Scotland is a country that is part of the United Kingdom and

covers the northern third of the island of Great Britain. It shares a border with England to the south, and is otherwise surrounded by the Atlantic Ocean, with the North Sea to the east and the North Channel and Irish Sea to the south-west. In addition to the mainland, the country is made up of more than 790 islands, including the Northern Isles and the Hebrides

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Capital • Edinburgh Largest city • Glasgow Area

• Land 77,933 km / 30,090 sq mi Population

- 2013 estimate 5,327,700
- 2011 census 5,313,600
- Density 67.5/km² / 174.1/sq mi

Government Devolved parliamentary legislature within constitutional monarchye • Monarch Elizabeth II • First Minister Nicola Sturgeon



Scotland includes the Hebrides off the west coast, and the Orkney and Shetland Islands off the north coast. It is bounded by the North Sea on the east.

Skye

North Sea

Aberdeer

Scotland is divided into three regions: the Highlands which is the most northern and the most under populated area, the Lowlands, which is the most industrial region, with about three quarters of the population, and the Southern Uplands, which border on England. The flag of Scotland is a white cross from corner to corner on a blue field. The flag of Scotland is one of the oldest flags in the world, traditionally dating back to the 9th century.

The Royal Coat of Arms of Scotland was the official coat of arms of the monarchs of Scotland, and were used as the official coat of arms of the Kingdom of Scotland until theAfterwards Union of the Crowns in 1603., the arms became an integral part of the Royal Coat of Arms of the United Kingdom.





The capital of Scotland is Edinburgh. It has been the capital since 15th century.





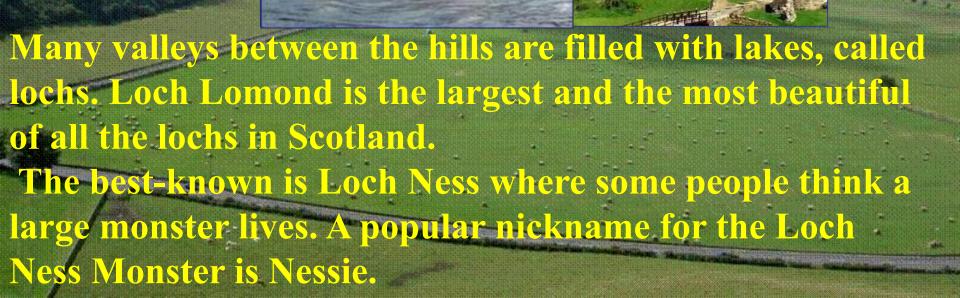




It is the national emblem of Scotland.

The thistle has nothing pleasant in it, especially if you carelessly touch its thorns. Why did the Scottish people choose this thorny plant as the national emblem of their country? The answer can be found in the history. The thistle saved their land from foreign invaders many years ago. People say that during a surprise night by the invaders, the Scottish soldiers were awakened by their shouts as their bare feet touched the thorns of the thistles in the field they were crossing.

The Highlands of Scotland are among the oldest mountains in the world. They reach their highest point in Ben Nevis (1343m).



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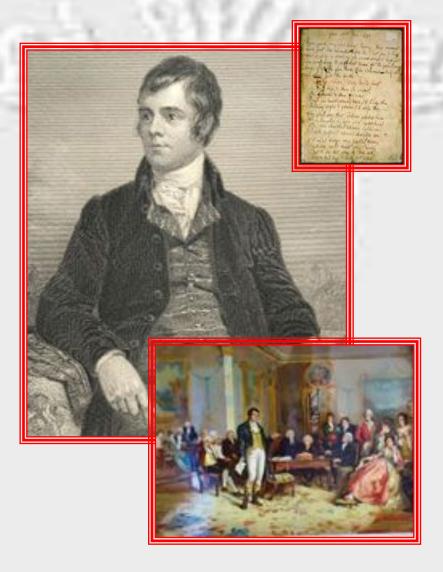
The national dress of Scots is the kilt, which was originally worn by men. It is a skirt with a lot of folds.

The kilt is a relic of the time when the clan system existed in the Highlands. The word "clan" means "family." Everybody in the clan had the same name, like MacDonald or MacGregor ("Mac" means "son of"). It was really like a big family.

The clan had it's own territory and was ruled by a powerful chief. Each clan had its own tartan. There were battles between different clans but nowadays they live in peace with each other.

The national instrument of Scotland is a bagpipe. It is made of sheepskin. The player fills a leather bag with air by blowing into it and allows the air to come through pipes. **The national Scottish dish is haggis.** It is made from oatmeal, lamb's lungs, heart and liver, mixed with onion and spices. It is traditionally packed in a sheep's stomach. It is sewn up and boiled for a few hours. The Scots eat it with potatoes and mashed turnips.





Robert Burns

The 25th of January is celebrated by Scots all over he world. It is the birthday of Robert Burns, a poet who wrote in the Scottish dialect of English. The festival is called Burns Night. During the festival pipe music is played, national dress is worn, the haggis (a traditional dish) is eaten, many speeches are made. People recite poems of their favourite poet.

Scotland's national poet

The Edinburgh military tattoo takes place every August and September and is known all over the world. The performers play military music and march to it.

Hogmanay is the name the Scots give to the last day of the of the year. At midnight there are fireworks and everyone sings "Auld Lang Syne," a song by Robert urns. Another tradition is "The First Foot." If the first person to enter your house on New Year's morning is a man ith dark hair, who is carrying a piece of you will have good luck in the New





Scottish Highland Games attract a lot of spectators all over the world. The games open and close with colourful ceremonies. The most impressive events at the games are tossing the caber, throwing the hammer, stone put, tug of war (repe pulling). There are also competitions in bagpiping and Scottish dancing.

