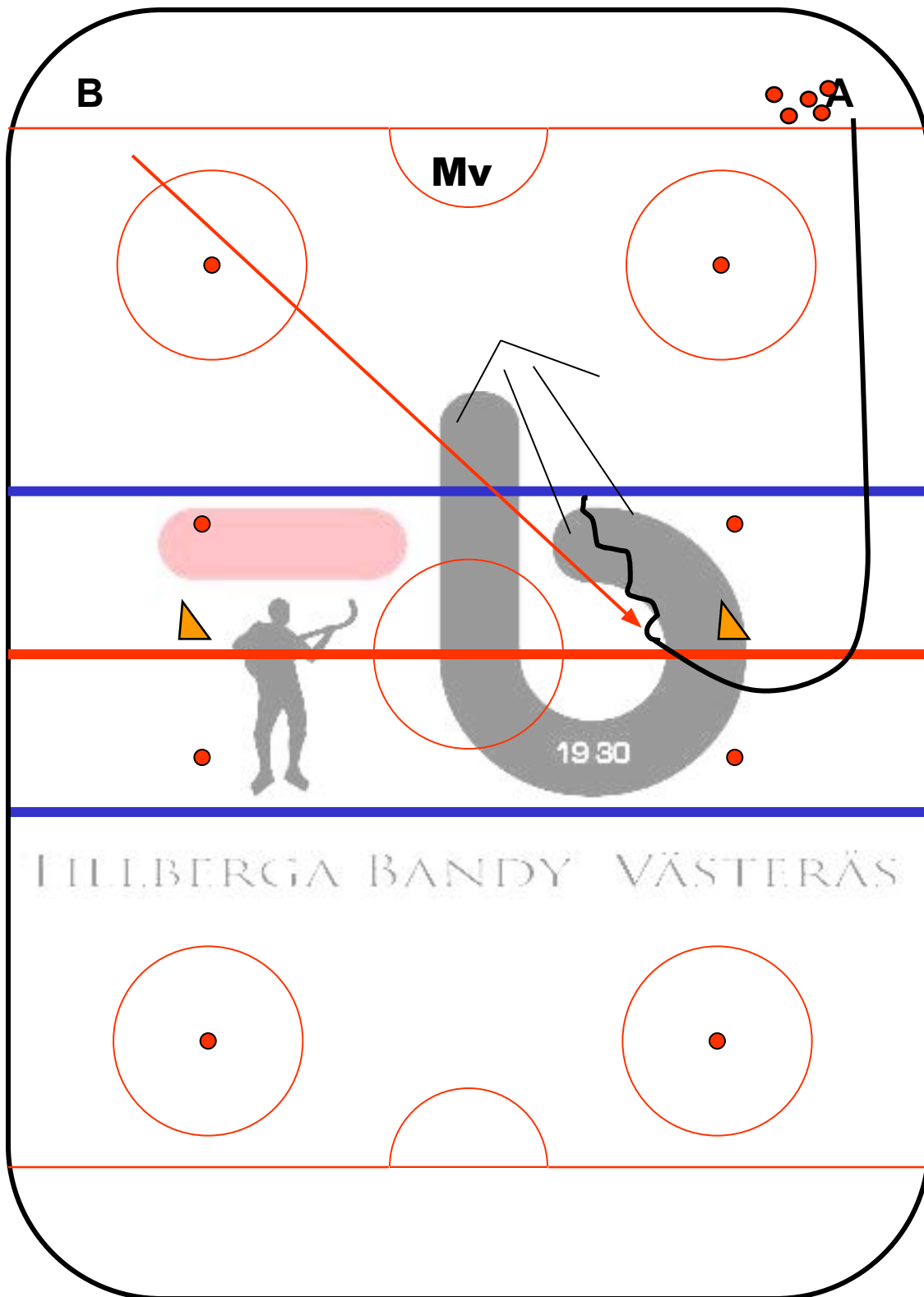
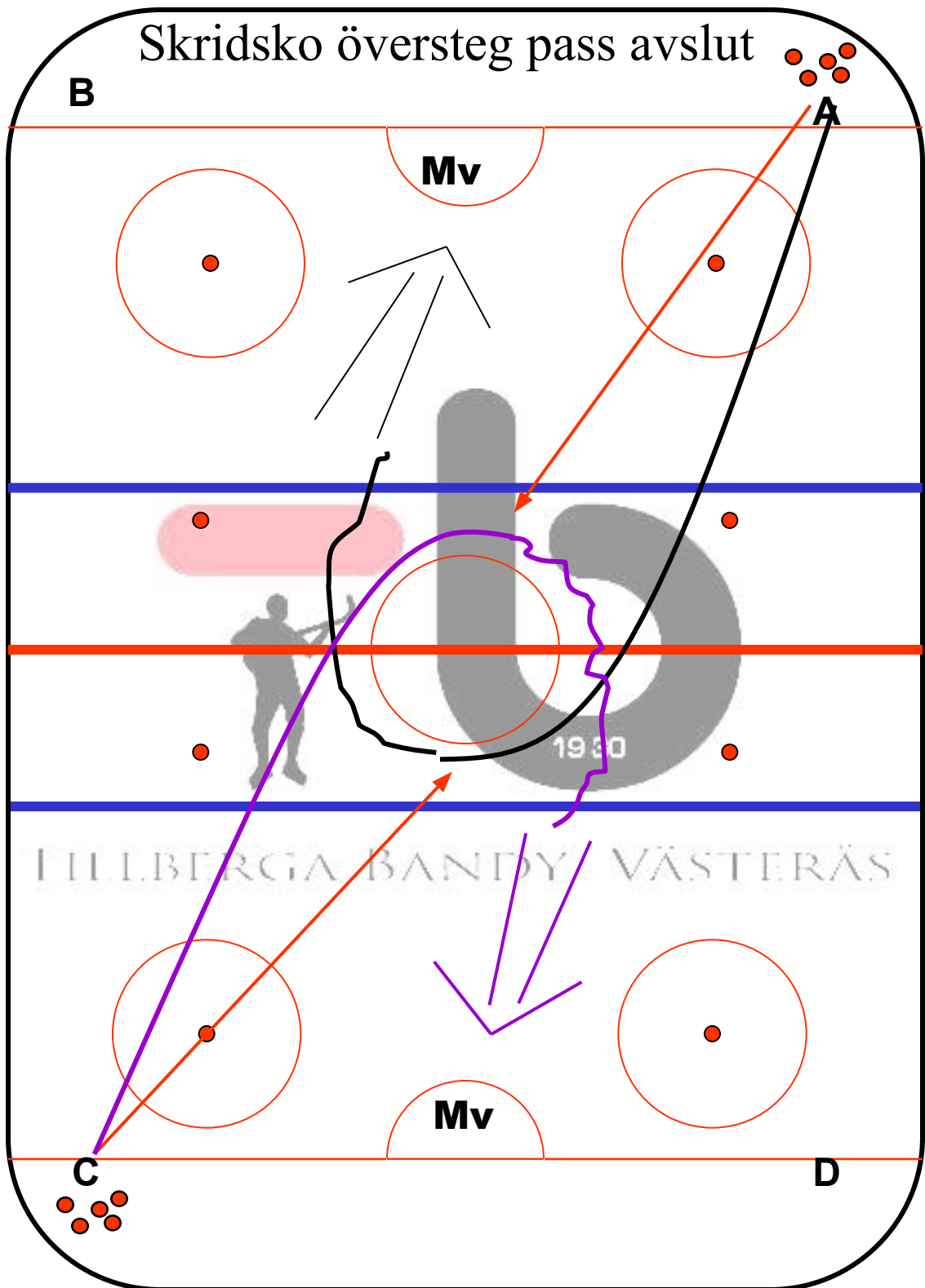
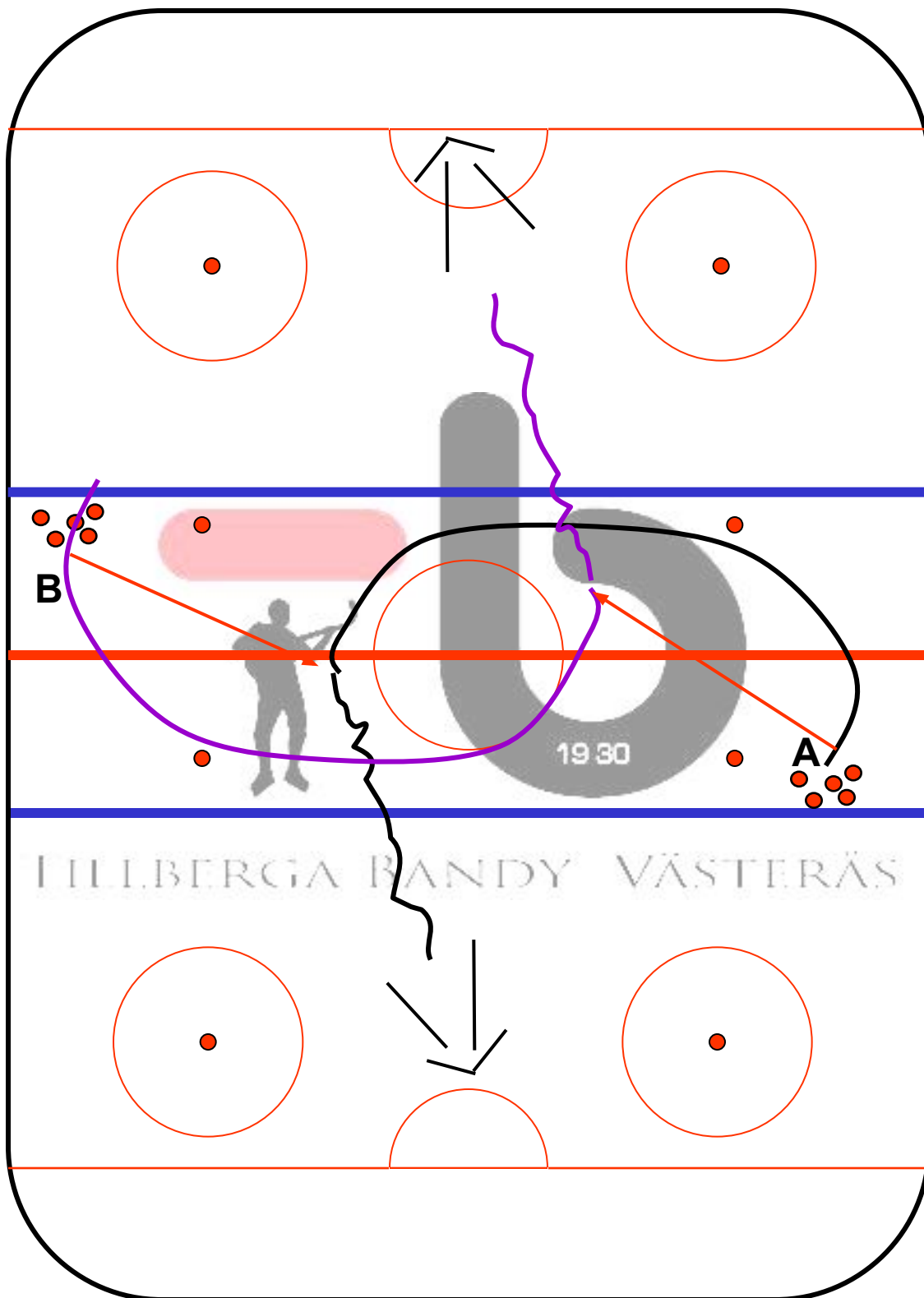


Skridsko och översteg med skott

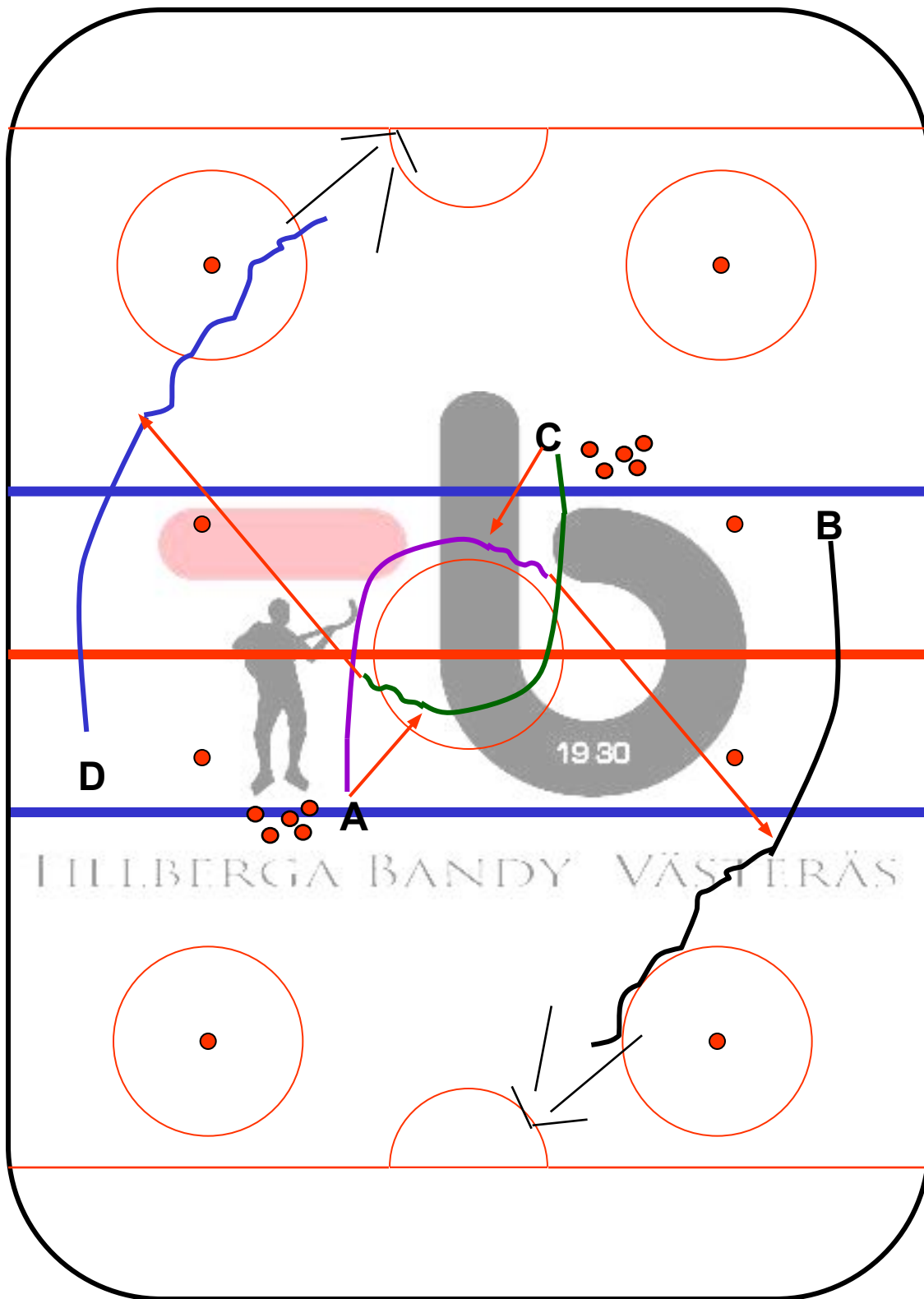




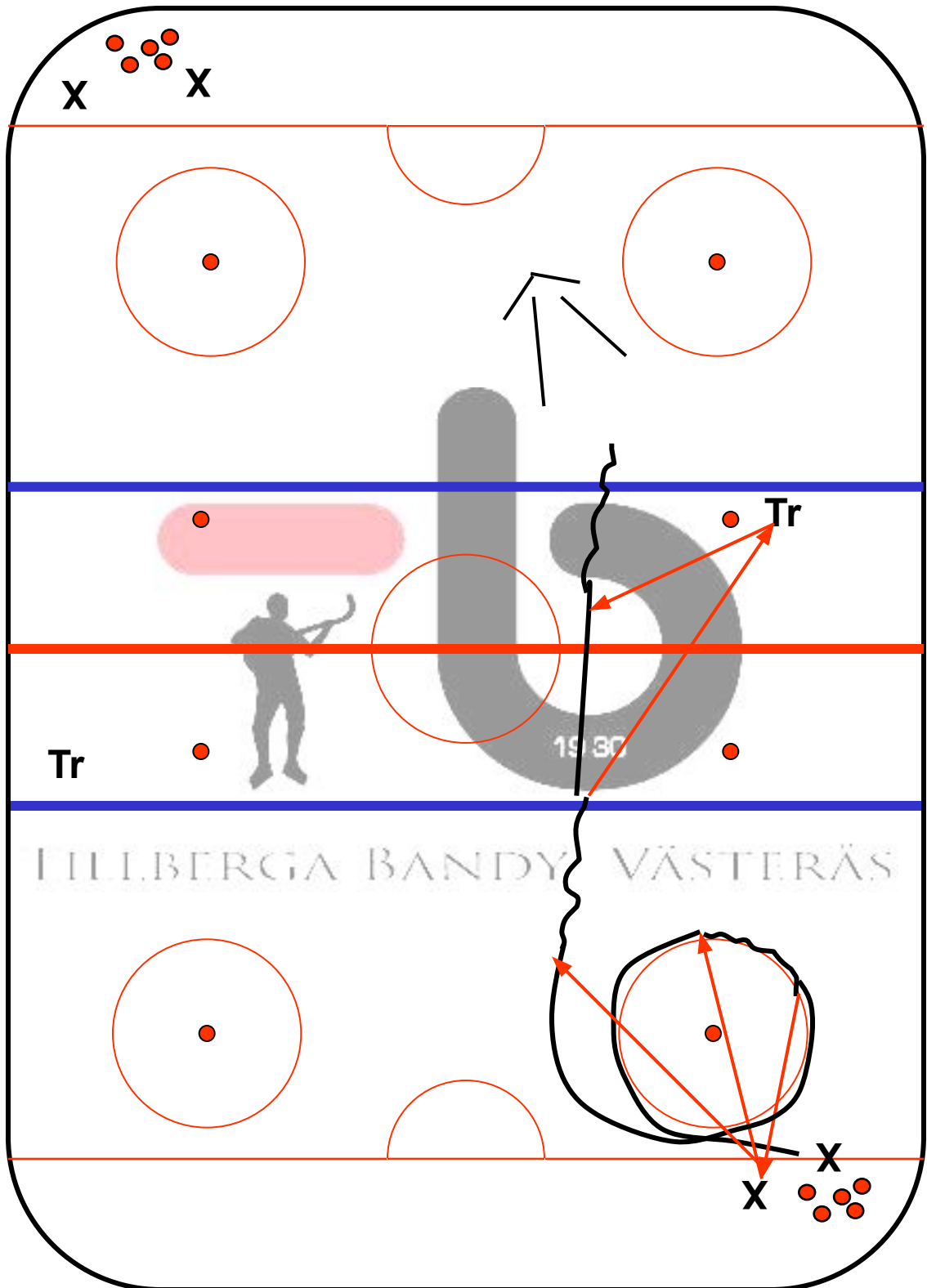
Power med skott



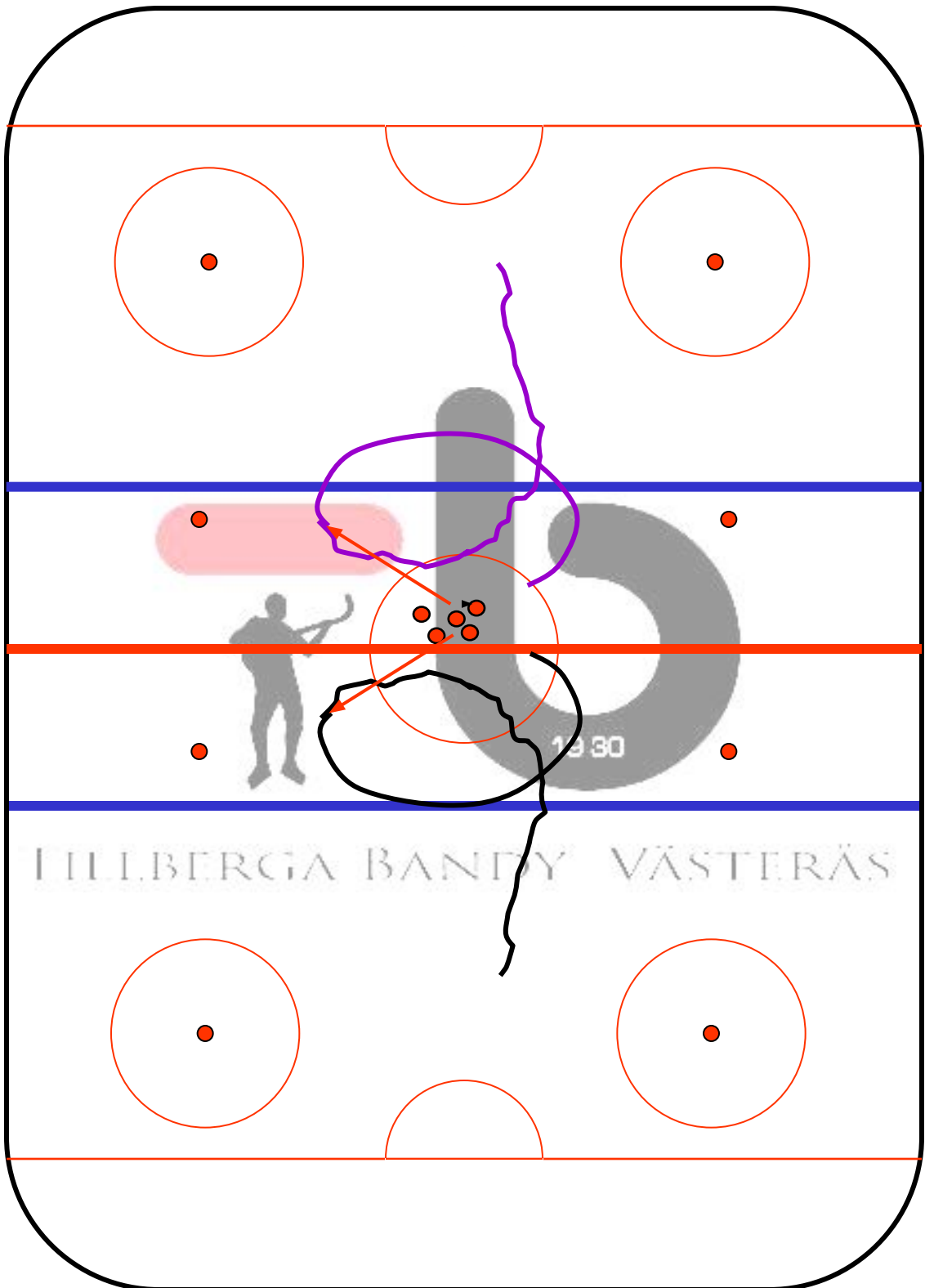
Skridskoåkning, passning, skott



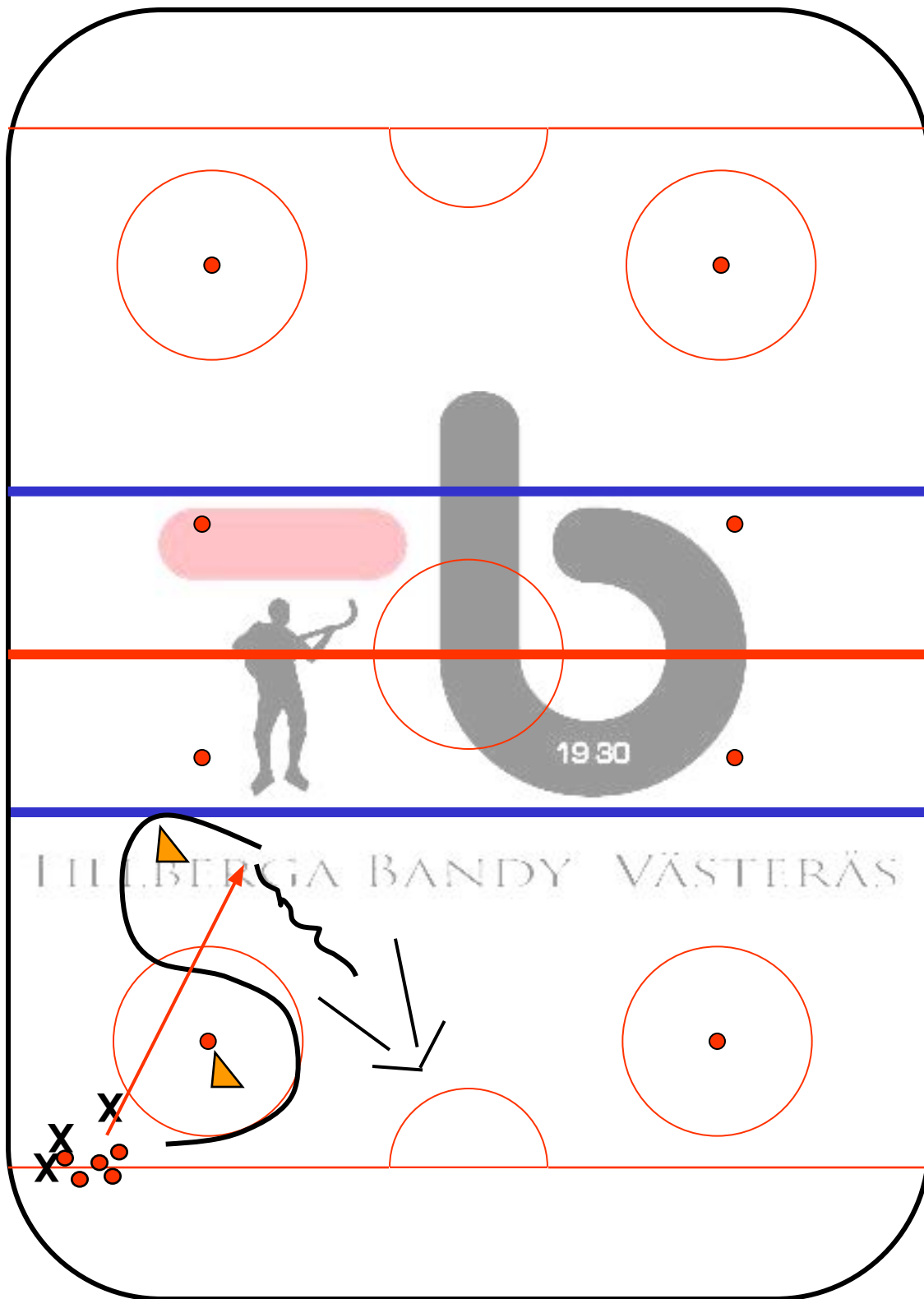
Skridsko o pass



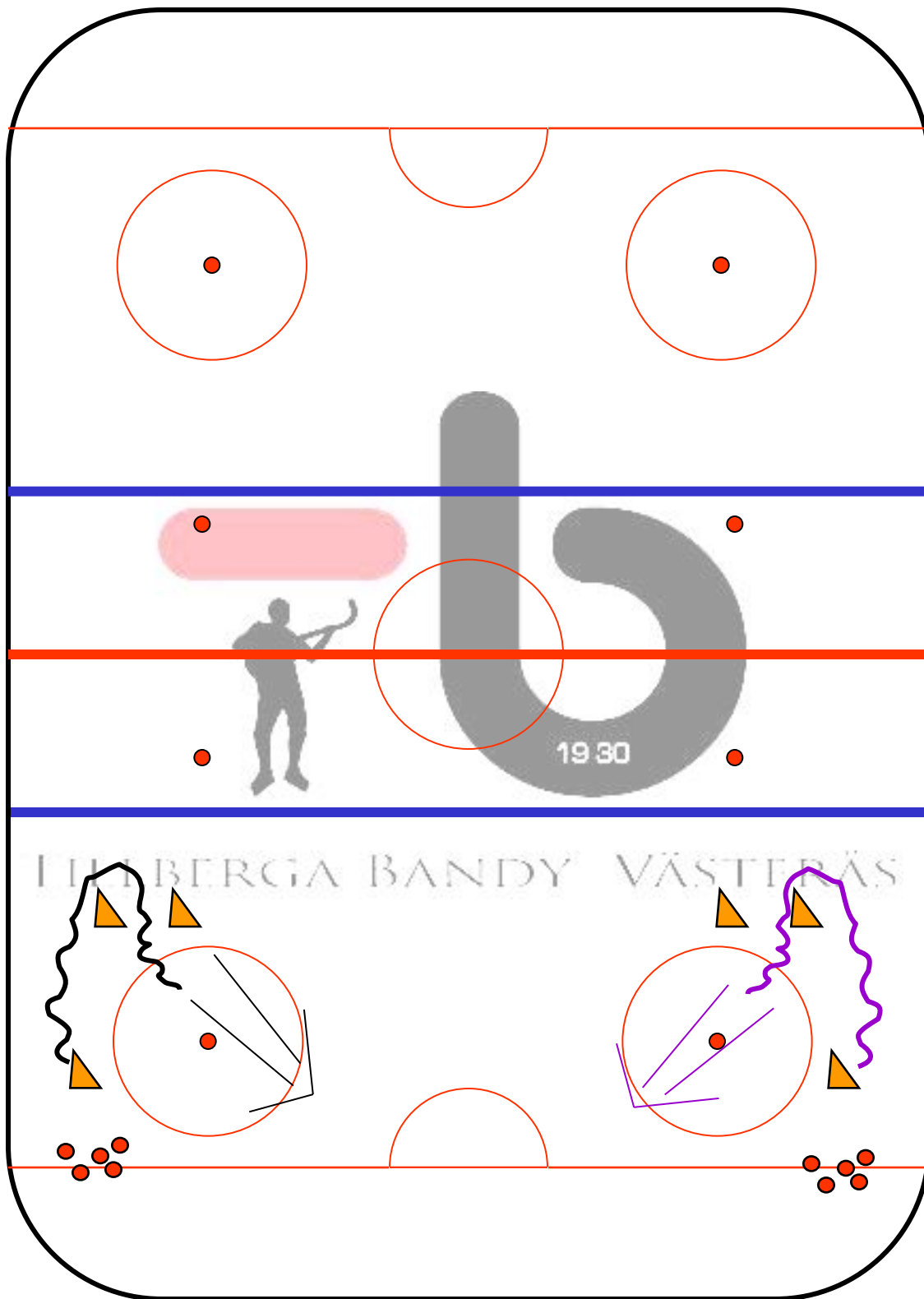
Översteg & pass



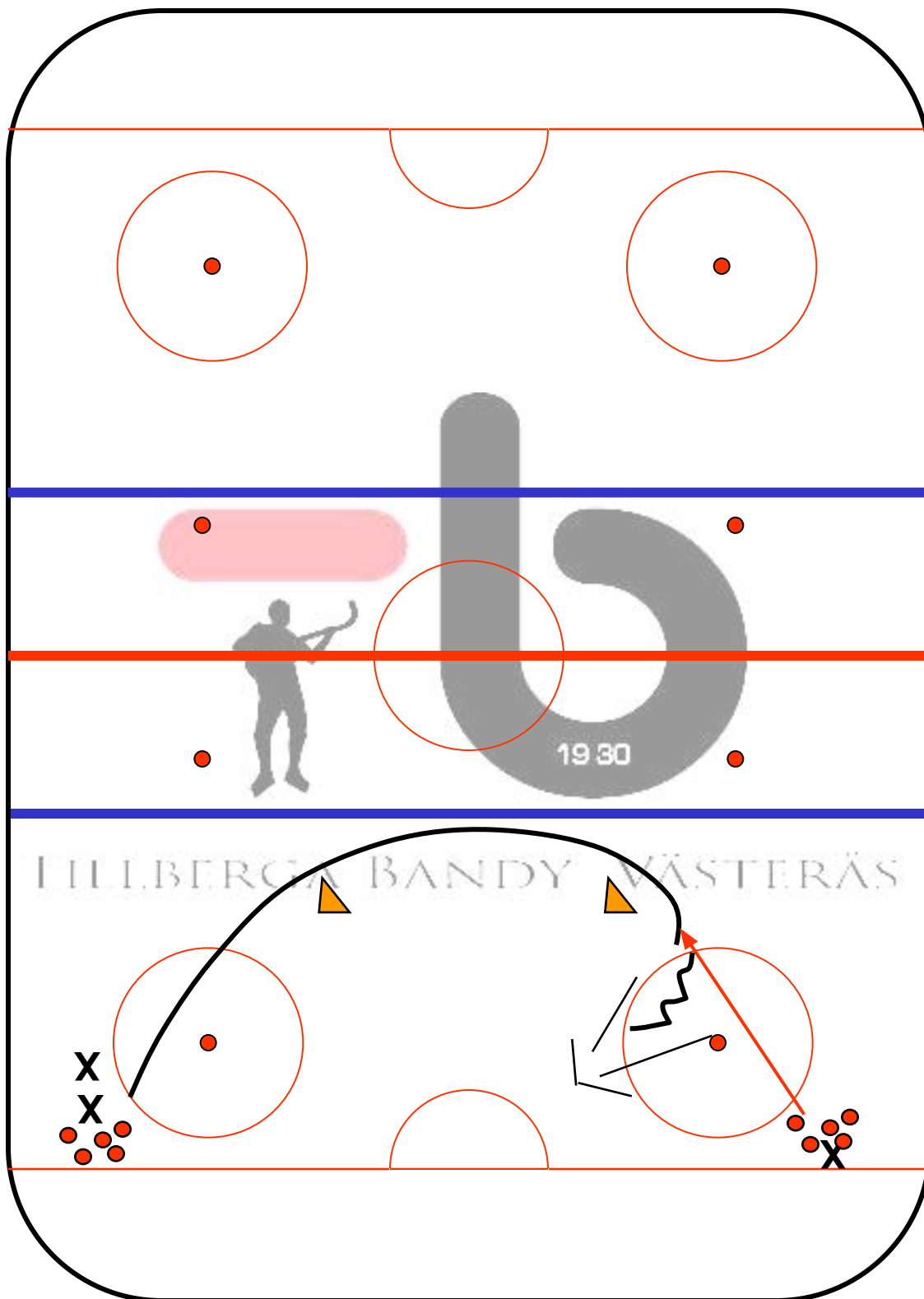
Skridskoåkning, passning, skott

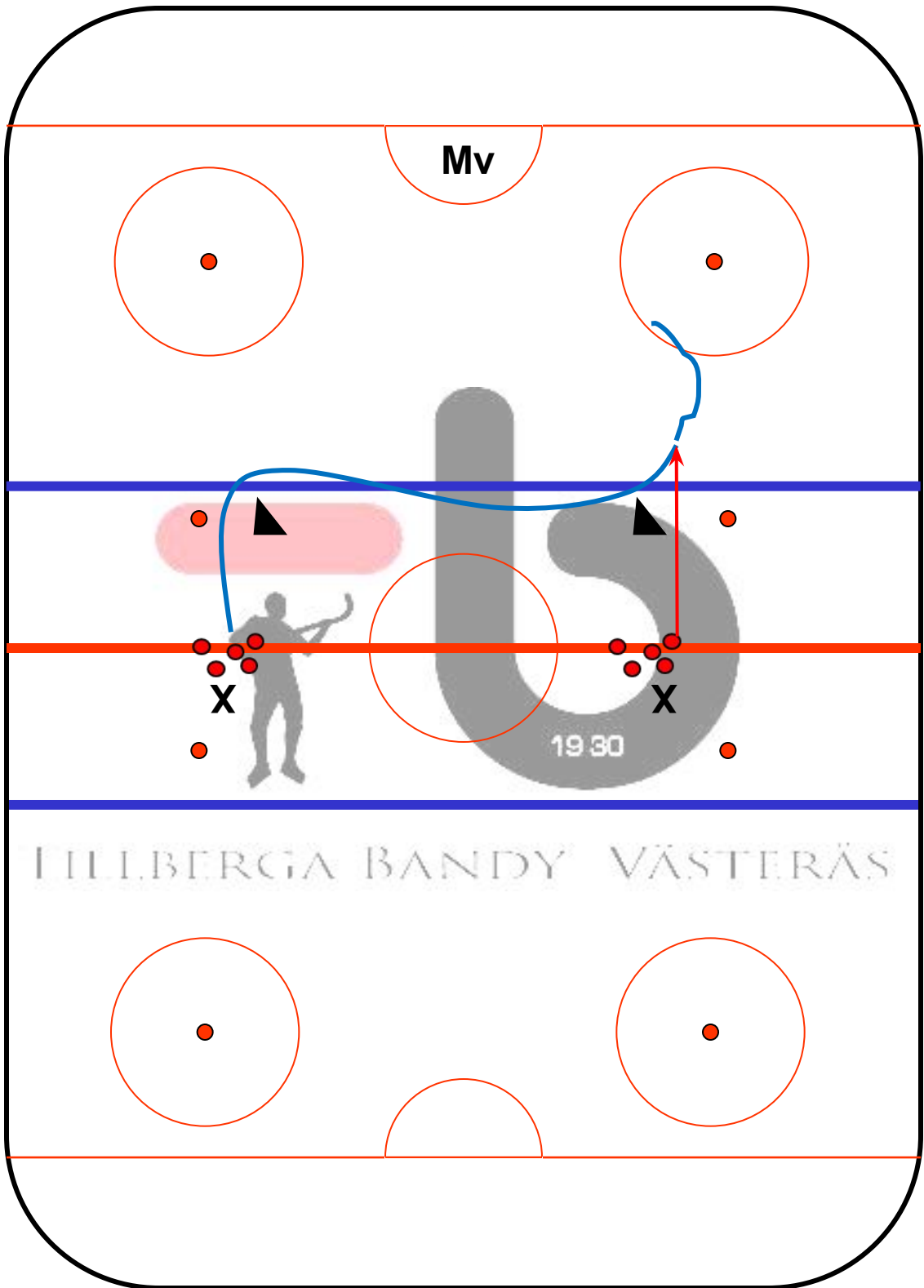


Max med snäv sväng snabbt avslut

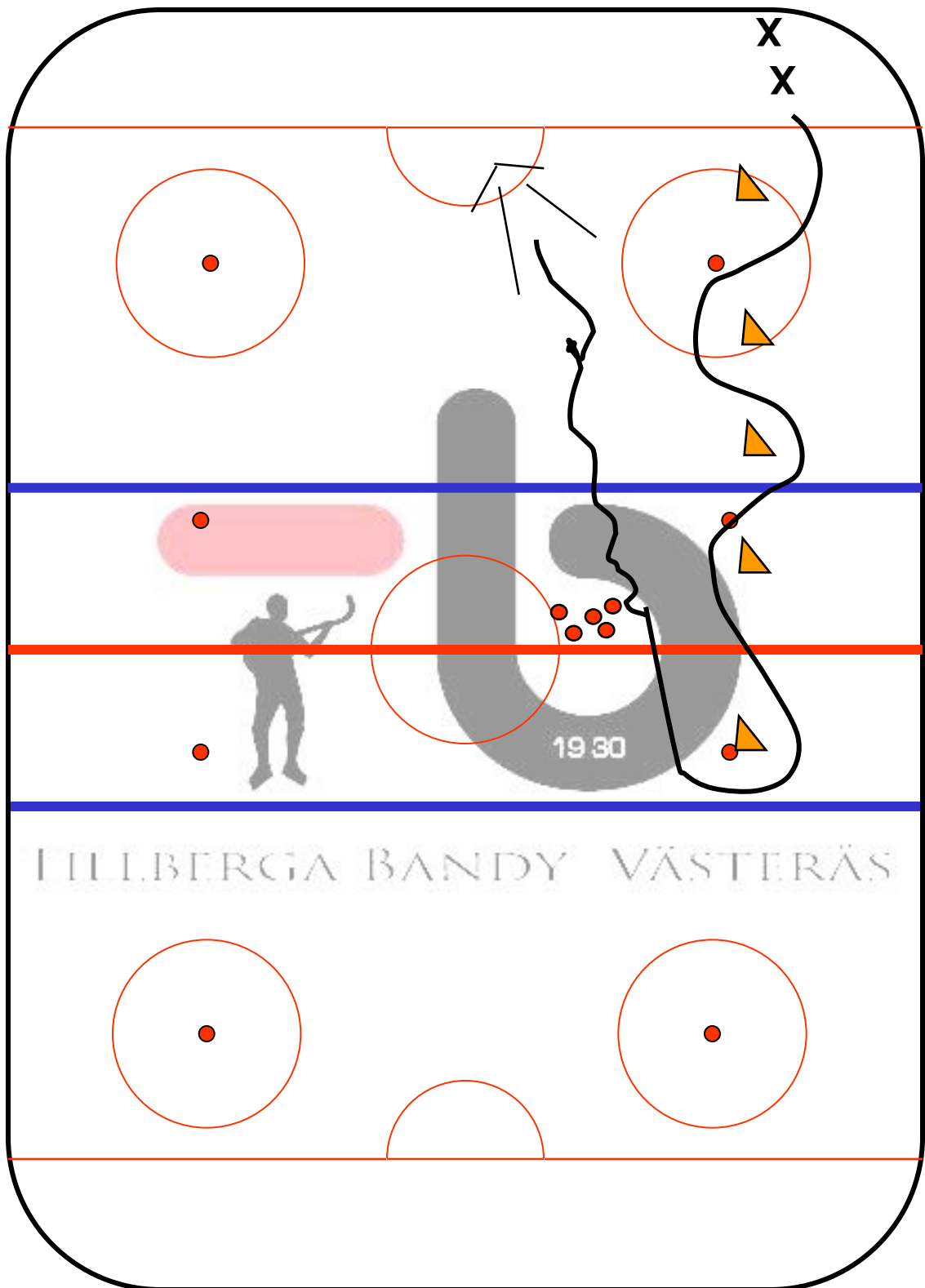


Skridskoåkning, passning, skott

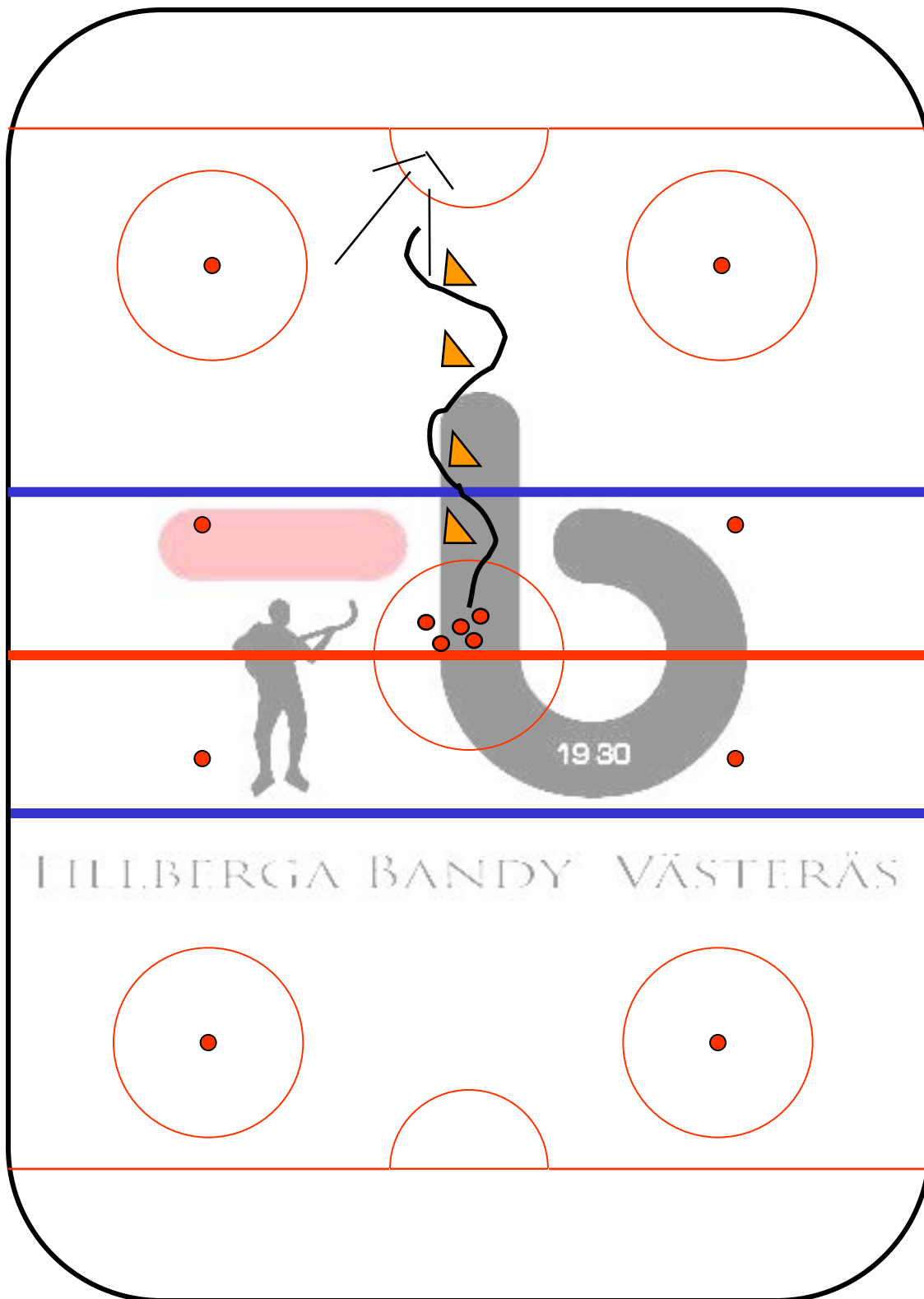




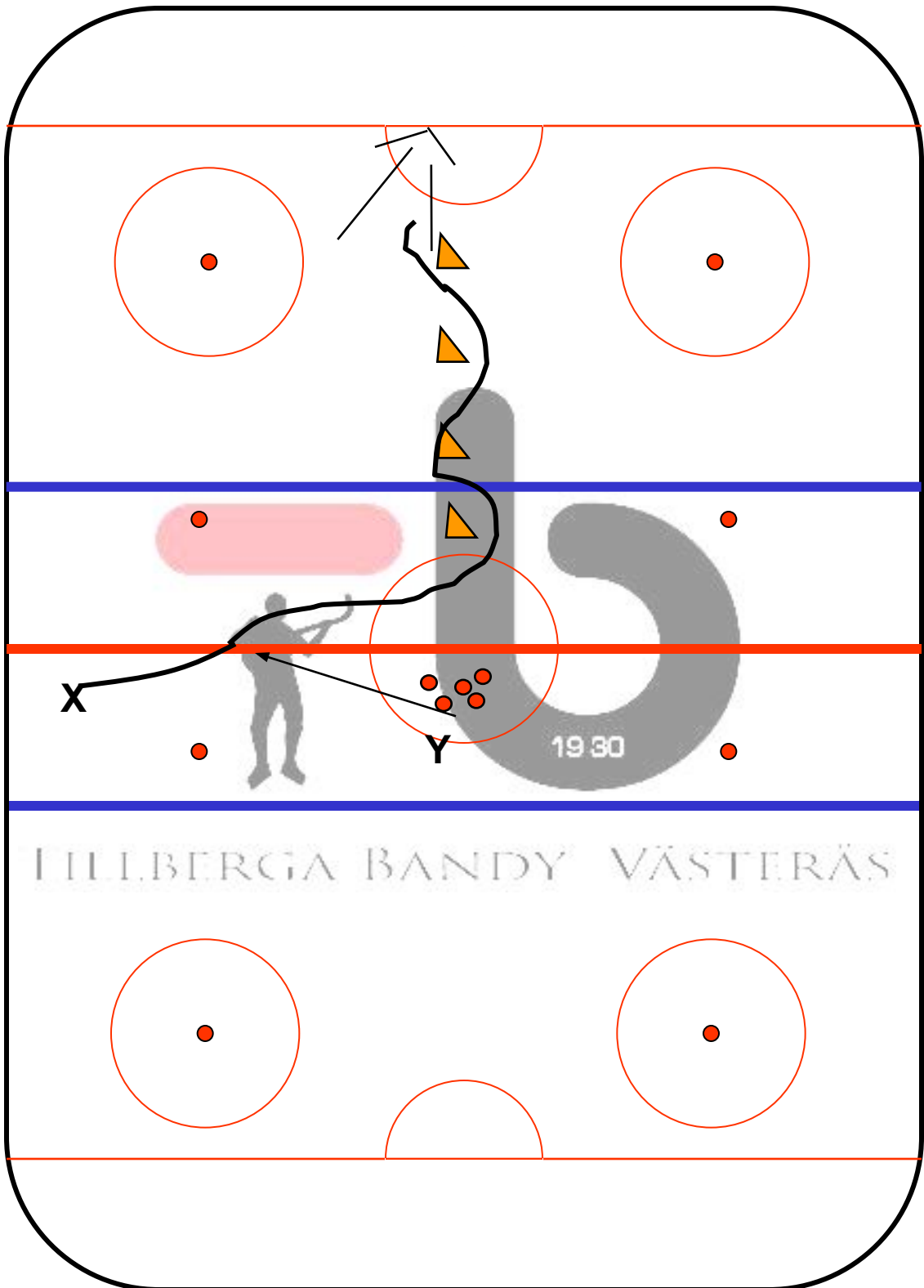
Överstegsåkning, skott



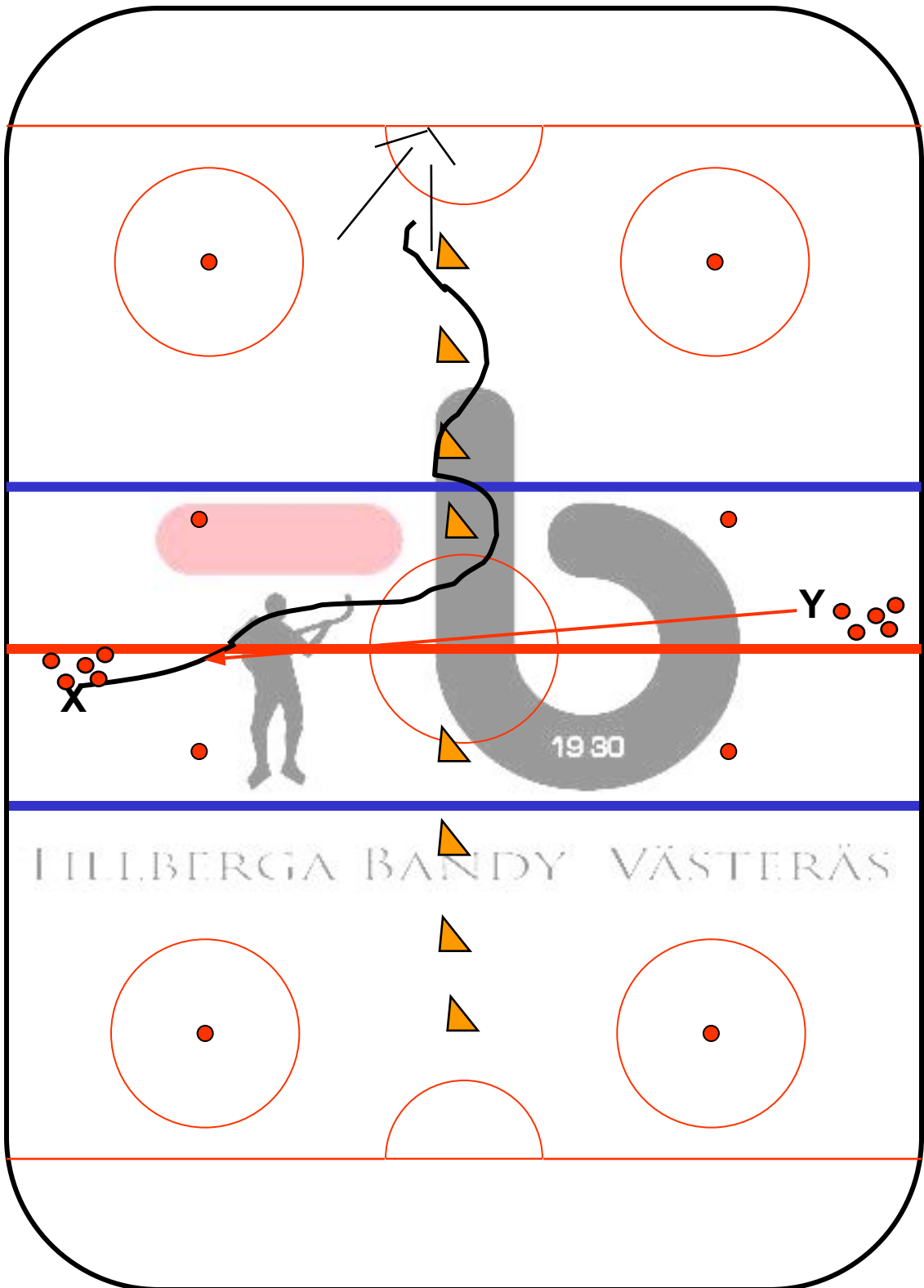
Skridskoåkning skott



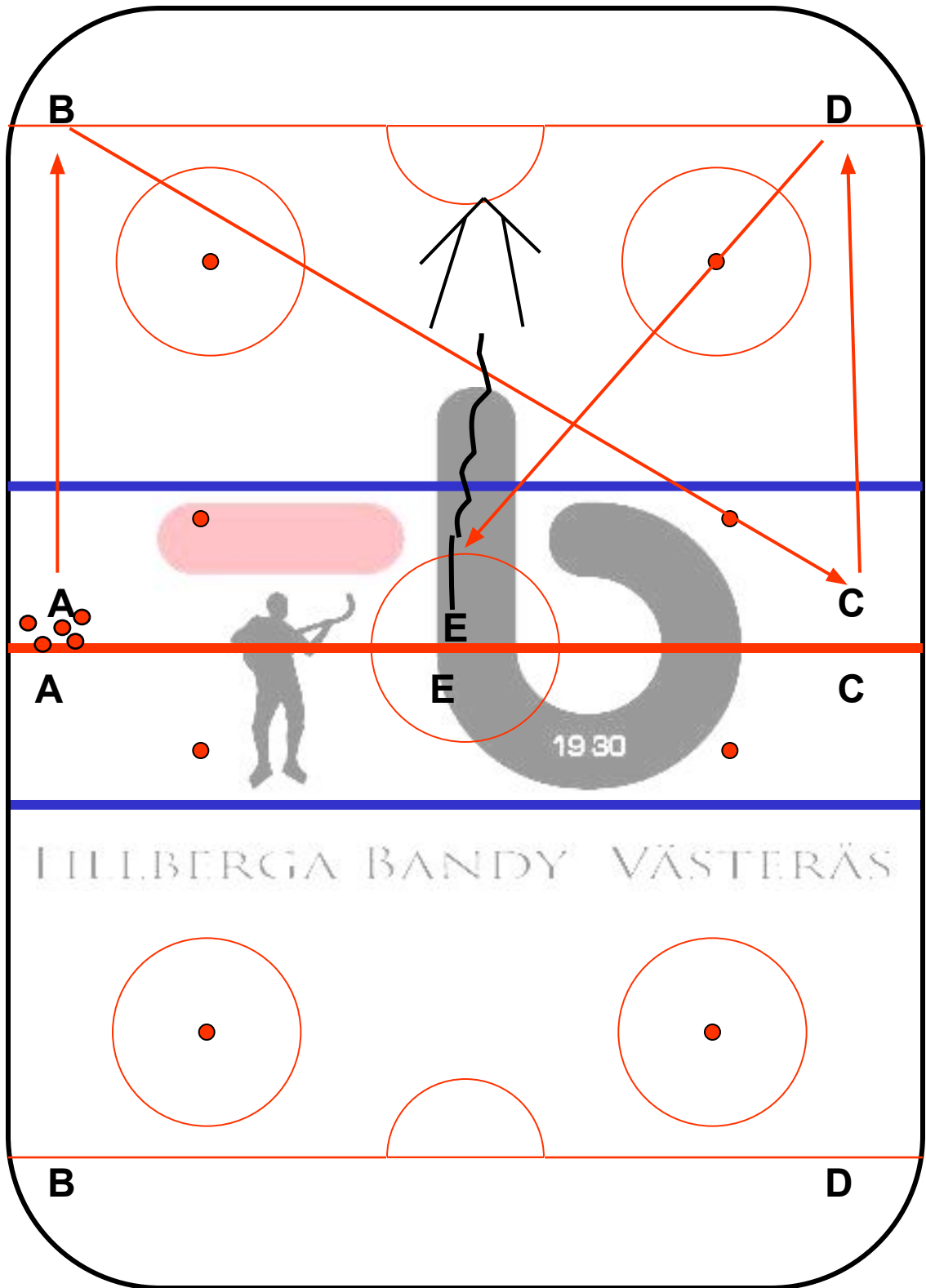
Skridskoåkning skott



Skridskoåkning skott

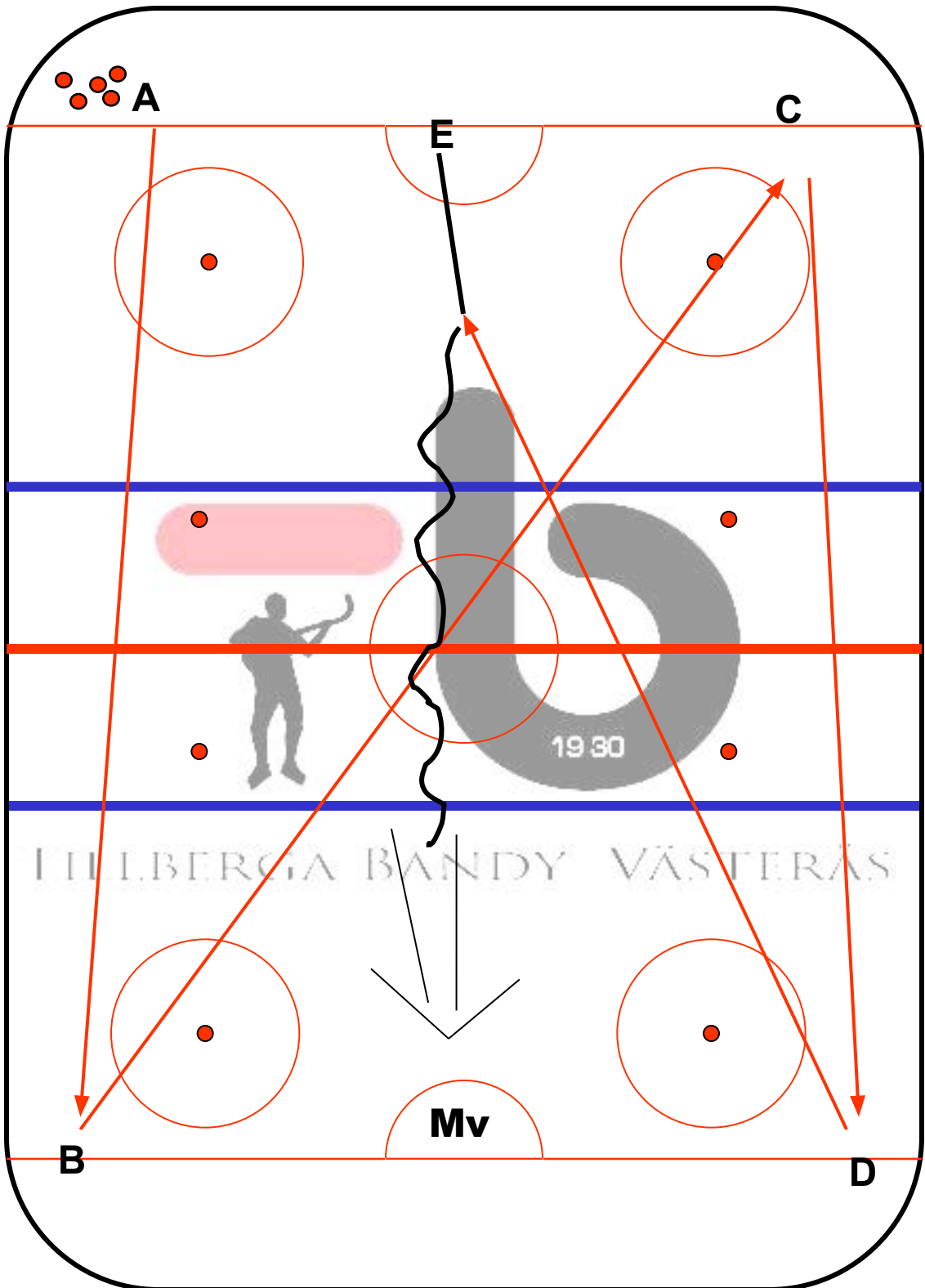


Passningar

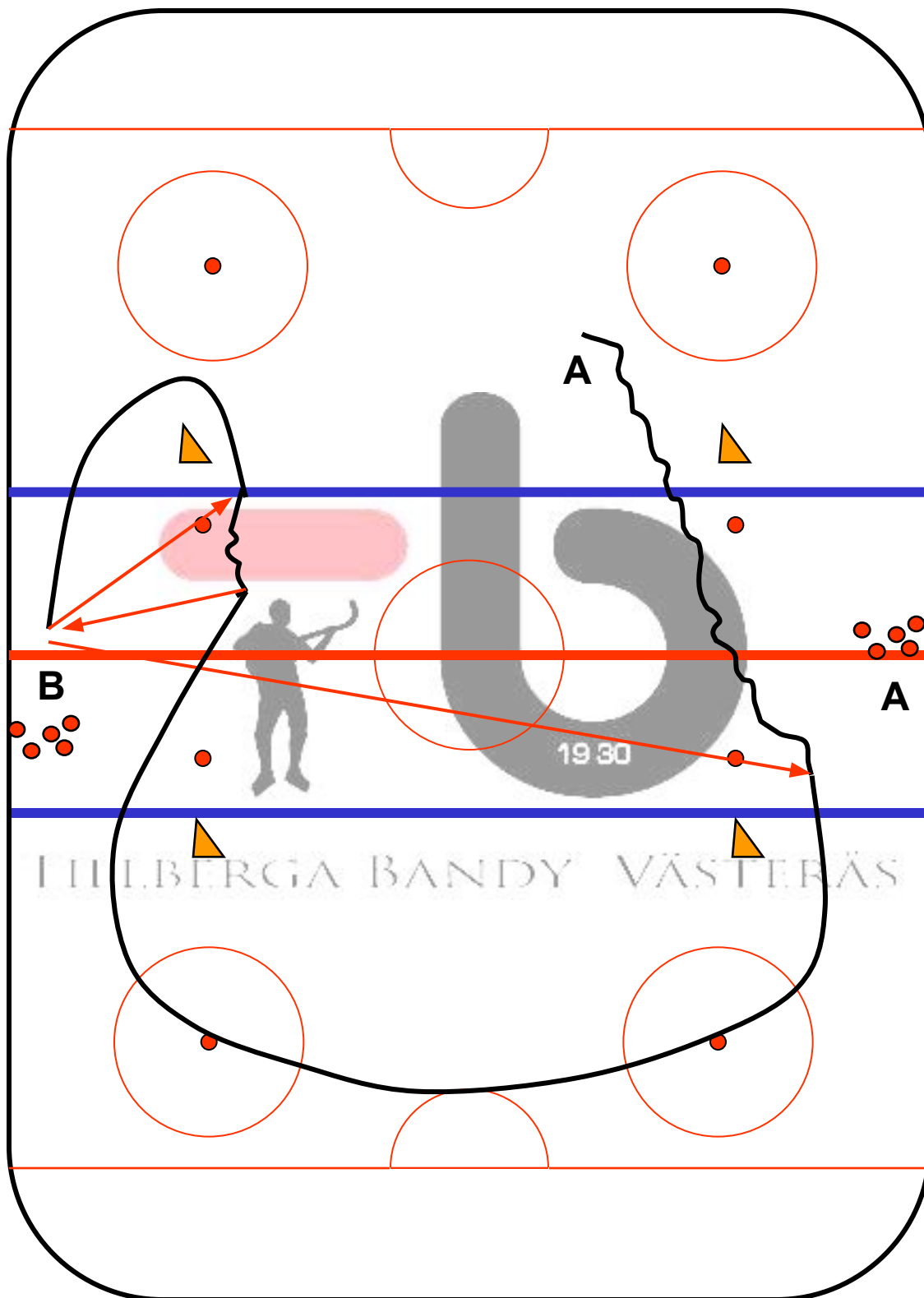


TILLBERGA BANDY VÄSTERÅS

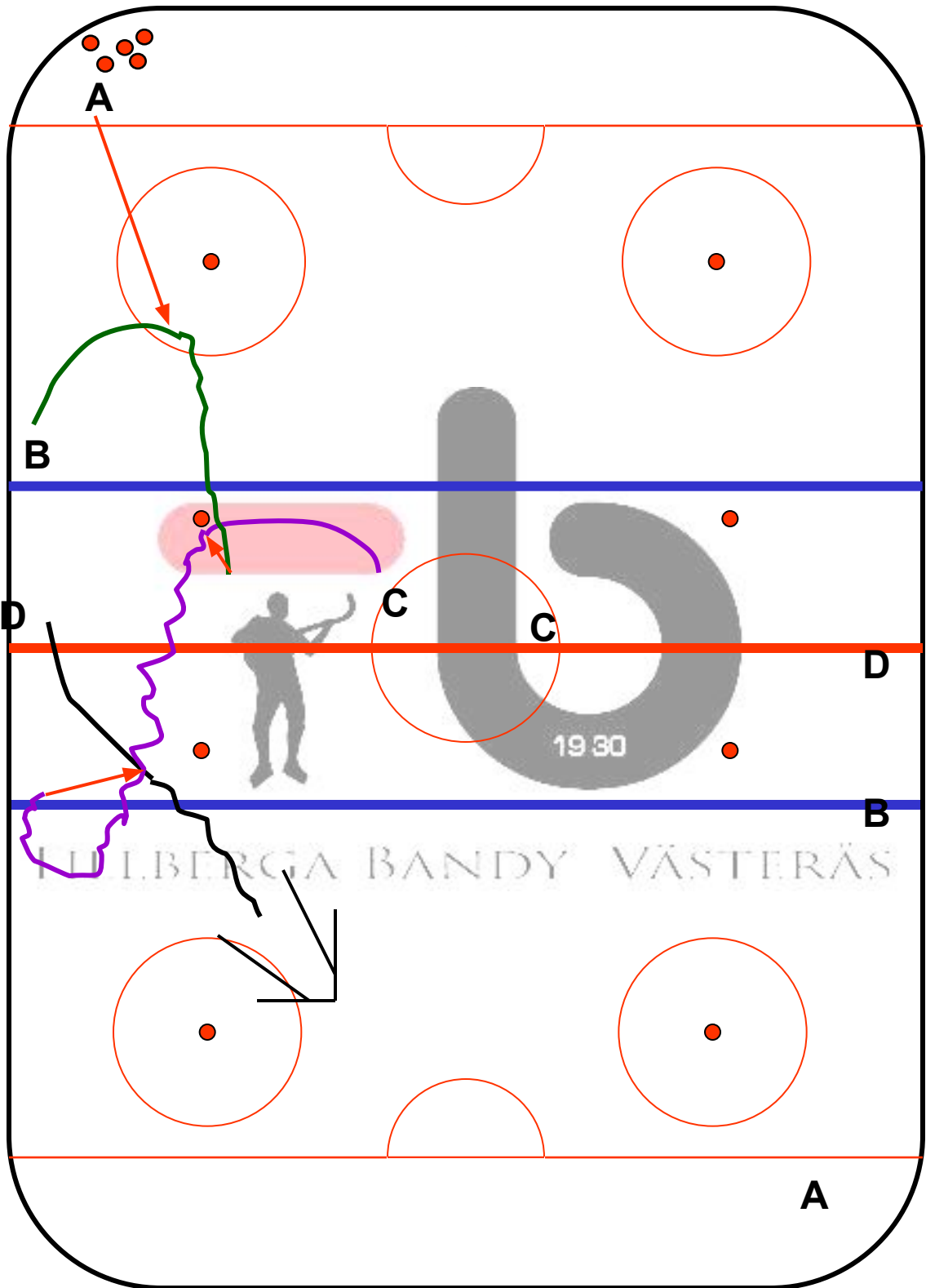
Långa pass



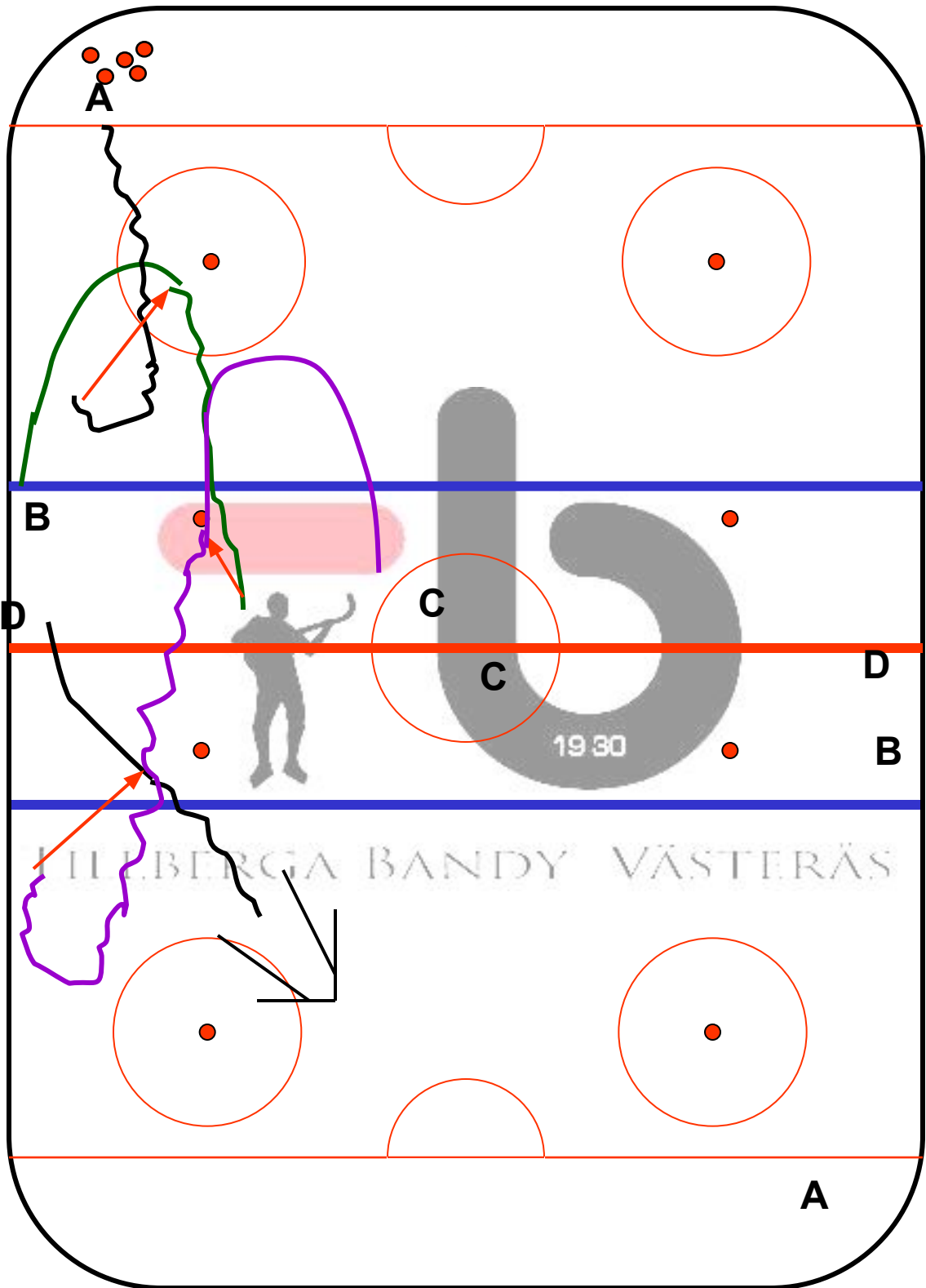
Passning, mottagning, avslut



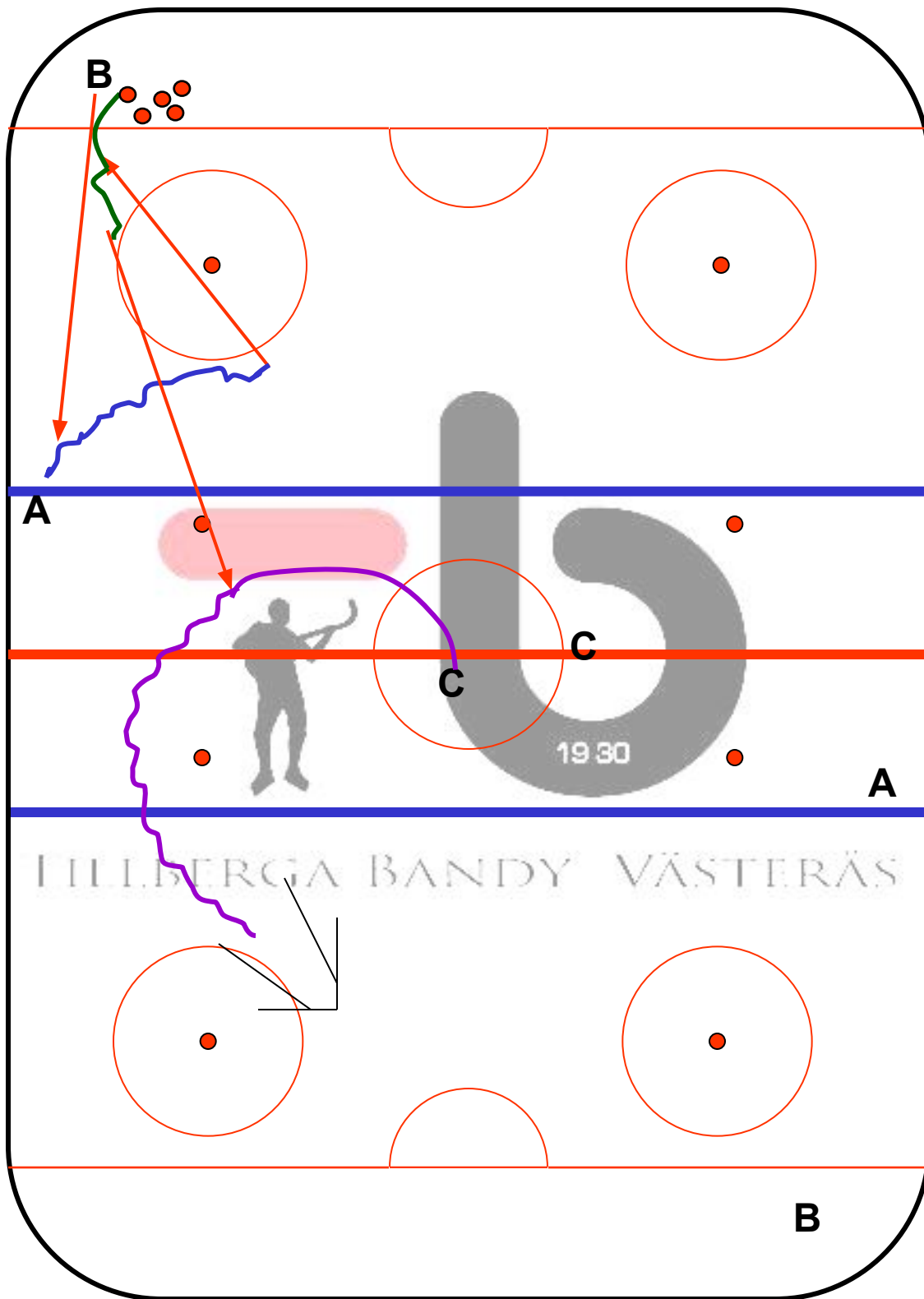
Dropp och urvändning



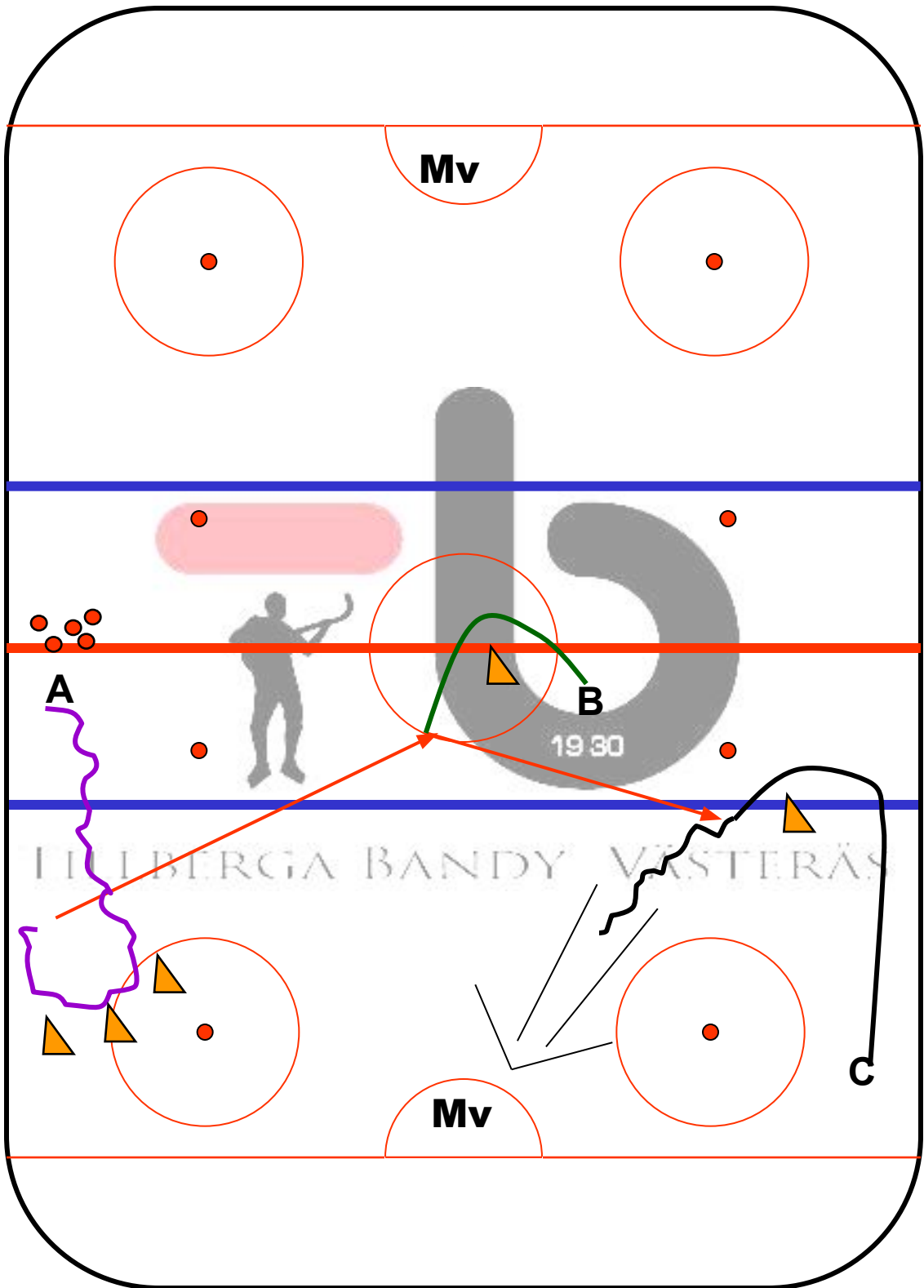
Hot, dropp och urvändning



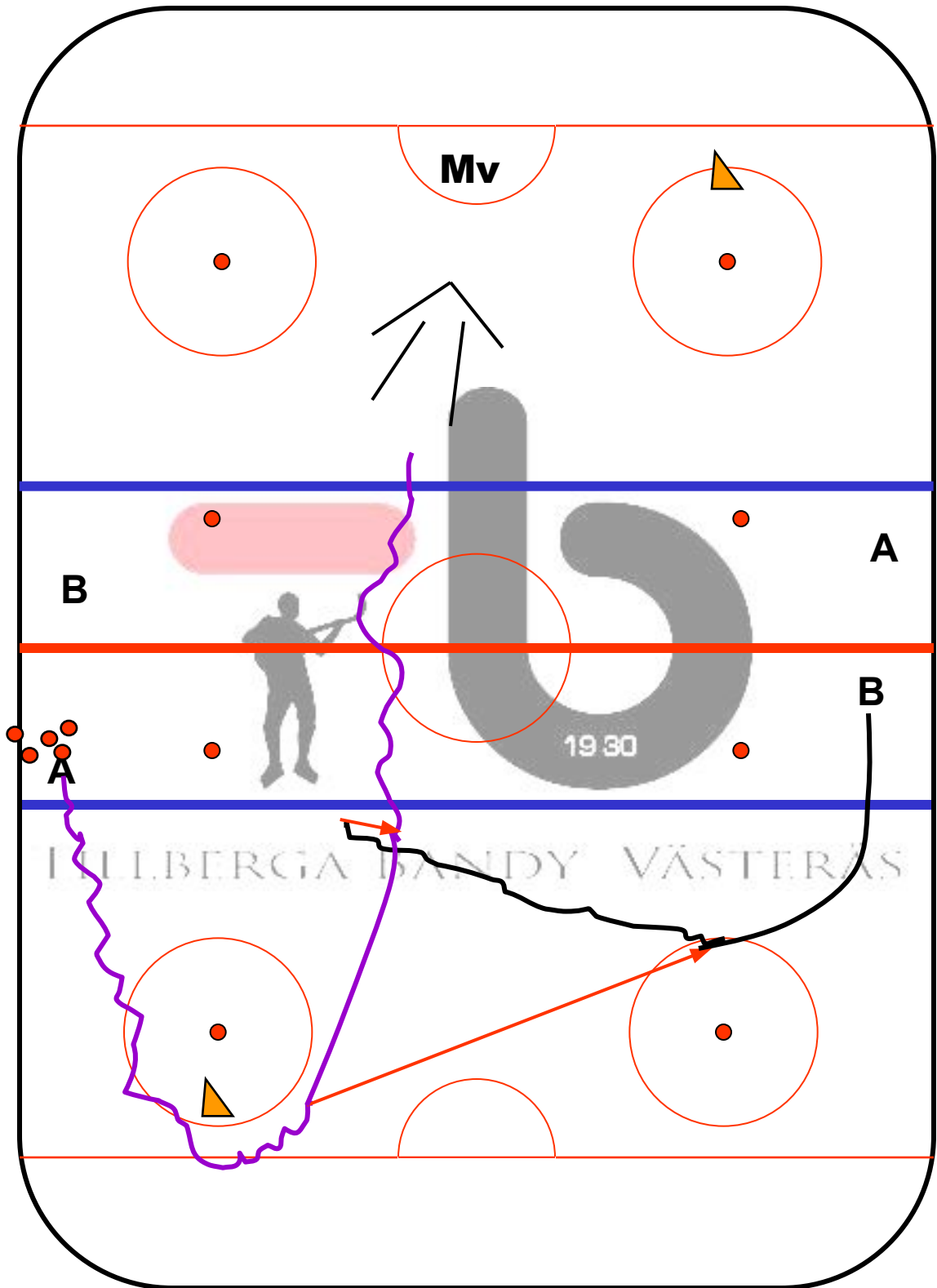
1/4 vändning med rakt uppspel



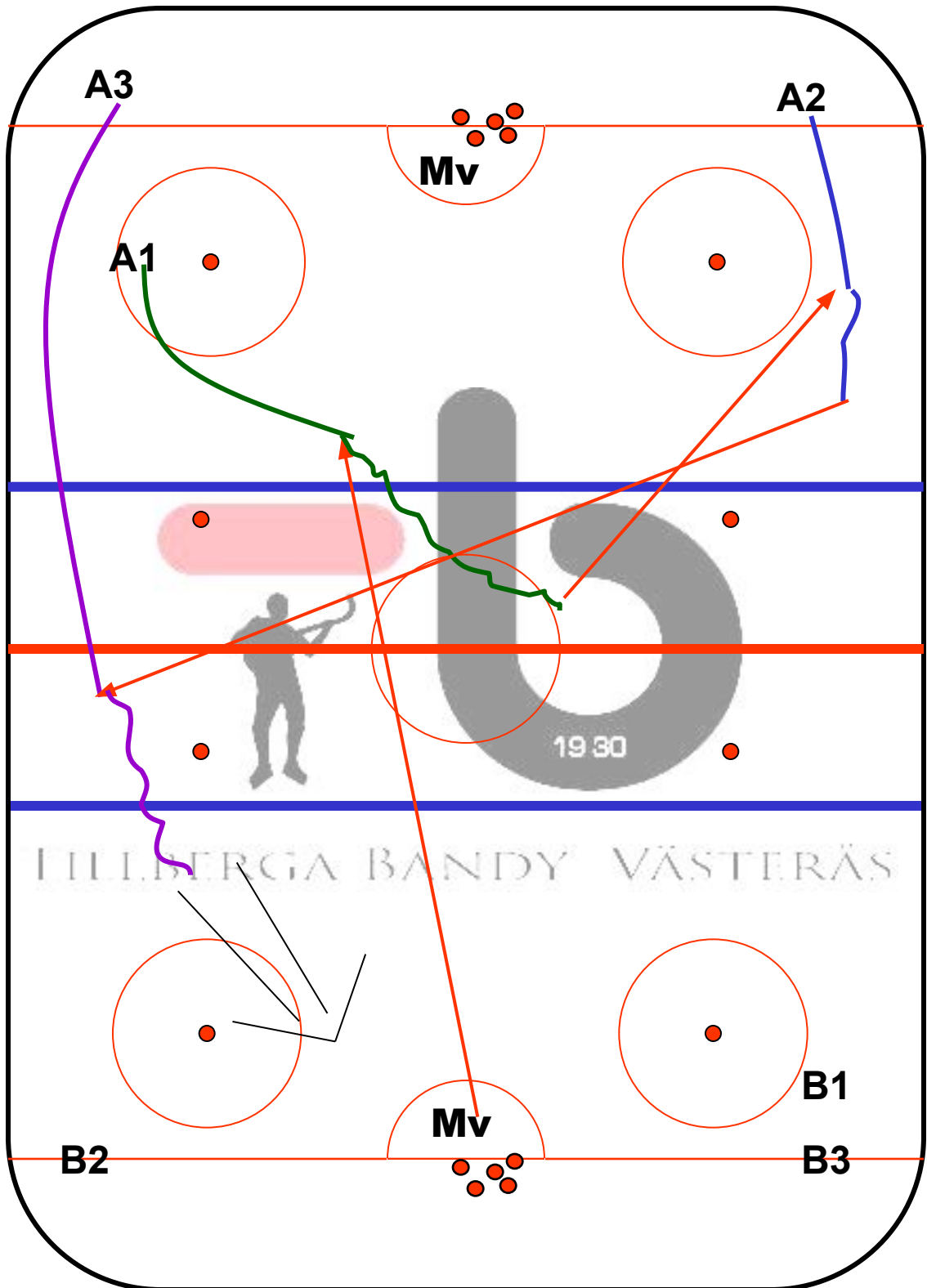
Urvändning pass avslut



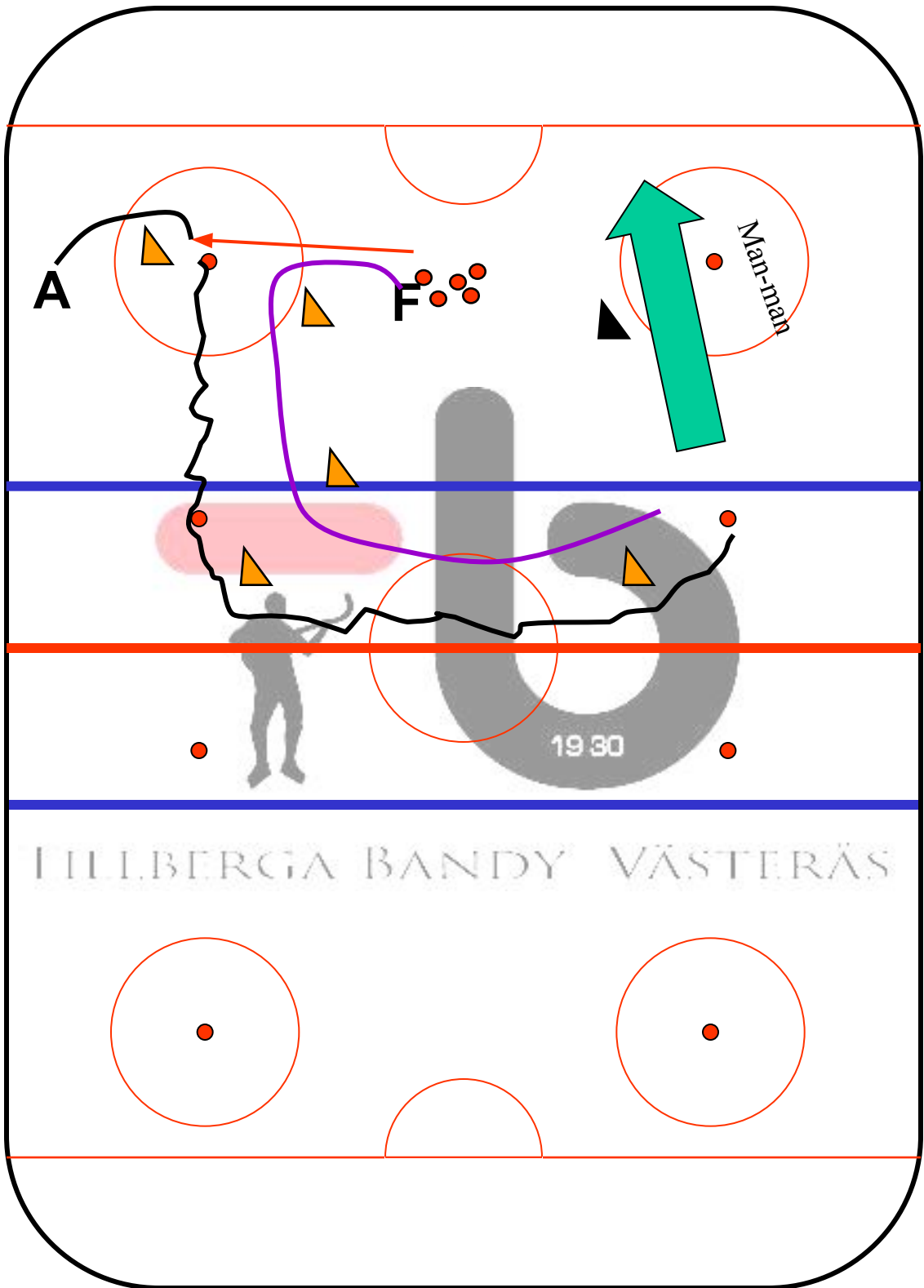
Uppspel, droppass, avslut



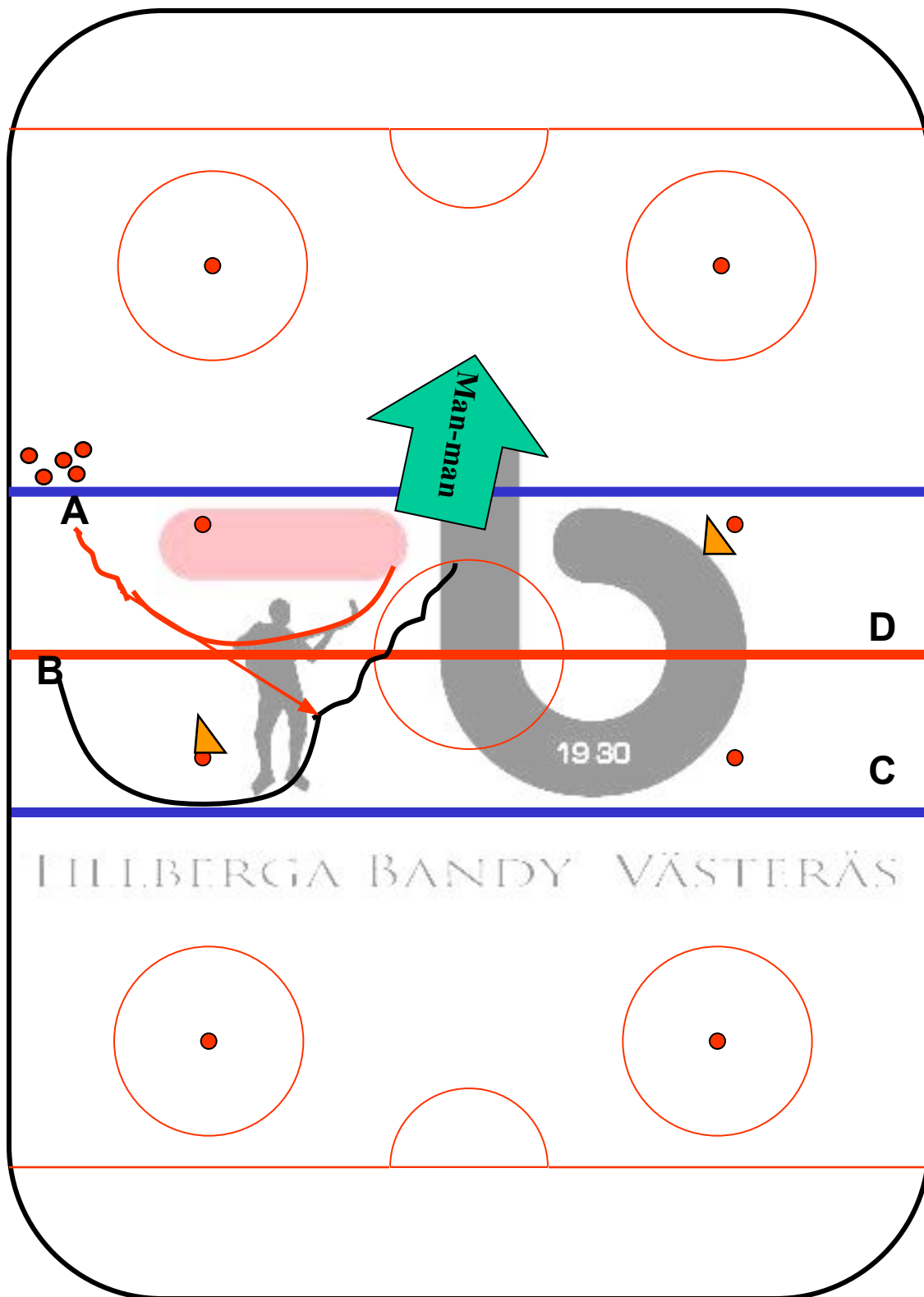
Utkast pass avslut



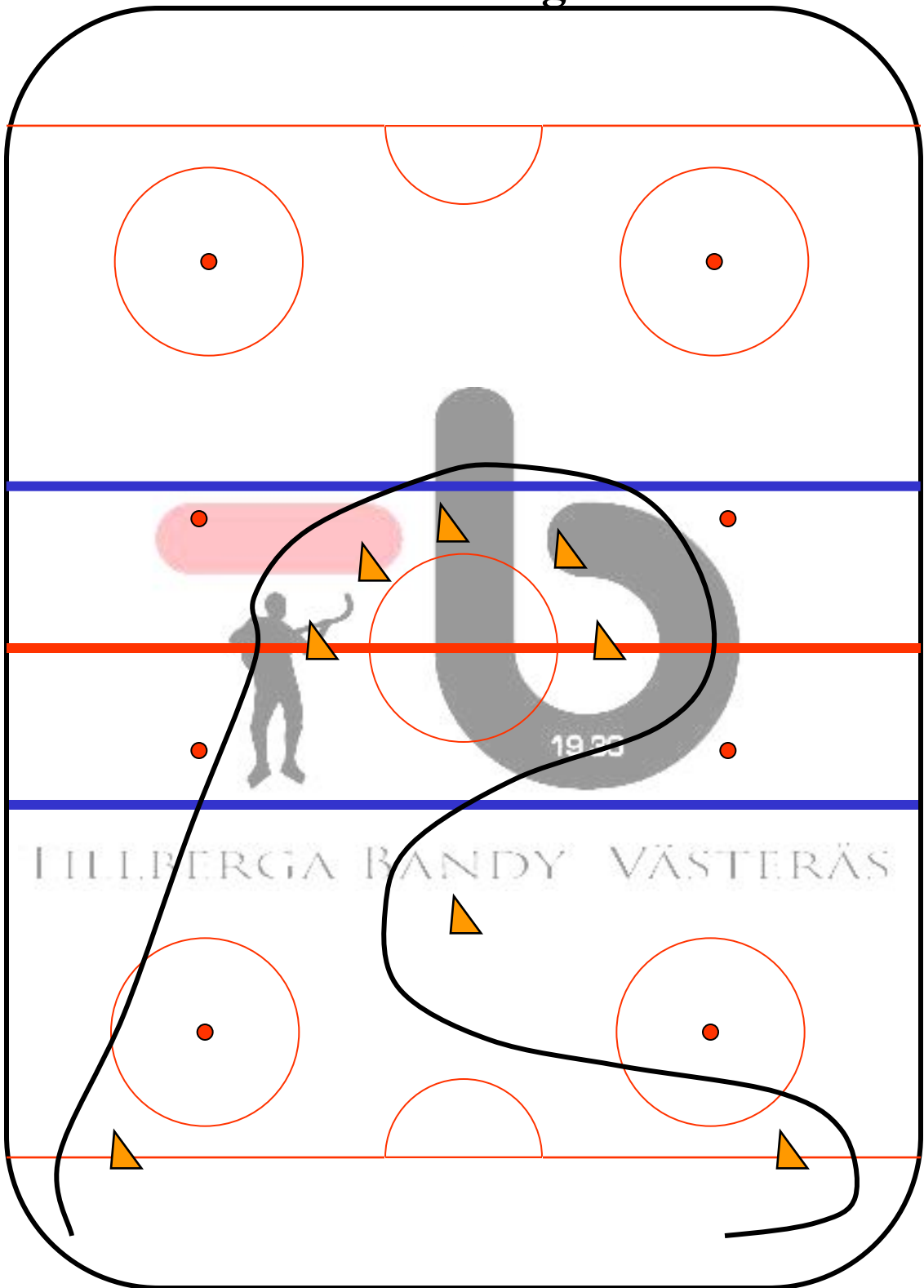
Man-man



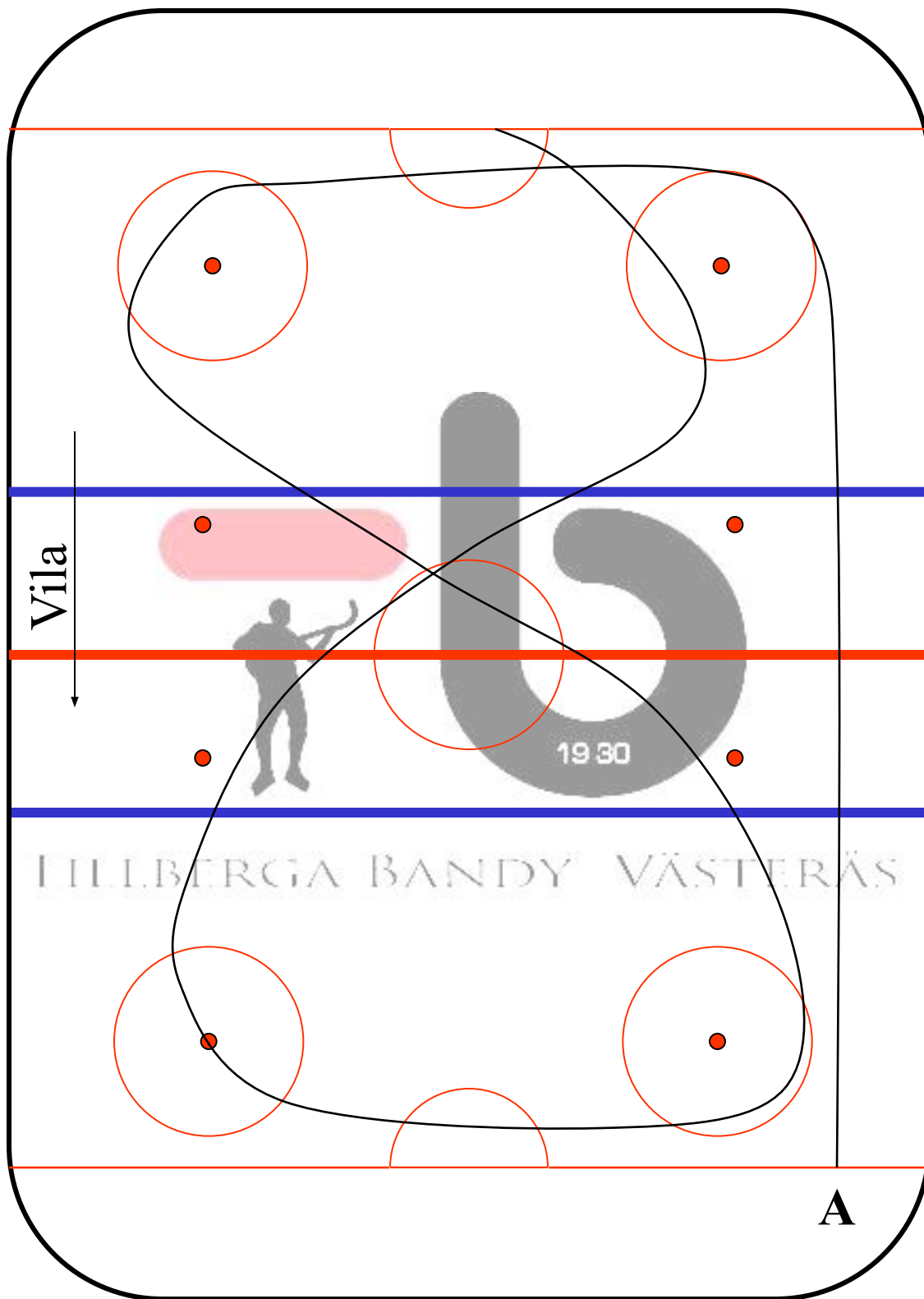
Man-man



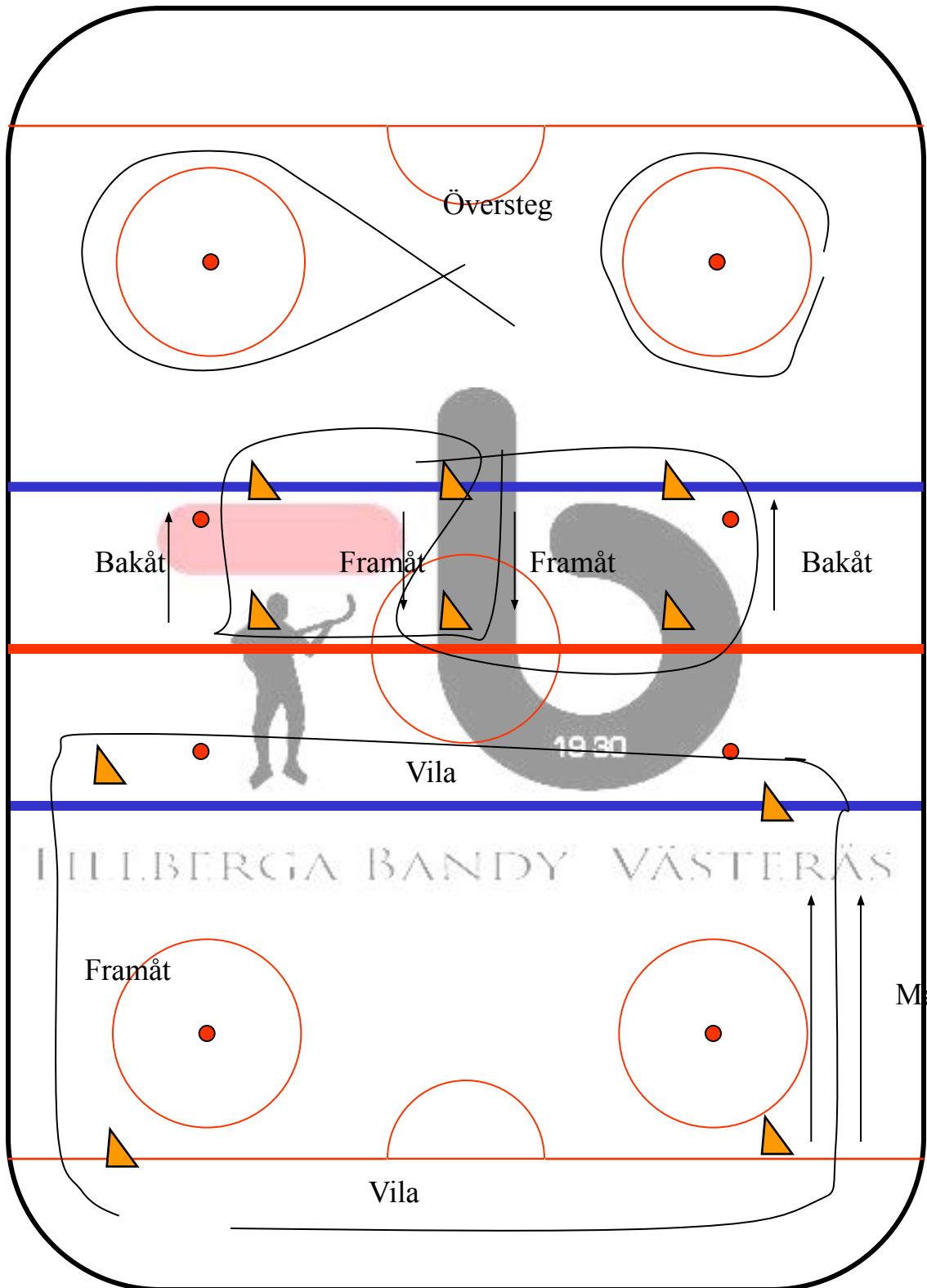
Översteg

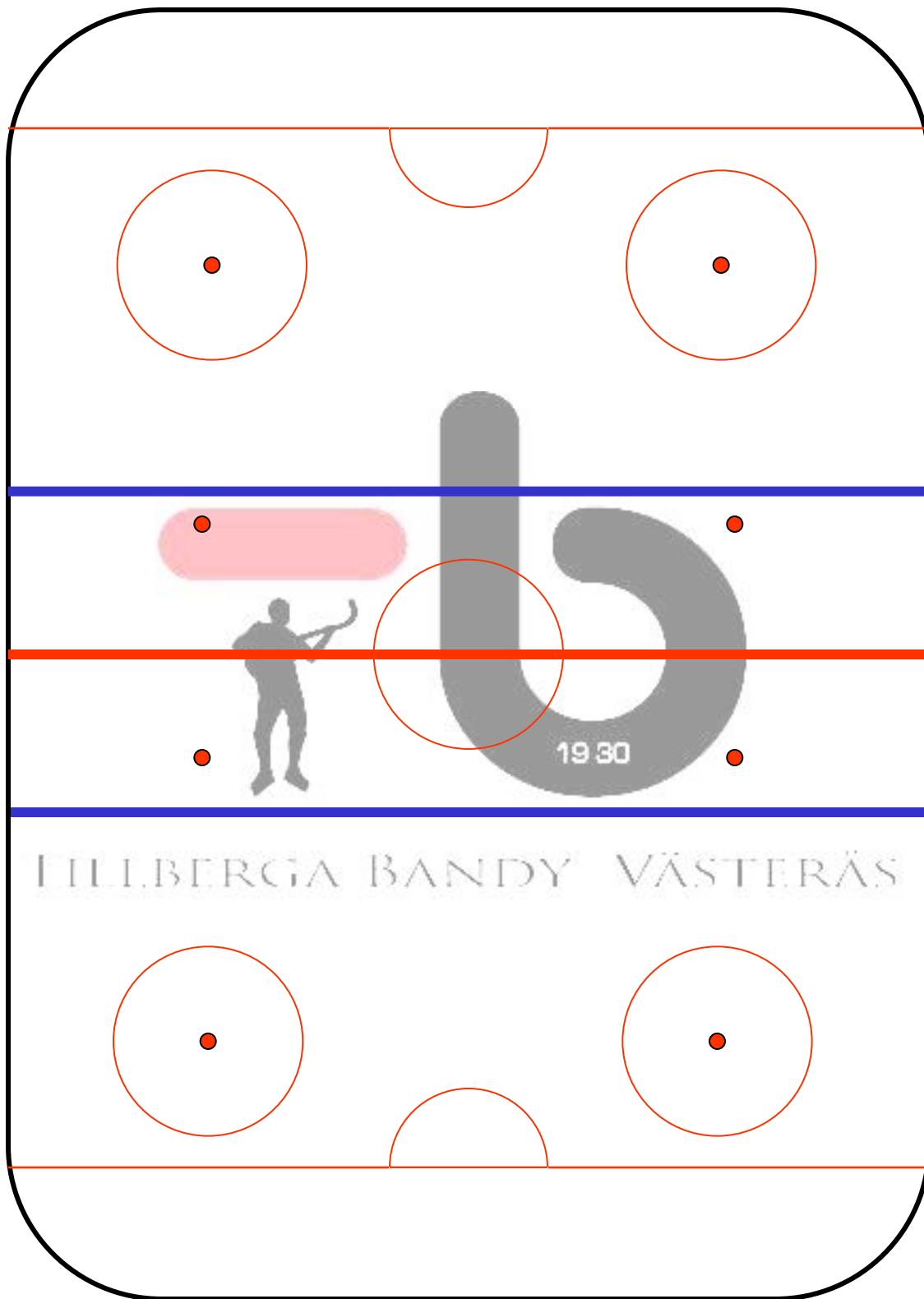


Skridskoåkning

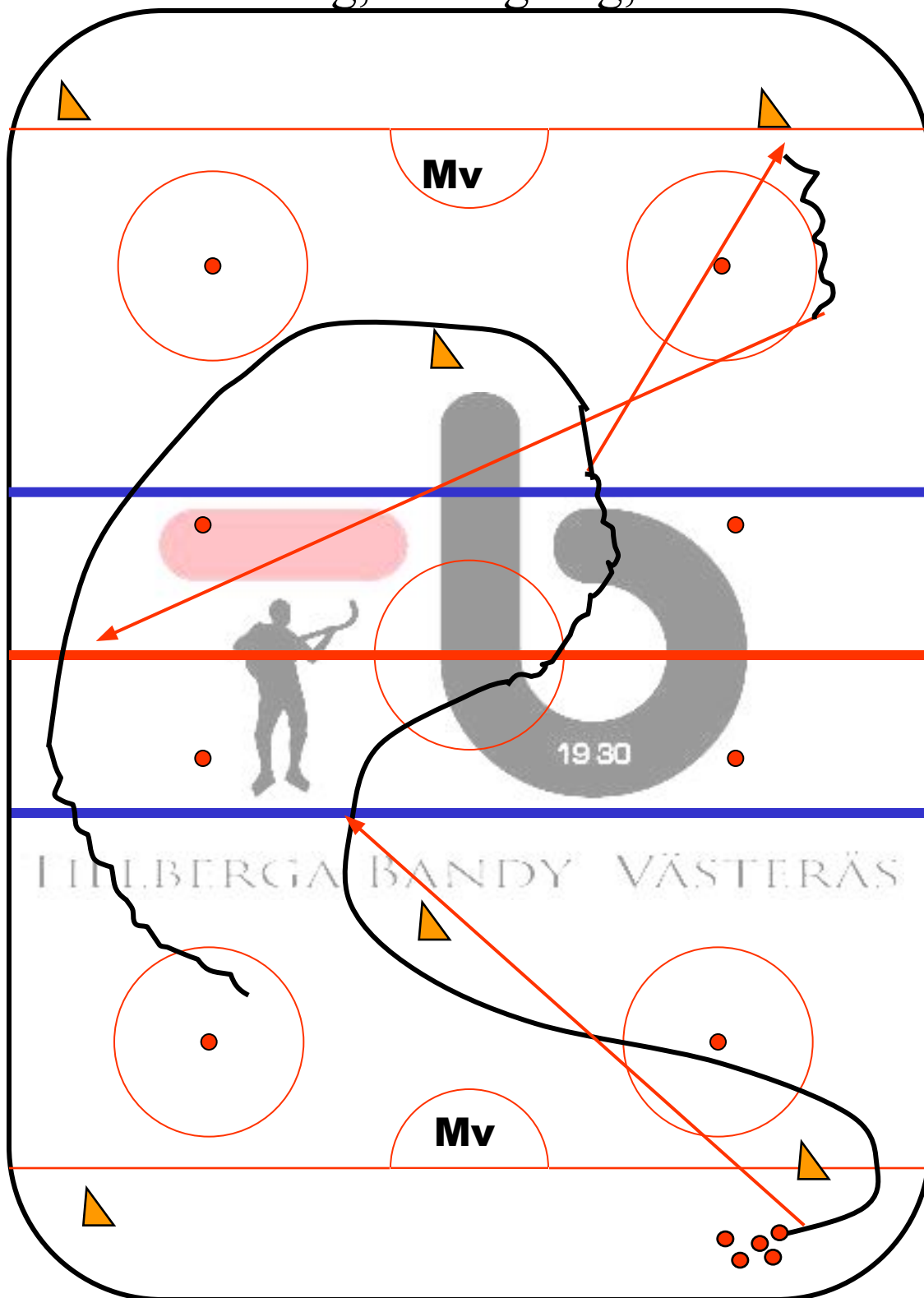


Skridskoträning

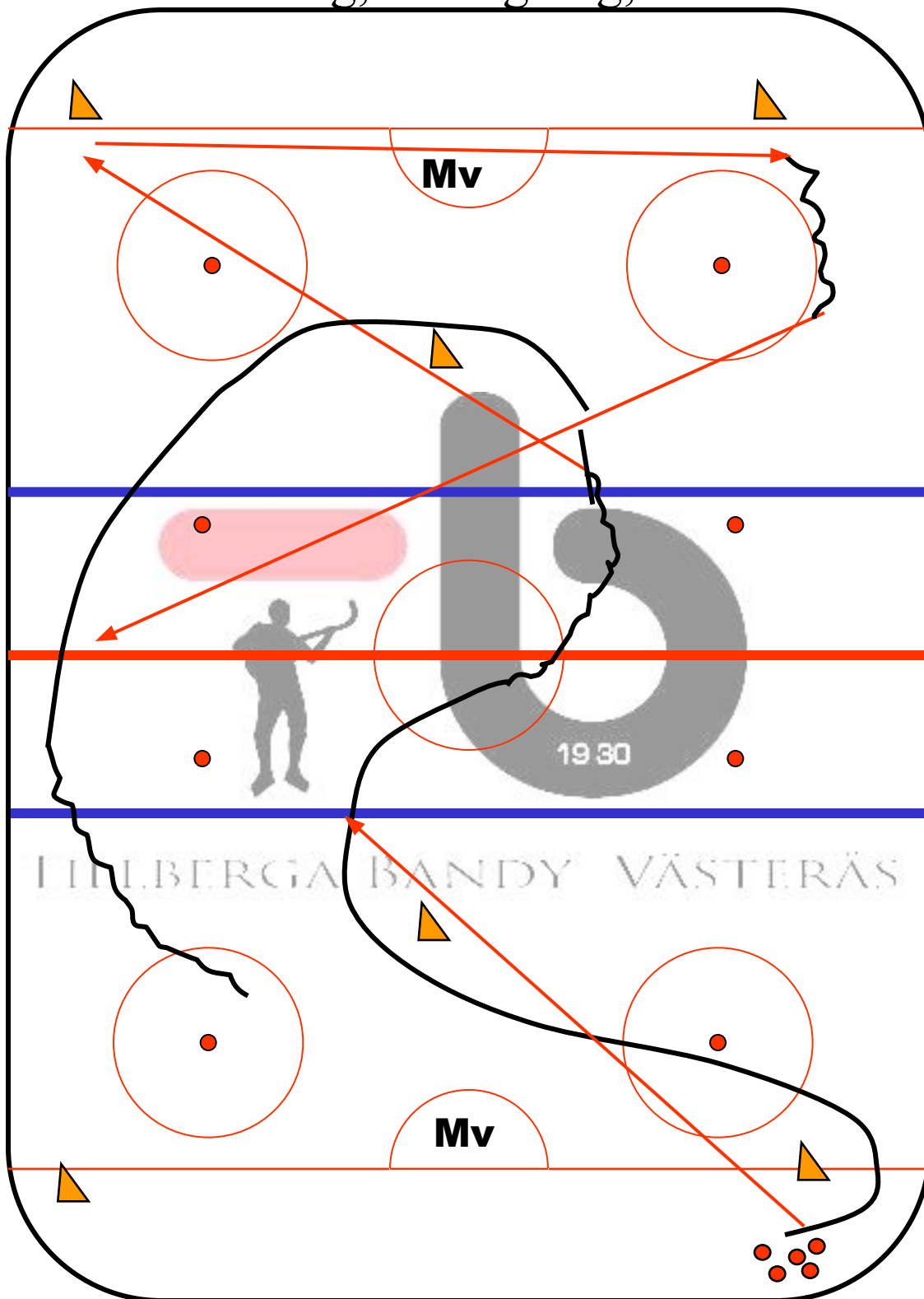


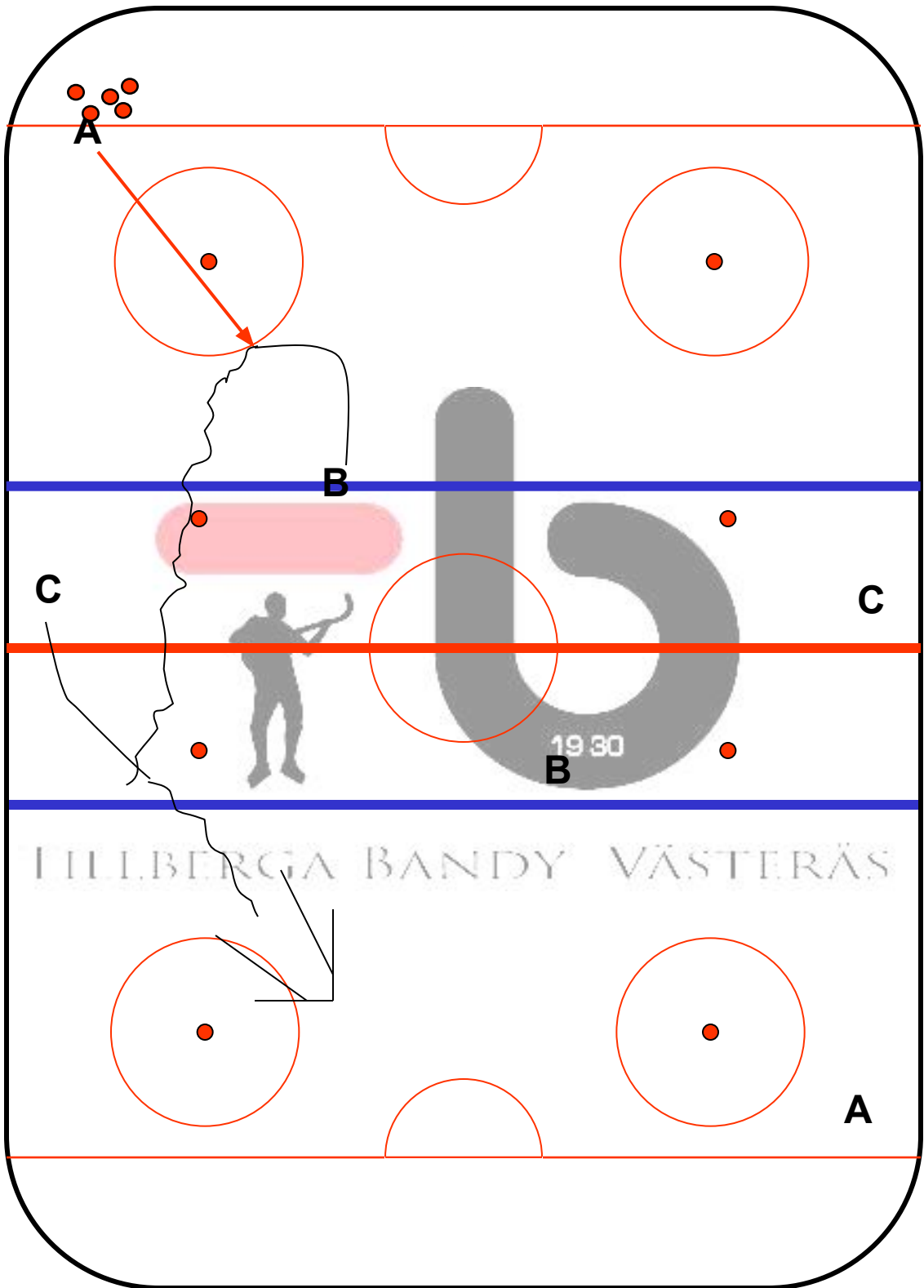


Passning, mottagning, avslut

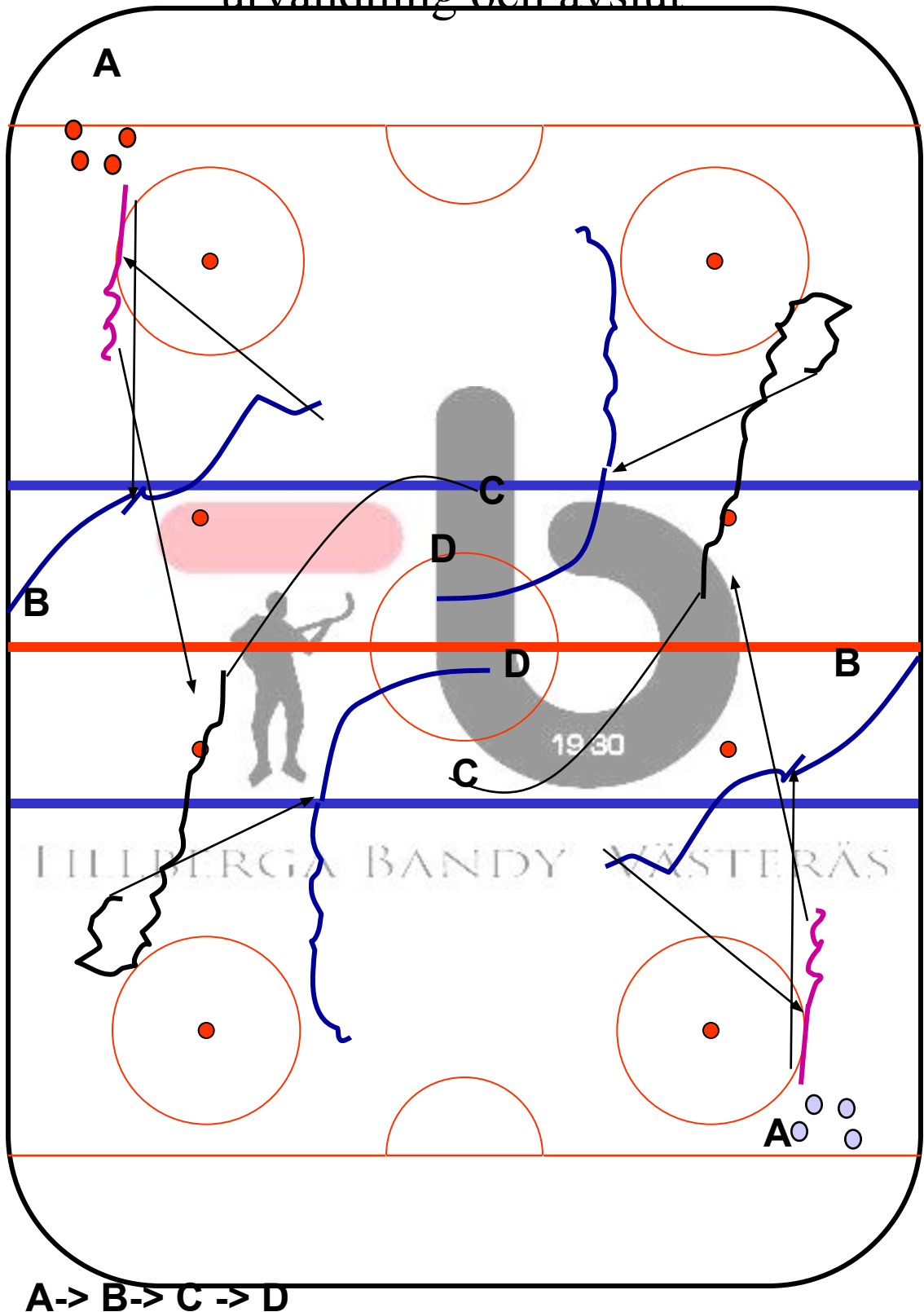


Passning, mottagning, avslut



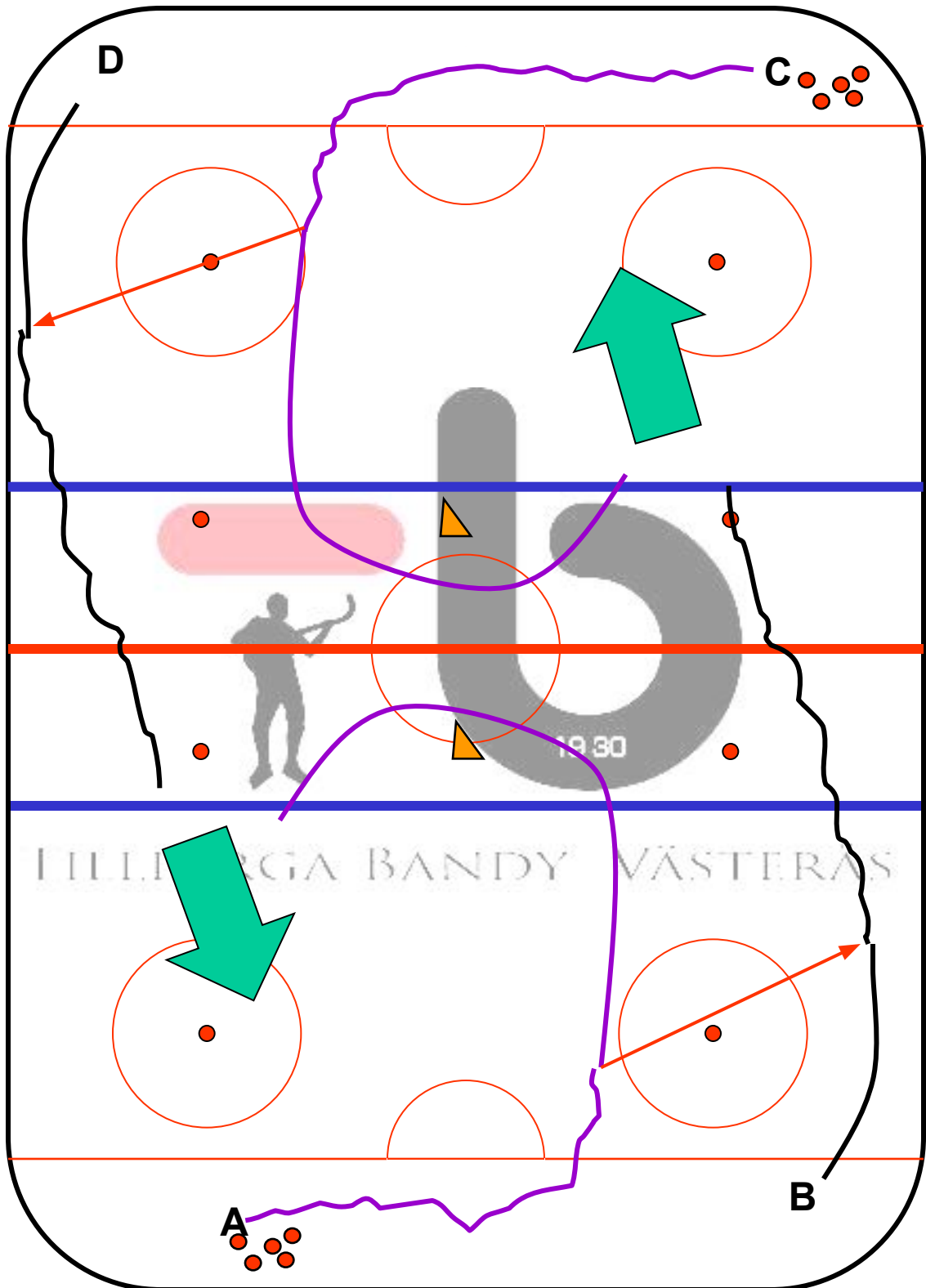


1/4 vändning med rakt uppspel urvändning och avslut

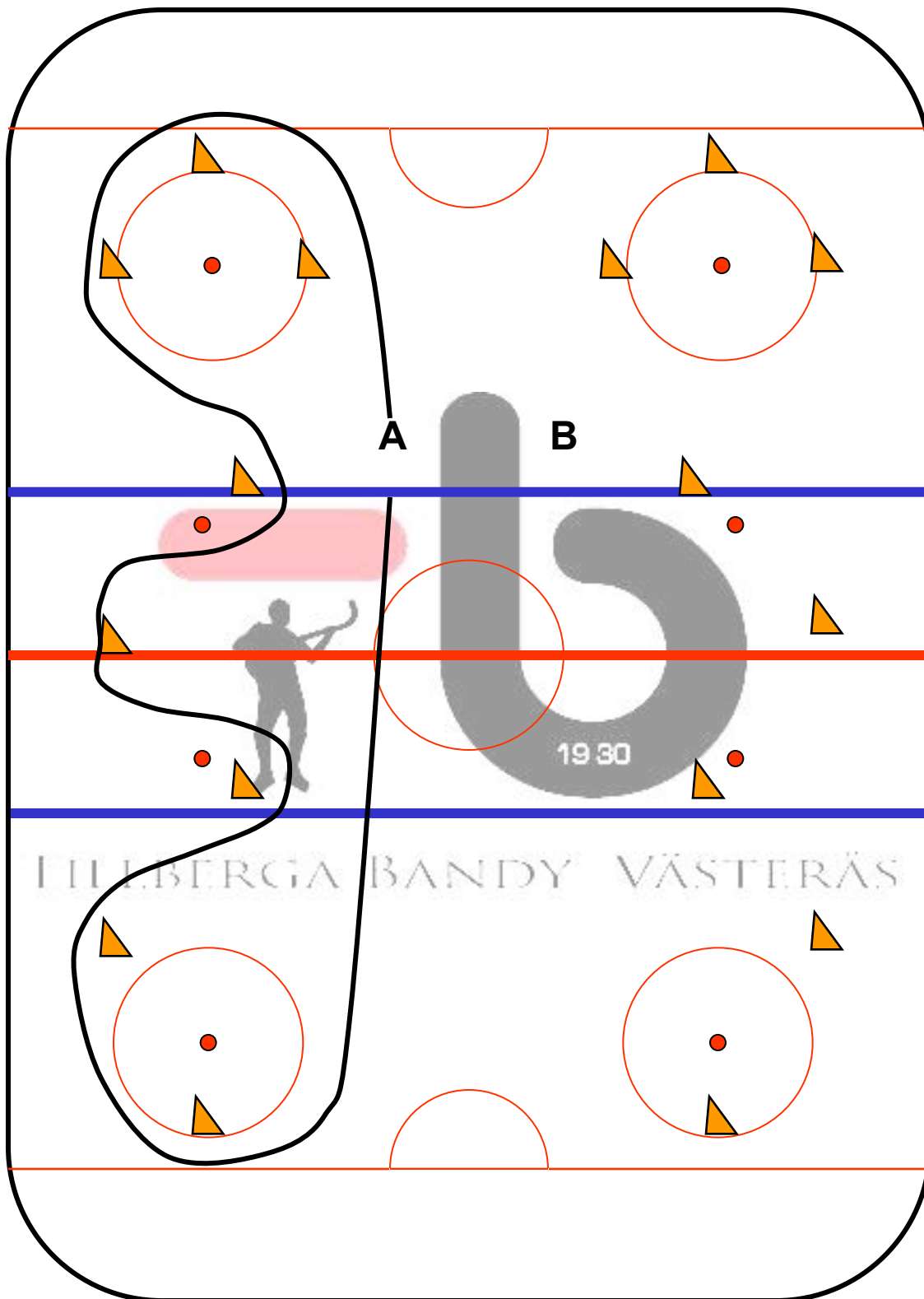


A-> B-> C -> D

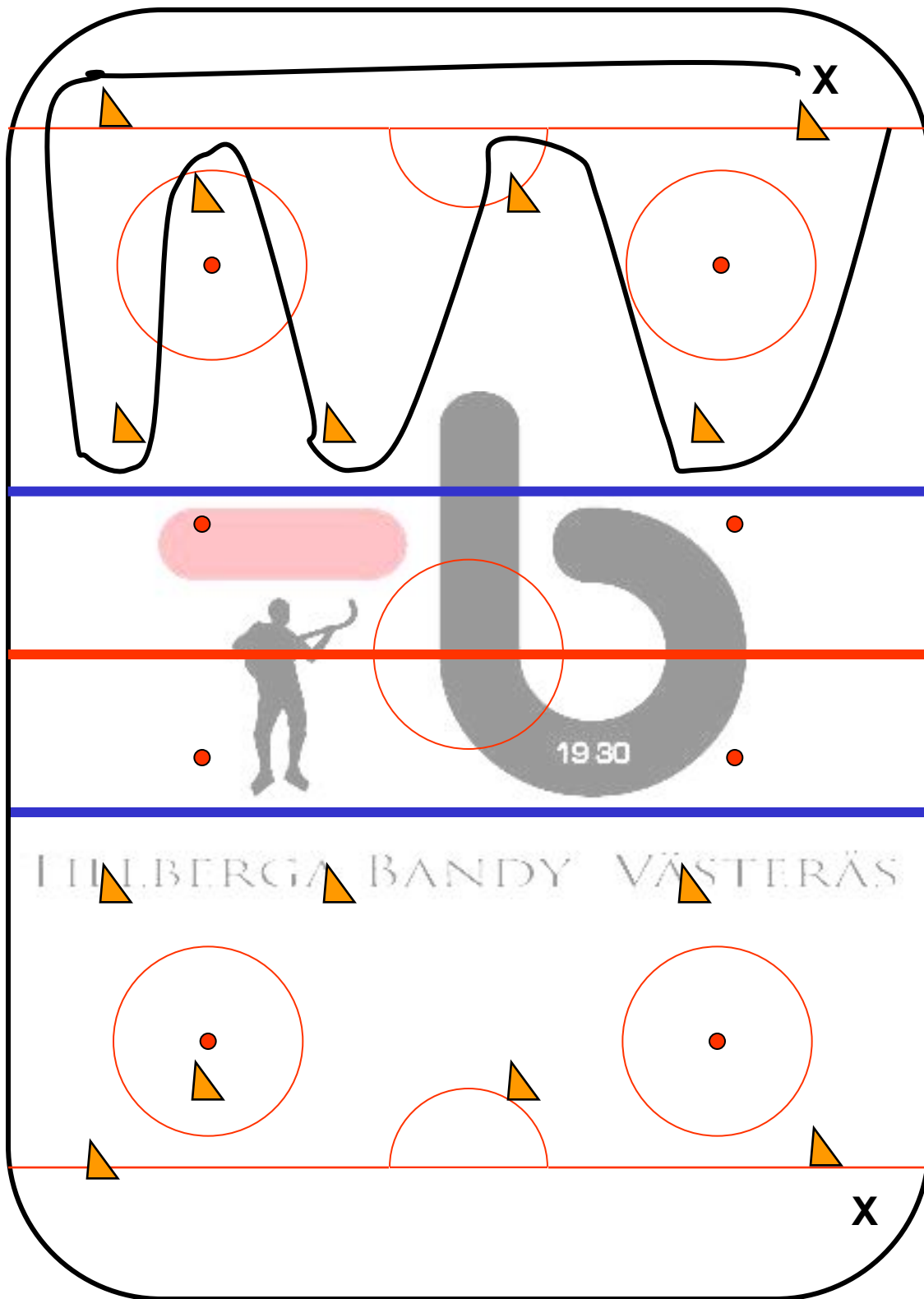
Man-man



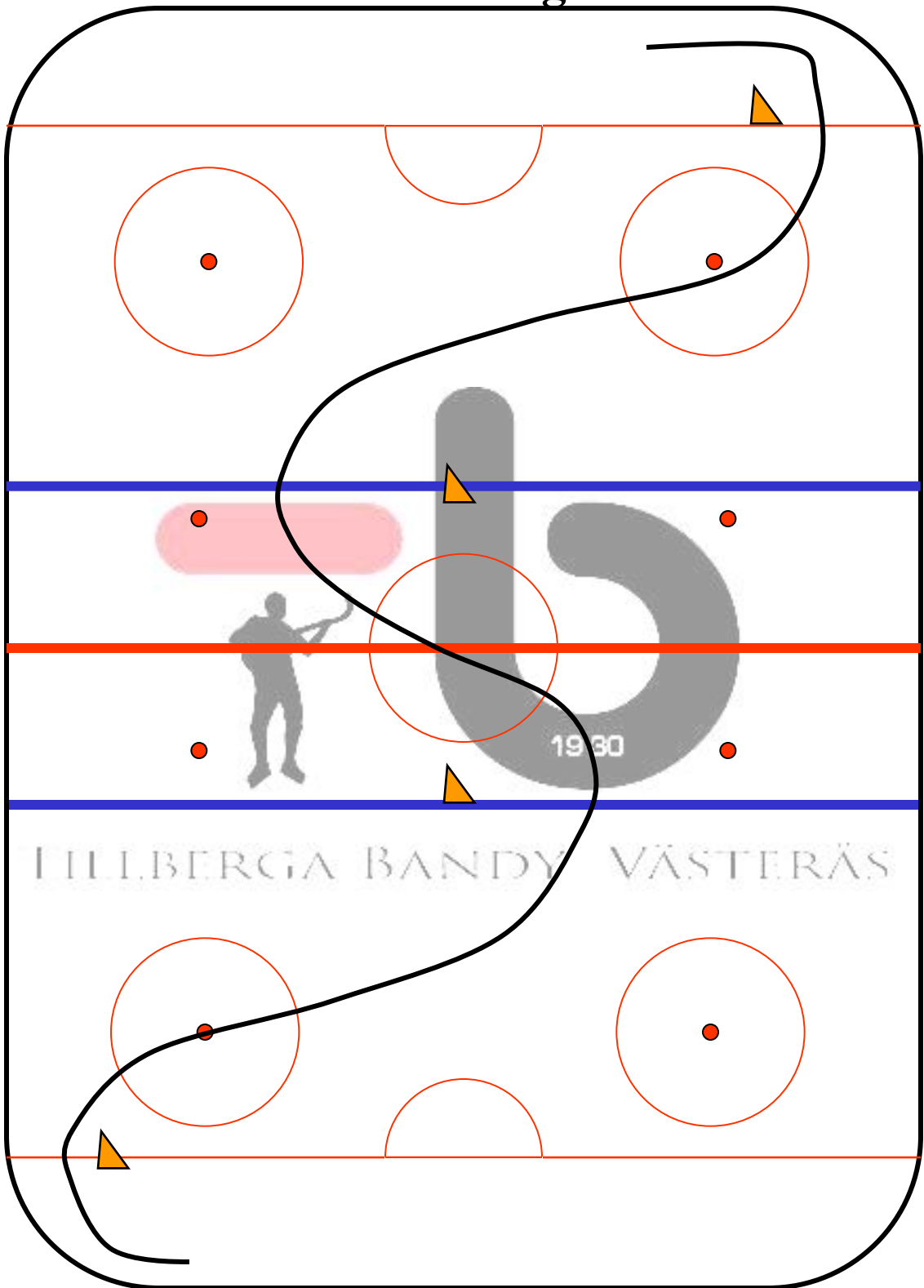
Överstegsåkning



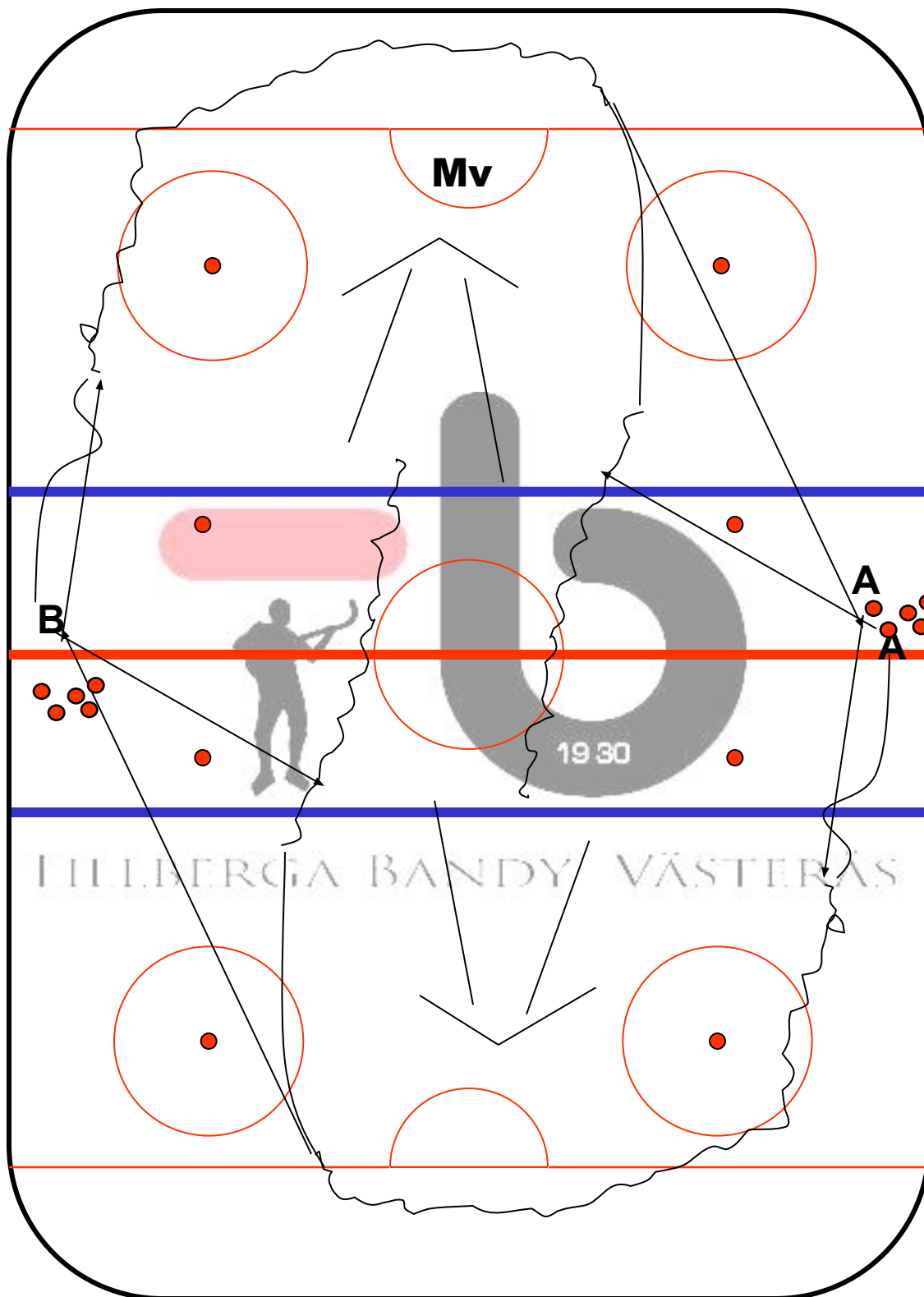
Skridskoåkning omställning



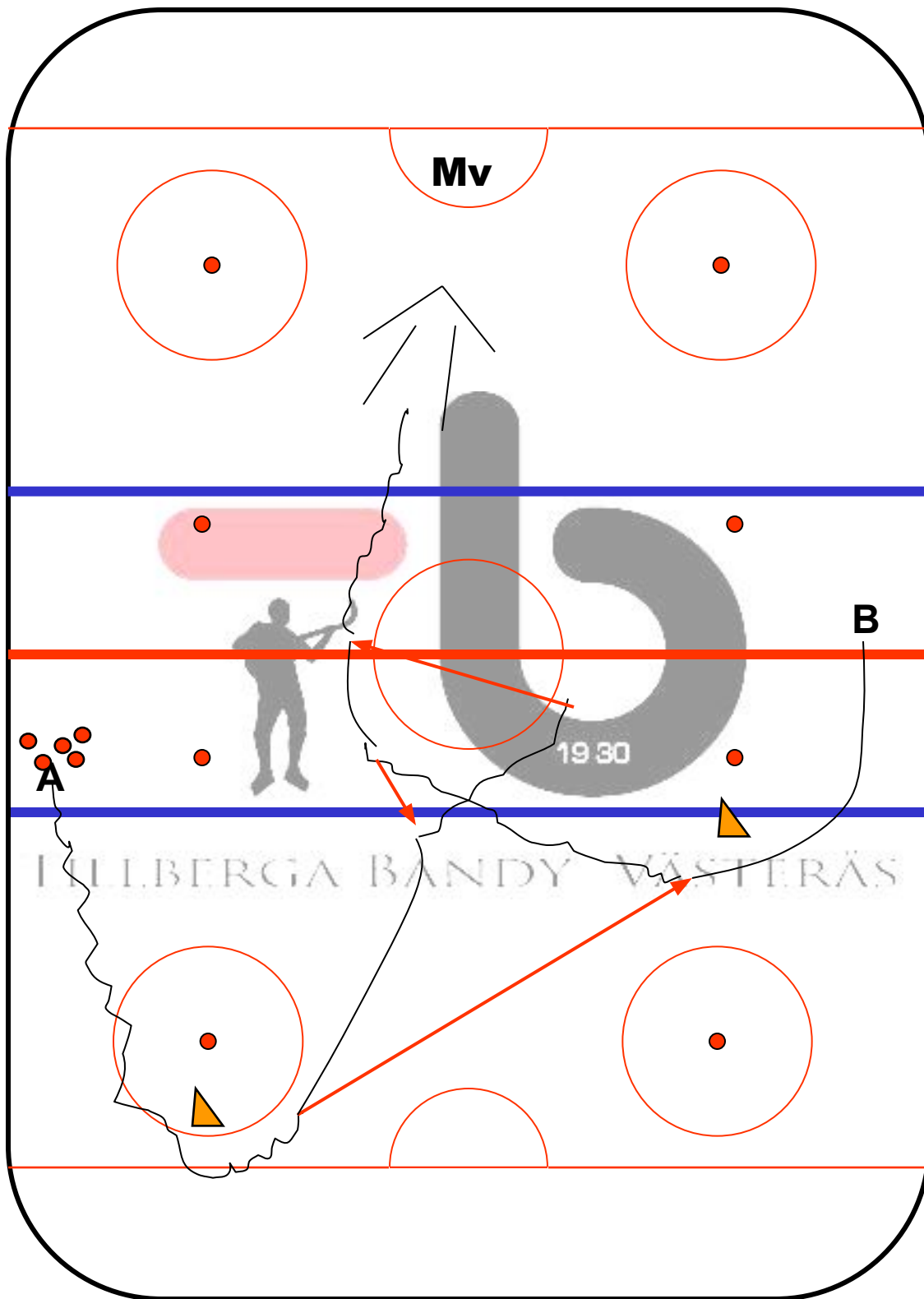
Översteg



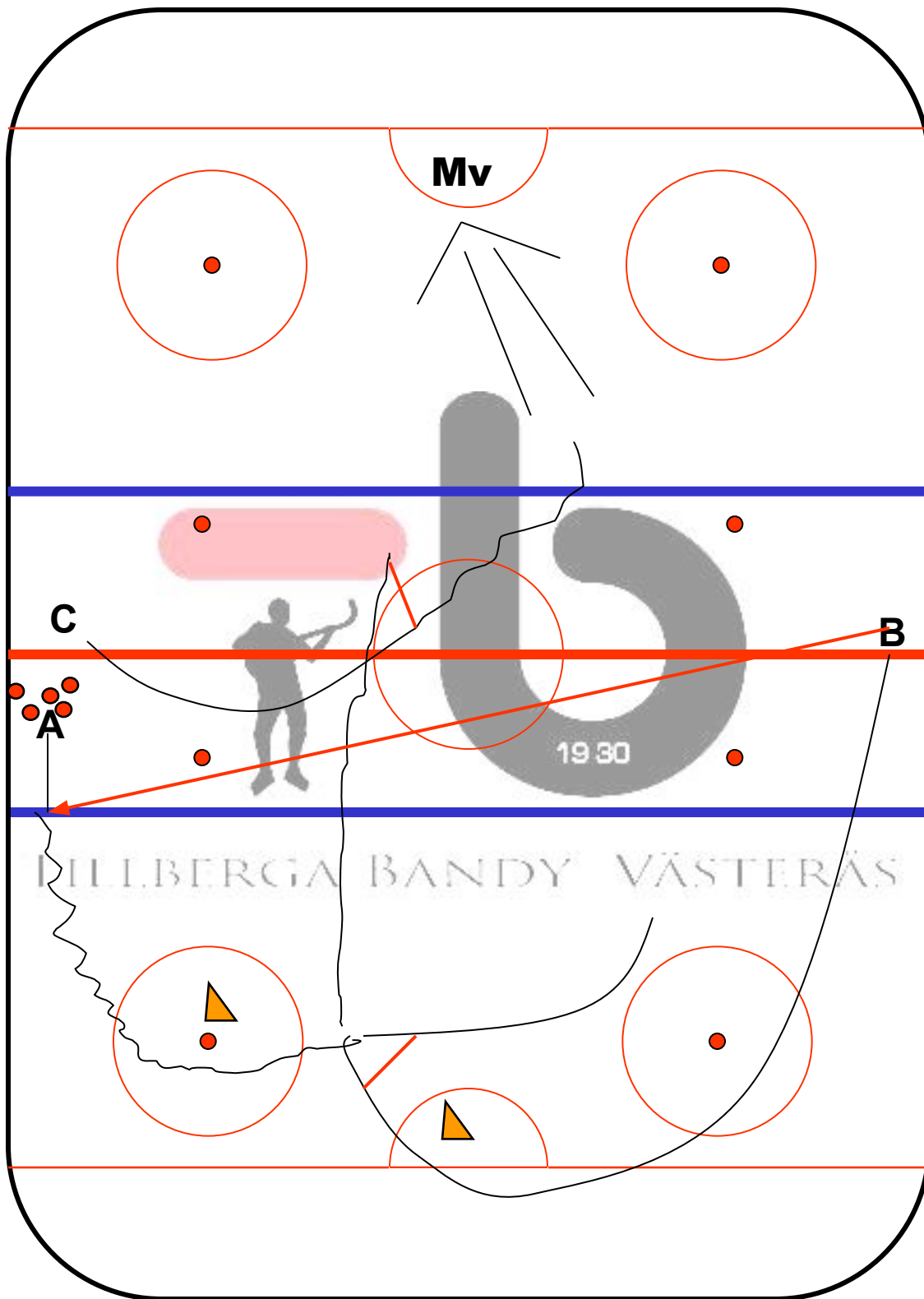
Passning och skott



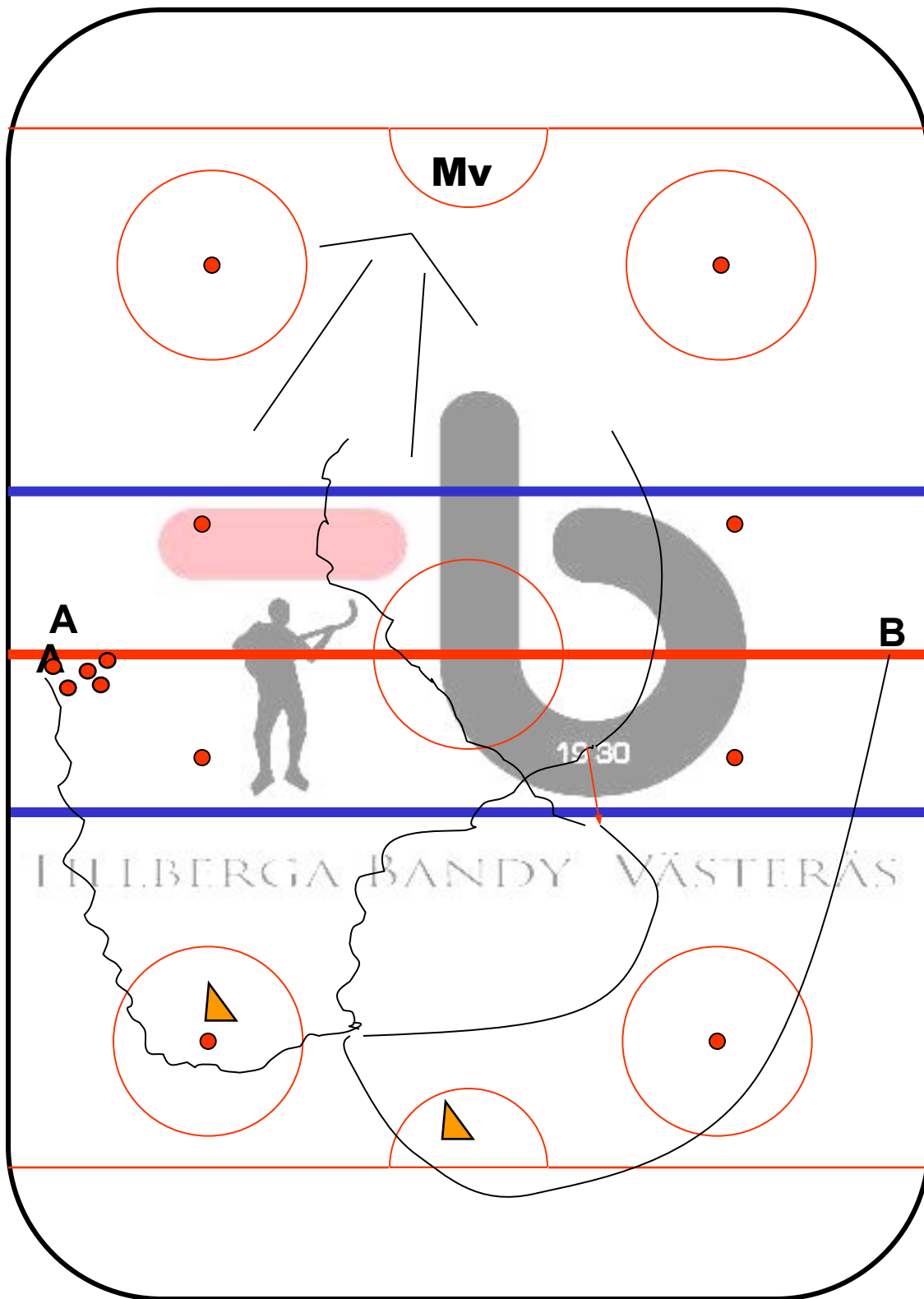
Uppspel, droppass, avslut



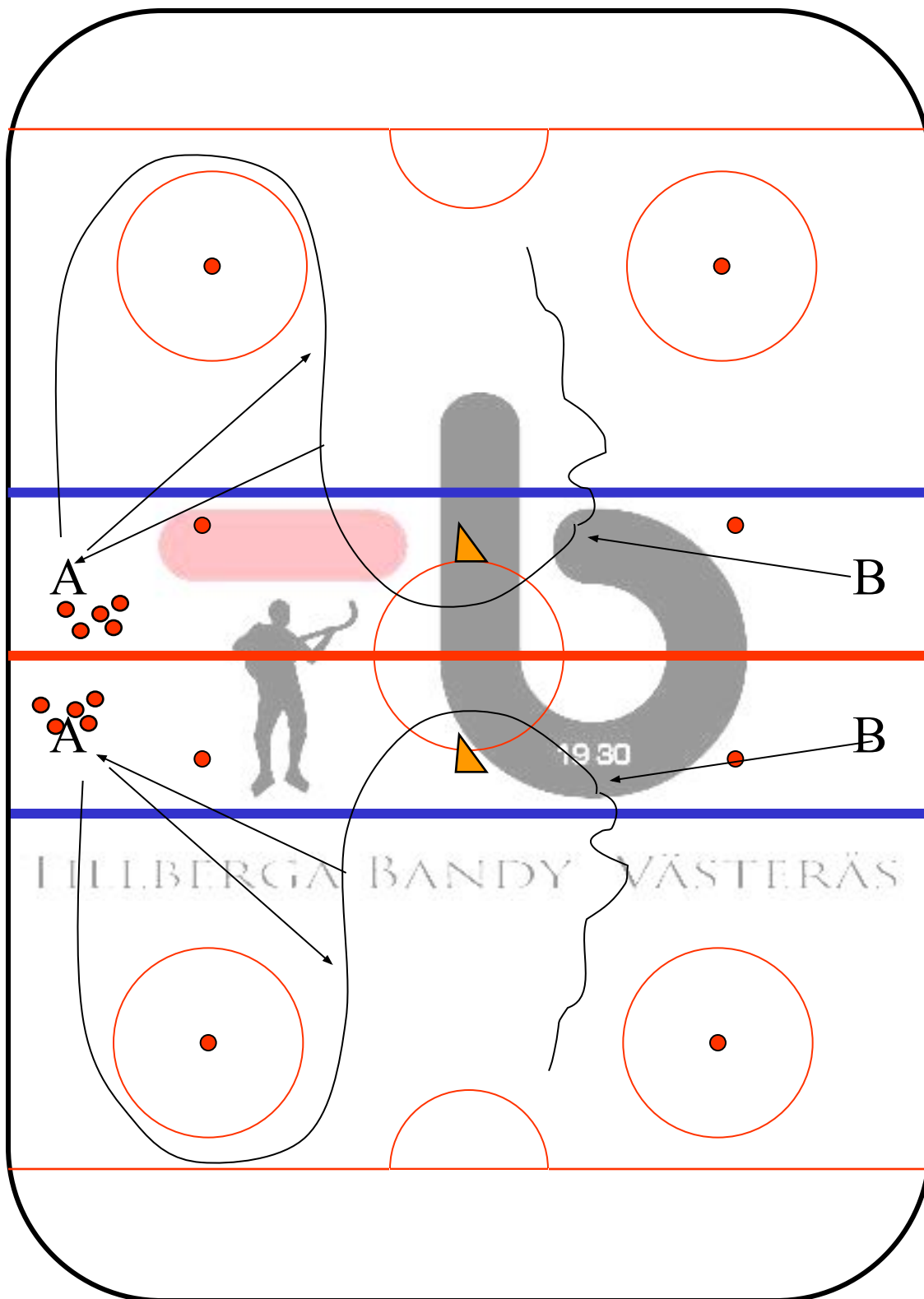
Överlämning och släpp



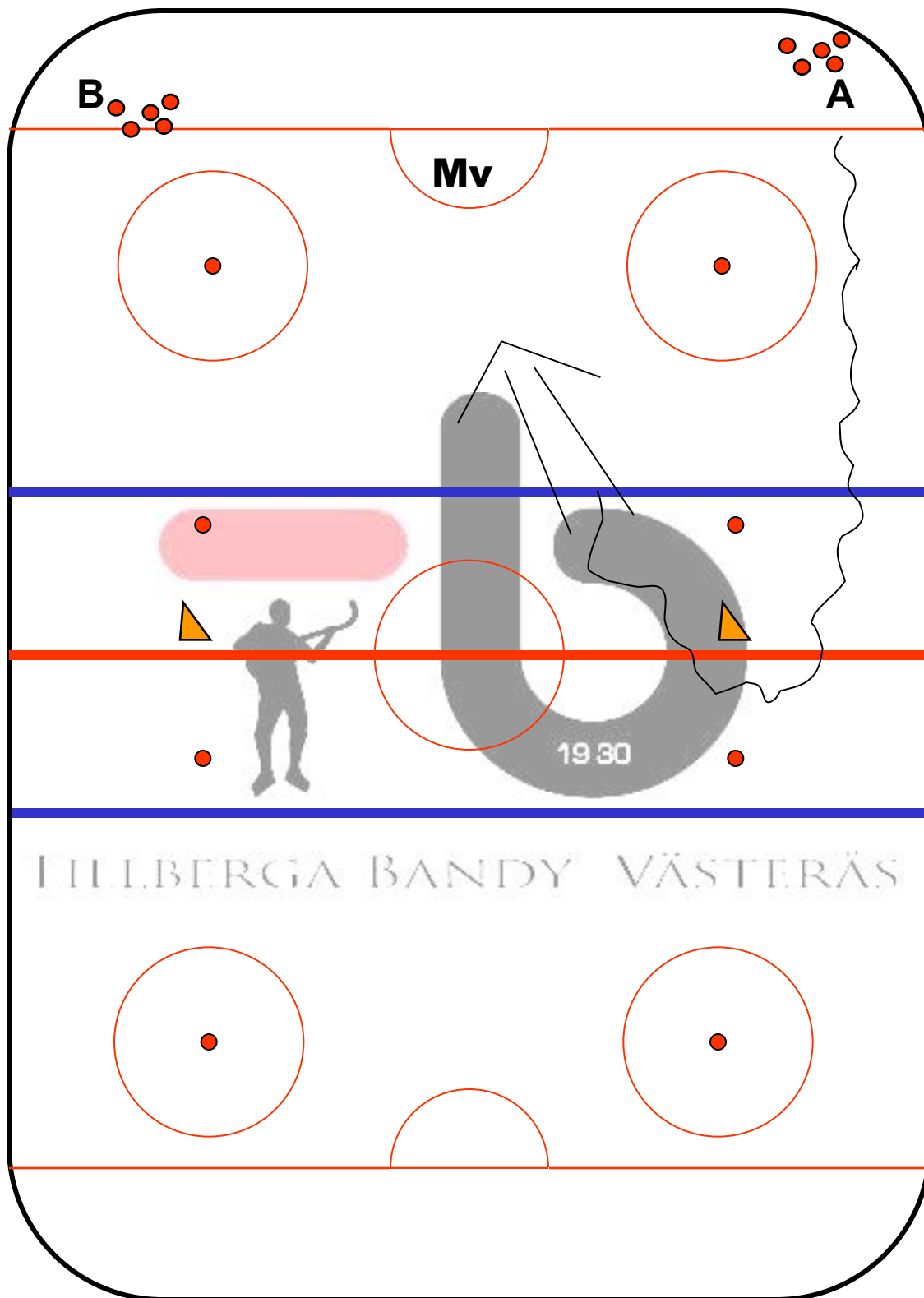
Överlämning och släpp



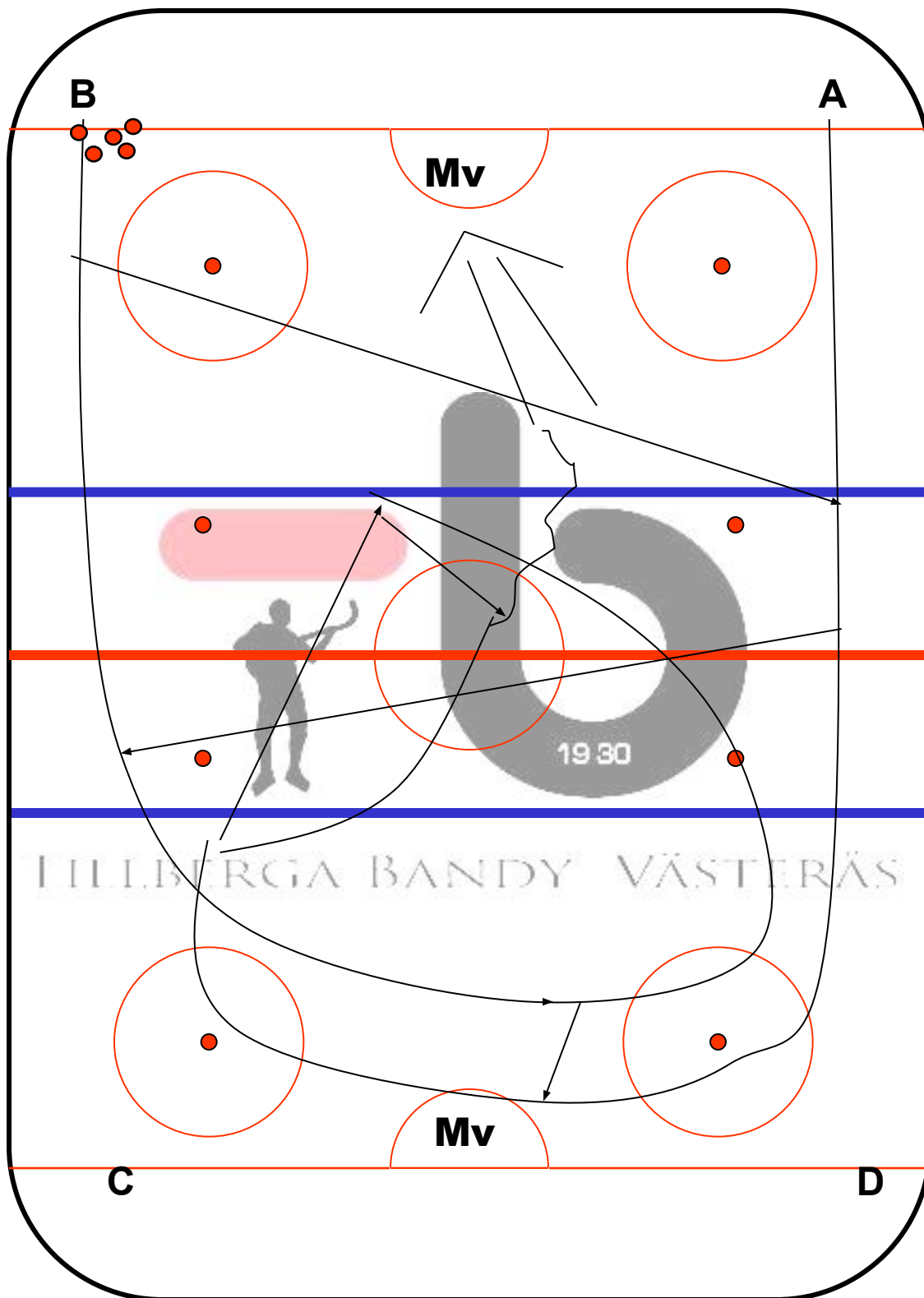
Powerökn med skott



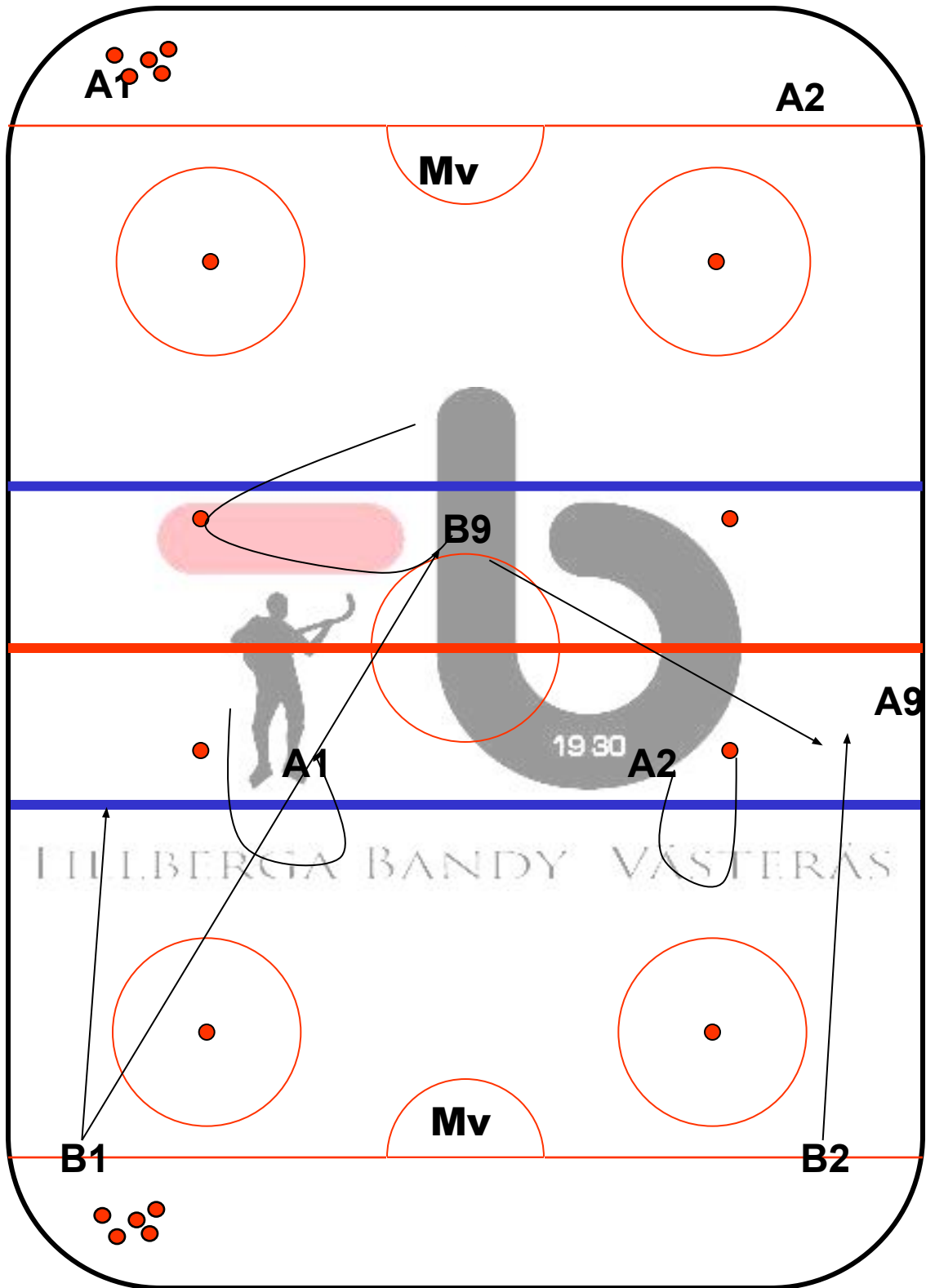
Skridsko och översteg med skott



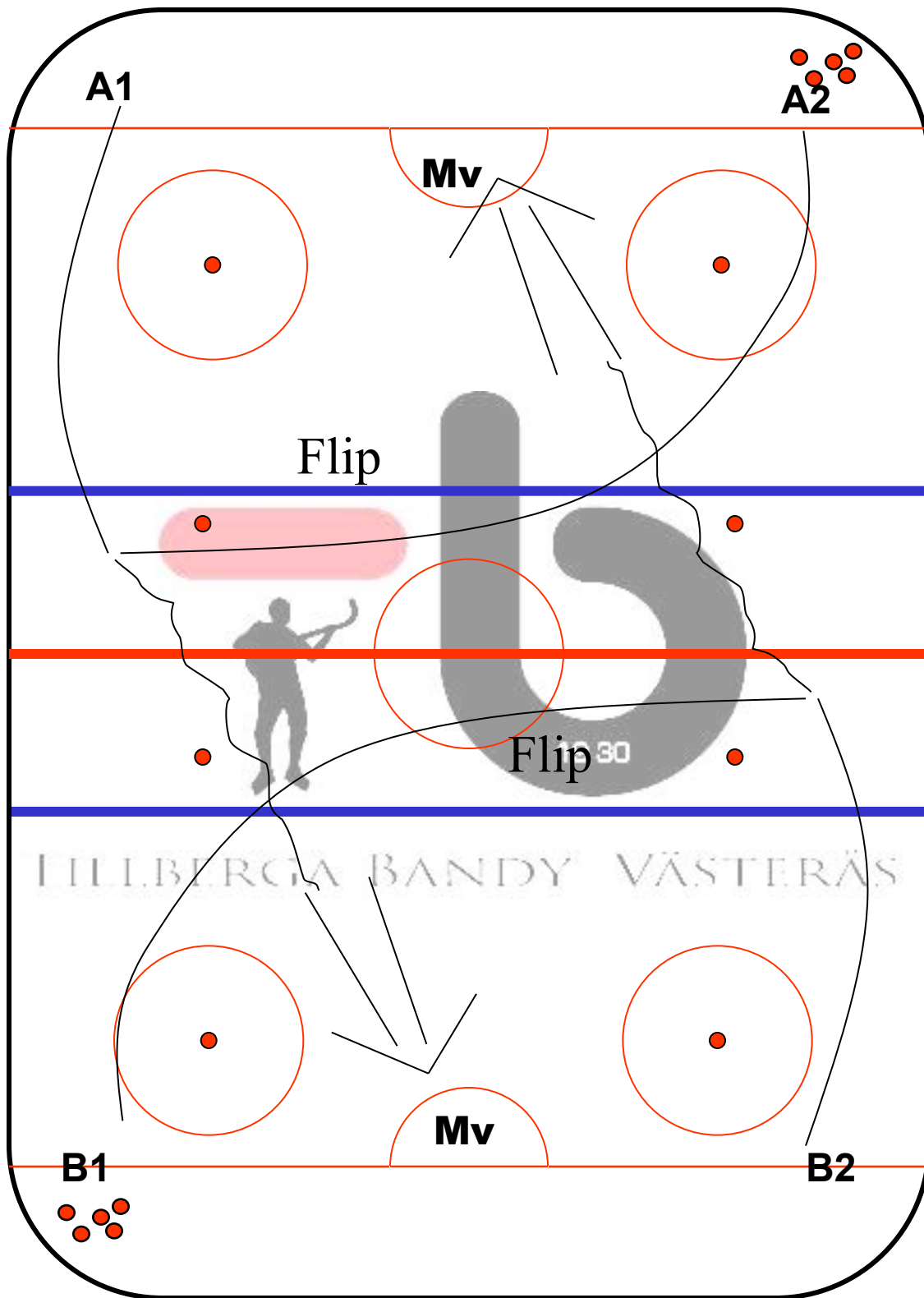
Passning avslut



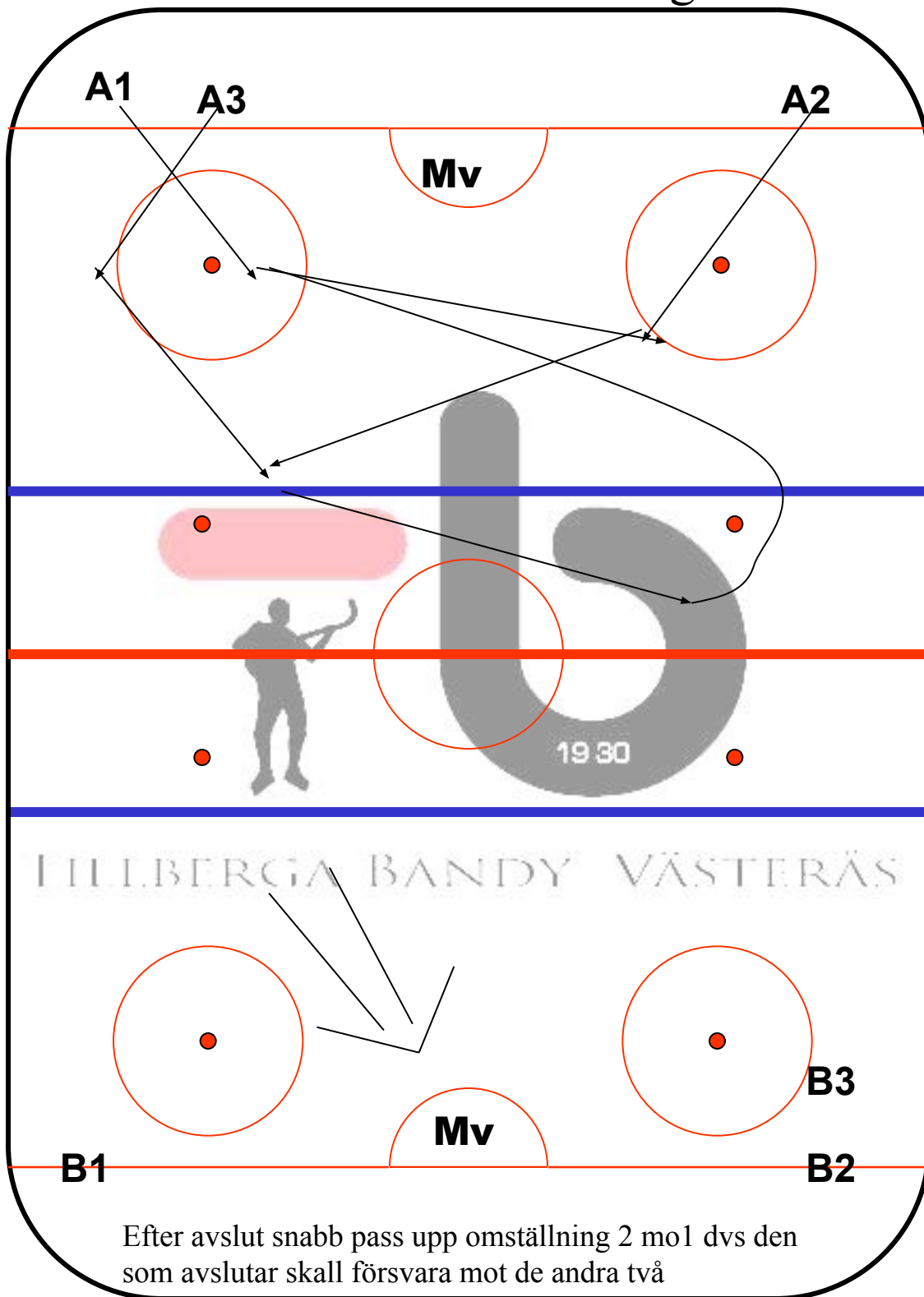
Omställning



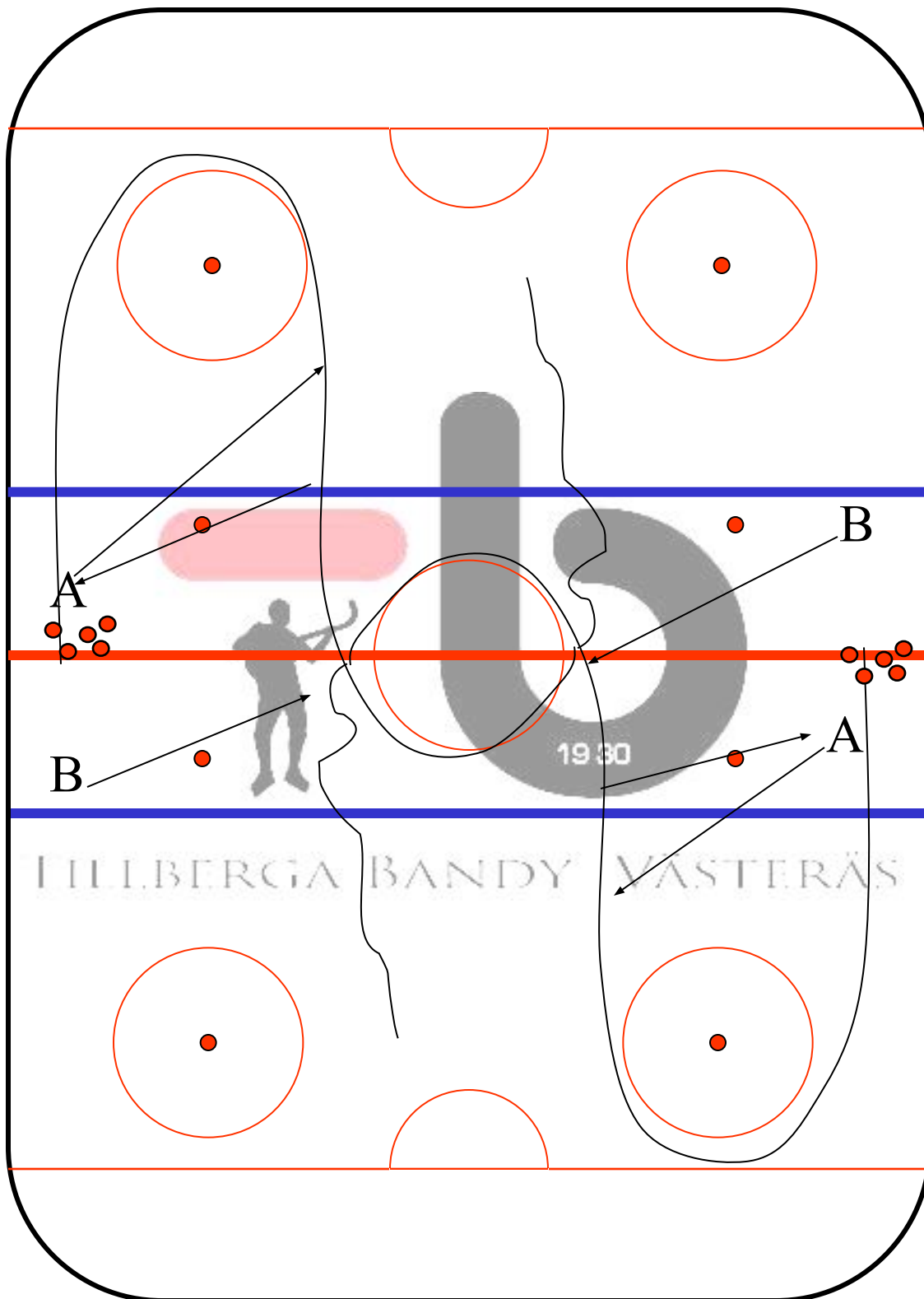
Flip avslut



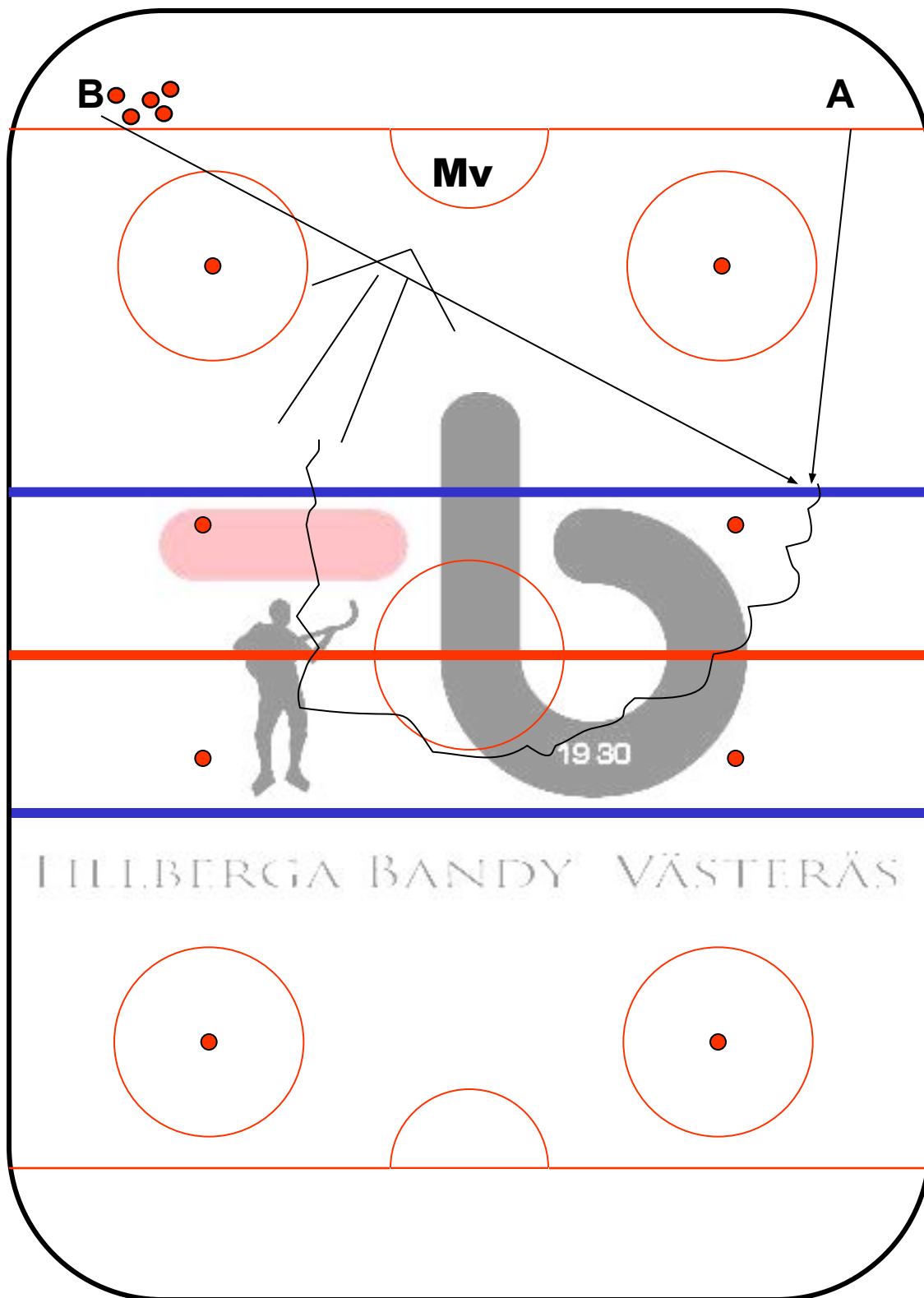
Fläta med omställning



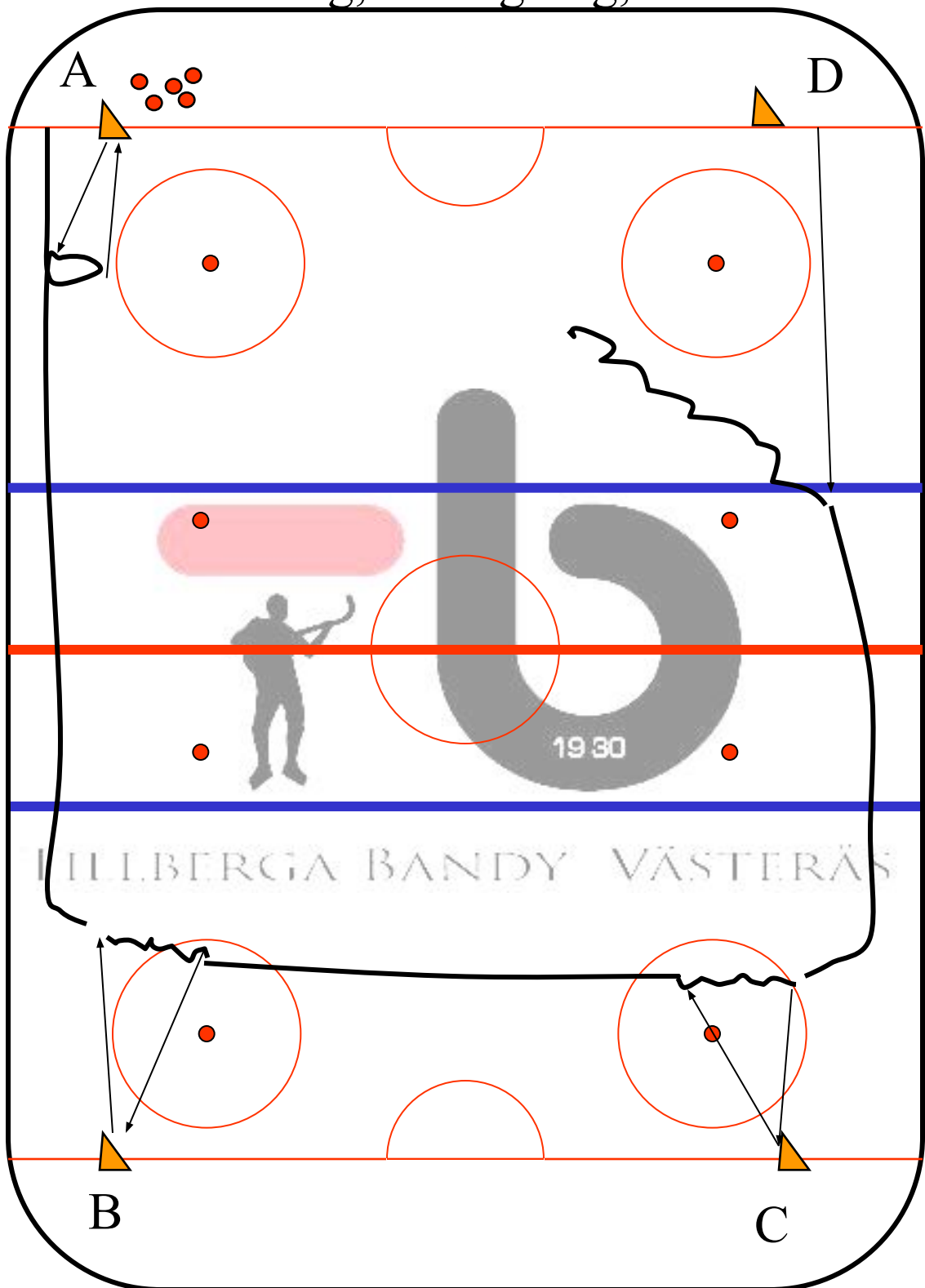
Powerökn med skott



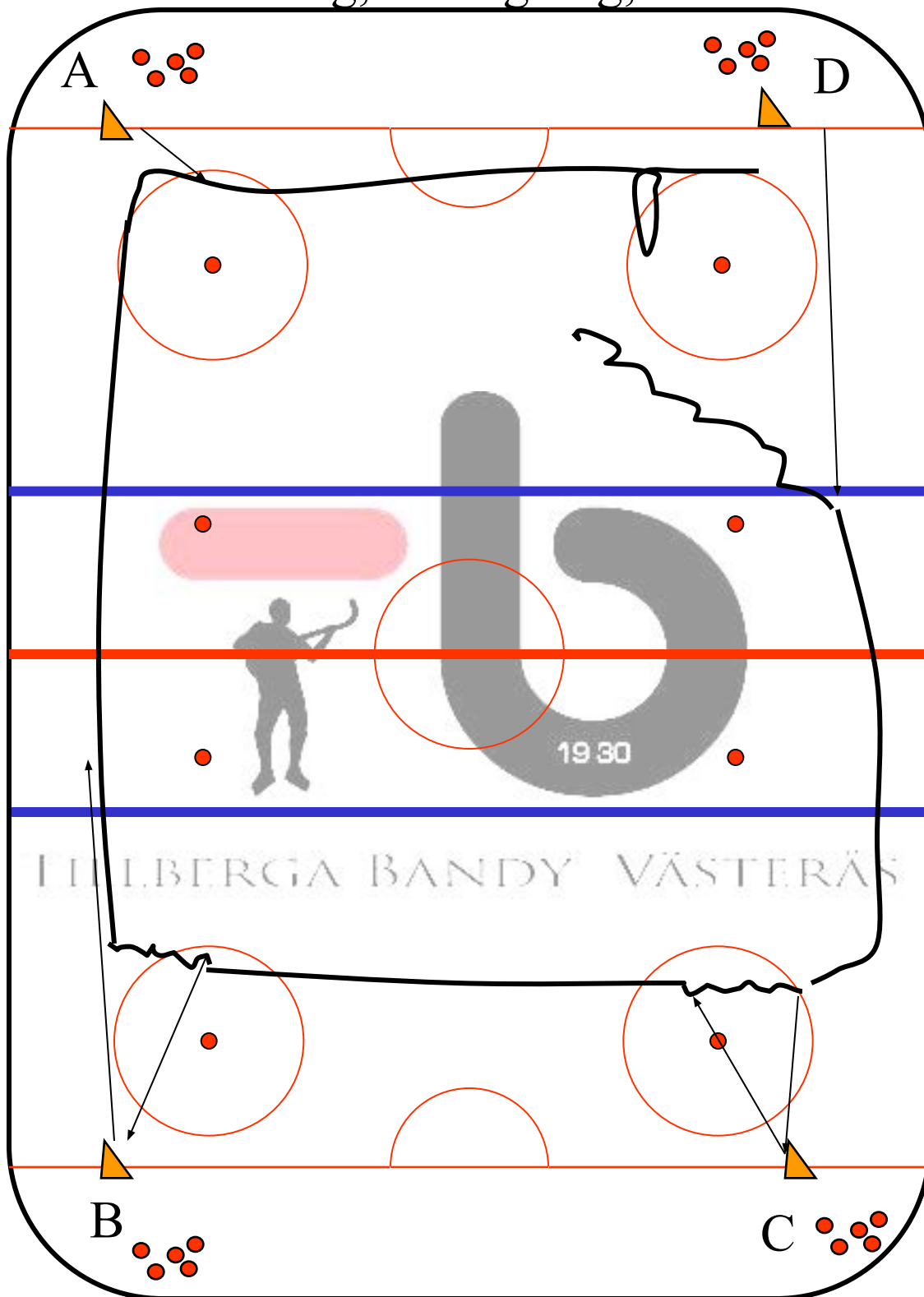
Skridsko och översteg med skott



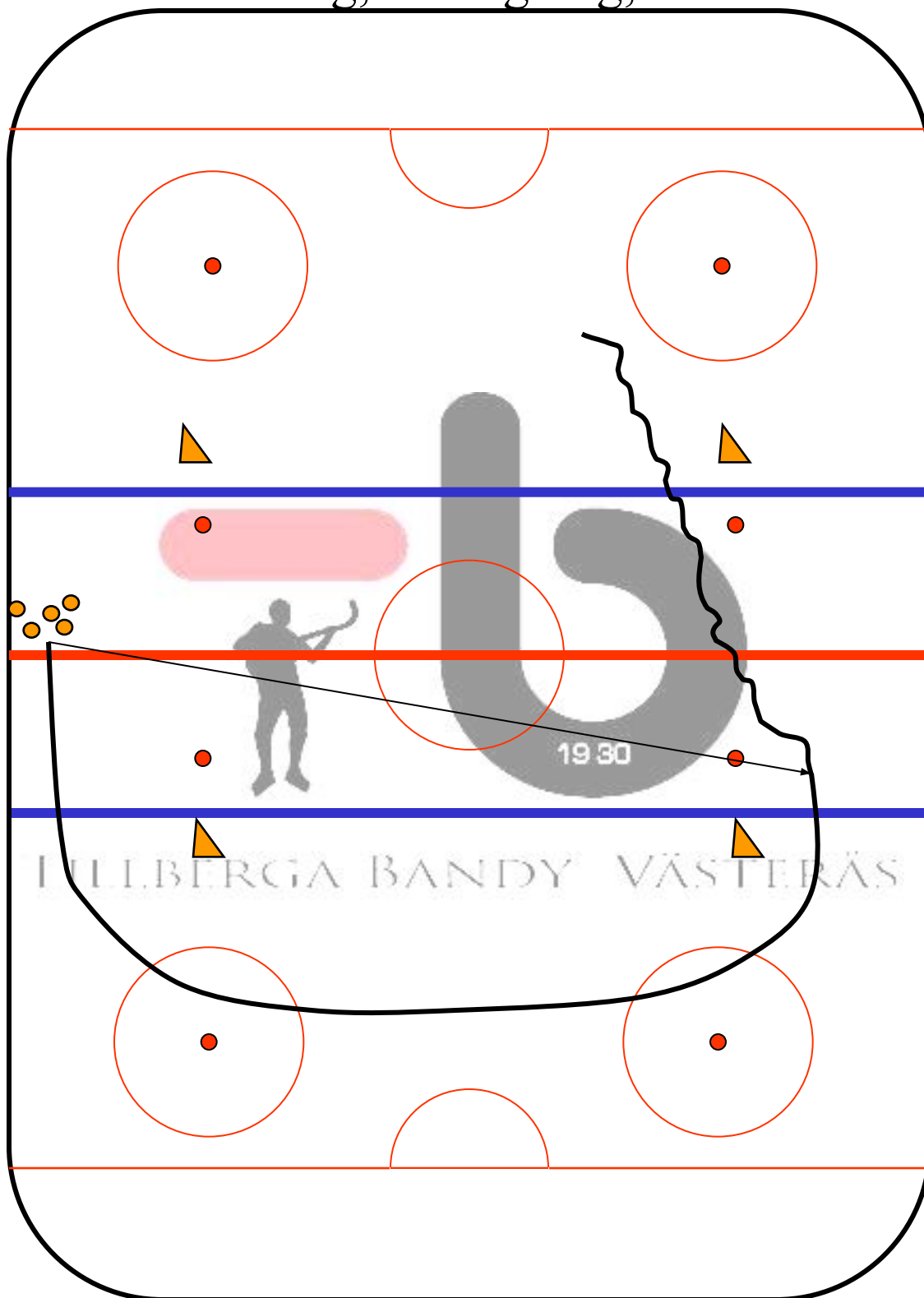
Passning, mottagning, avslut



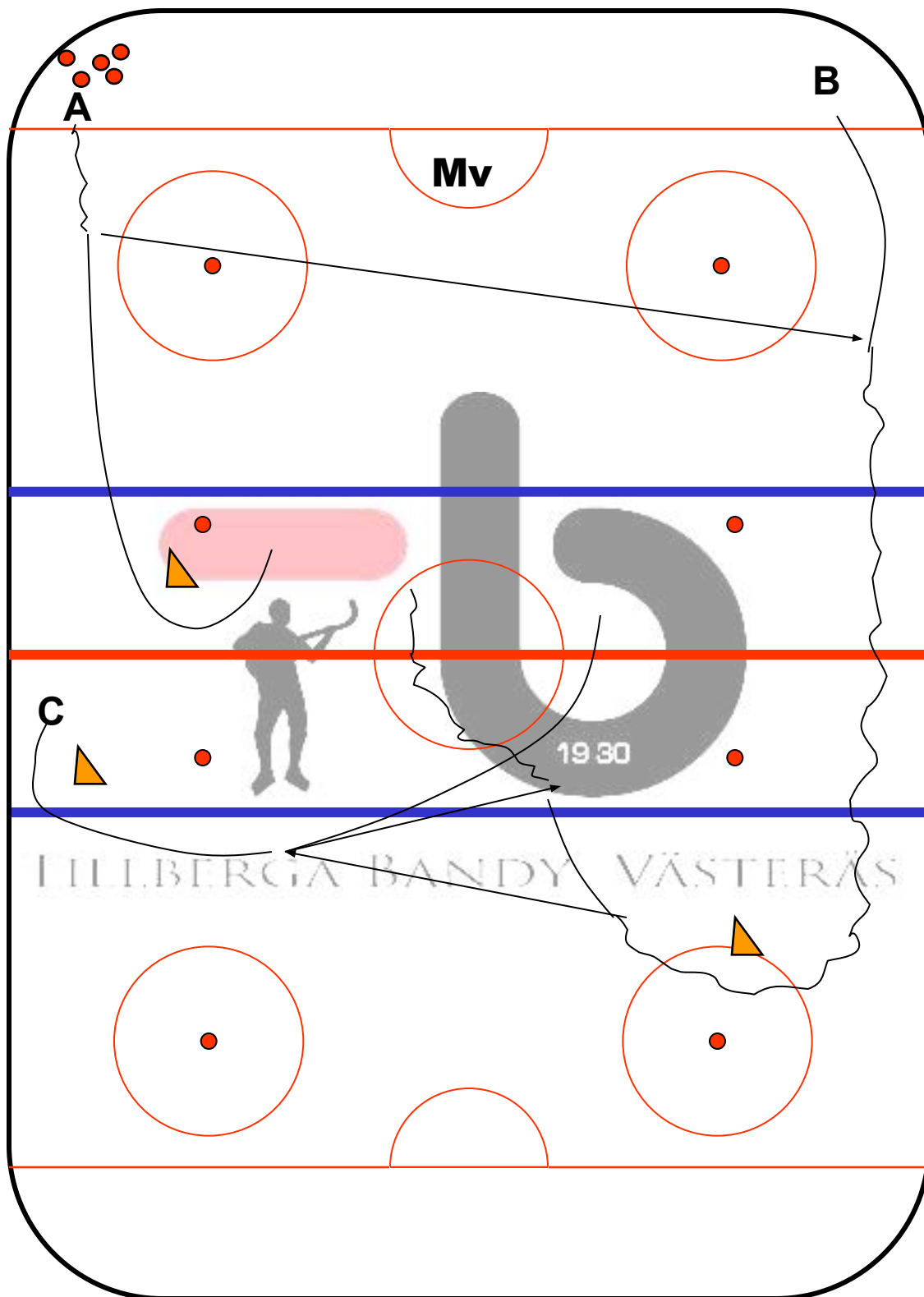
Passning, mottagning, avslut



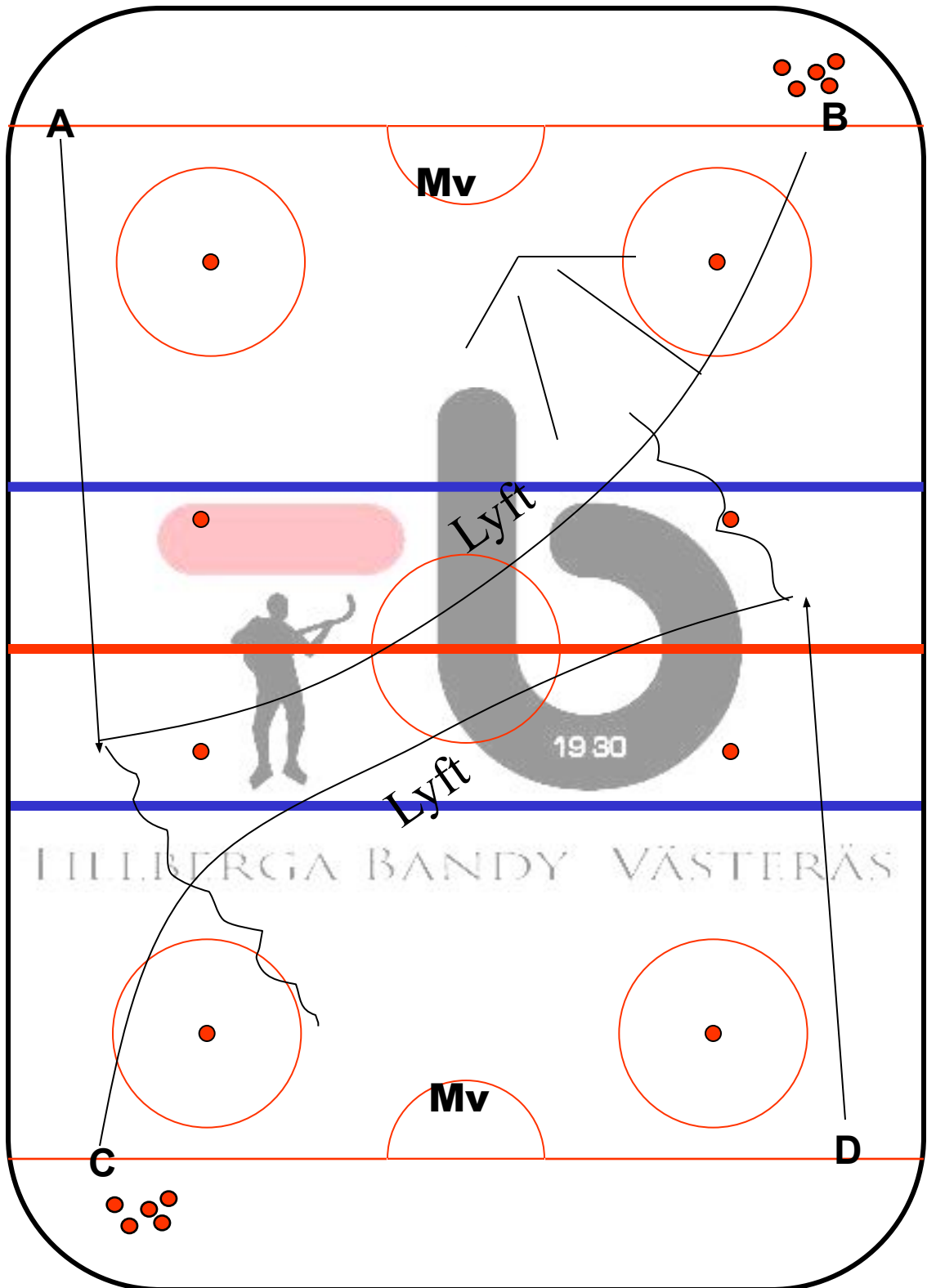
Passning, mottagning, avslut



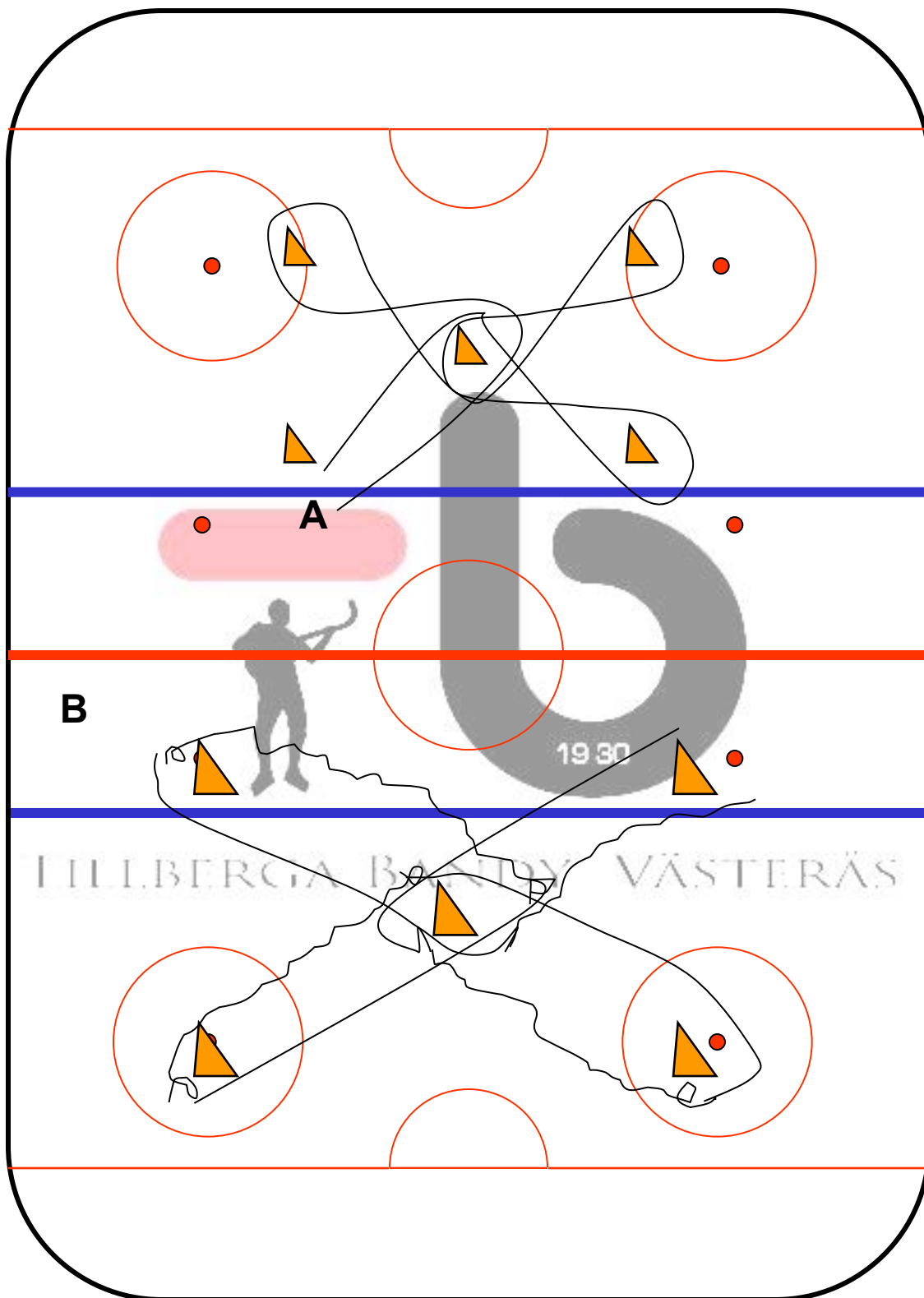
Uppspel samt två mot en



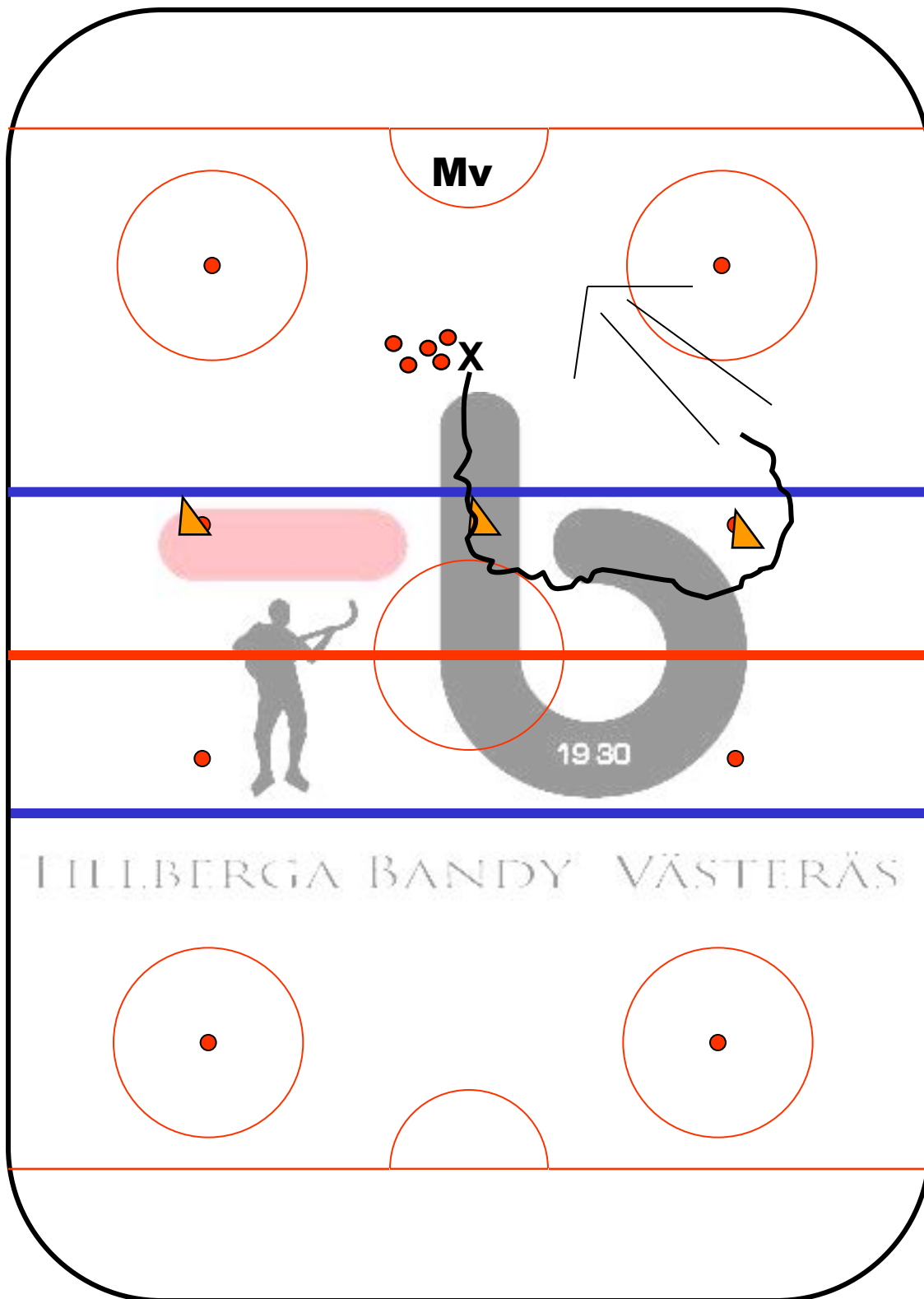
Lyft med avslut



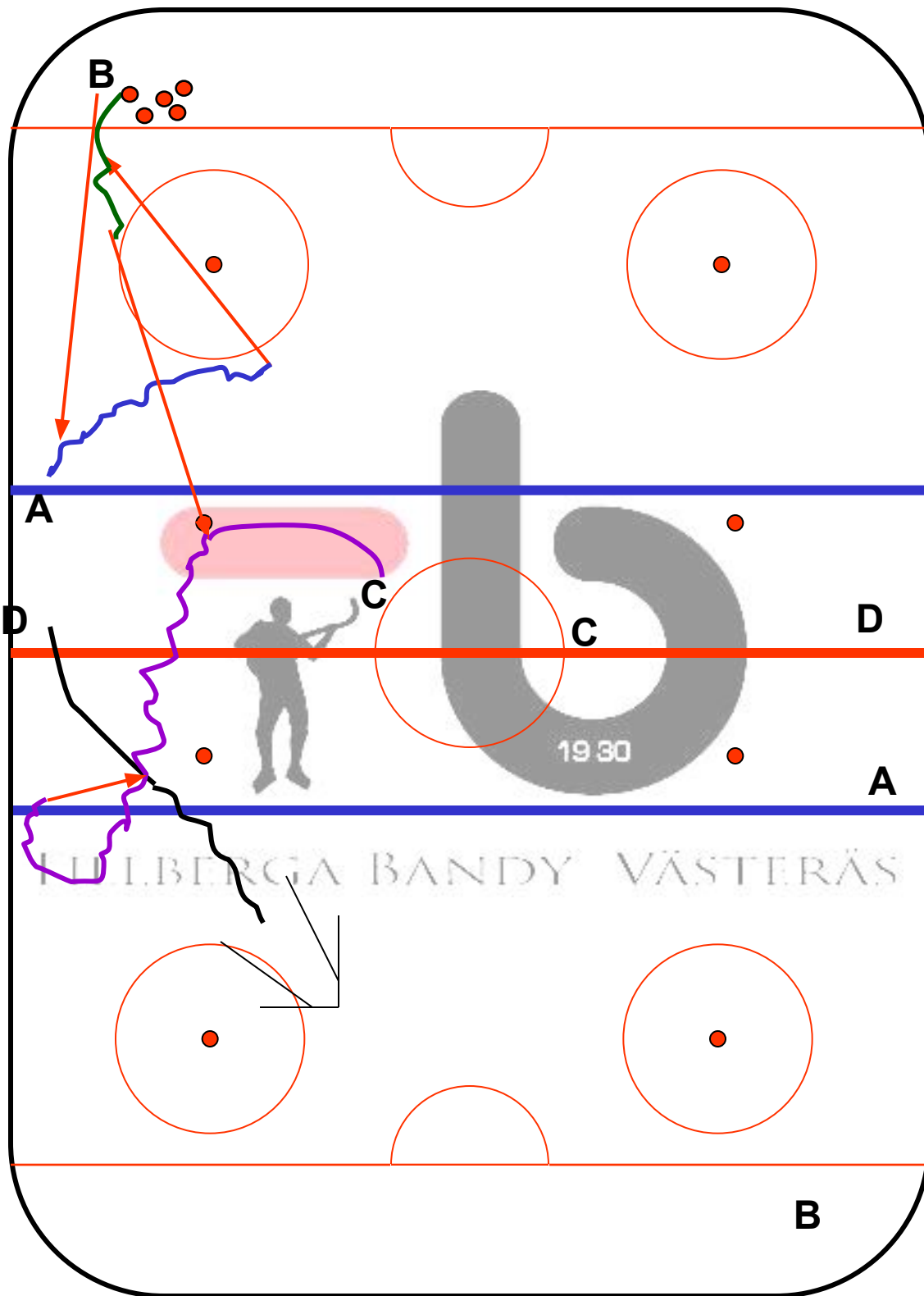
Skridskoåkning med omställning



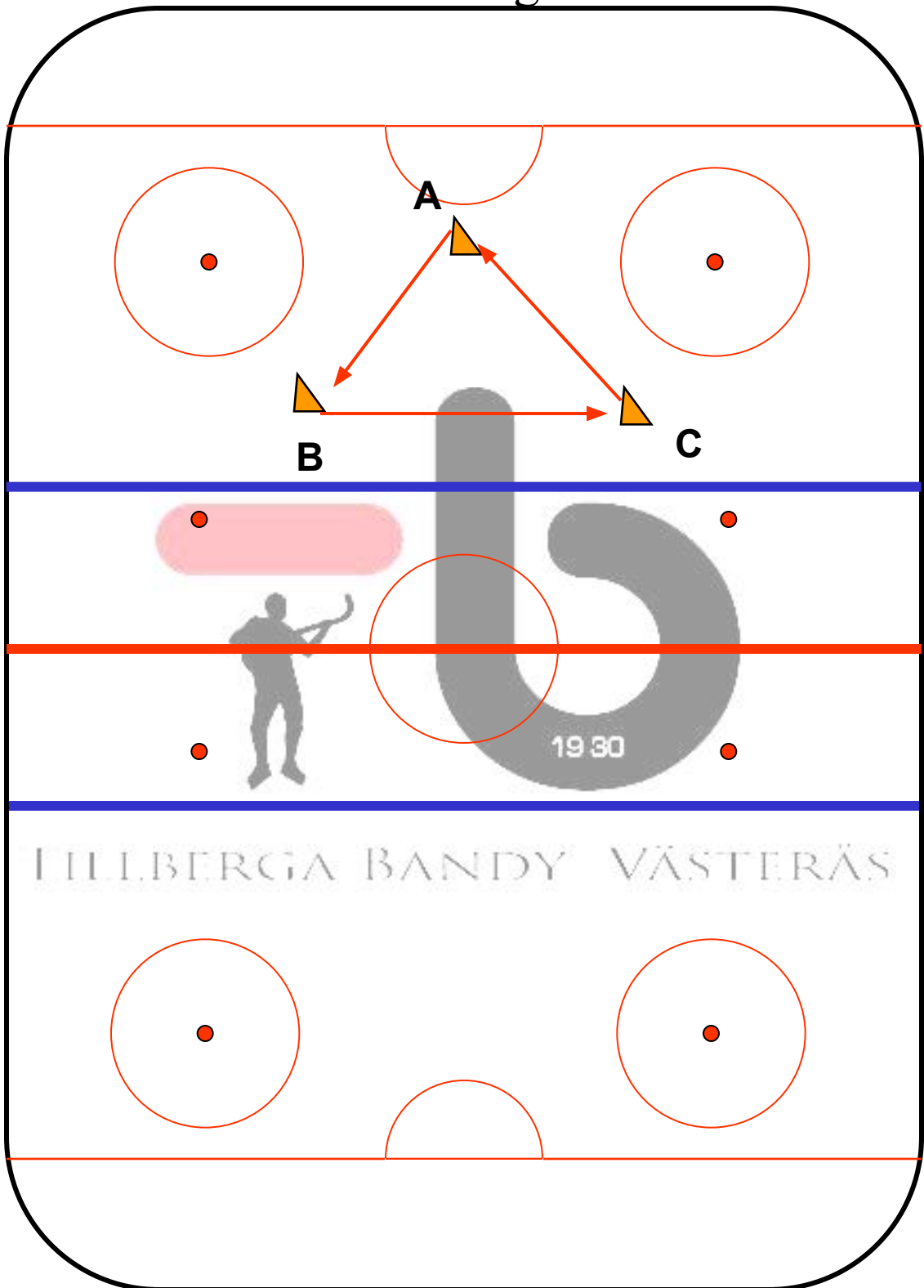
Översteg med skott



1/4 vändning med urvändning



Passningar



Skridskoåkning

