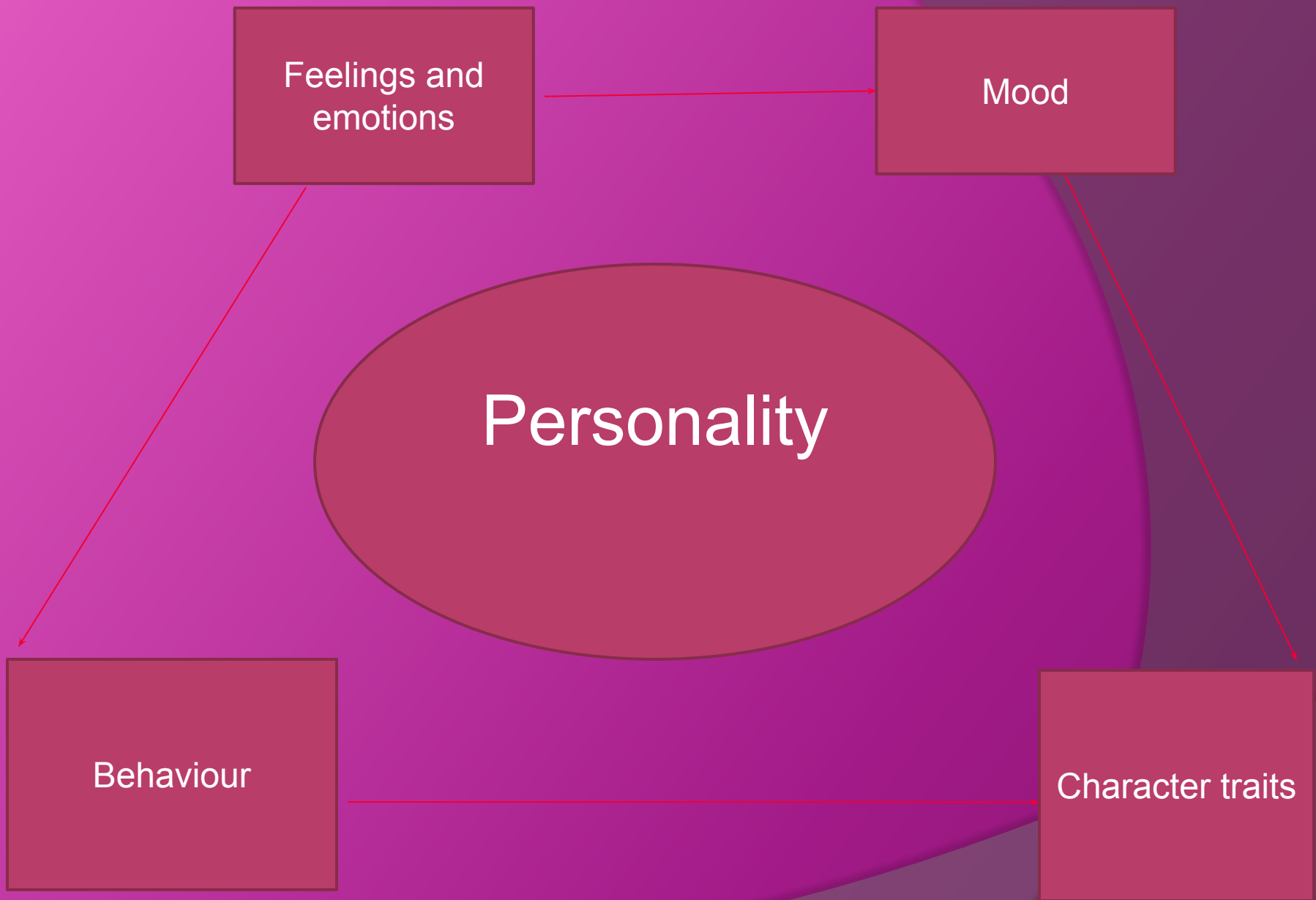


*Personality  
traits*

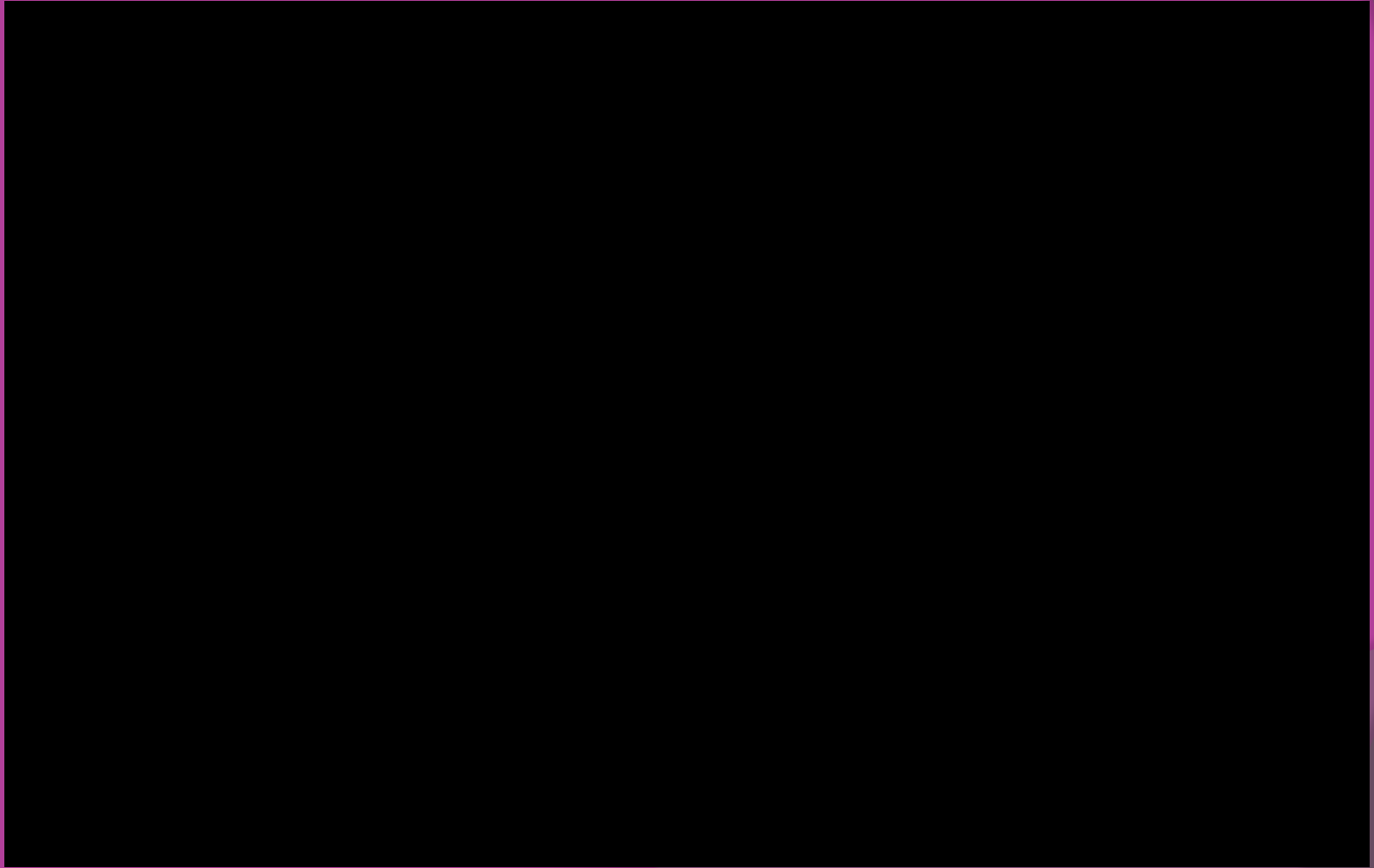


# Plan

1. Description of feelings, emotions and behaviour
1. Vocabulary exercises
2. Speaking test

# Questions

- 1. What are basic human emotions?*
- 2. What are the opposites of them?*
- 3. What is feeling?*
- 4. What are feelings resulted from emotions?*



# Questions

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# Emotions

Joy  
Trust  
Fear  
Surprise  
Disgust  
Anger  
Anticipation



Sadness  
Distrust  
Anger  
Anticipation  
Joy  
Fear  
Surprise

# ***Feelings*** result from ***emotions***

- Optimism - anticipation, joy
- Love – joy, trust
- Submission – trust and fear
- Disappointment – surprise and sadness
- Contempt – disgust and anger
- Aggression – anger and anticipation



# Definitions

- *Mood* — more lasting state. Grouping emotions into positive and negative they become mood states.
- *Emotions* are accompanied by distinct facial expressions. Mood isn't indicated by distinct expressions.
- *Character trait* is a stable individual experience

# Character trait or feeling?

angry	hardworking	humorous	dedicated
excited	brave	tired	helpful
selfish	sneaky	sad	friendly

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# What Emotion Do You Feel?



**satisfaction**

**I feel.....**

**happiness**

**Because I...**

**unsatisfaction**

**success**

• Was (not) bored;

**irritation**

**admiration**

• Worked hard;

**boredom**

• Got interested;

**proud**

Answered properly;

**sadness**

**surprise**

• Was active, emotional;

**fear**

**joy**

• Fulfilled the task;

• Received a good mark;

**anxiety**

# Divide the words into three groups: positive, negative, neutral

- **Considerate**
- competitive
- talkative
- **Practical**
- reserved
- serious
- trusting
- tough
- hard-headed
- stubborn
- **Intelligent**
- frank
- carefree
- obedient
- honest
- sympathetic
- courageous
- greedy, mean
- strict
- flexible
- patient

# ● Quiz Articulate

# Match the adjectives with their definitions

(1) confused	a person who doesn't do what he says he will
(2) nervous	worries & thinks too much about detail
(3) bad -tempered	worries about what might happen
(4) loyal	is uncertain about what to do, what to think
(5) ambitious	someone who likes giving things to others
(6) haughty	people who show their feeling easily
(7) miserable	has belief in one's own value & abilities
(8) self-confident	a happy, smiling person
(9) unreliable	behaves badly, doesn't obey
(10) generous	has a strong desire to be successful, powerful, rich
(11) emotional	is faithful to people, places & things
(12) fussy	in low spirits
(13) cheerful	unhappy, tired & not interested
(14) suspicious	likes to work with other people
(15) co-operative	doesn't trust people

# Complete the sentences with one of the adjectives below

1. Betty finds it hard to make friends because she is...
2. Sammy always thinks that everything will go wrong with him, he is very...
3. ... people feel good about themselves & aren't afraid to speak to others.
4. Tim felt very – when he saw his girlfriend speaking to another boy.
5. I was – when I told a joke in front of the whole class & nobody laughed.
6. A person who changes quickly from being happy to being unhappy for no reason is...
7. People who live in small communities can be a bit... & afraid to accept new ideas.
8. If you don't stop being – you won't get your ice-cream!

(easily led, boastful, jealous, hospitable, stingy, confident, shy, courageous, modest, embarrassed, narrow-minded, pessimistic, naive, naughty, stupid, moody, happy).



# Behaviour

- Many things can affect behavior:
- Your mood
- The people that you are around
- Things that happen to you
- Stress and your physical condition also have a bearing on your behavior

# Actions speak louder than words

- ① 1. Read the descriptions & write down adjectives to match them.

- ② Is it possible to judge somebody's character by their behaviour?

1. When Bill has to decide something, he thinks first of himself.
2. Uncle Bob always gives money to charity.
3. Jack is 28, but he puts in very little effort at work.
4. Aunt Polly likes to poke her nose into everybody's affairs.
5. Elena came top in all her exams, but she didn't tell anyone.
6. Tom does well in his job, he wants to get to the top of the company by the time he is 30.

- ③ How can you characterize a person who

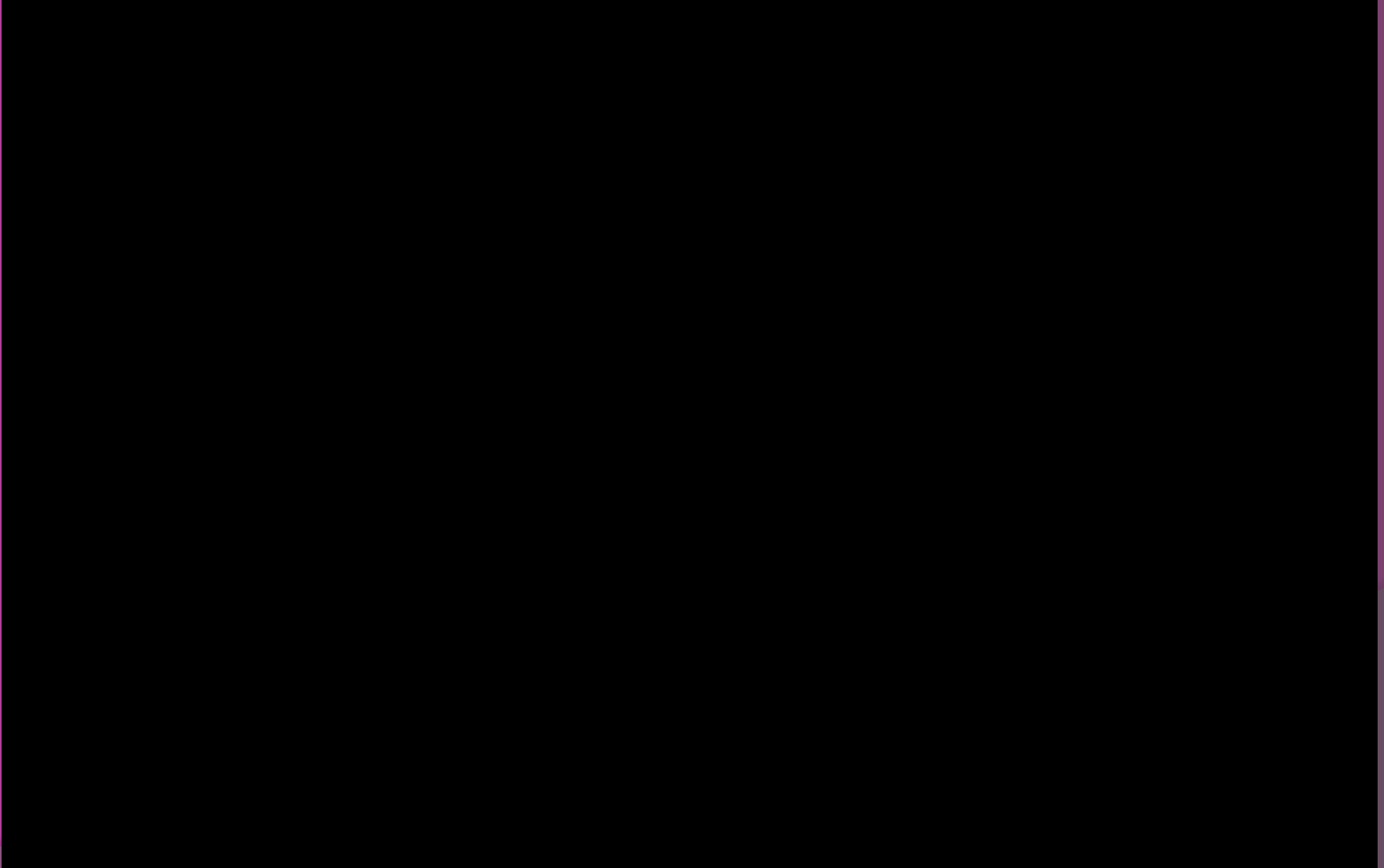
- ④
1. gives her or his last to other people / never lends you money?
  2. likes talking with other people? / hates communicating?
  3. looks on the bright side of things? / looks on the black side of things?
  4. has a hide opinion of himself? / never praises himself?
  5. easily flies into a rage? / never loses temper?
  6. tells the truth to others? / cheats others?

# Speaking Test

*Give a character sketch from a well-known book &  
answer the questions*

1. Who are the characters
2. What are they like (character traits)
3. How do they act (describe behaviour)
4. How do they feel (feelings and emotions)
5. What do they say

# Describe a person



# Red Riding Hood and Wolf



# Questions

- ① 1. What is Psychology?
- ② 2. What are topics of Psychology?
- ③ 3. What are branches of Psychology?
- ④ 4. Methods of Psychology
- ⑤ 5. The major functions of psychology
- ⑥ 6. The practical problems which psychology is to solve?

# Remember!

I

- o take the mickey out of smb – to laugh at them & make fun of them, often in a friendly way. ( she isn't afraid to take the mickey out of her boss & the people above her, she takes the mickey out of herself too.)
- o an old fogey – smb who has old-fashioned views & doesn't like change. You needn't be old to be one. (Young people today don't have any respect. – Oh, don't be such an old fogey! You are only 31!)
- o to have the aura of (confidence, modesty, optimism, sincerity, generosity, passion ...).
- o to have guts – be brave
- o to be gutless – to give in easily & not stand up for what you believe in.
- o to get the giggles – to laugh uncontrollably, usu. about something silly. ( We just got the giggles & I was desperately trying to keep a straight face, which just made things worse.)
- o to vent one's frustrations or anger – to express your feelings in a strong way. ( Thanks for listening to all my problems. I really needed to get things off my chest. – Don't worry. If you ever need a shoulder to cry on or you just want to vent your frustrations, I'm here.)

# Memorize the following

- a sweet-tooth – сладкоежка
- a cry-baby – плакса
- a yes-man – подпевала
- a know-all – всезнайка (= a smart Alec)
- a chatter-box – болтун
- big mouth
- a loud-mouth – горлопан
- a lazy-bones – лентяй
- a Nosey Parker – любопытная Варвара (= Peeping Tom)
- a butter-fingers – растяпа, размазня
- a homebody – домосед
- a rolling stone – не сидящий на одном месте
- a gate-crasher – незванный гость
- an early-bird – ранняя пташка
- a wise old bird – тертый калач
- a fence-sitter – выжидающий, в нейтральной позиции
- Jack of all trades – мастер на все руки
- Doubting Thomas – Фома Неверующий
- sleepy head – соня
- a social-climber – карьерист
- a fat head – болван, тупица
- all talk & no action – человек не дела
- a cold fish – безразличный
- a fat cat – важный, имеющий хорошую должность
- a paper tiger – бумажный тигр (опасный внешне)