



2

FOOD

You are what you eat.

A PROVERB

2.1 Vocabulary

1 Complete the table with the food words in the box. Add at least one more word to each group.

Fruit

Vegetables

Dairy

Meat

Fish

Drinks

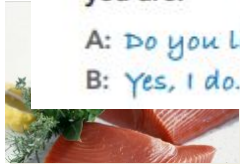
Other



2 In pairs, ask and answer questions to find out how similar or different you are.

A: Do you like apples?

B: Yes, I do./No, I don't. Do you like ...?

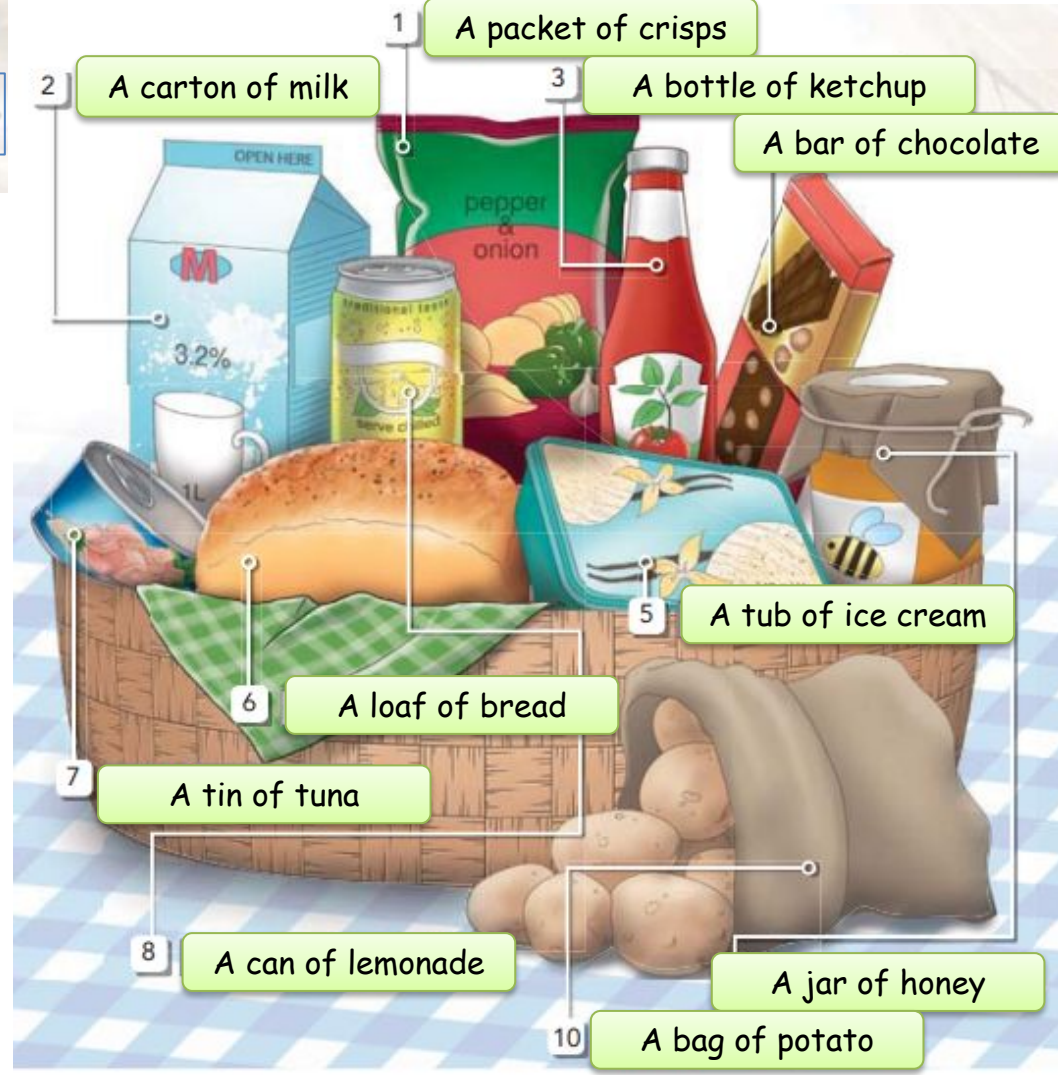


CD-1.38 MP3-38 Listen and complete the phrases with the words in the box. Then listen again and repeat.

bread chocolate crisps honey ice cream
ketchup lemonade milk potatoes tuna



- 1. Cup 2. Cone 3. Bottle 4. Jug 5. Plate
- 6. Bag 7. Can 8. Carton 9. Jar 10. Packet
- 11. Basket 12. Bowl 13. Bar 14. Box
- 15. Glass 16. Mug 17. Loaf 18. Tin
- 19. Piece 20. Slice



Riddles.

1. We can put liquid into a special glass container. It is a

2. This container, made of stiff paper or plastic, is used to keep food or drink. It is a

3. You can keep the liquid in it under pressure. It is a

4. We use this small round container to drink coffee or tea. It is a

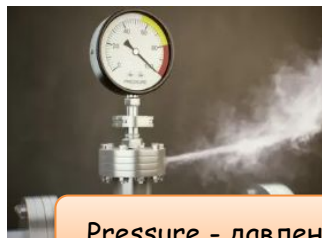
5. We use this container to drink lemonade, juice. Milk. It is a

6. We use a round glass container for storing jam or honey. It is a

7. People cut bread, meat into thin flat pieces. These are



Liquid - жидкий



Pressure - давление



To store - хранить



Stiff paper - жесткая бумага



Debbie



Sylvia



Chris



A carton of eggs

A packet of cornflakes

A carton of milk

A carton of orange juice

A tub of ice cream

A packet of spaghetti

A bag of onions

A jar of tomato sauce

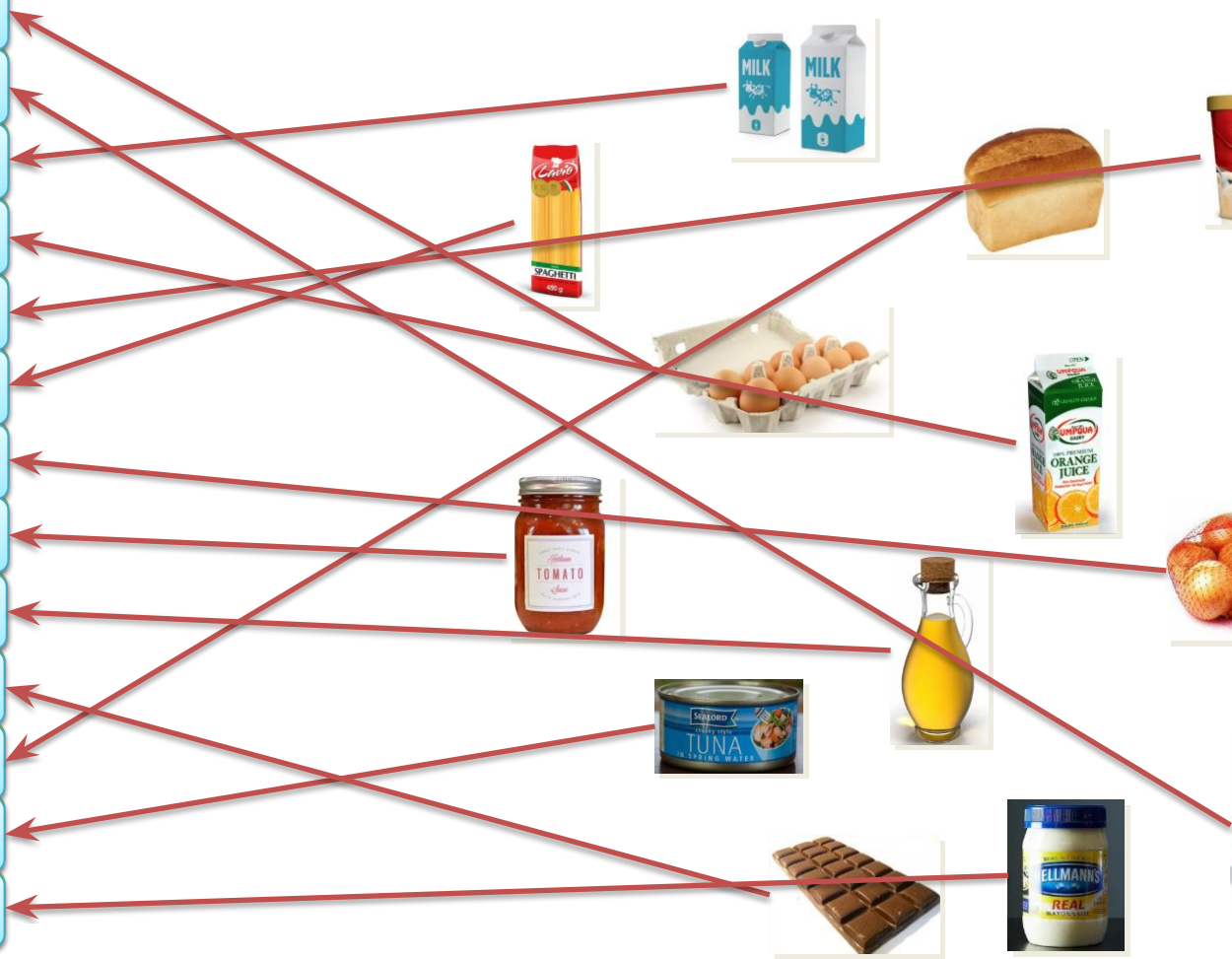
A bottle of oil

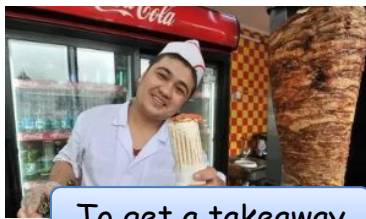
A bar of chocolate

A loaf of bread

A tin of tuna

A jar of mayonnaise

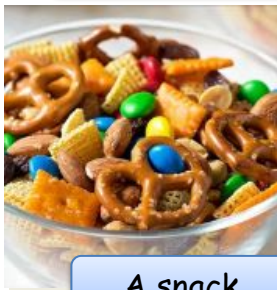




To get a takeaway



A trolley



A snack



Debbie

Sylvia

Chris

4 CD-1.39 MP3-39 What are they buying food for? Listen and match the people (D = Debbie, S = Sylvia, C = Chris) with the meals (1–4). There is one extra meal.

1 dinner

Sylvia

3 a sandwich snack

2 an Indian meal

Chris

4 Sunday breakfast

Debbie



Debbie

What does she need for Sunday breakfast?

- A carton of eggs
- A packet of cornflakes
- Two cartons of milk
- A carton of orange juice



Sylvia

What does she need for dinner?

- A packet of spaghetti
- A bag of onions
- A jar of tomato sauce
- A bottle of oil



Chris

What does he need for an Indian meal?

- A loaf of bread
- A tin of tuna
- A jar of mayonnaise

- 6 **CD-1.40 MP3-40** Complete WORD STORE 2A with the names of the containers from the lesson. Then listen, check and repeat.



Food containers

| | |
|----------------------|--|
| 1 a <u>tin</u> of | soup/tuna |
| 2 a <u>can</u> of | cola/lemonade |
| 3 a <u>packet</u> of | cornflakes/crisps/flour/mushrooms/rice/ spaghetti |
| 4 a <u>jar</u> of | honey/mayonnaise/tomato sauce |
| 5 a <u>bag</u> of | onions/potatoes/salad |
| 6 a <u>carton</u> of | eggs/milk/orange juice |
| 7 a <u>bar</u> of | chocolate |
| 8 a <u>bottle</u> of | ketchup/oil/water |
| 9 a <u>loaf</u> of | bread |
| 10 a <u>tub</u> of | ice cream |

REMEMBER THIS

Tin or can?

British English

American English

a tin of tuna

a can of tuna

a can of cola

a can of cola

- 7 In pairs, discuss what you usually buy in the supermarket. Do you buy the same things?

I usually buy ...



8 CD-1.41 MP3-41 Complete WORD STORE 2B with the phrases in red below. Then listen, check and repeat.

- 1 On Saturdays we **get a takeaway** from the Indian restaurant.
- 2 ... we have ice cream **for dessert**.
- 3 The chocolate is for after dinner – **in front of the telly!**
- 4 I'm always hungry after school, so I **make a snack** when I get home.

Phrases related to food

- 1 get a takeaway = buy cooked food from a shop or restaurant to eat at home
- 2 make a snack = make something small to eat between meals, e.g. a sandwich
- 3 in front of the telly = (eat) when you watch TV
- 4 for dessert = as something sweet to eat at the end of a meal



How often do you get a takeaway?

My favourite takeaway is

Who makes desserts for you?

For dessert, I love ...

Do you have a meal in front of the telly?

When I eat in front of the telly, I usually have ...

Do you have snacks?

My favourite snack is ...

- 10 CD-1.42 MP3-42 Complete WORD STORE 2C with the words in the box. Then listen, check and repeat.

basket checkout shelves
shopping trolley

In a supermarket

- 1 basket 2 shelves 3 checkout 4 shopping 5 trolley



- 11 Complete the sentences with the words from WORD STORE 2C. Then tick the sentences that are true for you.

- 1 I like to push the trolley round the supermarket when we go shopping.
- 2 There are always a lot of people at the checkout in my supermarket. I hate it.
- 3 I use a basket when I buy only one or two things in the supermarket.
- 4 My brother has a weekend job in a supermarket – he fills the shelves.



2.1 Vocabulary

- 1 Decide which word is different from the others in groups 1–4. What kind of food is it? Find the right category. There is one extra heading.

| | | | |
|---|------------|---------|--------|
| 0 | potato | carrot | orange |
| 1 | strawberry | tuna | apple |
| 2 | potato | cheese | milk |
| 3 | juice | chicken | tea |
| 4 | ice cream | carrot | potato |

Dairy

Vegetable

Meat

Drink

Fish

Fruit



2 Complete the names of the containers with one letter in each gap. Then complete the shopping list with the correct food from the box.

brown bread honey ice cream
lemonade potatoes spaghetti
tuna water white chocolate

- 0 A j a r of honey.
- 1 A ^ap packet t of spaghetti
- 2 A ^at in n of tuna
- 3 A ^al loaf f of brown bread
- 4 A ^a5kg bag g of potatoes
- 5 Four ^a cans s of lemonade
- 6 A large ^a bar r of white chocolate
- 7 A ^ab bottle e of mineral water
- 8 A ^a tub of strawberry strawberry ice cream

REMEMBER BETTER

It's easier to remember the names of food containers if you learn them together with the names of food, e.g. *I've got some ice cream.* → *I've got a tub of ice cream.*

Look in your fridge at home. Complete the sentences about the food you can see in the fridge. Check any new words in a dictionary.

In my fridge, there is:

In my fridge there are:

1 a carton of milk.

3 _____

2 _____

4 _____



3 Complete the conversations with the correct words.

Lisa: This healthy food camp is a great idea but it's a long walk to get there. Have you got a drink?

Chris: Yes. I've got some cola.

Lisa: Cola! That isn't healthy. I've got two small ¹cartons / boxes / packets of orange juice.

Ten minutes later ...

Chris: Oh, great, a shop. Wait a minute.

Lisa: What do you want to buy?

Chris: A small ²tub / tin / jar of mayonnaise for my sandwiches.

Lisa: You could buy a tomato and some lettuce to make it nicer. Not mayonnaise.

Half an hour later ...

Lisa: We've still got 5 km to go. Let's stop and eat. Have you got something for lunch?

Chris: Yes. My ham sandwiches, two ³bars / tubs / tins of chocolate, two ⁴tins / jars / cans of cola and a ⁵box / packet / jar of crisps.

Lisa: You really need this healthy food camp, Chris.

The next morning ...

Lisa: Morning, Chris. Time for breakfast.

Chris: We haven't got any bread!

Lisa: All we need for breakfast is a ⁶packet / tin / carton of milk and a ⁷tub / packet / bar of corn flakes.

Chris: But I've got a jar of chocolate spread in my bag!

Lisa: Chris, why exactly are you on this camp???



A jar of chocolate spread



Spread chocolate

4 Match the phrase beginnings 1–4 to the correct endings a–c. There is one extra beginning.

0 make

1 do

2 have something for

3 eat in

4 get

d

-

c

a

b

a front of the telly

b a takeaway

c dessert

d a snack

5 Complete the conversation with the expressions in Exercise 4. Make changes if necessary.

Liz: What do you do when you're hungry? Do you ⁰*make a snack*?

Amy: Sometimes but I want to ¹ *get a takeaway* today.

Liz: Great! I love Indian food. We can go to my house and *eat it in front of the telly*. There's a good film on this evening.

Amy: OK. I've got some strawberries. We can ³ *have them for dessert*.

Liz: Not ice cream?

Amy: No. Not after a big Indian dinner.



7 Complete the words with one letter in each gap.

SHOPPING PROBLEMS!

Dave: I always forget to buy bread. I usually remember when I get to the ⁰ch e o k o u t to pay.

Matt: There are never any shopping ¹b baskets ___ s when I want one.

Sue: You need £1 for a ²t trolley ___ y but I never have a £1 coin.

Bob: I finish work at 9 p.m. and the ³s supermarket ___ ___ t closes at ... 9 p.m.!

Ellen: The people in the shop don't know how to fill the ⁴s shelves ___ s. I find honey with the mayonnaise and tuna with the chocolate!

REMEMBER THIS

Some food products have different names in British English and in American English, e.g. *biscuits* (UK) – *cookies* (USA), *sweets* (UK) – *candy* (USA), *chips* (UK) – *French fries* (USA), *crisps* (UK) – *chips* (USA).

biscuits

sweets

chips

crisps



cookies

candy

French
fries

chips

8 Choose the option A, B or C which is wrong.

- 1 I don't eat a lot of meat but I often use vegetables like ___ to make very nice meals.
A potatoes B eggs C carrots
- 2 If you're going to the shops, could you get me a carton of ___, please?
A orange juice B milk C crisps
- 3 This packet of ___ is nearly empty. How can I cook dinner now?
A tuna B rice C pasta
- 4 I can't eat dairy food so I never have ___. Well, I have it if it is made from soya.
A cheese B juice C milk

9 Complete the sentences with the words from the box. There are two extra words.

[bag basket cans cartons checkout
packet shelves tins trolleys]

In a supermarket ...

Mr Jenkins: I've got a shopping ⁰ basket.

Mrs Jenkins: That's no good. I want a 10kg ¹ bag of potatoes, onions, five cartons of milk, packet of spaghetti, water and ten ⁴ tins of soup.

Mr Jenkins: OK, OK. I understand! Where are the trolleys?

Mrs Jenkins: Outside. Get a good one. I don't want to push one with a broken wheel round the shop. Meet me by the biscuits.

Mr Jenkins: OK, OK ...

Five minutes later ...

... I've got one.

Mrs Jenkins: Great. Now, you get the spaghetti. What's wrong?

Mr Jenkins: I can't see any spaghetti.

Mrs Jenkins: That's because these shelves are full of biscuits. They don't have spaghetti and biscuits together. Spaghetti is over there with the pasta, rice and flour.

Mr Jenkins: Oh, right. That's a good idea.