

Glad to meet you!



Today is the 26th of March, 2020 (Our 1st distant lesson)

Our plan of distant work:

- 1.You do all the H.T and send the photos of your **done H.T** into our What's up group.
- 2.You watch my distant lesson and check your H.T in your copybooks at home!
3. After checking, send the photos of your **checked H.T** into our What's up group.
(I will send your results to your parents!)
- 4.Then, do the next H.T.

We hope to see you at our 'real' lessons soon!!!!





Группа: Студенты: Los Angeles	Выполненное домашнее задание (1й дистант.урок)	
	book	FCE
FCE	+	+
Кукко Маша	+	+
Кукко Даша	+	+
Пронина Даша	+	+
Голубятникова Вика	?	+
Азанова Дана	+	+
Сыромятникова Софи	+	+
Воскресенский Радик	+	+
Малхасян Роберт	+	+
Киршиян Тигран	?	+
Седых Катя	?	+

Группа: Студенты: Barcelona	Выполненное домашнее задание (1й дистант.урок)	
	book	FCE
FCE		
Филатова Алиса	+	+
Шахова Юлиана	?	+
Жиров Саша	+	+
Легкодымов Ярик	+	+
Становыхин Дима		
Цыганков Никита	+	+
Багрова Маша	+	+
Максимовская Лера		
Царевская Эвелина		
Карпенко Настя		

Группа: Студенты: Rome	Выполненное домашнее задание (1й дистант.урок)	
	book	FCE
FCE		
Симакова Наташа		
Шулимов Филипп	+	+
Тоноян Эмма		
Масляева Юля	?	+
Лисойван Даша	?	+
Дейнега Никита	?	+
Фетисов Макс	+	+
Спирина Полина	+	+
Черепихин Денис	?	+
Яновская София	?	+

I promise
I will control
all your work at home!

Your parents
will be happy to know
how hardworking you are!

Together
we can be
the best team!!!



Группа: Студенты: New York	Выполненное домашнее задание (1й дистант.урок)	
	book	FCE
FCE		
Дрижюка Маша	+	+
Сопин Илья	+	+
Сергеева Софья	+	+
Постоеенко Аня	+	+
Богосьян Лариса		
Петрова Даша	+	+
Борисенко Виктор	+	+
Макарова Ирина	+	+
Орлов Ярослав	+	+

Группа: Студенты: Monaco	Выполненное домашнее задание (1й дистант.урок)	
	book	FCE
FCE		
Канонкова Диана	+	+
Жамова Вика	+	+
Затулий Настя	?	+
Зуев Илья	+	+
Волошин Аким	?	+

0. How do you spend your time at home?

(We are waiting for your voice sms
in our What's up group!)



Your Hometask:



Home task: Выдаётся на уроке

в среду 18.03.2020 / четверг 19.03.2020

Сделать на понедельник 23.03.2020 / вторник 24.03.2020

1. Dear students, start reading the book "The Murder on the Orient Express"

р.0002-00011:

Write the plan like that:

р.:

main points :.....

new words+translation :.....

2. Your FCE-task (It is not so big.)



Before reading we can get impressions of the methods of Poirot.



We are going to work on some my new phrases which will be used in your VK speaking!

**I mean, you will retell part 1 for video in your vk group using your own new words
you have already written out in your copybooks!!**

Agatha Christie	p.00002	Агата Кристи
Murder on the Orient Express		Убийство в "Восточном экспрессе"
Part I.		Часть I
The Facts		Факты
1.		Глава 1
An Important Passenger on the Taurus Express		В экспресс "Тавры" садится значительное лицо
It was five o'clock on a winter's morning in Syria. <u>Alongside the platform at Aleppo stood the train grandly designated in railway guides as the Taurus Express.</u>		Ранним морозным утром, в пять часов по местному времени, вдоль платформы сирийской станции Алеппо вытянулся состав, который железнодорожные справочники торжественно именовали экспресс "Тавры".
It consisted of a kitchen and dining-car, a sleeping-car and two local coaches.		Экспресс состоял из вагона-ресторана, одного спального и двух вагонов местного сообщения.
By the step leading up into the sleeping-car stood a young French lieutenant, resplendent in uniform conversing, with a small man muffled up to the ears of whom nothing was visible but a pink-tipped nose and the two points of an upward-curved moustache.		У входа в спальный вагон молоденький лейтенант французской армии во всем великолепии своего мундира разговаривал с человечком, по уши укутанным во всевозможные шарфы и кашне, из-под которых высовывались лишь красный носик и кончики грозно закрученных усов.
It was <u>freezingly cold</u> , and this job of seeing off a <u>distinguished stranger was not one to be envied</u> , but Lieutenant Dubosc performed his part manfully.		Стоял пронизывающий холод, и провожать почетного гостя было делом отнюдь не завидным, но лейтенант Дюбоск мужественно выполнял свой долг.

<p>Graceful phrases fell from his lips in polished French.</p> <p style="text-align: right; color: red;">p.00002</p>	<p>Он сыпал изысканнейшими фразами на изящнейшем французском языке.</p>
<p>Not that he knew what it was all about.</p>	<p>Хотя в чем дело, честно говоря, не понимал.</p>
<p>There had been rumours, of course, as there always were in such cases.</p>	<p>Правда, по гарнизону, как бывает в подобных случаях, ходили какие-то слухи.</p>
<p>The General's - his General's - temper had grown worse and worse.</p>	<p>А на генерала, того самого генерала, под началом которого служил лейтенант Дюбоск, стало все труднее угодить.</p>
<p>And then there had come this Belgian stranger - all the way from England, it seemed.</p>	<p>И тогда откуда-то, чуть не из самой Англии, приехал этот бельгиец.</p>
<p>There had been a week - <u>a week of curious tensity.</u></p>	<p>Целую неделю весь гарнизон пребывал в непонятной тревоге.</p>
<p>And then certain things had happened.</p>	<p>А потом пошло-поехало.</p>
<p>A very distinguished officer had <u>committed suicide</u>, another had suddenly <u>resigned</u>, anxious faces had suddenly lost their <u>anxiety</u>, certain military <u>precautions were relaxed.</u></p>	<p>Один весьма видный офицер покончил с собой, другой подал в отставку - и тревога отпустила военных, некоторые меры предосторожности были отменены.</p>
<p>And the General, Lieutenant Dubosc's own particular General, had suddenly looked ten years younger.</p>	<p>А генерал, тот самый, под началом которого служил лейтенант Дюбоск, словно помолодел лет на десять.</p>
<p>Dubosc had overheard part of a conversation between him and the stranger.</p>	<p>Дюбоск нечаянно подслушал обрывок разговора между "его" генералом и незнакомцем.</p>

<p>"You have saved us, mon cher," said the General emotionally, his great white moustache trembling as he spoke. "You have saved the honour of the French Army - you have averted much bloodshed!</p>	<p>"Вы спасли нас, мой друг, - прочувствованно говорил генерал, и его седые усы подрагивали. - Вы спасли честь французской армии, вы предотвратили кровопролитие!</p>
<p>How can I thank you for acceding to my request? p.00003</p>	<p>Не знаю, как и благодарить вас за то, что вы откликнулись на мою просьбу!</p>
<p>To have come so far-"</p>	<p>Приехать в такую даль..."</p>
<p>To which the stranger (by name M. Hercule Poirot) had made a fitting reply including the phrase -</p>	<p>На что незнакомец (его звали Эркюль Пуаро), как и полагается, отвечал:</p>
<p>"But indeed, do I not remember that once you saved my life?"</p>	<p>"Что вы, генерал, разве я мог забыть, что вы спасли мне жизнь?"</p>
<p>And then the General had made another fitting reply to that, disclaiming any merit for that past service; and with more mention of France, of Belgium, of glory, of honour and of such kindred things they had embraced each other heartily and the conversation had ended.</p>	<p>Генерал в свою очередь, произнес какую-то подходящую случаю фразу, отрицая свои заслуги, и в разговоре вновь замелькали Франция, Бельгия, слава, честь и всякое тому подобное, затем друзья сердечно обнялись, и разговор закончился.</p>
<p>As to what it had all been about, Lieutenant Dubosc was still in the dark, but to him had been delegated the duty of seeing off M. Poirot by the Taurus Express, and he was carrying it out with all the zeal and ardour befitting a young officer with a promising career ahead of him.</p>	<p>О чем, собственно, шла речь, лейтенант так до сих пор и не понял, но как бы то ни было, почетное поручение проводить Пуаро на экспресс "Тавры" было возложено именно на него, и он выполнял его с пылом и рвением, приличествующими многообещающему молодому офицеру.</p>

"To-day is Sunday," said Lieutenant Dubosc. "Tomorrow, Monday evening, you will be in Stamboul."	- Сегодня воскресенье, - говорил лейтенант Дюбоск, - завтра вечером, то есть в понедельник, вы будете в Стамбуле.
It was not the first time he had made this observation. p.00003	Он уже не первый раз высказывал это соображение.
Conversations on the platform, before the departure of a train, are apt to be somewhat repetitive in character.	Впрочем, разговоры, которые ведутся перед отходом поезда, всегда изобилуют повторами.
"That is so," agreed M. Poirot.	- Совершенно верно, - согласился Пуаро.
"And you <u>intend to remain there</u> a few days, I think?"	- Вы, видимо, остановитесь в Стамбуле на несколько дней?
"Mais oui.	- Mais oui.
Stamboul, it is a city I have never visited.	Мне не случалось бывать там.
It would be a pity to pass through - comme ça." He <u>snapped his fingers</u> descriptively. "Nothing presses - I shall remain there as a tourist for a few days."	Было бы очень жаль проехать мимо, вот так. - И он выразительно щелкнул пальцами. - Я не спешу и могу посмотреть город.
"La Sainte Sophie, it is very fine," said Lieutenant Dubosc, who had never seen it.	- La Sainte Sophie удивительно красива, - сказал лейтенант Дюбоск, который в жизни не видел этого собора.
A cold wind came whistling down the platform. Both men shivered.	Свирепый порыв ветра заставил мужчин поежиться.
Lieutenant Dubosc managed to cast a surreptitious glance at his watch.	Лейтенант Дюбоск украдкой бросил взгляд на часы.

Five minutes to five - only five minutes more!	Без пяти пять - всего пять минут до отхода.
Fancying that the other man had noticed his glance, he hastened once more into speech.	Боясь, что гость перехватил этот взгляд, он поспешил заполнить паузу.
"There are few people travelling this time of year," he said, glancing up at the windows of the sleeping-car above them.	- В это время года мало кто путешествует, - сказал он, оглядев окна спального вагона.
"That is so," agreed M. Poirot.	- Вы, пожалуй, правы, - поддакнул Пуаро.
"Let us hope you will not be snowed up in the Taurus!"	- Будем надеяться, что вас не застигнут заносы в Таврских горах.
"That happens?" p.00004	- А такое возможно?
"It has occurred, yes.	- Вполне.
Not this year, as yet."	Правда, в этом году бог миловал.
"Let us hope, then," said M. Poirot. "The weather reports from Europe, they are bad.	- Что ж, будем надеяться на лучшее, - сказал Пуаро. - Какие сводки погоды из Европы, плохие?
"Very bad.	- Очень.
In the Balkans there is much snow."	На Балканах выпало много снега.
"In Germany, too, I have heard."	- В Германии, как мне говорили, тоже.
"Eh bien," said Lieutenant Dubosc hastily as another pause seemed to be about to occur. "Tomorrow evening at seven-forty you will be in Constantinople."	- Eh bien, - чувствуя, что надвигается новая пауза, поспешно сказал лейтенант Дюбоск, - завтра вечером в семь сорок вы будете в Константинополе.

<p>"Yes," said M. Poirot, and went on desperately, "La Sainte Sophie, I have heard it is very fine."</p> <p style="text-align: center;">p.00004</p>	<p>- Да, - сказал мсье Пуаро и, из последних сил стараясь поддержать разговор, добавил: - Мне рассказывали, что Святая София поразительно красива.</p>
<p>"Magnificent, I believe."</p>	<p>- Видимо, просто великолепно.</p>
<p>Above their heads the blinds of one of the sleeping-car compartments was pushed aside and a young woman looked out.</p>	<p>В одном из купе поднялась шторка, и в окно выглянула молодая женщина.</p>
<p>Mary Debenham had had little sleep since she left Baghdad on the preceding Thursday.</p>	<p>- Ну что ж. С тех самых пор, как Мэри Дебенхэм выехала в прошлый четверг из Багдада, она почти не спала.</p>
<p>Neither in the train to Kirkuk, nor in the Rest House at Mosul, nor last night on the train had she slept properly.</p>	<p>Не спала ни в поезде до Киркука, ни в комнатах отдыха пассажиров в Мосуле; не удалось ей выспаться и прошлой ночью в поезде.</p>
<p>Now, weary of lying wakeful in the hot stuffiness of her overheated compartment, she got up and peered out.</p>	<p>И теперь, устав лежать без сна в душном, жарко натопленном купе, она поднялась и выглянула в окно.</p>
<p>This must be Aleppo.</p>	<p>Это скорее всего Алеппо.</p>
<p>Nothing to see, of course.</p>	<p>Смотреть тут, конечно, не на что.</p>
<p>Just a long, poorly lighted platform with loud, furious altercations in Arabic going on somewhere.</p>	<p>Длинный, плохо освещенный перрон; где-то неподалеку яростно бранятся по-арабски.</p>
<p>Two men below her window were talking French.</p>	<p>Двое мужчин под окном говорят по-французски.</p>

One was a French officer, the other was a little man with enormous moustaches.	Один - французский офицер, другой - человечек с огромными усами.
She <u>smiled faintly</u> . p.00005	Губы ее тронула легкая улыбка.
She had never seen anyone quite so heavily muffled up.	Это ж надо так закутаться!
It must be very cold outside.	Должно быть, в Алеппо очень холодно!
That was why they heated the train so terribly.	Вот почему в поезде так безбожно топят.
She tried to force the window down lower, but it would not go.	Она попыталась опустить окно пониже, но оно не поддавалось.
The Wagon Lit conductor had come up to the two men.	Проводник спального вагона подошел к мужчинам.
The train was about to depart, he said. Monsieur had better mount.	- Поезд отправляется, - сказал он. - Мсье пора в вагон.
The little man removed his hat.	Человечек снял шляпу.
What an egg-shaped head he had!	Ну и голова - ни дать ни взять яйцо!
In spite of her preoccupations Mary Debenham smiled.	И, несмотря на одолевавшие ее заботы, Мэри Дебенхэм улыбнулась.
<u>A ridiculous-looking little man.</u>	Потешный человечек!

<p>The sort of little man one could never take seriously.</p> <p style="text-align: right; color: red;">p.00005</p>	<p>Таких коротышек обычно никто не принимает всерьез.</p>
<p>Lieutenant Dubosc was saying his parting speech.</p>	<p>Лейтенант Дюбоск произнес прощальную речь.</p>
<p>He had <u>thought it out beforehand</u> and had kept it till the last minute.</p>	<p>Он подготовил ее заранее и приберегал до последнего момента.</p>
<p>It was a very beautiful, polished speech.</p>	<p>Речь продуманную и блистательную.</p>
<p>Not to be outdone, M. Poirot replied in kind...</p>	<p>Не желая уступить ему, Пуаро отвечал в том же духе.</p>
<p>"En voiture, Monsieur," said the Wagon Lit conductor.</p>	<p>- En voiture, - сказал проводник.</p>
<p>With an air of infinite reluctance M. Poirot climbed aboard the train.</p>	<p>Всем своим видом показывая, как ему жаль расставаться с лейтенантом, Пуаро поднялся в вагон.</p>
<p>The conductor climbed after him.</p>	<p>Проводник последовал за ним.</p>
<p>M. Poirot waved his hand. Lieutenant Dubosc came to the salute.</p>	<p>Пуаро помахал рукой, лейтенант отдал честь.</p>
<p>The train, with a terrific jerk, moved slowly forward.</p>	<p>Поезд, неистово рванув, медленно покати по рельсам.</p>
<p>"Enfin!" murmured M. Hercule Poirot.</p>	<p>- Enfin, - пробормотал Эркюль Пуаро.</p>
<p>"Brrrrrrr," said Lieutenant Dubosc, realising to the full how cold he was.</p>	<p>- Брр... - поежился лейтенант Дюбоск - он только сейчас почувствовал, как продрог.</p>

<p>"Voil?, Monsieur!" The conductor displayed to Poirot with a dramatic gesture the beauty of his sleeping compartment and the neat arrangement of his luggage. "The little valise of Monsieur, I have put it here."</p>	<p>мсье. - Проводник выразительным взмахом руки привлек внимание Пуаро к роскоши купе, особо отметив, как аккуратно и заботливо размещен багаж. - Чемоданчик, мсье, я поместил здесь.</p>
<p>His outstretched hand was suggestive. p.00006</p>	<p>Протянутая рука красноречиво намекала.</p>
<p>Hercule Poirot placed in it a folded note.</p>	<p>Пуаро вложил в нее сложенную вдвое купюру.</p>
<p>"Merci, Monsieur." The conductor became brisk and <u>business-like</u>. "I have the tickets of Monsieur."</p>	<p>- Мерси, мсье. - Проводник быстро перешел к делу: - Билеты мсье у меня.</p>
<p>I will also take the passport, please.</p>	<p>Пожалуйста паспорт.</p>
<p>Monsieur breaks his journey in Stamboul, I understand?" M. Poirot assented.</p>	<p>Мсье, как я понимаю, выходит в Стамбуле?</p>
<p>"There are not many people travelling, I imagine?" he said.</p>	<p>- В эту пору года, наверное, мало пассажиров? - спросил Пуаро.</p>
<p>"No, Monsieur.</p>	<p>- Совершенно верно, мсье.</p>
<p>I have only two other passengers - both English.</p>	<p>Кроме вас, в вагоне всего два пассажира - оба англичане.</p>
<p>A Colonel from India and a young English lady from Baghdad.</p>	<p>Полковник из Индии и молодая англичанка из Багдада.</p>
<p>Monsieur requires anything?"</p>	<p>Что еще угодно мсье?</p>

<p>Monsieur demanded a small bottle of Perrier.</p>	<p>Мсье заказал маленькую бутылку "Перрье".</p>
<p><u>Five o'clock in the morning is an awkward time to board a train.</u></p>	<p>Начинать путешествие в пять часов утра не слишком удобно.</p>
<p>There were still two hours before dawn. p.00006</p>	<p>Надо как-то скоротать еще два часа до рассвета.</p>
<p>Conscious of an inadequate night's sleep, and of a delicate mission successfully accomplished, M. Poirot curled up in a corner and fell asleep.</p>	<p>Довольный тем, что успешно справился с щекотливой миссией, Пуаро забился в угол, свернулся клубочком и заснул с сознанием, что ему вряд ли придется выспаться.</p>
<p>When he awoke it was half-past nine he sallied forth to the restaurant car in search of hot coffee.</p>	<p>Проснулся он уже в половине десятого и отправился в вагон-ресторан выпить кофе.</p>
<p>There was only one occupant at the moment, obviously the young English lady referred to by the conductor.</p>	<p>В вагоне-ресторане сидела всего одна посетительница, очевидно, та самая молодая англичанка, о которой упоминал проводник.</p>
<p>She was tall, slim and dark - perhaps twenty-eight years of age.</p>	<p>Высокая, стройная брюнетка лет двадцати восьми.</p>
<p><u>There was a kind of cool efficiency in the way she was eating her breakfast and in the way she called to the attendant to bring her more coffee which bespoke a knowledge of the world and of travelling.</u></p>	<p>Держалась она непринужденно, и по тому, как она ела, как приказала официанту принести еще кофе, видно было, что она бывалая путешественница.</p>
<p>She wore a dark-coloured travelling dress of some thin material eminently suitable for the heated atmosphere of the train.</p>	<p>Одета она была в темный дорожный костюм из какого-то тонкого материала - весьма уместный при здешней духоте.</p>

<p>M. Hercule Poirot, having nothing better to do, amused himself by studying her without appearing to do so.</p>	<p>Мсье Эркюль Пуаро от нечего делать исподтишка разглядывал англичанку.</p>
<p>She was, he <u>judged</u>, the kind of young woman who could take care of herself with perfect ease wherever she went.</p>	<p>"Решительная молодая женщина, - заключил он, - такая никогда не потеряет голову".</p>
<p>She had poise and efficiency. p.00007</p>	<p>У нее были непринужденные манеры и деловой вид.</p>
<p>He rather liked the severe regularity of her features and the delicate pallor of her skin.</p>	<p>Ему, пожалуй, даже понравились ее строгие, правильные черты и прозрачная бледность кожи.</p>
<p>He liked the burnished black head with its neat waves of hair, and her eyes - cool, impersonal and grey.</p>	<p>Понравились волосы цвета воронова крыла, уложенные аккуратными волнами, и серые глаза, холодные и бесстрастные.</p>
<p>But she was, he decided, just a little too efficient to be what he called "jolie femme."</p>	<p>"Но хорошенькой ее никак не назовешь, - решил он, - уж слишком она деловитая".</p>
<p>Presently another person entered the restaurant car.</p>	<p>Вскоре в ресторан вошел еще один посетитель.</p>
<p>This was a tall man of between forty and fifty, lean of figure, brown of skin, with hair slightly grizzled round the temples.</p>	<p>Высокий мужчина не то за сорок, не то под пятьдесят. Худощавый, загорелый, с седеющими висками.</p>
<p>"The Colonel from India," said Poirot to himself.</p>	<p>"Полковник из Индии", - подумал Пуаро.</p>
<p><u>The newcomer gave a little bow to the girl.</u></p>	<p>Вошедший поклонился девушке:</p>

"Morning, Miss Debenham."	- Доброе утро, мисс Дебенхэм.
"Good morning, Colonel Arbuthnot."	- Доброе утро, полковник Арбэтнот.
The Colonel was standing with a hand on the chair opposite her.	Полковник остановился около девушки, оперся о спинку стула по другую сторону столика.
"Any objections?" he asked.	- Вы не возражаете? - спросил он.
"Of course not.	- Конечно, нет.
Sit down."	Садитесь.
"Well, you know, breakfast isn't always a chatty meal."	- Знаете, за завтраком не очень-то хочется разговаривать.
"I should hope not.	- Вот именно.
But I don't bite."	Но не бойтесь, я не кусаюсь.
The Colonel sat down.	Полковник сел.
"Boy," he called in peremptory fashion. He gave an order for eggs and coffee.	- Человек! - властно подозвал он официанта и заказал яйца и кофе.
His eyes rested for a moment on Hercule Poirot, but they passed on indifferently.	Взгляд его задержался на Эркюле Пуаро, но тут же равнодушно скользнул дальше.
Poirot, reading the English mind correctly, knew that he had said to himself.	Эркюль Пуаро - он хорошо знал англичан - прочел мысль полковника:
"Only some damned foreigner."	"Всего-навсего паршивый иностранец!"
True to their nationality, the two English people were not chatty.	Англичане, как им и полагалось, почти не разговаривали.

They exchanged a few brief remarks and presently the girl rose and went back to her compartment.	Они обменялись несколькими фразами, после чего девушка встала и вернулась в свое купе.
<u>At lunch time the other two again shared a table</u> and again they both completely ignored the third passenger. <p style="text-align: right;">p.00008</p>	За обедом они снова сидели за одним столиком и снова не замечали третьего пассажира.
Their conversation was more animated than at breakfast.	Теперь их разговор протекал более оживленно, чем во время завтрака.
Colonel Arbuthnot talked of the Punjab and occasionally asked the girl a few questions about Baghdad where, it became clear, she had been in a post as governess.	Полковник Арбэтнот рассказывал о Пенджабе и время от времени расспрашивал девушку о Багдаде, где, как выяснилось из разговора, она служила гувернанткой.
In the course of conversation they discovered some mutual friends, which had the immediate effect of making them more friendly and less stiff.	Обнаружив в ходе беседы общих друзей, они сразу же оживились, стали менее чопорными.
They discussed old Tommy Somebody and old Reggie Someone Else.	Вспоминали старину Томми такого-то и Джерри сякого-то.
The Colonel inquired whether she was going straight through to England or whether she was stopping in Stamboul.	Полковник осведомился, едет ли мисс Дебенхэм прямо в Англию или остановится в Стамбуле.
"No, I'm going straight on."	- Нет, я не собираюсь останавливаться в Стамбуле.
"Isn't that rather a pity?"	- И вы об этом не жалеете?

<p>"I came out this way two years ago and spent three days in Stamboul then."</p>	<p>- Я проделала такой же путь два года назад и провела тогда три дня в Стамбуле.</p>
<p>"Oh! I see.</p> <p style="text-align: center;">p.00008</p>	<p>- Понятно.</p>
<p>Well, I may say I'm very glad you are going right through, because I am."</p>	<p>Что ж, должен сказать, я, со своей стороны, только рад этому: я ведь тоже не буду останавливаться в Стамбуле.</p>
<p>He made a kind of clumsy little bow, flushing a little as he did so.</p>	<p>Он неловко поклонился и слегка покраснел.</p>
<p>"He is susceptible, our Colonel," thought Hercule Poirot to himself with some amusement.</p>	<p>"А наш полковник чувствителен к женским чарам", - подумал Эркюль Пуаро. Эта мысль его позабавила.</p>
<p>"The train, it is as dangerous as a sea voyage!"</p>	<p>Что ж, поездки по железной дороге способствуют романам не меньше морских путешествий.</p>
<p>Miss Debenham said evenly that that would be very nice. Her manner was slightly repressive.</p>	<p>Мисс Дебенхэм ответила, что ей это тоже очень приятно, но весьма сдержанным тоном.</p>
<p>The Colonel, Hercule Poirot noticed, accompanied her back to her compartment.</p>	<p>Пуаро отметил, что полковник проводил ее до купе.</p>
<p>Later they passed through the magnificent scenery of <u>the Taurus.</u></p>	<p>Экспресс въехал в живописные Таврские горы.</p>
<p>As they looked down towards the Cilician Gates, standing in the corridor side by side, a sigh came suddenly from the girl. Poirot was standing near them and heard her murmur:</p>	<p>Когда в окне показались Киликийские ворота, Пуаро - он стоял неподалеку от англичан - услышал, как девушка со вздохом прошептала:</p>

"It's so beautiful!	- Какая красота!
I wish - I wish-" p.00009	Жаль, что я...
"Yes?"	- Что вы - что?...
"I wish I could enjoy it!"	- Жаль, что я не могу наслаждаться ею!
Arbuthnot did not answer.	Арбэтнот не ответил.
The square line of his jaw seemed a little sterner and grimmer.	На его квадратной челюсти заходили желваки.
"I wish to Heaven you were out of all this," he said.	- Видит бог, я много дал бы, чтобы избавить вас от этого.
"Hush, please.	- Тише, умоляю вас!
Hush."	Тише!
"Oh! it's all right." <u>He shot a slightly annoyed glance in Poirot's direction.</u> Then he went on: "But I don't like the idea of your being a governess - at the beck and call of tyrannical mothers and their tiresome brats."	- Хорошо, хорошо! - Полковник метнул сердитый взгляд в сторону Пуаро и продолжал: - Мне неприятно, что вам приходится служить в гувернантках и быть на побегушках у сумасбродных мамаш и их капризных отпрысков.
She laughed with just a hint of uncontrol in the sound.	Она весело засмеялась - обычная сдержанность покинула ее.
"Oh! you mustn't think that. The downtrodden governess is quite an exploded myth.	- Помилуйте, забитые гувернантки отошли в далекое прошлое.

They said no more.	p.00009 Они замолчали.
Arbuthnot was, perhaps, ashamed of his outburst.	Арбэтнот, по-видимому, застеснялся своего порыва.
"Rather an odd little comedy that I watch here," said Poirot to himself thoughtfully.	"Интересная комедия здесь разыгрывается", - отметил Пуаро.
He was to remember that thought of his later.	Это наблюдение он потом не раз вспоминал.
They arrived at Konya that night about half-past eleven.	В Конью они прибыли поздно вечером, в половине двенадцатого.
The two English travellers got out to stretch their legs, pacing up and down the snowy platform.	Англичане вышли на платформу размяться и теперь прохаживались взад-вперед по заснеженному перрону.
M. Poirot was content to watch the teeming activity of the station through a window pane.	Пуаро довольствовался тем, что наблюдал за бурной жизнью станции в окошко.
After about ten minutes, however, he decided that a breath of air would not perhaps be a bad thing after all.	Однако минут через десять он решил, что и ему неврдно подышать воздухом.
<u>He made careful preparations, wrapping himself in several coats and mufflers and encasing his neat boots in goloshes.</u>	Он тщательно оделся: облачился во всевозможные жилеты и пиджаки, обмотался шарфами и натянул на изящные ботинки калоши.

Thus attired, he descended gingerly to the platform and began to pace its length. He walked out beyond the engine.	Укутанный таким образом, он нетвердыми шагами спустился по лесенке, принялся мерить шагами перрон и так дошел до его конца.
It was the voices which gave him the clue to the two indistinct figures standing in the shadow of a traffic van.	Только по голосам он опознал две темные фигуры, смутно вырисовывающиеся в тени багажного вагона.
Arbuthnot was speaking. p.00010	Говорил Арбэтнот:
"Mary-"	- Мэри...
The girl interrupted him.	Девушка взволнованно прервала его:
"Not now. Not now.	- Нет, нет, не сейчас!
When it's all over. When it's behind us - then-"	Когда все будет кончено... Когда все будет позади... тогда...
<u>Discreetly M. Poirot turned away.</u>	Мсье Пуаро незаметно удалился.
He wondered... He would hardly have recognised the cool, efficient voice of Miss Debenham..	Он был озадачен: он едва узнал голос мисс Дебенхэм, всегда такой бесстрастной и деловитой.
"Curious," he said to himself.	"Любопытно", - сказал он про себя.
<u>The next day he wondered whether, perhaps, they had quarrelled.</u>	Назавтра ему показалось, что англичане поссорились.
They spoke little to each other.	Они почти не разговаривали.
The girl, he thought, looked anxious.	Девушка казалась встревоженной.

<u>There were dark circles under her eyes.</u> p.00010	Под глазами у нее темнели синие круги.
It was about half-past two in the afternoon when the train came to a halt.	В половине третьего поезд неожиданно остановился.
<u>Heads were poked out of windows.</u>	Из окон выглядывали пассажиры.
A little knot of men were clustered by the side of the line looking and pointing at something under the dining-car.	Небольшая группка людей, столпившихся возле рельсов, что-то показывала друг другу, тыча пальцами под вагон-ресторан.
Poirot leaned out and spoke to the Wagon Lit conductor who was hurrying past.	Пуаро высунулся в окно, подозвал пробежавшего мимо проводника.
The man answered, and Poirot drew back his head and, turning, almost collided with Mary Debenham who was standing just behind him. all	Проводник объяснил, в чем дело. Пуаро втянул голову в вагон, повернулся и едва не толкнул при этом Мэри Дебенхэм, которая стояла за его спиной.
"What is the matter?" she asked rather breathlessly in French. "Why are we stopping?"	- В чем дело? - спросила она по-французски; голос ее прерывался от волнения. - Почему мы стоим?
"It is nothing, Mademoiselle.	- Пустяки, мадемуазель.
It is something that has caught fire under the dining-car.	Что-то загорелось под вагоном-рестораном.
Nothing serious.	Ничего серьезного.
<u>It is put out.</u>	Пожар уже погасили.
<u>They are now repairing the damage.</u>	Повреждение быстро устранят.

There is no danger, I assure you."	p.00011	Уверяю вас, никакой опасности нет.
She made a little abrupt gesture, as though she were waving the idea of danger aside as something completely unimportant.		Она небрежно махнула рукой, показывая, что пожар ее нисколько не пугает.
"Yes, yes, I understand that.		- Да, да, понимаю.
But the time!"		Но сколько времени потеряно!
"The time?"		- Времени?
"Yes, <u>this will delay us.</u> "		- Ну да, мы опоздаем...
"It is possible - yes," agreed Poirot.		- Вполне вероятно, - согласился Пуаро.
" <u>But we can't afford delay!</u> "		- Но я не могу опоздать!
This train is due in at 6.55, and one has to cross the Bosphorus and catch the Simplon Orient Express on the other side at nine o'clock.		Поезд прибывает в Стамбул в шесть пятьдесят пять, а мне еще нужно пересечь Босфор и попасть на экспресс Симплон - Восток, который отходит в девять часов от другого берега.
<u>If there is an hour or two of delay we shall miss the connection."</u>		Если мы потеряем здесь час или два, я опоздаю на пересадку.
"It is possible, yes," he admitted.		- Вполне вероятно, - согласился Пуаро.
He looked at her curiously.		Он с любопытством наблюдал за ней.

<p>The hand that held the window bar was not quite steady; her lips, too, were trembling. "Does it matter to you very much, Mademoiselle?" he asked.</p>	<p>Рука ее на раме окна дрожала, губы тряслись. - Это так важно для вас, мадемуазель? - спросил он.</p>
<p>"Yes. p.00011</p>	<p>- Да.</p>
<p>Yes, it does.</p>	<p>Очень важно.</p>
<p>I - I must catch that train."</p>	<p>Я непременно должна попасть на этот поезд.</p>
<p>She turned away from him and went down the corridor to join Colonel Arbuthnot.</p>	<p>Она повернулась и пошла навстречу полковнику Арбуэтноту, показавшемуся в конце коридора.</p>
<p><u>Her anxiety, however, was needless.</u></p>	<p>Опасения ее, однако, оказались напрасными.</p>
<p>Ten minutes later the train started again.</p>	<p>Не прошло и десяти минут, как поезд тронулся.</p>
<p>It arrived at Hayda-passar only five minutes late, having made up time on the journey.</p>	<p>Наверстав упущенное время, он прибыл в Хайдарпашу с опозданием всего на пять минут.</p>
<p>The Bosphorus was rough and M. Poirot did not enjoy the crossing.</p>	<p>Босфор в этот день бушевал - мсье Пуаро переправа далась нелегко.</p>
<p>He was separated from his travelling companions on the boat and did not see them again.</p>	<p>На пароходе он потерял из виду своих спутников и больше так и не встретился с ними.</p>
<p>On arrival at the Galata Bridge he drove straight to the Tokatlian Hotel.</p>	<p>От Галатского моста он поехал прямо в отель "Токатлиан".</p>

1. Now use your plan+your new words+my new words to retell part 1 for video in your vk group!
 2. I will download part 2 (adapted and abridged)
- Read, write out all new words and write the plan for retelling!
(Maybe we will read an easier part of this book))))



Grammar and vocabulary

1 Complete the second sentence so that it has a similar meaning to the first word given. Do not change the word given. You must use between two and three words from the word given.

1 I didn't learn to drive until I was thirty-one.

STARTED

I started learning to drive when I was thirty-one.

2 We had wanted to visit the museum for ages.

FORWARD

We had been looking forward to visiting the museum for ages.

3 I don't think I invited Sean and Ellie to the party.

REMEMBER

I don't remember inviting Sean and Ellie to the party.

4 The concert began and then he turned up.

TIME

The concert had (already) begun by the time he turned up.

5 When she went vegetarian, she no longer ate meat or fish.

STOPPED

She stopped eating meat and fish when she became a vegetarian.

6 She lived in Tanzania, then she moved to Canada.

BEEN

She had been living in Tanzania before she moved to Canada.

7 Virtually no one attended the reunion.

ANYONE

There was hardly/barely anyone at the reunion.

8 I managed to put my umbrella up and then it immediately stopped raining.

SOON

As soon as I put my umbrella up, it stopped raining.

9 I wished I hadn't given him my phone number.

REGRETTED

I regretted giving him my phone number.

10 He simply doesn't care how he looks.

PRIDE

He takes absolutely no pride (at all) in his appearance whatsoever.

11 She was supposed to arrive earlier but she didn't – it was so typical of her.

ALWAYS

She was always arriving late.

12 I'm bored of my job – I think it's time to get a new one.

THINKING

I am thinking of getting a new job.

13 The event was cancelled due to a lack of ticket sales.

FEW

As (so) few people (had) bought tickets, the event was cancelled.

14 'That coat's mine!' she exclaimed.

BELONGS

'That coat belongs to me!' she exclaimed.

15 She doesn't live very far from the main train station.

PRETTY

She lives pretty close to the main train station.

Part 3

You will hear five different people talking about the sport of hill walking. For questions **19–23**, choose from the list (**A–F**) the reason why each person took up the sport. Use the letters only once. There is one extra letter which you do not need to use.

A Other sports had failed to improve my fitness.



Track63.mp3

Speaker 1



Track64.mp3

19

B I had plans to do some serious climbing later on.

Speaker 2

20

C My ambition was to lead hill-walking groups.

Speaker 3

21

D I was hoping it would solve a health problem I had.

Speaker 4

22

E I wanted to be able to enjoy hill walking with other people.

Speaker 5

23

F I realised it would be more fun than other sporting activities.

2 Read the text and choose the correct answers in *italics*.

We (1) *had relaxed* / *had been relaxing* / *were relaxing* by the water's edge when we heard someone shouting our names. We (2) *were looking* / *looked* / *had been looking* up and were really surprised. Our cousin Sven (3) *had waved* / *had been waving* / *was waving* to us from a canoe that was heading our way. We (4) *had rushed* / *rushed* / *had been rushing* to meet him. It turned out his mum had heard we were also staying on the island, so he (5) *had been looking* / *had looked* / *was looking* for us for hours!

3 Choose the correct answer (A, B, C or D) that best completes each sentence.

1 As he was running for a charity which was _____ to his heart, he felt even more determined to complete the race.

A warm B near C next D close

2 Living _____ had improved dramatically since their last visit to the village.

A situations B settings C conditions D circumstances

3 The group decided that the most effective way to _____ awareness of the issue was to get on television.

A lift B extend C raise D rise

4 These temples were built by the Aztecs and date _____ to the 1400s.

A before B back C ahead D up

5 On completing her fifth atlantic race, she decided to _____ herself a new challenge.

A set B make C fix D accept

Listening (Answers)

4

1 C 2 B 3 B 4 B 5 C 6 A 7 C 8 A 9 B



3. In what's App group:

- girls answer the question: **Would you marry that guy?**

- Boys answer the question: **Why do women think that he is a real man?**



Reading

5 Read the article on the next page. C (1–6). There are two extra headings

A Swimming at both ends of the world

B Down to the basics

C We can all break barriers

D A thirst for cold firsts

E The origins of an ambition

F A unique survival technique

G Taking the first plunge

H Keeping plans close and personal

In at the deep end

Lewis Pugh wants to conquer some of the most inhospitable, dangerous places in the world in his own unique way – by swimming through them.

(1) E The origins of an ambition

Brought up on a diet of stories about Ernest Shackleton, Captain Cook and Sir Edmund Hillary, Lewis Pugh's childhood dreams were filled with his heroes' ground-breaking expeditions to the Poles, Australia and Mount Everest. The son of a Royal Navy officer, Pugh was 17 before he learned to swim but he took to it literally like a duck to water and from then on the future law student decided he would combine his passion for adventure with his other love: swimming. Just one month after his first lesson, Pugh decided to do something normally reserved for experienced athletes: the five-mile crossing from Robben Island to Cape Town in water of 16 degrees Centigrade.

(2) D A thirst for cold firsts

Twenty years ago, a large chunk of the world's waters had still not been swum, so Pugh decided that, at the same time as studying maritime law, he'd spend as much time as he could going around the world to collect 'firsts'. Some of these achievements are impressive because of their distance, like the longest cold water swim (204 kilometres down Norway's longest fjord). Others would make anyone tremble with fear: swimming round the southernmost tip of Africa in shark-infested waters. But for Pugh, each challenge has to be greater than the last.

(3) A Swimming at both ends of the world

In August 2005 Pugh made worldwide headlines when, ignoring the threat of polar bears, he broke the world record for the most northern swim, as he plunged into the near-frozen waters of the Arctic near the North Pole and swam for a kilometre. Four months later he went on to do the same for the most southern part of the Antarctic. This time there were icebergs around, the water was at freezing point and it was snowing.

(4) — F A unique survival technique

‘The first dive in Antarctica was an unforgettable experience. You get a terrible headache and your breathing speeds up until you can’t control it. Then the skin gets terribly burned. After five or ten minutes, you start losing the feeling in your fingers and toes,’ says Pugh, known as ‘the Polar Bear’ because of his ability to swim in temperatures which, physiologically, should be impossible. Like the seals and polar bears that live in these freezing conditions, Pugh has to insulate his body by putting on 15 kilos before a swim in order to up his fat levels. However, it is his unique ability to raise his core body temperature by as much as two degrees in anticipation of the water by the power of his mind that has made him a medical phenomenon.

(5) __ C We can all break barriers

It is incredible enough that anyone would choose to put themselves through the experiences he does, especially as, to raise the game, he wears only swimming trunks, a cap and goggles. So what drives him? 'Sometimes we set boundaries for ourselves in life or, even worse, we allow others to do so. In many cases, these boundaries are just in our mind and need to be pushed away. If you get frightened of sharks and things like that, it will paralyse you. You have to do maths problems or think about something else, otherwise you will fail.' He insists that everyone, however ordinary, is capable of extraordinary things if you can do this.

(6) _ H Keeping plans close and personal

Swimming down the Thames in London might seem a little tame in comparison, until you realise that this was the full length of the river – 325 km in 21 days – in a heatwave. He used this as a publicity opportunity for a concern very close to his heart: to educate passers-by about ways of preventing global warming. He remains tight-lipped about future plans. ‘It may be that I’ll quit the aquatic world for a change,’ he told us. ‘But trust me: no matter what I do, it’ll be something that no one has ever seen before.’

It's a real man! So unique!

3. In what's App group:

- girls answer the question:

Would you marry that guy?

- Boys answer the question:

**Why do women think
that he is a real man?**



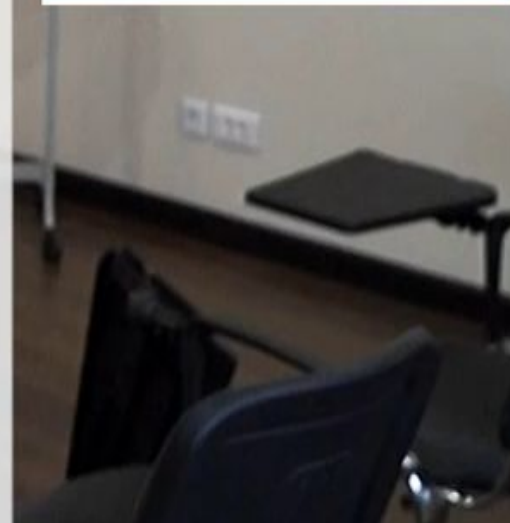
ЕГЭ speaking: describe the photo

1) As you know, I like taking photos, and I really want to tell you about this picture which I took last June. We were visiting our relatives in Volgograd. We went to a skydiving club. We go there every year.

2-3) In this picture you can see my Dad. He is slowly coming down to the ground. He's just opened his parachute. He is going to get ready for landing.

4) I keep this photo in my album because it reminds me of how happy we were on that day and how exciting it was to go skydiving. And I think this photo turned out really well.

5) I decided to show you this photo because you've always wanted to make a parachute jump. And I know it would be interesting for you to see this photo. Do you like it?



1) Где и когда фотография была сделана

2) Кто или что изображены на этой фотографии

3) Что происходит

4) Почему вы храните эту фотографию в своем альбоме

5) Почему решили показать фотографию своему другу

90 секунд на подготовку

Говорить в течении 2-х минут и сказать 12-15 фраз



4. Write the phrases I ask you to write for the dictation!!!

- 6 Complete the article with the words and phrases in the box. There are more words and phrases than you need.

after a while apparently as in every place but this time can you imagine how
further to the left have you ever thought how would you
it was the just imagine luckily naturally when

On reaching the beach

(1) Have you ever thought about hiking through a jungle in tropical heat? I went on such a trek a few years ago and it was out of this world!

Before setting out, we were simply a group of travellers seeking access to a beach that was located on the coast of a national park to the south of where we stayed. Our guide book said it was an amazing place, home to the most incredible wildlife, so (2) naturally, we were very excited!

after a while apparently as in every place but this time can you imagine how
further to the left have you ever thought how would you
it was the just imagine luckily naturally when

After an hour on the bus, we arrived and walked to the main entrance. (3) Just imagine our disappointment on finding it unmanned! It was getting pretty hot by this point, so we decided to get a drink at a nearby café and work out what to do next. (4) As in every place we'd been,

the people were incredibly friendly. They suggested we got a bus to the next village along the coast and hired a boat there. (5) Apparently, we could get a boat to take us directly to the beach we were trying to get to. It seemed the best option at the time, so off we headed. Unfortunately, (6) when we eventually found a boatman willing to make the trip, what he wanted us to pay was far more than

after a while apparently as in every place but this time can you imagine how
further to the left have you ever thought how would you
it was the just imagine luckily naturally when

we could afford. So, we had to make a choice: get a bus back to our hostel or find another way to get to the beach.

We decided to head back to the park entrance. So we found ourselves once more in the same position. Alas, there was still not a soul there (7) but this time we spotted a path running to the right of the entrance hut. I don't

remember how long we followed that path but I do recall that the sun was hot and the undergrowth increasingly resembled a jungle. We didn't see a soul for hours! (8) Luckily, we eventually came across a sign saying 'Beach: 45 minutes' and so on we walked. Worryingly, after more than 90 minutes walking, we were still in the jungle and no beach was in sight.

after a while apparently as in every place but this time can you imagine how
further to the left have you ever thought how would you
it was the just imagine luckily naturally when

(9) After a while , we spotted another sign. This said 'Beach: 40 minutes'! Naturally, we were a bit confused but we carried on walking.

(10) Can you imagine how relieved we were when, an hour later, the trees started to thin out and we heard the unmistakable sounds of the sea? I don't remember exactly how tired I felt at this point but I do remember the beach. It was just like paradise and well worth the walk!

/10

TOTAL: /50

1

1 started learning to drive when 2 looking forward to visiting 3 don't remember inviting 4 (already) begun by the time 5 stopped eating 6 been living in Tanzania before 7 was hardly/barely anyone 8 As soon as I put 9 regretted giving 10 no pride (at all) in 11 always arriving late 12 am thinking of getting 13 (so) few people (had) 14 belongs to me 15 pretty close

2

1 were relaxing 2 looked 3 was waving 4 rushed 5 had been looking

3

1 D 2 C 3 C 4 B 5 A

4

1 C 2 B 3 B 4 B 5 C 6 A 7 C 8 A 9 B

5

1 E 2 D 3 A 4 F 5 C 6 H

6

1 Have you ever thought 2 naturally 3 Just imagine 4 As in every place 5 Apparently 6 when 7 but this time 8 Luckily 9 After a while 10 Can you imagine how

Essay plan:

1.(Something) has become a hot topic for dabate in recent years.
.....(both opinions)

2.In my opinion,.....(your opinion)

First of all,.....(argument № 1)(for instance,...)

Furthermore ,.....(argument № 2)(for example,...)

Moreover,(argument № 3)(such as/ including,...)

3.Nevertheless, some people believe that.....(full different opinion)

In their view,.....(argument № A)(To illustrate this point,...)

4.Personally, I do not agree with the above opinion .

I am convinced that... ..(destroy argument № A)

(Although)(Besides)

Задание 40. Развернутое письменное высказывание

Остальные задачи

1. Задание **Name your works, take the photos and send in What's up now!**

Выберите только ОДНО из двух предложенных высказываний (1 или 2), своё мнение по предложенной проблеме согласно данному плану.

Comment on one of the following statements.

1. «Science is the first thing to be financed in the modern world.»
2. «An early choice of a career path is the key to success.»

2. Задание

Comment on the following statement.

Video games develop your brain.

What is your opinion? Do you agree with this statement?

Write 200–250 words.

Use the following plan:

3. Задание

Выберите только ОДНО из двух предложенных высказываний (1 или 2), своё мнение по предложенной проблеме согласно данному плану.

Comment on one of the following statements.

1. Learning poems by heart strengthens your memory.
2. Traditional school textbooks should be replaced by e-books.

What is your opinion? Do you agree with this statement?

Write 200–250 words.

4. Задание

Comment on the following statement.

Playing videogames is a complete waste of time.

What is your opinion? Do you agree with this statement?

Write 200–250 words.

Use the following plan:

- make an introduction (state the problem);
- express your personal opinion and give 2–3 reasons for your opinion;
- express an opposing opinion and give 1–2 reasons for this opposing opinion;
- explain why you do not agree with the opposing opinion;
- make a conclusion restating your position.

Your task # 1:

Write as many synonyms of the underlined words as you can.

Your task # 2:

Write 6 plans of the essays above. Using our cliché.

Задание 40. Развернутое письменное высказыва

1. «Science is the first thing to be financed in the modern world.»

Essay plan:

1.(Something) has become a hot topic for dabate in recent years.

.....(both opinions)

Scientific researches/ improving the quality of life of people

2.In my opinion,.....(your opinion)

Scientific developement

First of all,.....(argument № 1)(for instance,...)

More effective medicine

Furthermore,.....(argument № 2)(for example,...)

More sophisticated devices

Moreover,.....(argument № 3)(such as/ including,...)

More information about the world to protect it

improving the quality of life of people

3.Nevertheless, some people believe that.....(full different opinion)

In their view,.....(argument № A)(To illustrate this point,...)

Invest in best conditions of living--best scientist

Scientists prefer work abroad

4.Personally, I do not agree with the above opinion .

I am convinced that... ..(destroy argument № A)

Not all people use financial support for intellectual development

Steal money

Patriotic mood

(Although.....,....)(Besides,.....)

5.In conclusion, even though.....I still believe that.....

1. «Science is the first thing to be financed in the modern world.»

Synonyms:

scientific research [saɪən'tɪfɪk rɪ'sɜːtʃ] сущ

- 1 научное исследование, научная разработка, научное изучение
(research, scientific development, scientific study)
- 2 научные изыскания
(scientific investigation)
- 3 научный поиск
(scientific search)

fund · financial backing · money · financial position ·
(contemporary world, modernity, modern society)

people [piːpl] сущ показать пример

- 1 люди м, мн
(human beings)
- 2 народ м, население ср, люд м
(nation, population, folk)
- 3 гражданин м, житель м
(citizen, resident)

intelligent · rational · mental · intelligence · ·
thinkers · academic

complex device

That's a civic improvement project.

син. increase · cultivate · raise · enhance · boost · ameliorate · brighten · better · refine ·
ennoble · develop · elevate · heighten · fix · mend · amend · correct · upgrade ·
modernize · meliorate

The impact of science

- Science has had an enormous impact on society over the last few centuries.
- Perhaps most strikingly, science and technology have raised our standard of living to and economic productivity greatly.

S.G
MIXTURE

Made with KINEMASTER

Science in every day life/Effects of Science/Importance of Science **Introduction:**

Science is a systematic knowledge. It depends upon truth and logic. At present time, it is used as a best friend by human being.

1st distant lesson: Home task
(All your H.T is your big paskhalka))))

0. How do you spend your time at home?

**(We are waiting for your voice sms
in our What's up group!)**



**1. Now use your plan+your new words+my new words
to retell part 1 for video in your vk group!**

2. I will download part 2 (adapted and abridged)

Read, write out all new words and write the plan for retelling!

(Maybe we will read an easier part of this book))))

3. In what's App group in audio sms:

- girls answer the question: Would you marry that guy?

- Boys answer the question: Why do women think that he is a real man?

4. Write the phrases I ask you to write for the dictation!!!

(FCE-task 6)-my video lesson!!!!



It is easy to follow a healthy lifestyle

Undoubtedly, all people long to be healthy. However, most of them admit that following a healthy way of life is quite difficult, while others claim that there is nothing problematic about it.

In my view, it is rather hard to lead a healthy lifestyle. Firstly, the pace of the modern life does not let people have a good eight-hour sleep, so they sleep too little, and thus have no energy to exercise or count calories. Secondly, there are too many temptations around, like fast food or various desserts, and they are hard to resist because it requires a lot of effort and strong willpower, which not everyone has. Thirdly, the beneficial effects of healthy way of life can be seen only after several months or even years of following it. Therefore, people are demotivated and give up.

It is easy to follow a healthy lifestyle

Nevertheless, other people believe that keeping fit is quite easy today because everyone can find plenty of shops selling specially grown healthy food. Moreover, every town has gyms and parks which are equipped with running tracks and other facilities.

Despite the above-mentioned arguments, I cannot agree with the opposing point of view. Healthy food is overpriced, especially if it is organic or GMO-free, and not everyone can afford it. Regarding different sports facilities, one should have enough time to exercise but most people are too busy.

In conclusion, I would like to say that following a healthy lifestyle requires too much time, money and energy, that is why it is rather arduous for most people.