

**What can I do at home in
self-isolation?**

In connection with recent events,
everyone is forced to sit at home.



But alas, I'm sure that many will now say: "No! I'm tired of sitting in one place and not doing anything!" But what then to do when already really tired of sitting and watching TV?



First, it's time to stop watching useless and not interesting television programs and try to find something more interesting than boring news.



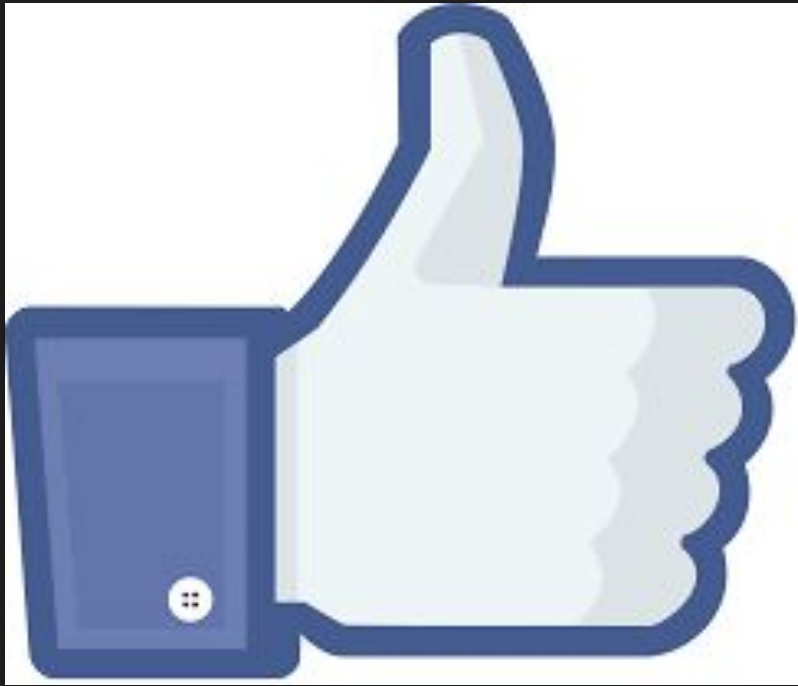
Secondly, take a dusty book off the shelf and finally read it.
After all, the book is the main source of knowledge!



And if suddenly you didn't find books, then try to play computer games. After all, games can be both entertaining and developing.



On self-isolation, you can also find yourself an interesting lesson. The main thing is to at least try to occupy yourself with something.





THANKS FOR WATCHING!!!