



Research

"Russian and Chinese cuisine. Similarities and differences."

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Following tasks

1. To find out the basic principles of Chinese cuisine;
2. To find out the basic principles of Russian cuisine;
3. To cook and evaluate Russian and Chinese dumplings.

Bread.

The Russians liked bread a lot. They say: "Bread is the head of everything."



Soups in Russia



Meat dishes



Fish



Sweets



Ritual Russian cuisine.



Features of Chinese national cuisine.

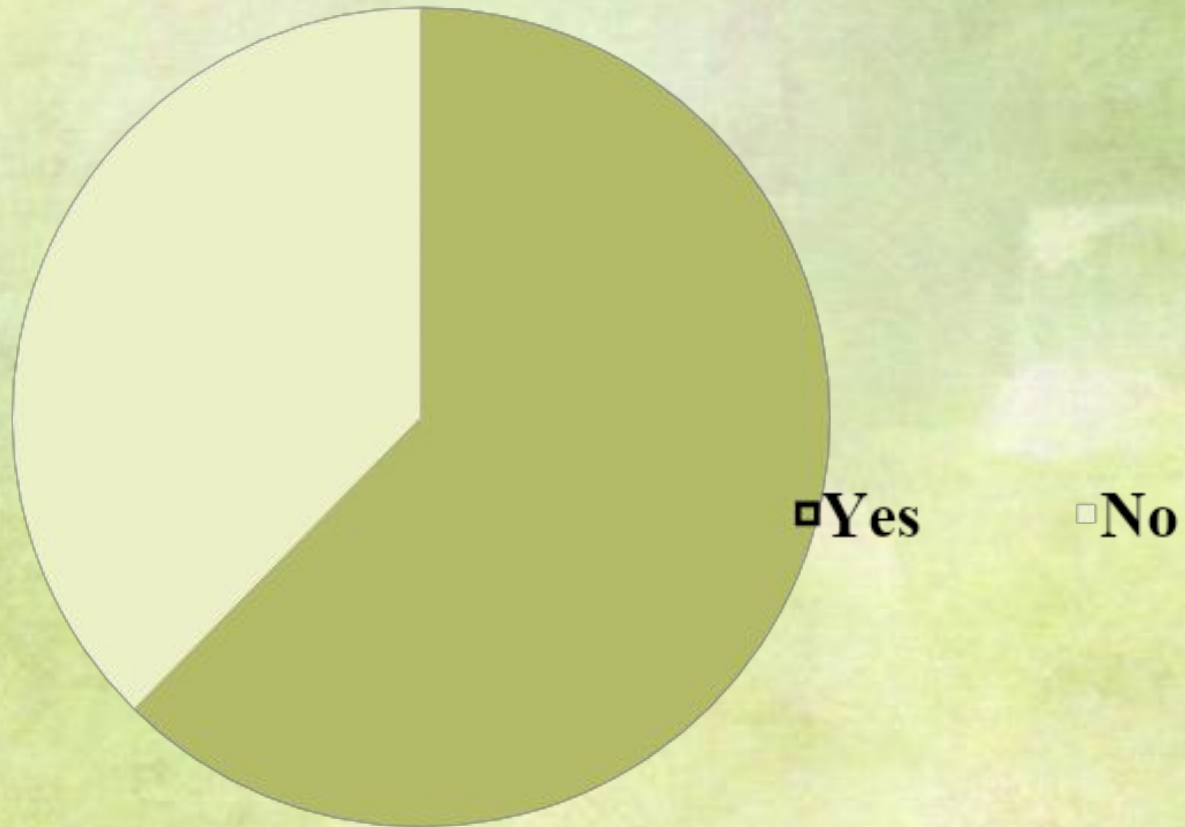




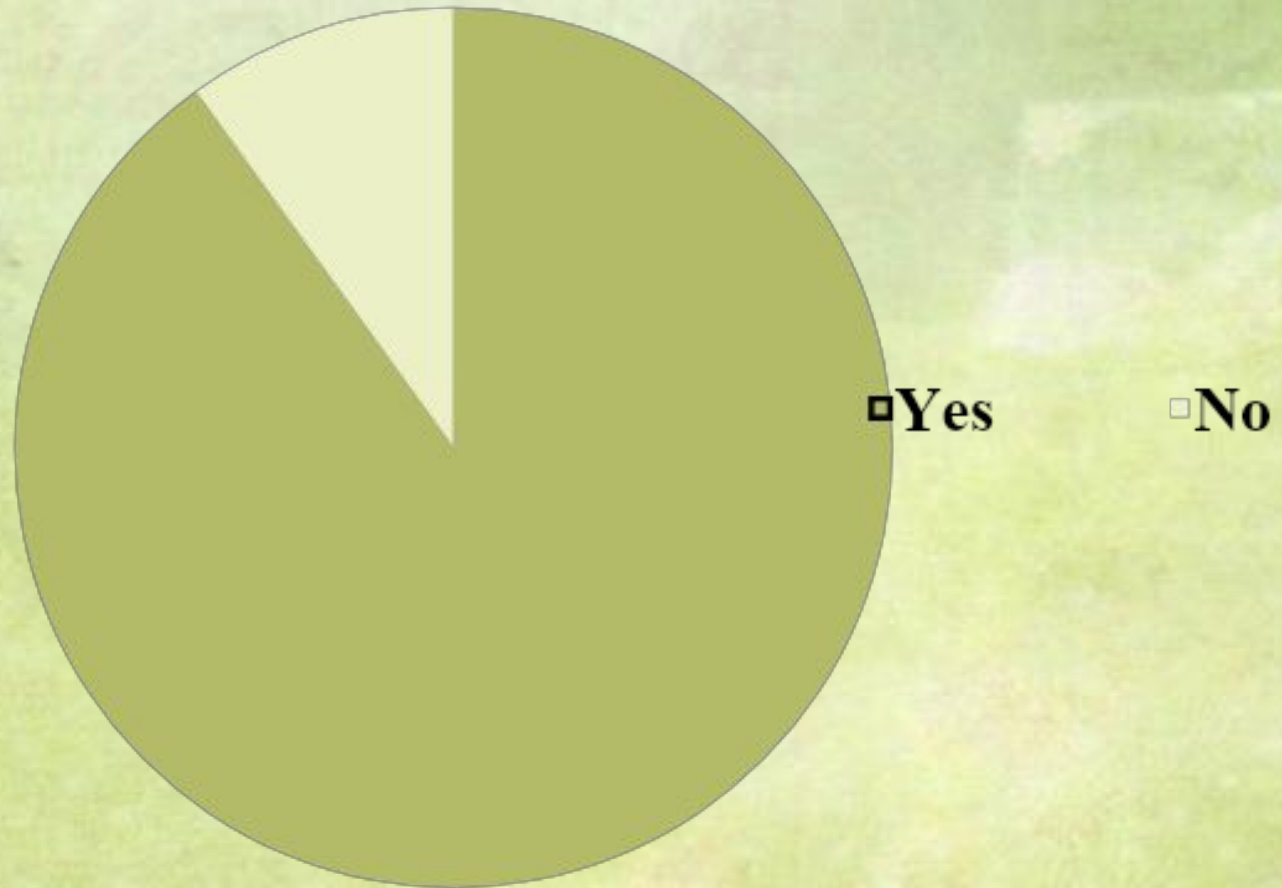
**Chinese
national
cuisine.**



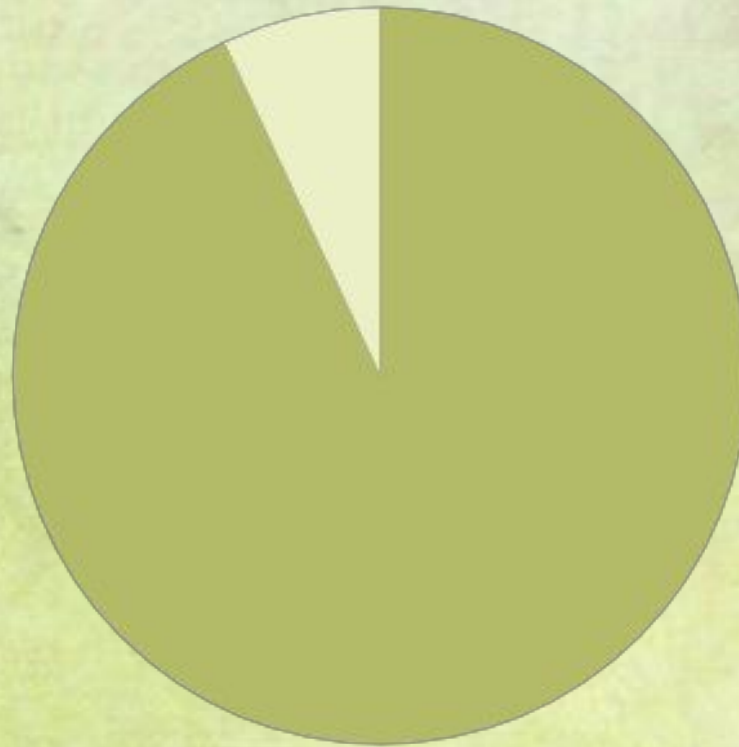
Have you tried Chinese food?



Do Russian and Chinese cuisines differ in your opinion?



What food do you think tastes better?



■ Russian ■ Chinese


Cooking Chinese dumplings at home.





Conclusion

With the help of my parents, I made Chinese dumplings at home - everyone liked it. They are similar to Russian dumplings, but more spicy. Also, the Chinese often use soy sauce. Based on my research, I have come to the conclusion that our kitchens are very different. This is due to the fact that China and Russia are 2 too significant countries, each with its own special history, culture and traditions. I like my country with its traditions. And I think that traditional Russian cuisine is healthier than fast food.



**Thank you for
your attention**