

Basic raw materials of food industry



Groats-крупна grain-зерно flour-мука

Groats - this whole or crushed grain, fully or partially exempt from the shells

Buckwheat

гречиха



millet

пшено



oats

овес



rice

рис



Wheat

Пшеница



barley

ячмень



corn

кукуруза



pea

горох



Translate words and make an offer

1. В кулинарии пшено use for запеканок, крупеников, soup, пудингов, minced meat.
2. Форма of corn grains is различная, rounded, белая или yellow.
3. Овсяные groats применяют for приготовления супов-пюре, вязких porridge, milk and слизистых супов, запеканок.
4. Time варки риса 20—30 мин, при этом he увеличивается в volume в 5—6 раз.
5. Из пшеницы produce манную крупу, ground крупы (Полтавскую и Артек) и пшеничные хлопья.

Vegetables

Potato



carrot



tomato



cabbage



**Beet
pepper**



onion



cucumber

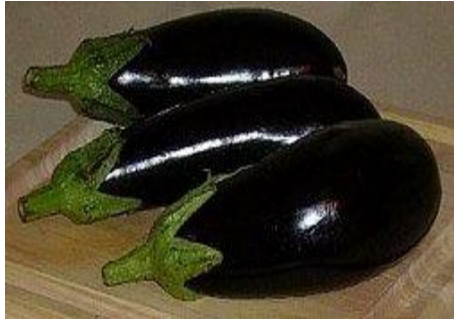


Bulgarian



Vegetables

Eggplant



watermelon



muskmelon



Pumpkin



dill



parsley



garlic



Substitute the the correct word

1. It is rightly called the second bread - ?
2. Use it fresh, drying, fermentation, marinating, extraction of the juice, puree - ?
3. Characterized the vegetable crop high sugar content - up to 8% - ?
4. He is regarded as a universal remedy for many diseases - ?
5. Among the vegetables take second place after cabbage for use in food - ?
6. Translated from the French language means "love apple« - ?

Fruits

An apple



pear



grape



an apricot



Cherry



plum



quince



persimmon



Berries

Grape



strawberrie



currant



Raspberries









gooseberries



blackberry



Nuts

To Nuts include walnuts , pine nuts , almonds , pistachios , peanuts , cashews  and other. Nuts characterized by high content fat (40-70%) and protein (15,5-22%), they are minerals (up to 3%) vitamins A, C, B. Nuts are consumed raw and roasted, they are used in confectionery, cooking, and some kinds of nuts to give an oil.

Starch, sugar, honey

1. Starch is a carbohydrate (polysaccharide) isolated from potatoes, grains and other plant materials, where it accumulates as a backup material.
2. Granulated sugar is prepared from sugar beets, comprising 16-18%, sometimes up to 25% sucrose.
3. Honey - a very valuable food, dignity which is determined not only by the presence of large amounts of carbohydrate (glucose, fructose, sucrose), but also physiologically valuable minerals, enzymes and antimicrobial substances, which are responsible for its healing properties, aromatic and coloring substances, vitamins and organic acids

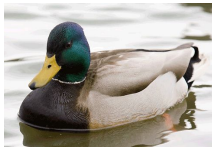


Eggs.

Depending on species distinguish chicken



eggs, duck



, goose



, turkey



quail



, etc.

Insert the percentages in the right place; 56%, 32%, 12%

An egg consists of a shell, protein and
yolk

*Listen to the text, and then insert the word in place of the missing:
specific, table, stimulation, sausages, antibacterial*

Seasonings are designed to change and improve the taste of food merits, appetite....., better digestibility. To seasonings includesalt, mustard, horseradish, mayonnaise, sauces, food acids.

Spices - are products of plant origin, having thearoma and flavor, containing essential oils, glycosides and alkaloids. They improve the smell of food, contribute to its assimilation, excrete toxins, increase the protective functions of the body, as they haveproperties. They are used in the production of canned,....., drinks, etc.

Edible fats

By origin fats are divided into vegetable, animal and combined.

Margarine



When using margarine?

Fat; grease

Which animal fats used in food?



Cooking fats

What types of cooking oils you know?



Your homework:

Write 5 glossary on a past theme and make a crossword on the new words.

