

# Learning Styles



A	E	T	Y	A	C	T	I	V	E	D	F	A
V	D	L	O	G	I	C	A	L	D	S	H	U
H	I	R	Y	U	I	O	P	H	R	O	J	R
I	E	S	Q	W	V	G	J	L	E	C	K	A
N	S	D	U	E	V	B	U	A	F	I	L	L
T	H	G	G	A	C	E	R	C	L	A	V	O
U	J	H	H	R	L	I	Y	I	E	L	E	P
I	L	J	B	H	F	R	O	S	C	Q	R	L
T	P	U	W	E	O	E	J	Y	T	E	B	K
I	O	I	Q	S	G	H	Z	H	I	W	A	M
V	I	R	N	C	B	A	K	P	V	A	L	F
E	N	E	N	E	D	N	R	P	E	D	N	E
W	S	H	P	R	A	C	T	I	C	A	L	D

**Active**  
**Aural**  
**Logical**  
**Visual**  
**Verbal**  
**Social**  
**Reflective**  
**Practical**  
**Sensory**  
**Intuitive**  
**Physical**

# Learning Styles



**UNIT 1: COMMUNICATION & EMPLOYABILITY SKILLS**

# By the end of this lesson...



- **You will know**

- A. What the different learning styles are and why knowing your own learning styles can benefit personal development

# Assessment Criteria - Covered



- Explain how an awareness of learning styles can aid personal development (M3)

# Identification of Preferred Style



- A free online test to help you identify your own learning style can be downloaded from [www.learning-styles-online.com/inventory/](http://www.learning-styles-online.com/inventory/)
- VARK Learning Styles
- BBC Skills

# Learning Styles



Learning Style	Learning Activities
Aural	You learn best through music and sound
Visual	You like to see images, pictures, demonstrations (for examples, you particularly like the use of interactive whiteboards)
Physical(Kinaesthetic)	Practical activities such as model making, using a computer, making finished products
Logical	Mathematical reasoning, following steps like in a recipe
Verbal	You learn through hearing or reading words
Solitary	You prefer to learn on your own
Social	You prefer to learn with others

# How to benefit from knowing your learning style?



- Make sure that you are on a suitable course
- You are using learning materials that you know in advance will ultimately teach you effectively

# How to benefit from knowing your learning style?



- If you find it difficult to grasp a subject, or find a lesson boring, you might need to adapt your way of listening or note taking so as to make the best of the lesson

# Understanding others' preferred learning style



- Should improve understanding
- Learning
- Communications between members of a team