



Are you keen
on sports?



- увлекаться спортом - to be fond of sports;
- очень любить спорт - to be crazy about sports;
- поддерживать физическую форму - to keep fit/ to keep in good form;
- тренироваться - practise / exercise / train/work out;
- заботиться о своём теле - to take care of one's body;
- чувствовать себя хорошо и бодро - to feel great and fresh;
- развивать мозги - to train brains;
- приносить большой вред здоровью - to do a lot of harm to one's health;
- отношение к спорту - attitude to sport;
- сильно травмироваться - to have bad injures;
- влиять на здоровье - to influence one's health;
- заниматься спортом - to play sports (командные виды);
- to do sports (индивидуальные);
- to go Ving (с видами спорта, связанными с перемещением в пространстве).

Answer the questions and make up a story about sport in our life:



- 1) Why do people do sports?
- 2) What types of sports can they practise?
- 3) What are some disadvantages of sport?
- 4) What sports are popular in your town?
- 5) What is your favourite sport? Why do you like it?
- 6) What is your attitude to sport?

figure skating



gymnastics



shooting



rowing



rafting



diving



high jump



fencing



mountain biking



rock climbing



snowboarding



horse racing



football



swimming



running



basketball



karate



dance



windsurfing



cycling



skiing



volleyball



long jump



ice-skating



table-tennis



badminton



chess



aerobics



walking



boxing



wrestling



hockey



rugby



baseball



polo



horse riding



handball



judo



surfing



cross country running



a wet zorb



a dry zorb



kiiking





sandboarding

