

Extreme sports

action sport
adventure sport

В этом уроке ты

- Обобщишь знания по теме «На досуге»
- Открой тетрадь и запиши дату урока
- Переведи на русский язык все слайды

The reasons for popularity

- ✓ life is dull and 😊 have fun Ving ...
- ✓ are the most spectator sports because of risks of injury and the adrenaline rushing;
- ✓ help 😊 let off steam, overcome own fears and escape from ... problems;
- ✓ it is a way of expressing yourself for young people, it's a lifestyle

Top FIVE Extreme Sports

- **Inline Roller**
- **Skateboarding**
- **Paintball**
- **Artificial Wall Climbing**
- **Snowboarding**



-Have you ever gone... | played ...

-No, _____. But I would (not) like toIt's ...

-Have you ever heard about ...?

.....~~mountain climbing~~

***- Yes, of course.
It's sport!***

***- No, never.
Is it ... sport?***

**trail running
mountain biking
wakeboarding
BMX bicycling
mountain/
rock climbing**



-Which extreme sport is possible to do in the cities and towns?

It's possible to go in for **streetboarding**

buildering

BASE jumping

ice diving

snowrafting

streetluge

in the cities.

But they are very dangerous and not very beneficial for your health!!!

*Could you share
your opinion about ...?*



skydiving Bungee jumping wingsuit flight

It's difficult to go in for *bungee jumping*
skydiving
wing suit flight
hanggliding
snowkiting

because

- 😊 must be properly trained
- 😊 must follow safety rules
- 😊 have to have special equipment.

What's your opinion of ...?

kite-surfing

y



Remember!
Doing extreme
sports is
fashionable
and popular ...

... but
psychologists
believe that
extreme sports
are addictive!!!

... is safe if
_____ are organized
by high-qualified
instructors!!!

Homework

- Выполни письменно задание 9 слайда-
ответь на вопрос,используя не менее
10 предложений

Рефлексия

