

# CHANGING JOBS

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# CONTENT

- How to distinguish between a job and career
- How your job can affect your lifestyle
- Why do people work?



# EXPLORING THE WORLD OF WORK

- Determining how jobs affect your lifestyle will help you understand the importance of making sound career choices.
- Your talents, or skills, are the things you're good at, such as drawing, being organized, solving math problems, or dancing.
- Your interests are your favorite activities. You may like to listen to music, play basketball, or work with computers. Think of jobs that might suit your skills and interests.



# JOBS AND CAREERS

- **A job** is work that people do for pay with out any training. A **career** is a series of related jobs built on a foundation of interest, knowledge, training, and experience. An **occupation** is the type of work you do or the field of work.



# IMPACT ON LIFESTYLE

- Your **lifestyle** is the way you use your time, energy, and resources.
- Your work can determine how much time you have to spend with friends and family and how much money you have to pursue your favorite activities.
- Making a list of how you'd like to spend your time, resources, and energy can help you find out the kind of work you'd like to do and the kind of lifestyle you'd like to have.



# WHY DO PEOPLE CHANGE THEIR JOB?

- Salary
- Team
- Managers
- Schedule
- Transportation, etc



# WHY DO PEOPLE WORK.

- People work to earn money to pay for
  - •Housing
  - •Transportation
  - •Food
  - •Clothes
  - Health Care
  - Insurance
  - Education
  - Taxes



- **ADVANTAGES AND  
DISADVANTAGES**







