

# RECIPE OF BORSCH

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EKB-112



I REALLY LOVE TO COOK SO THAT I CAN EAT VERY TASTY FOOD  
LATER. I LIKE THE COOKING PROCESS ITSELF, THAT I CAN  
EXPERIMENT WITH PRODUCTS AND GET DELICIOUS FOOD. My  
FAVORITE RECIPE IS BORSCHT. BORSCHT IS OFTEN COOKED IN  
MY FAMILY.



# INGREDIENTS:

- MEAT
- POTATOES
- CABBAGE
- BEET
- ONION
- CARROT
- BEANS
- GREENS
- GARLIC





FIRST OF ALL, WE BOIL MEAT, MAINLY BEEF. WE MAKE A FRYING OF ONIONS, BEETS AND CARROTS, ADDING A LITTLE TOMATO PASTE, AND THEN SIMMER.





WHEN THE MEAT IS COOKED, WE ADD POTATOES WITH CABBAGE, WHEN IT IS COOKED, WE ADD ROAST AND BEANS.





WHEN IT BOILS, WE ADD SALT AND PEPPER TO  
TASTE. ADD GARLIC, HERBS AND BAY LEAF.





YOU CAN ALSO ADD TOMATOES OR APPLES TO BORSCHT, ALTHOUGH THIS IS OFTEN SHOWN AS A PERVERSION. BORSCHT IS SERVED WITH SOUR CREAM BUT I LIKE BORSCHT WITH BACON AND PAMPUSHKA. IF YOU ARE A BORSCHT LOVER, THEN YOU WILL LOVE THIS RECIPE.





THANK YOU FOR YOUR ATTENTION!