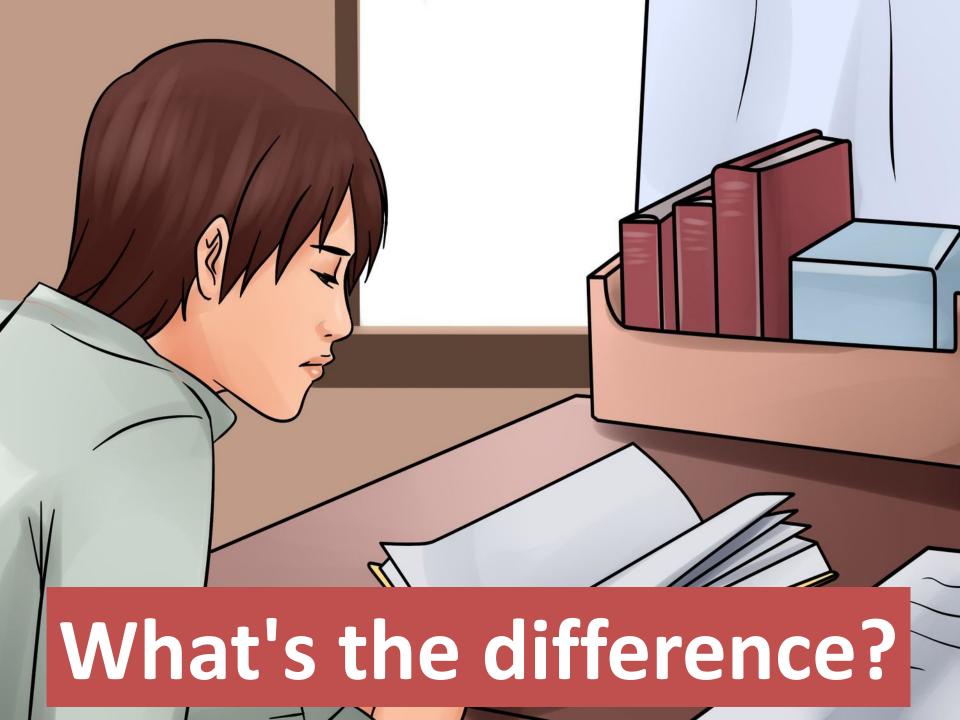


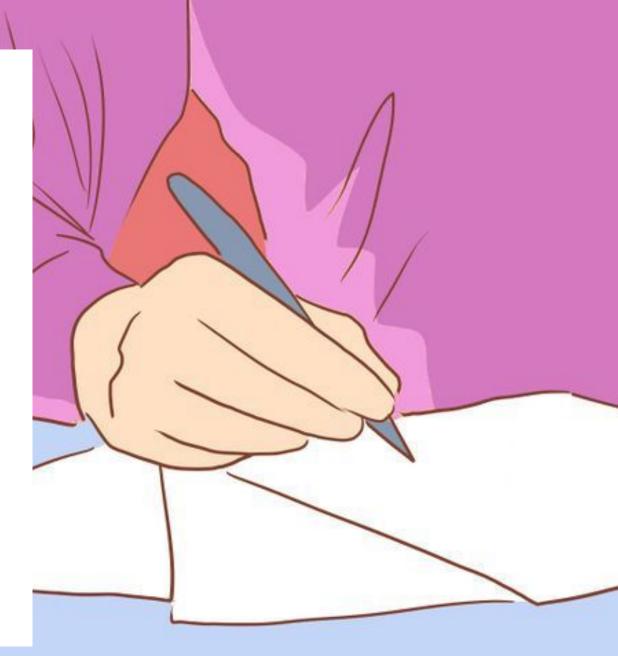
made by Natasha Kostikova

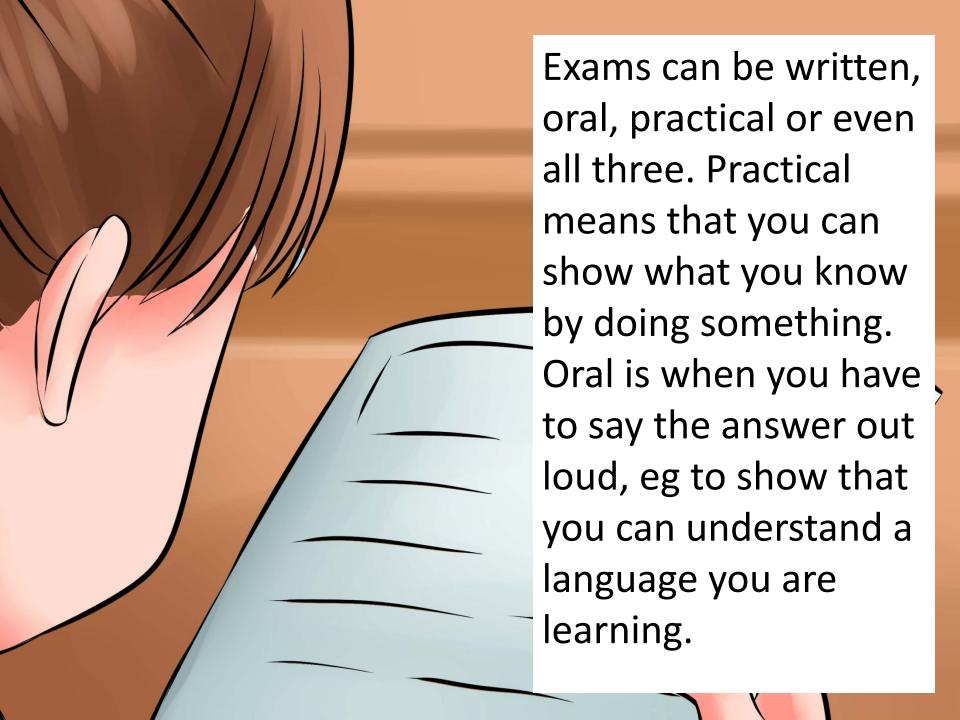


**Tests** are used to help you and the teacher. They let you know if you have understood something that you have been learning and they help the teacher plan what needs to be done to help you.



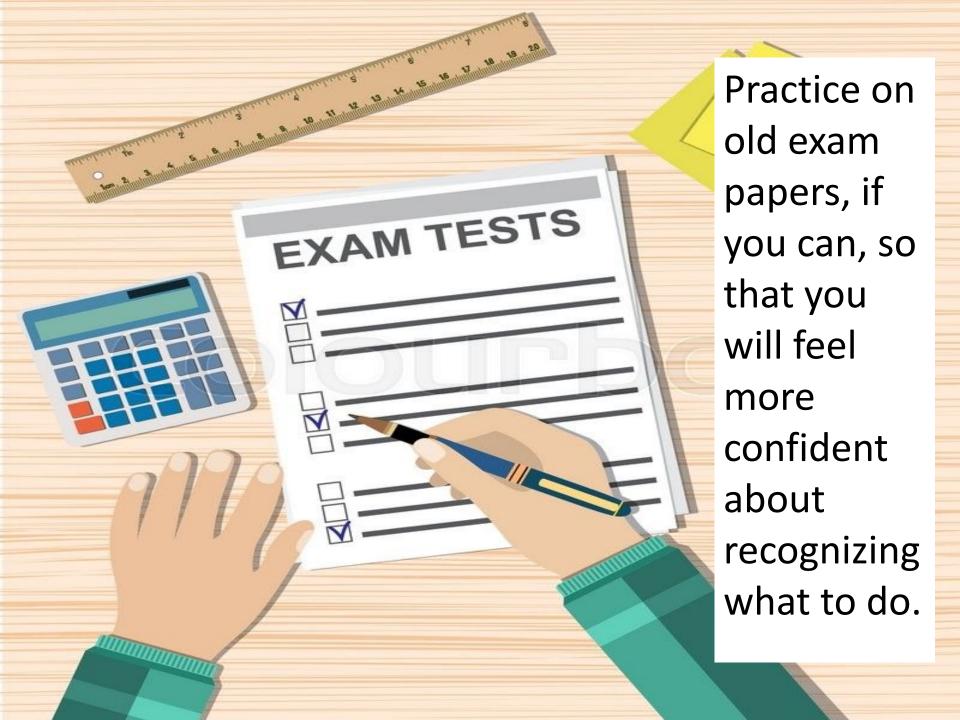
**Exams** are usually rather more formal. You may take exams in a variety of subjects eg. music, karate, first aid, to see if you have reached that level and can move on to the next.





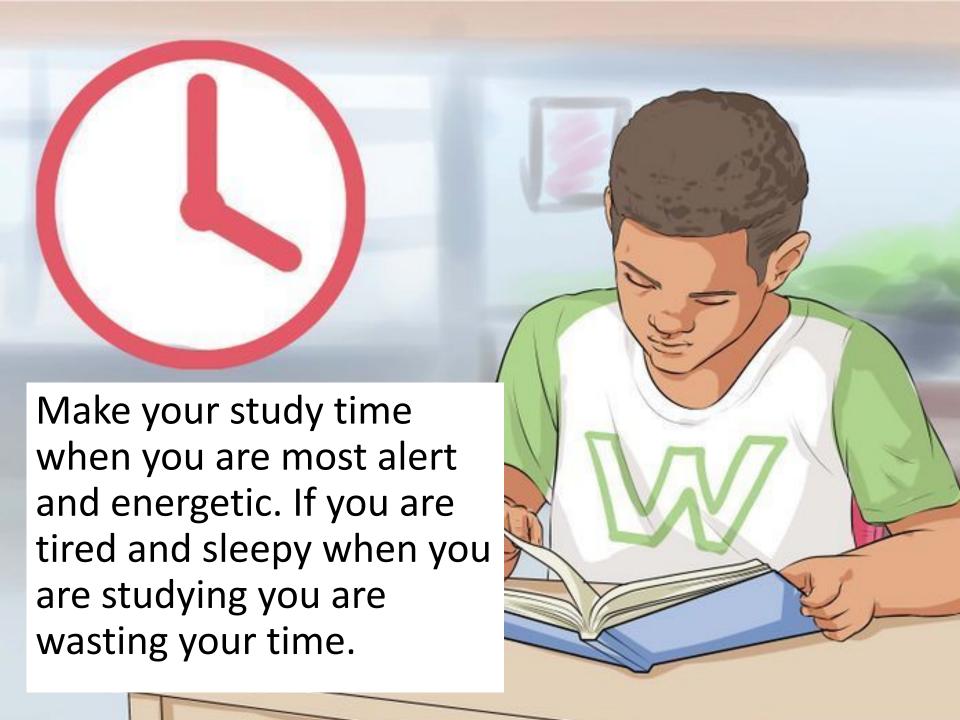






Get into the habit of doing homework properly and in time. Ask the teacher if you don't understand something. Work on the hard stuff first and save the subjects you enjoy for after.







Everyone feels nervous about tests and exams but some people just become so stressed that they do badly even though they have worked really hard and know the work. Stress gets in the way of them being able to do their best.

Why not put on your music and really groove? Pretend you're a real dancer and really go for it. Apart from great exercise dancing is great fun too.



## Have good grades! Thank you for attention!

