

# How to shop properly

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# Take a buddy

It's easier to make a decision on something when someone else is giving their opinion too. Bring along a friend or family member who you trust; not only for their opinion, but to keep yourself safe. Besides, it's more fun shopping with a friend than alone.





# Set a budget for yourself

It's hard, but it's always better to set a budget and stick to it. It's better in the long run. If you have trouble doing this, leave your credit card at home and only bring cash. Bring an amount of cash that you're comfortable spending - if your spending limit is \$50, bring \$50 to spend! This ensures that you won't blow your money in one day.





things you  
specifically need or  
want

My Shopping List

This will prevent you from overspending or wasting time. Before you hit the stores, go on-line and look at the



# Try the things you like on

Make sure the things that you're buying fit you properly. You should feel comfortable and yourself in your clothes. Try on many sizes before making a decision. Check yourself out in the mirror. If the store has a three way mirror, it's always best to stand in it before purchasing. The jeans you're trying on could look great from the front, but saggy in the back.



# Check out the material

A woman with her hair in a bun, wearing a black t-shirt, is looking at a rack of colorful clothing in a store. The rack is filled with various items, including shirts and dresses in shades of blue, green, pink, and white. In the background, another woman is partially visible, and the store's interior is brightly lit.

If you're buying something that you don't try on, like socks, always touch them before buying. Stick your hand in it, and see if it's itchy, or just right. Maybe there's a stain? Ask for another one that looks in better condition. Or perhaps it looks flimsy, or as if it will fall apart within months? It's better not to consider it. If you are allergic to some materials, read the label to see what it is



# Never be afraid to ask a faculty member for help

Love the shirt, but can't find your size? It's their job to help you, so don't be shy about asking the salespeople.





# Don't buy something if you're not totally sure about it

Only buy something if you really love it and are willing to wear it. It's helpful to try to think of at least two things that you can wear it with too, just so that you know you'll have something to wear it with. If you aren't sure about that top, don't buy it. It's better to leave it rather than buy and regret it.





THANK YOU  
FOR  
WATCHING!!

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