. It is established that a tumour can develop from a smooth-muscle cells and grow under the influence of estrogens. The amount and activity of the total progesterone receptors on a cell at uterine myoma is lower than for healthy women, and the estrogens receptors – is higher. Depending on the sizes of the myoma the level of progesterone receptions in a tumour of the myometrium changes.
- With age, and also due to accompanying ovarian dysfunction, the role of absolute or relative (against a background of hyperoestrogenism) the deficiency of progesterone increases. These hormonal disorders can result to hyperplastic processes of the endometrium, cystic changes in the ovaries, frequently developing at patients with uterine myoma.
- The term "fibroma", or "fibromyoma", is not precise, because the initial element of this tumour is the smooth muscle cells.
- Under the influence of hormonal stimulation during pregnancy the myoma can enlarge, become more soft consistency, which complicates its diagnosis during palpation. After delivery, the sizes of the tumour, as a rule, decrease.
- Contributing factors of development of the myoma are preanemic states and an iron deficiency anemia, an idiopathic hypertension, IHD (ischemic heart disease), the chronic locuses of an infection contamination (a tonsillitis, a genyarthritis, an otitis), a thyrotoxicosis, a diabetes, chronic diseases GIT (a gastritis, a cholecystitis, a colitis).

## Classification

- Approximately in 95% of cases the myoma develops in the corpus uteri, in 5% - in the cervix. 80% of the women have multiple nodes of leiomyoma.
- Depending on the site concerning the uterine wall the leiomyoma are differentiated: subserous, intraligamentous, intramural, submucosal or cervical myoma (leiomyoma).

- **Subserous leiomyoma** is located under the peritoneal (serous) surface of the uterus, it can be small or large, and in some cases has a pedicle. The subserous myoma can receive additional blood supply from the omentum due to a fusion formed with it (parasitic tumour).
- **Intraligamentous leiomyoma** is characterized by a lateral growth or primary development between the leaves of the broad ligament of the uterus.
- **Intramural (interstitial) leiomyoma** develops in the uterine wall. With the small sizes it can not cause changes in the contours of the uterus. Increasing, such a uterine myoma gets a nodular asymmetric form. With the large sizes the myoma is distributed up to the serous and mucous membrane of the uterus.
- **The subserous and intramural uterine myoma** before reaching large sizes, as a rule, is asymptomatic.
- **The submucous myoma** is rare (5-10% of cases), but a dangerous type of benign uterine tumour (strong bleedings can be observed, infected nodes with distribution of the infection onto the uterus).
- **The cervical myoma** occurs most frequently on the posterior surface of the cervical leiomyoma is accompanied by symptoms of compression of the bladder.
- **Leiomyosarcoma** is found in 0,1-0,5% of the patients with leiomyoma; however its development from leiomyoma is not established.



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## CLINICAL SYMPTOMATOLOGY OF THE LEIOMYOMA

Signs considerably vary in dependence on the dimensions, amounts and localizations of nodes.

- **Pathological menstrual bleedings** (routinely a hypermenorrhea) - the most typical attribute of a leiomyoma. Intensity of bleedings gradually increases, that can result to the expressed anemia.
- **Pain.** Uncomplicated leiomyoma of the uterus is routinely painless. There can be constant whining pains in the lower part of an abdomen, loin-sacral range - are connected to a distention of a peritoneum at growth subserous nodes, pressure of myomatous nodes upon neuroplexes of a small pelvis or separate nerves.
- **The compression of organs of the small pelvis** routinely arises, if the myomatous uterus or node achieves the dimensions conforming to 12-14 weeks of pregnancy and more.
  - a. Urinary retention arises at a uterus retroversio owing to myomatous growth; thus the cervix uterus is moved anterior and presses a urethra to a pubic articulation.
  - b. Constipations and difficulties of defecation can be caused by large myomas of a back wall of a uterus.
- **Infertility** - at women with submucous or intramural myomas abortions and premature births are more often.

## DIAGNOSIS

As a whole at diagnostics of a hysteromyoma apply:

- Bimanual examination in uterine
- Pelvic ultrasonography is the most common method to confirm the uterine myomas presence
- Hysteroscopy – may be used to evaluate the enlarge uterus by directly visualizing the endometrial cavity.
- Curettage of the uterus with subsequent histological examination of the smears from uterine cavity
- Laparoscopy is applied seldom, mainly to make differential diagnostics of subserous fibrinoid and ovarian tumor, and also for diagnosis of such complications as torsion of pedunculated myoma and fibrinoid' necrosis.
- Definition of a level of steroid and gonadotrophic hormones.

# TREATMENT

## A. OBSERVATION

- If the myoma of the small sizes also is not accompanied by pains, pathological bleedings and signs of compression, it is quite enough periodic inspection of patients. This tactics is especially justified at premenopause. During a menopause the myomas will atrophy on a measure of decrease of the estrogens level in a blood.

## B. MEDICAMENTAL TREATMENT

- A rational diet: fresh fruits, vegetables, restriction of carbohydrates and animal fats;
- Medicamentous correction of metabolic disorders – B vitamins and ascorbic acid (influences the steroidogenesis in the ovaries and adrenal glands), tocopherol acetate (to normalize the functions of the hypothalamus-pituitary system);
- Hormonal therapy with progestagen (norcolut, dufastone, orgametril, primolut-nor, medroxyprogesterone acetate – “Depot-Provera”). Norcolut (dufastone, orgametril) is prescribed to patients with a regular menstrual rhythm. Women with symptomatic myoma in preparation for surgical treatment there are prescribed analogues the agonists of gonadotrophin-releasing-hormone - gonadoliberinum prolonged action (zoladex, dekapeptil, nafarelin, buserelin), depressing a Gonadotropinums secretion and invoking pseudo-menopause (a medicamental hypophysectomy).

## C. SURGICAL TREATMENT

### – Indications:

- a. The bleeding invoked by myomas, is especial in case of the expressed anemia. The hypermenorrhea routinely happens at submucous or intramuscular myomas.
- b. The strong pains supposing of necrosis or peduncle torsion of myomatous node.
- c. Enlargement of a myomatous uterus up to the dimensions conforming to 12-weeks duration of gestation.
- d. At grow of myomatous nodes (4-5 weeks and more in a year) it is necessary to carry out immediate inspection for exception of their malignant degeneration. Presence of the big subserous node on the thin peduncle also is the indication to operative treatment because of high risk of torsion node.
- e. Submucose leuomyoma – it is reason of significant DUB, metrorrhagia and other disorders of menstrual function, conservative treatment without effect.
- f. Disorder of nutrition of myomatous node – necrosis of node, when “acute abdomen” develops.
- g. Suspicion on malignant changes in the myomatous node (fast grow, softening of node).
- h. The Hydronephrosis and other expressed signs of urinary bladder compression, an intestine or the urethras, revealed at ultrasonic or an intravenous pyelography.
- i. A myoma in a combination to precancerous endometrium pathology, ovaries.
- k. Infertility as a result of a hysteromyoma.

The kind of a surgical intervention depends on age of the woman, signs, and also desire to have children in the future.

A. The **myomectomy** - erasion of single or plural myomas with conservation of uterus; this operation routinely carry out to the women, wishing to become pregnant and not having contraindications.

- The main complications - a bleeding during and after operation, and also the early and late intestinal obstruction caused by adhesions between an intestine and a uterus after a myomectomy.
- The probability of repeated originating myomas after a myomectomy depends on age of the woman, and also volume of previous carried out myomectomy; at 30% of cases repeated originating myomas is observed within 10 years after operation.
- Probability of offensive of pregnancy after a myomectomy - 40%.

**B. Hysterectomy.** If there are surgical indications, and the woman does not plan to have more children, operation of a choice - complete removal of the uterus.

- It is necessary to conserve ovaries at women more youngly 40-45 years.
- Before hysterectomy or other medical procedures, especially elderly woman, it is necessary to carry out a diagnostic curettage of a cavity of the uterus for exact definition of the cause of bleeding (myoma or endometrium cancer).
- The hysterectomy completely eliminates risk of repeated originating of a leiomyoma.
- There are no convincing data about rising risk of development in a cancer in an ovary, to women more youngly 40-45 years ovaries are necessary for conserving.

**C. Semiradical operative treatment** applies to conservation of menstrual function at women in premenopause.

- The defundation is carried out when the locating of myomatous node allows to keep a corpus uterus without its fundus.
- High supravaginal amputation of the uterus differs from routine that cut a corpus uterus much above internal os.
- Selective embolisation uterine arterias by Seldinger.

## **PROPHYLACTIC MEDICAL EXAMINATION:**

- Patients with the increased risk of development of leiomyoma (often relapses of chronic salpingo-oophoritis, endomyometritis, accompanying with metabolic-endocrine infringements);
- With infringement of menstrual cycle from the menarche and a late menopause;
- With numerous abortions and diagnostic curettages of a uterus;
- With disorders of menstrual cycle on background of long course of extragenital diseases;
- With presence of a leiomyoma and oncologic diseases at close relatives;
- With a leiomyoma at incipient state of development;
- After the carried out operative and conservative treatment;
- With contraindications to operative treatment.
- Control surveys 1 time in 6 months.

# Endometriosis

- The endometriosis is a pathological benign process which is formed on a background of the broken hormonal and immune homeostasises and is characterized by presence epithelial or stromal the elements similar to endometrioid structure in myometrium or in other organs of sexual system.



The etiology of an endometriosis is completely unknown.

At the moment there are following the theory of development of endometriosis.

- **Embrional theory** (dysontogenetic), suggested by Recklingaysen (1896): endometrioid heterotopies educe from paramesonephral ducts or from a germinal material of which generative organs including an endometrial tissue are formed.
- **Metaplastic theory** (Ivanov N.S., Ulezko-Stroganova K.P., 1887; R.Meyer, 1909): the endometriosis educes as a result of a metaplasia embrional peritoneums or a coelomic epithelium.
- **Implantation theory** (or the theory retrograde menses) (for the first time it was offered by J.A.Sampson, 1925) - now the most recognized: formation of the locuses of an endometriosis descends in result retrograde runaway in a abdominal cavity of endometrium cells which were tore away during a menses and their further implantation on surrounding organs and a peritoneum.
- **The theory of an ratrogenic dissimination**: transmission or a translocation of endometrioid particles in a small pelvic cavity can take place as a result of surgical manipulations, including a diagnostic curretage, at obstetric and gynecologic operations.
- **The lymphogenous and hematogenous theory** (transport hypothesis): endometrioid cells are transported on lymphatic and to blood vessels.
- **Genetical theory**: family forms of an endometriosis, high their frequency among patients with developmental anomalies of genitalias.
- **The hormonal theory**: development of all forms of an endometriosis is spoken changes of hormonal function of ovaries and hypothalamo-pituitary system. As processes of a proliferation and secretory transformation of endometrium are controlled by steroid Hormonums, infringement of a secretion of gonadotrophic Hormonums and a steroidogenesis in ovaries (chaotic peak emissions of FSH, LH, decrease of a basal level of Progesteronum, hypoostrogenia) frame necessary conditions for development of endometrioid implants and support of their awake state.
- **The immune theory** (M.V.Jonesco et G.Popesco, 1975): development of an endometriosis is probably only in conditions of the broken local immunodefence.

## **Risk factors of development of an endometriosis:**

- a) Hereditary predisposition;
- b) Reproductive age;
- c) Disorders of menstrual function;
- d) Absence of labor or one labor in an anamnesis;
- e) Frequent abortions and diagnostic curettages of a uterus;
- f) Long use of endometrial contraceptives;
- g) Retrograde wave contractions of a uterus from uterine cervix to the fundus during a menses;
- h) Anovulation.

# TOPICAL CLASSIFICATION OF THE ENDOMETRIOSIS

## ● **I. A genital endometriosis**

### ● 1. An internal endometriosis

● 1.1. An endometriosis of a uterine body (I, II, III (adenomyosis) stages in dependence on depth of a lesion of a myometrium):

- - Glandular, cystic, the diffuse form;
- - Focal, nodal, diffuse forms.

● 1.2. Endometriosis of the cervical canal.

● 1.3. Endometriosis intramural parts of uterine tubes.

### ● 2. An external endometriosis.

● 2.1. Peritoneal endometriosis:

- - Endometriosis of ovaries (infiltrative, tumoral forms);
- - Endometriosis of uterine tubes;
- - Endometriosis of a pelvic peritoneum (red, black, white forms).

● 2.2. Extraperitoneal endometriosis:

- - Endometriosis of vaginal part of the uterine cervix;
- - Endometriosis of a vagina, a vulva;
- - Retrocervical endometriosis;
- - Endometriosis of uterine ligaments;
- - Endometriosis parametral, paravesical, paravaginal fats (without and with germination in urinary bladder, a rectum).

### ● 3. An external-internal endometriosis.

● 4. Associated forms of a genital endometriosis (a genital endometriosis in an association to other genital or extragenital pathology).

## ● **II. An extragenital endometriosis** (an endometriosis of a gastrointestinal path, urinary organs, skin, a umbilicus, postoperative wounds, lungs, pleuras, etc.)

# Internal endometriosis of uterine corpus (adenomyosis) (Adamjan L.V., 1998):

- **I degree** - the pathological process circumscribed to a submucosa of a body of the uterus;
- **II degree** - passes pathological process to a muscle layer;
- **III degree** - diffusion of pathological process on all depth of a muscular wall of a uterus up to its serous coat;
- **IV degree** - recruitment phenomenon in pathological process, except for a uterus, parietal peritoneums of a small pelvis and the next organs.

## CLINIC

- Clinical exhibitings and anatomic-morphological changes of many respects depend on localization, the form, diffusion of the given pathological process.

## COMPLAINTS

- **A pain sign** - nagging pains in the low part of abdomen or in lumbosacral range, strengthen at the eve and during time menses, sometimes they imitate a pattern of an acute abdomen (algodysmenorea; a pain in the low part of the abdomen, at range of a pelvis and a loin, untied with a menstrual cycle; dyspareunia);
- **Disorders of the menstrual cycle** - the sign of an endometriosis second on frequency: a long, profuse menses (hyperpolymenorrhea), before menses and after frequently scanty dark-bleeding discharge;
- **Infertility** (primary, secondary) is caused by anovulation, failure of a corpus luteum, adhesive process in a small pelvis, a lesion of uterine tubes, inferiority of endometrium function;
- **Long unefficient treatment of chronic adnexites, metrites;**
- **Psychoneurological distresses;**
- **Infringement of function of next organs (dysuria; painful defecation).**

**The basic signs of a genital endometriosis:** a dysmenorrhea, pelvic pains, painful coitus (dyspareunia), a meteorism, infringement of a defecation (dyschesia), infertility, dysuria. More infrequent signs: a proctorrhagia, an intestinal obstruction, etc.

Sometimes patients do not show complaints that can depend on features of topical localization endometrioid heterotopias.

**Internal endometriosis (adenomyosis).** Pathognomonic clinical criteria of an internal endometriosis: painful and long and/or profuse menses which result in development of the secondary anemia, pains in the low parts of the abdomen on the eve and in the first days of a menses, enlargement of the uterine dimensions, especially expressed before menses.

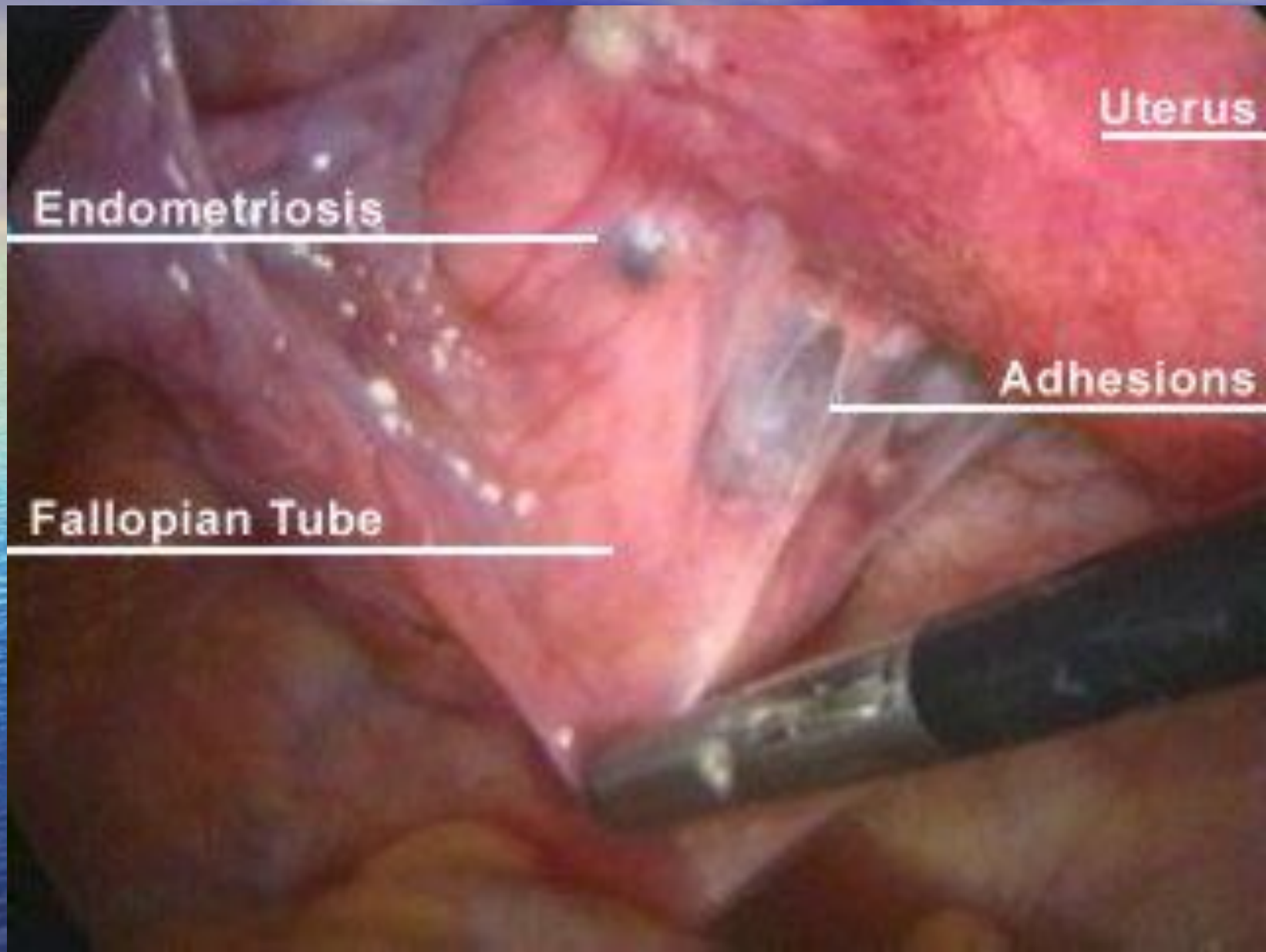
- Diffuse, nodal, focal forms of an internal endometriosis are distinguished. Focal and nodal forms are observed a little bit less often diffuse. At these forms of disease at women at reproductive age and at premenopause the hyperplasia of a muscle tissue which surrounds the locuses heterotopic endometrium is always defined. Clinical exhibiting of the nodulose form of an endometriosis, except for the signs described above, it is characterized by more appreciable pain reaction on a menses with the expressed vegetative infringements - a nausea, a vomiting, a headache, a fervescence, a loss of consciousness. Development of typical exhibiting of an endometriosis is preceded quite often with infertility.
- Infrequent forms of an endometriosis: an endometriosis isthmic part of a uterus, isthmic-cervical part.
- The internal endometriosis is frequently combined with a leiomyoma, less often - with tumours of ovaries, a chronic inflammation of appendages of a uterus, an endometriosis of other organs and tissues (endometrioid cysts of ovaries and a retrocervical endometriosis).
- At differential diagnostics it is necessary to take into account an opportunity of a combination of an internal endometriosis of a corpus uterus with an endometrium adenocarcinoma.

## **Endometriosis of the uterine cervix**

- On researches of last years, frequency of an endometriosis of the uterine cervix has sharply increased.
- The macroscopic locuses of an endometriosis of a vaginal part of uterine cervix look like "eyes", "Nabothian follicles" more often. At survey endometrioid heterotopias have light pink or reddish colour. Most legibly they are defined at the end of lutein phase: formations of blue-crimson colour, boldly act above a surface of the cervix uterus. Distinctive feature of an endometriosis - superficial its locating on vaginal part of the uterus, distal part of a mucosa of the cervical canal, pre-and postmenstrual scanty bloody discharge, contact discharge. Pains at an endometriosis of the cervix uterus are absent.
- The endometriosis of the cervix uterus quite often arises after a diathermy and other surgical interventions, labors which are accompanied by a trauma.
- Endometriosis of the cervix uterus it is necessary to differentiate from endometrioid metaplasia of separate endocervix glands, adenocarcinoma in situ, Nabothian follicles with hemorrhagic contents - formations which too are accompanied pre-and postmenstrual bloody discharge.

**The endometriosis of uterine tubes** meets rarely, much more often illness is observed in a combination with endometrioid heterotopias of other localizations (an endometriosis of a uterus and ovaries). The clinical pattern of the given disease practically does not differ from the conforming clinical exhibiting the listed localizations. The algomenorrhea remains as a leading sign.





Uterus

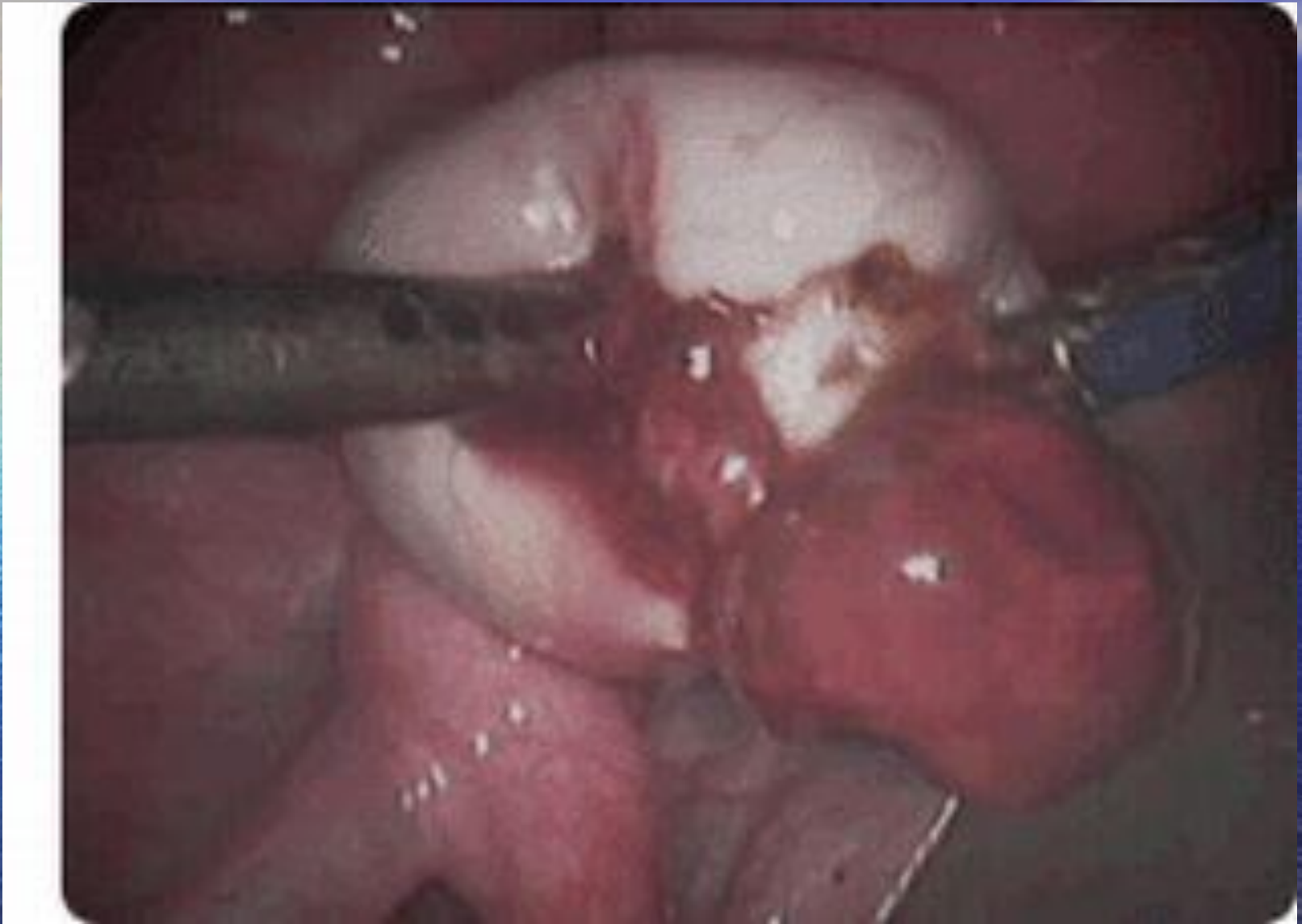
Endometriosis

Adhesions

Fallopian Tube

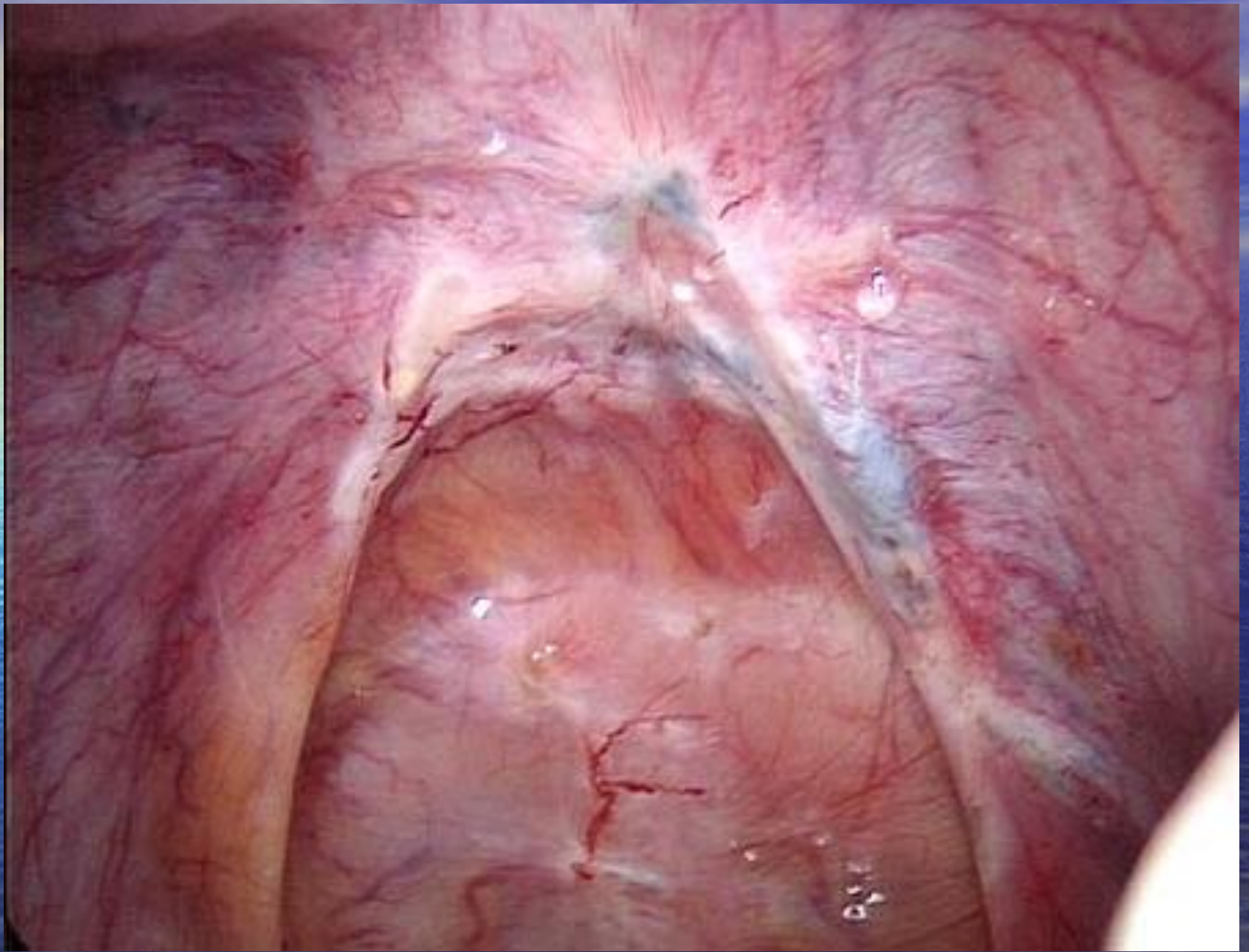
**Endometriosis of ovaries.** Among all localizations of an external endometriosis the lesion of ovaries wins first place. Endometrioid cysts of ovaries at long existence get a characteristic kind. The dimensions of them are 0,6-10 cm. Cysts more than 10 cm meet rarely. Macroscopically: an endometrioid cyst capsule is thick (0,2-1,5 sm), numerous dense commissuras on a external surface, hemorrhagic contents of a chocolate kind, in past named them "chocolate cysts". The clinical pattern of an endometriosis of ovaries is very various.

- The basic complaint - a pain syndrome of different intensity: constant whining pain, periodically strengthen, irradiate in a rectum, a loin, pains achieve a maximum at the eve and during a menses. Sharp pains are observed when there are microperforations of a wall of a cyst and its contents are poured out in abdominal cavity. At an intensive pain syndrome patients will be frequently hospitalized with diagnoses: an acute appendicitis, a salpingocuesis, torsion peduncle of an ovarian tumour, an acute pelviperitonitis.
- The "acute abdomen" syndrome educes at 26% of patients. At patients the progressing algomenorrhea is marked, is accompanied by a vomiting, a loss of consciousness and the common weakness with decrease of a working capacity more often. Endometrioid ovarian cysts are always accompanied by development of adhesive process in a small pelvis that results in infringement of function of an intestine and urinary bladder (constipations, the dysuric phenomena). Very much frequently at patients there are marked scanty pre-and postmenstrual bloody discharge from sexual ways.
- At presence endometrioid ovarian cysts there can be a subfebrile temperature, rising of a blood sedimentation rate, a leukocytosis. Patients frequently are unsuccessfully treated concerning "inflammatory process".
- At gynecologic inspection at range of appendages of a uterus a formations are defined one or bilateral, inactive, tense elastic consistence.



The retrocervical endometriosis is defined at women of 30-40 years more often.

- \* Clinic: very sharp pain, irradiate in rectum, the vagina, a perineum, external generative organs and is more often in a femur. Intensifying pains is marked at sexual contacts, the act of defecation. A menses are accompanied by a vomiting, a loss of consciousness, a cold snap of extremities, general delicacy, irritability, a unbalance, tearfulness, often headaches, infringement of a rhythm of dream, a hypoactivity of a thyroid gland, other endocrine glands, a gastrointestinal path dyskinesia. Patients complain of constipations which fractionally strengthen before menses. Constipations gradually strengthen before development of a particulate intestinal obstruction. Constipations can be alternated to diarrheas with a mucifying and bloods from a rectum, that is the indication to hospitalization in an infectious diseases hospital with suspicion on dysentery.



**Endometriosis of a vagina.** The primary vaginal endometriosis can sometimes be combined with developmental anomaly of a organ (padding in part vagina aplasia), with an endometriosis of cervix uterus.

## DIAGNOSTICS:

- 1. Speculum and bimanual examination.
- 2. Ultrasonic.
- 3. A colposcopy, colpocervicscopy.
- 4. A hysteroscopy.
- 5. A laparoscopy.
- 6. Express methods of research of organs of extragenital endometriosis localization.
- 7. Histological research of biopsian material and a material of postoperative preparations (after hysterectomy, adnexectomy, etc.).

Cytologic and histological research of a material from a cavity of the uterus and cervix uterus poorly informatively.

## **DIFFERENTIAL DIAGNOSTICS with:**

- - Leiomyoma of a uterus; a chronic salpingo-oophoritis (adnexitis);
- - Tumours of genitalias; tumours of an intestine;
- - Hyperplastic processes of endometrium;
- - Extrauterine pregnancy;
- - Nephroptosis; a urolithiasis; an appendicitis; a paraproctitis; a proctitis; a colitis; an adhesive intestinal obstruction.



*Diagnostics in dependence on topical localization of an endometriosis:*  
**Internal endometriosis (an endometriosis of uterine corpus, the cervical canal, intramural parts of uterine tubes)**

- **Bimanual examination:** moderate enlargement of a uterus at anterior-posterior dimension; painful at a palpation;
- **Ultrasonic** (transabdominal, vaginal, the rectal sensor): the moderate enlargement of a uterus, is especial it anterior-posterior dimension; rotundity of its form; dilating of an isthmus; a thickening of one of walls of a uterus; roughness of contours of a uterus; deformation the M-echo (i.e. cavities of the uterus with endometrium); enlargement of acoustic frame of a myometrium (I, II, III stage in dependence on depth of a lesion of a myometrium), deformation and dilating of region increased echogenic around the M-echo, presence unechogenic incorporations with echogenic contour, formation of regions increased echogenic irregular;
- **A hysteroscopy** (the stage is not defined):
  - Presence of dark-blue or crimson spots, cysts; albescent nodules, roughnesses; a rigidity of endometrium relief;
  - Endometrioid ductus foramens.
- **A hysterosalpingography** (the stage is not defined):
  - Presence after contours shades;
  - A proximal tubal occlusion.
- **A laparoscopy** (at III stage of an adenomyosis):
  - Dark-blue, crimson, cystic or nodulose formations;
  - Albescent or grayish brown nodules.

# Endometriosis of ovaries, uterine tubes, peritoneums

- **Bimanual research:** enlargement, bracing at range of appendages of a uterus; restriction in motility of organ of a small pelvis; painfull at a palpation;
- **Ultrasonic** (transabdominal, vaginal, the rectal sensor): enlargement of appendages of a uterus, their inhomogeneous acoustic density, bracing in the posterior fornix (Douglas' pouch); presence of formation of the spherical form with a legible capsule, weak echogenic internal structure ("cloud"); attributes of perifocal adhesive process.
- **A laparoscopy:**
  - Dark-blue, crimson, cystic, spotted or nodulose structures;
  - Albescent or grayish nodules;
  - Presence of cicatrical changes, adhesive process;
  - Bluish cystic structures - endometrioid cysts.
- **A computer tomography, magneto-resonance tomography:**
  - Formations of the spherical form with enough dense capsule;
  - Adnations with other structures.

# Retrocervical endometriosis, endometriosis ligaments, fats.

- **Bimanual examination:** a thickening, contraction sacrouterine, cardinal ligaments; small-sizes nodulose structures behind of cervix uterus at a level of internal os, frequently sharply painful; restriction of motility of organs of a small pelvis; painfull at a palpation.
- **A laparoscopy:**
  - Dark-blue, crimson, cystic, spotted or nodulose structures;
  - Albescent or grayish nodules;
  - Presence of cicatrical changes, adhesive process.

## **Endometriosis of vaginal part of the cervix uterus (intracervical, subepithelial), vagina, vulva.**

- Bimanual research: without features or dense painfull nodes, seams, thickenings in a wall of a vagina, a vulva.
- Colpocervicoscopia: nodules, a stains or a points of dark-blue, crimson colour on cervix uterus, a vulva, a vagina.

### **External-internal endometriosis.**

- Various combinations of diagnostic attributes which are inherent at the topical forms of an endometriosis listed earlier.

# TREATMENT OF THE ENDOMETRIOSIS:

The basic directions of an endometriosis therapy: hormonal, immunocorrecting, antioxidanting, desensitizing, anti-inflammatory (inhibitors of Prostaglandinums), symptomatic therapy, surgical.

**1. Conservative therapy.**

**2. Surgical treatment.**

*The choice of treatment tactics depends from:*

- - Age of the woman;
- - Localizations and degrees of disease diffusion;
- - Expressivenesses of signs and duration of disease;
- - Presence of a fertility and necessity of regeneration of reproductive function at infertility;
- - Presence of concomitant gynecologic diseases;
- - Efficacy of previous treatment;
- - States of other organs and systems.

## **Indications for surgical treatment of a genital endometriosis:**

- 1. An internal endometriosis in a combination to hyperplastic processes of ovaries and-or a precancer endometrium.
- 2. An adenomyosis (the diffuse or nodulose form) which is accompanied by a hyperplasia endometrium.
- 3. Endometrioid ovarian cysts (there are dimensions more than 5 cm which function is stable).
- 4. Absence of effect from medicamental treatment which was carried out continuously during 6 months.
- 5. Recruitment phenomenon in pathological process of other organs and systems with infringement of their function.
- 6. An endometriosis of postoperative cicatrix.
- 7. A combination of an endometriosis to some anomalies of generative organs.
- 8. Presence of a somatic pathology which excludes an opportunity of carrying out of long hormonal therapy.

## **Criteria of efficacy of treatment:**

- 1. Absence of relapses of disease.
- 2. Regeneration of genesial function (at conservative treatment and organretaining operations).
- 3. Positive dynamics of life quality.

## **Internal endometriosis (a method of a choice - conservative therapy)**

### **1. Hormonal therapy:**

a) *Datum level FSH, eu- or slight hyperoestrogenia, deficiency of Progesteronum and excess LH:*

- At childbearing age: an oestrogen-gestagen drugs (non-ovlonum, ovidonum, Rigevidonum, marvelonum, femodenum, Diane-35, Logest, Janinum, etc.). The preference is given the monophasic combined oral contraceptives with strong progestagen effect. A method of administration: for 1 tabl/day in a continuous regimen during 6-9-12 months, enlarging a dose up to 2-3 tab. at broken through bleedings.
- At perimenopause: gestagen drugs:
- Progesteronum (utrogestanum) - 200-300 mg/day in 2 receptions from 14 to 26 day or from 5-th to 26 day of a cycle, are peroral or vaginaly, 6-9 months;
- Didrogesteronum (dufastonum) - 10 mg\*1-3 time/day from 14 to 26 day or from 5-th to 26 day of a cycle, perorally, 6-9 months;
- Medroxyprogesteronum acetat (provera) - 10 mg\*3 time/day, perorally, continuously, within 3 months; depot-provera - 50 mg\*1 in a week or 100 mg\*1 time/in 2 weeks or 150 mg at 14 day of a menstrual cycle intramuscularly, 6 months;
- 17-pregnenoldione capronat - 12,5% 1 ml at 7, 14, 21 day of a menstrual cycle, during 3-6 months;
- Norethisteronum (Norcolutum, Primolutums-nor) - 5-10 mg/day from 14 to 26 day or from 5-th to 26 day of a cycle, perorally, 6-9 months;
- gestonoronum capronat (Depostatium) - 200 mg 1 time/week, intramuscularly, during 3 months;
- linoestrenol (orgametril) - 5-10 mg/day from 14 to 26 day or in a continuous regimen, 6-9-12 months.



*b) Datum level FSH, LH, hyperproduction of oestrogens.*

- Antigonadotrophic drugs (with the count of material opportunities and wishes patients): danasolum (danoval, danol, danogen) on 200 mg\*1-4 once a day after meal from 5-th till 26-th day of a menstrual cycle; at perimenopause - in a continuous regimen of 3-6 months.

*c) Datum level FSH, LH, Progesteronum, expressed hyperoestrogenia.*

- Antioestrogenic drugs: Tamoxifenum (zitazonium, Nolvadexum) 20-40 mg/day of 6-9 months; toremifen (fareston) 10-20 mg\*2-3 time/day of 6-9 months.

*d) Hyperproduction FSH, LH, oestrogens.*

- Agonists Gonadotropinum-releasing Hormonums (with the count of material opportunities and wishes of the patient): triptorelinum (diferelinum, a decka-peptil) 3,75 mg subcutaneously, in a anterior abdominal wall, in any of the first 5 days of a menstrual cycle; a repeated injection - in 28 days; course of treatment - 3-6 months.
- hoserelinum acetat (zoladex) 3,6 mg (under the similar schema);
- buserelinum (suprefact-depot) of 900-1200 mg/day intranasal or 200-400 mg/day, 3-6 months;
- nafarelinum acetat (synarel) 0,4-0,8 g/day intranasal in 2 receptions, 3-6 months;
- leuproliid (lupronum) 3,75 mg subcutaneously, at anterior abdominal wall, in any of the first 5 days of a menstrual cycle; a repeated injection - in 28 days; course of treatment - 3-6 months.

- **1 Nonspecific anti-inflammatory therapy:**
  - Not steroid anti-inflammatory drugs (diclophenak (voltaren) to 1 suppository it is rectal, or 25-50 mg\*2-3 time/day after meal; Indomethacinum 25-50 mg\*2-3 time/day after meal; nimesulidum (mesulidum, nimegesik) 100 mg\*2 time/day or it is rectal on 1 suppository during 10-15 days, etc.);
  - kontrikalum 10000 Units on 200 ml of a Sodium chloridum, intravenously, are trickling, during 10-15 days;
- **2Agents which influence the central nervous system** (sedative drugs, small tranquilizers, a psychotherapy).
- **3Resorptional therapy** (systemic ensimotherapy - vobensim, flagensim: 3-5 tabl\*3 time/day, 1-2 months).
- **4. Immunomodulating factors, antioxidants, a vitamin therapy** (redoxon, vitamin A, reproduction vitamin 1 caps. 1-3 time/day, the T-activin 1 ml subcutaneously; an interferon (laferon) 1 million Units intramuscular during 10 days, etc.).
- **5. Agents which sustain function of a gastrointestinal path and hepatobiliar systems** (hepatoprotectors (hepabene 1 caps\*3 once a day; Essentiale 2 caps\*2-3 time/day; chophitolum 2 tabl /2-3 time/day during meal during 20-30 days)).
- **6. Physiotherapeutic methods** (at presence of adhesive process): electrophoresis of copper and Zincum; electrophoresis with Lydasum, Trypsinum; radon baths; acupuncture; low intensive laser radiance; a magnetotherapy in a pulsed operation) 15-20 sessions.
- **7. Treatment of concomitant genital and extragenital diseases.**
- **8. A diet according to concomitant diseases.**

## The control of efficacy of treatment of an intrinsic endometriosis:

- 1. At a positive effect - a dispensary observation once in 3-6 months, periodic courses of therapy.
- 2. At an inefficiency of hormonal therapy, infertility, tumorous forms of an internal endometriosis, suspicion on a malignancy - surgical treatment:
  - a) At reproductive age - organretaining surgical treatment by laparotomy or lapascopy access. In the subsequent, conservative treatment, treatment of infertility.
  - b) At perimenopause - surgical treatment in volume of a hysterectomy; hysterectomy with tubes.  
At absence of treatment a progressing disease with development of wide-spread, tumorous and malignant forms are possible.

## **Treatment of an ovarian endometriosis.**

- 1. The tumorous form - surgical treatment with the subsequent control of efficacy and conservative treatment (similar with treatment of an internal endometriosis). At positive effect - a dispensary observation once in 3-6 months, periodic courses of therapy.
- 2. Infiltrative the form - conservative treatment (it is similar with treatment of an intrinsic endometriosis). At contraindications to hormonal therapy - surgical treatment.  
**At an inefficiency of conservative treatment of infiltrative forms, presence of infertility, development of tumorous forms - surgical treatment:**
- a) At reproductive age - organretaining volume of operation by laparotomy or laparoscopy access: a cystectomy, a resection of an ovary, adnexectomy, a laser vaporization, an electrocoagulation, use of a ultrasonic scalpel, argonum coagulator, presacral neurotomy. Further, conservative treatment (it is similar to treatment of an internal endometriosis), treatment of infertility.
- б) At perimenopause - a hysterectomy.

## **Endometriosis of uterine tubes.**

- Conservative treatment (it is similar to treatment of an internal endometriosis) - the control of efficacy:
- a) At an inefficiency of conservative treatment, presence of infertility - surgical treatment (as it mentioned above): at reproductive age (a laser vaporization of the locuses, electro-, a thermocoagulation; use of a ultrasonic scalpel); at perimenopause - tubeectomy by laparotomy or laparoscopy access.
- After surgical treatment at reproductive age padding complex of conservative therapy are carried out (similarly therapy of an internal endometriosis).
- At absence of treatment progressing disease with development of wide-spread and tumorous forms are possible.

# Endometriosis of a pelvic peritoneum.

- Surgical treatment by laparotomy or laparoscopy access (erosion of the locuses of an endometriosis with the help of the carbonic laser, electro-, a thermocoagulation).
- Further, conservative treatment (it is similar to treatment of an internal endometriosis).
- At absence of treatment progressing disease with development of wide-spread forms are possible.

## **Endometriosis vaginal part of an uterine cervix, a vagina, a vulva endometriosis.**

- Conservative treatment (it is similar to treatment of an internal endometriosis) - the control of efficacy:
- a) At an inefficiency of conservative treatment - cryosurgical treatment, removal of the locuses of an endometriosis. Further, conservative treatment (it is similar to treatment of an internal endometriosis).
- б) At a positive effect - dispensary observation once 3-6 months, periodic courses of treatment.
- At absence of treatment a progressing disease is possible with development of wide-spread and tumorous forms which demand surgical treatment in volume of a trachelectomy, resections of a vagina, vulvectomy.

## **Retrocervical endometriosis, ligaments, fat endometriosis.**

Surgical treatment by laparotomy or laparoscopy access:

- a) At reproductive age - removal of the locuses of an endometriosis with the help of a laser vaporization, electric-, thermocoagulations. At diffusion on interfacing organs - with participation of the conforming experts. Further, conservative treatment (it is similar to treatment of an intrinsic endometriosis).
- b) at perimenopause - removal of an endometriosis locuses with a hysterectomy with appendages; at a germination in a rectum or urinary bladder, urethras - with participation of the conforming experts. Further, conservative treatment (it is similar to treatment of an internal endometriosis).

At absence of treatment progressing disease with development of wide-spread and tumorous forms, infringement of function of interfacing organs is possible.



## External-internal endometriosis

- Conservative treatment (it is similar to treatment of an internal endometriosis) - the control of efficacy:
- a) At an inefficiency of conservative treatment, presence of infertility, tumorous forms - surgical treatment at reproductive age with performance organo-conserved operations (as it mentioned above). After surgical treatment at reproductive age conservative therapy is carried out (similarly therapy of an internal endometriosis).

At perimenopause - a hysterectomy.

- b) At a positive effect - a dispensary observation once in 3-6 months, periodic courses of therapy.

At absence of treatment a progressing disease is possible with development of wide-spread and tumorous forms, a malignant degeneration, infringement of function of interfacing organs.

## The prognosis

- It is relatively favourable also depends on the form of an endometriosis, a degree of a lesion of a organ, an expressiveness of adhesive process and a pain syndrome, infringement of function of interfacing organs. Efficiency of treatment of infertility depends on a degree of a lesion of female generative organs, an expressiveness of adhesive process, features of infringement of function hypothalamo-pituitary-ovarian system and immunological distress.