

ANOREXIA



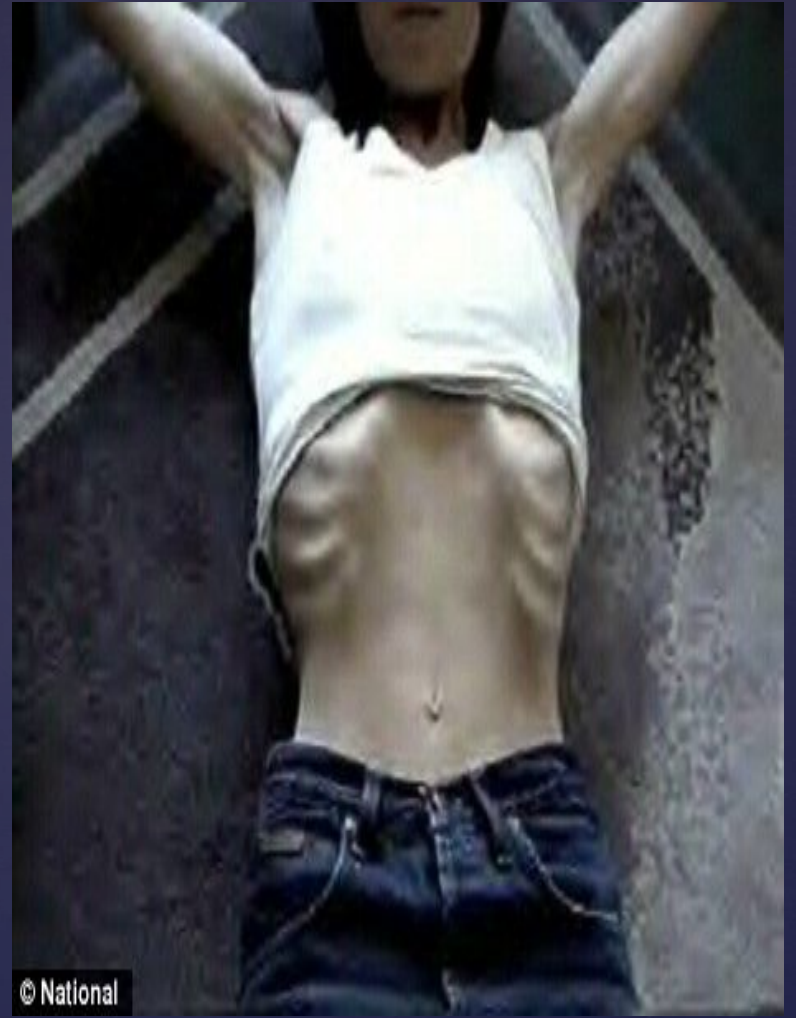
What is anorexia?

Anorexia is an eating disorder and, more importantly, a mental disorder, which is reflected in increased attention to food and its own weight, and extremely tough restrictions in food.



How common is it disease?

In developed countries, anorexia suffers every 2 girl 100 aged 12 to 24 years. Anorexia is considered a female disease, which manifests itself in adolescence. In percentage we can say that 90% of cases in patients with anorexia are girls aged 12-24 years. In the remaining 10% include women more Mature men.



Symptoms

Strong weight reduction are the most obvious symptoms of anorexia nervosa, which, however, becomes visible when the body is close to exhaustion.



Symptoms



When the disease progresses, anorexics constantly experiencing weakness, quickly gets tired, sometimes falling into a swoon. Dull, brittle hair, puffy face, sunken eyes, bluish color of the skin on the hands and feet (due to poor blood circulation) - also common symptoms of anorexia.

What to do in case of illness anorexia?

Contact your doctor to have it sent to a psychiatrist or directly contact a psychiatrist to receive an accurate diagnosis and treatment plan. Anorexia is a prerequisite of psychological support in the form of individual and family therapy.

