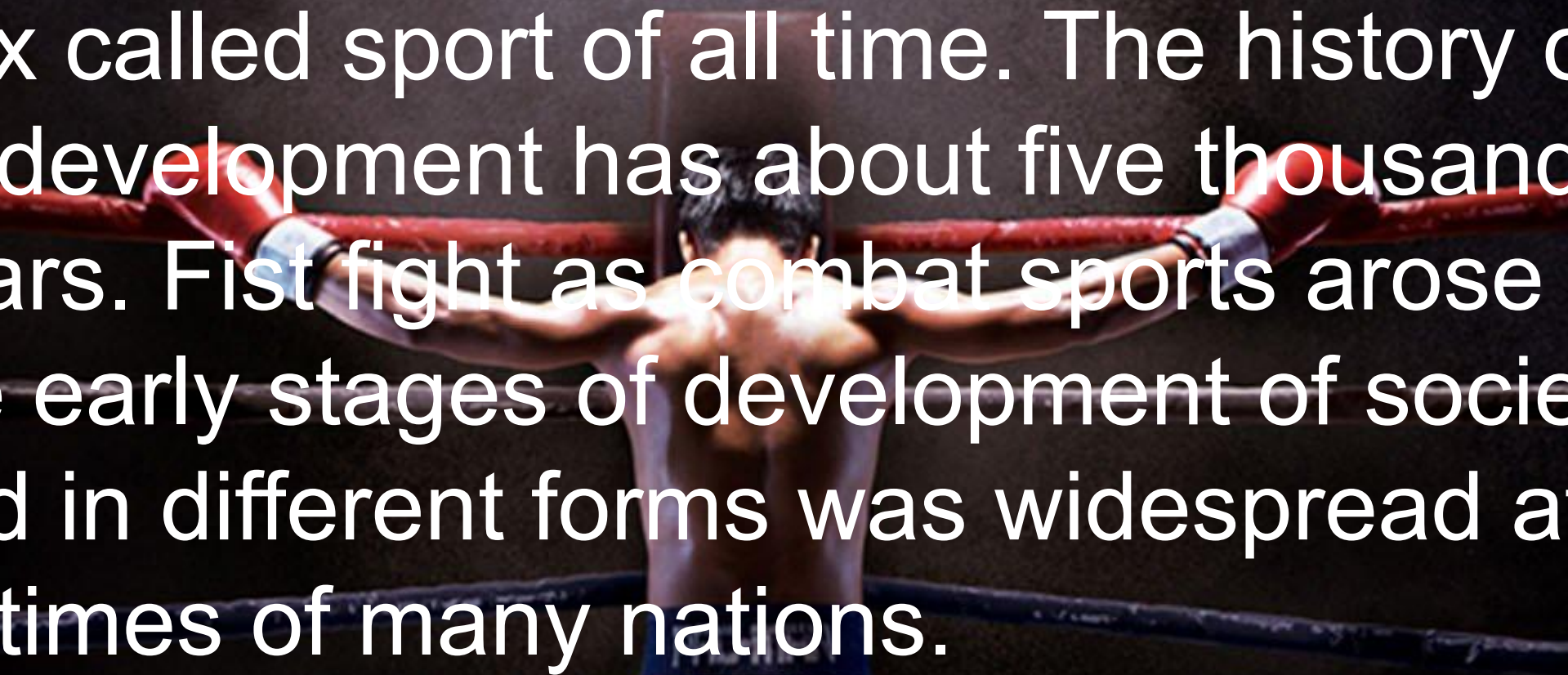


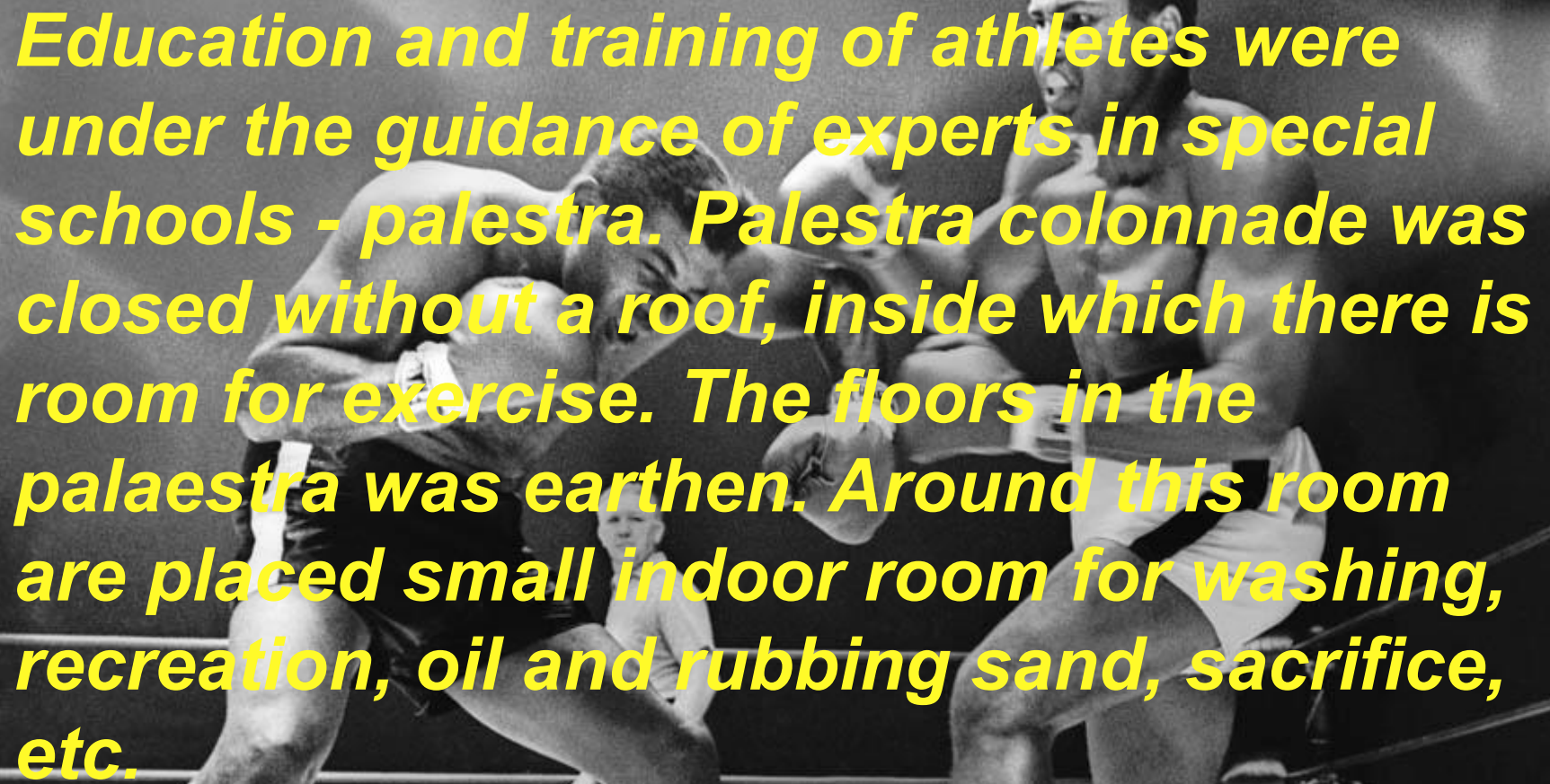
presentation about

boxing



A boxer is shown from the back, standing in a boxing ring with arms raised in a victory pose. He is wearing white boxing trunks with a gold eagle emblem on the side and red and white boxing gloves. The ring has blue ropes. The background is dark and out of focus.

x called sport of all time. The history of
development has about five thousand
ars. Fist fight as combat sports arose
early stages of development of socie
d in different forms was widespread at
times of many nations.



Education and training of athletes were under the guidance of experts in special schools - palestra. Palestra colonnade was closed without a roof, inside which there is room for exercise. The floors in the palaestra was earthen. Around this room are placed small indoor room for washing, recreation, oil and rubbing sand, sacrifice, etc.

At the training the soldiers protect the head mask with headphones, which probably was made of soft leather.

Short of boxing

- Boxing - a kind of sport in gloves fistfight between two athletes, which blows zavdayutsya only the upper half of the body front and the side. The program of the Olympic Games boxing was included in 1904.
- The battle takes place on a specially equipped place - ring (5 m X 5 m to 7 m X 7 m) surrounded by ropes. The duration of the fight is usually three rounds of 3 minutes with breaks for 1 minute in "amateur" sport and up to 12 rounds in professional.

- It is prohibited to strike below the belt in the back, attack the enemy knocked down (shot down to the ground). The victory on points awarded (the number of blows inflicted) during Knockout - an effort that brings the enemy down more than 10 sec., Or other indicators. Share boxers in 10 weight categories.



On the ring

- **At all events the ring must meet the following requirements:**
- **1. Size.** The minimum size of the ring for internal linyi ropes should be 4.9 m, maximum - 6.1 m. Measured on the inside of the ropes.
- **2. Designated judges free from work, are the main office board ships.**
- **3. Lighting ring at least 1000 lux. Ring illuminated only from the top. Side lighting is prohibited.**
- **Circle the ring should be:**
- **1. In the red and blue corner bucket to drain the water.**
- **2. Water in plastic bottles brings a second.**
- **3. Chairs for boxers and seconds.**
- **4. Tables, chairs for the main board of judges.**



GLOVES FOR BATTLE

- **1. Mittens for all competitions of international scope and a championship held in Ukraine with gloves AIBA stamp on lipuchkah. Red corner - red gloves, blue - blue. Judges present at bintuvanni hands and dressing gloves. Judges are responsible for the safety of athletes. All participants are in the same boxing gloves. The weight of the skin must be no more than half the total weight of gloves and mittens box should weigh no less than half the total weight.**
- **2. Shock surface vyddilena gloves should be noticeable color, forbidden to drink or mix box gloves. In combat vykorystovuyuhysya only clean and suitable gloves on lipuchkah**
- **3. Each pair of gloves used not bshshe than in six matches.**
- **4. Competitors must wear gloves that provide the organizers of the competition, boxers allowed to wear their own gloves.**
- **5. At competitions gloves used 284 grams (10 ounces) each.**

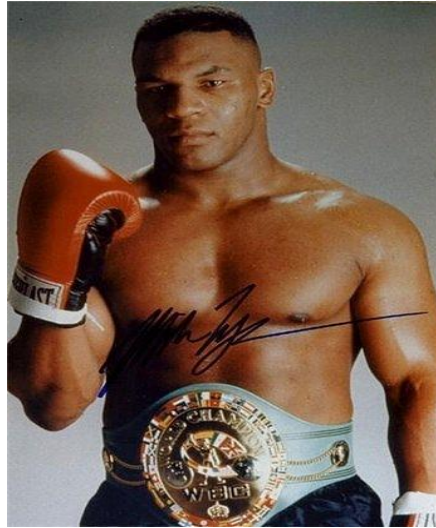


Famous boxers

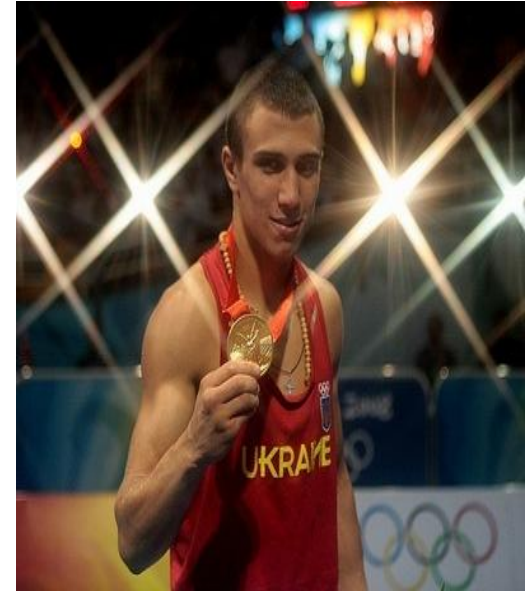
Vitali Klitschko



M. Tayson



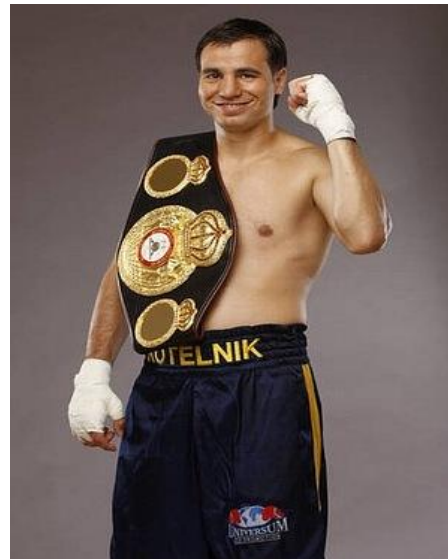
V.Lomachenko



L.Lyuyis



A. Kotelnik



V. Klitschko

