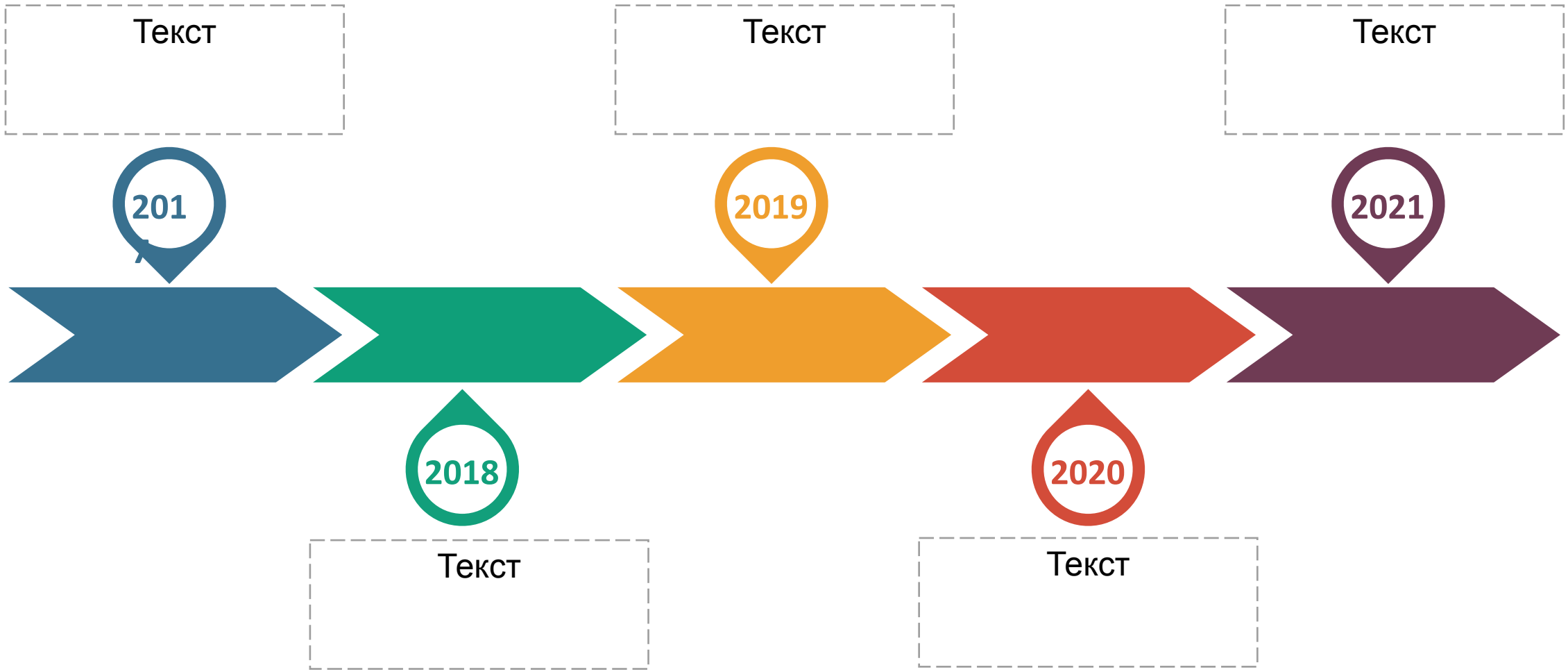Временная шкала