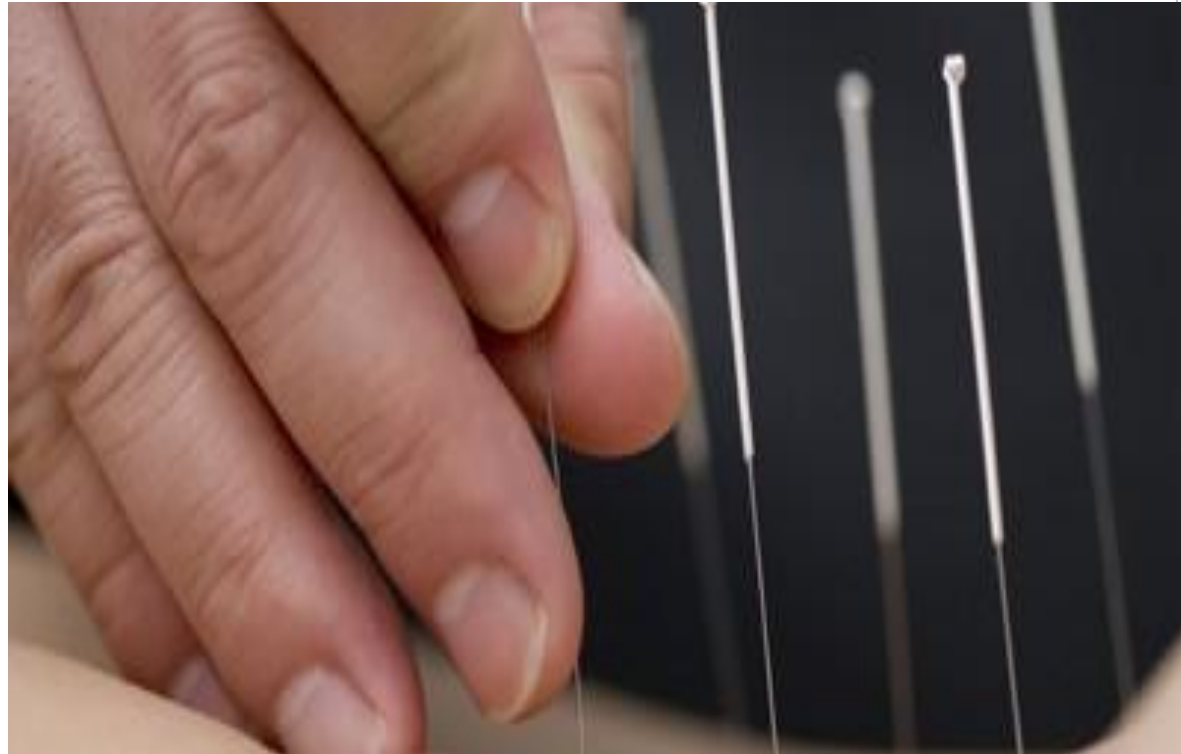


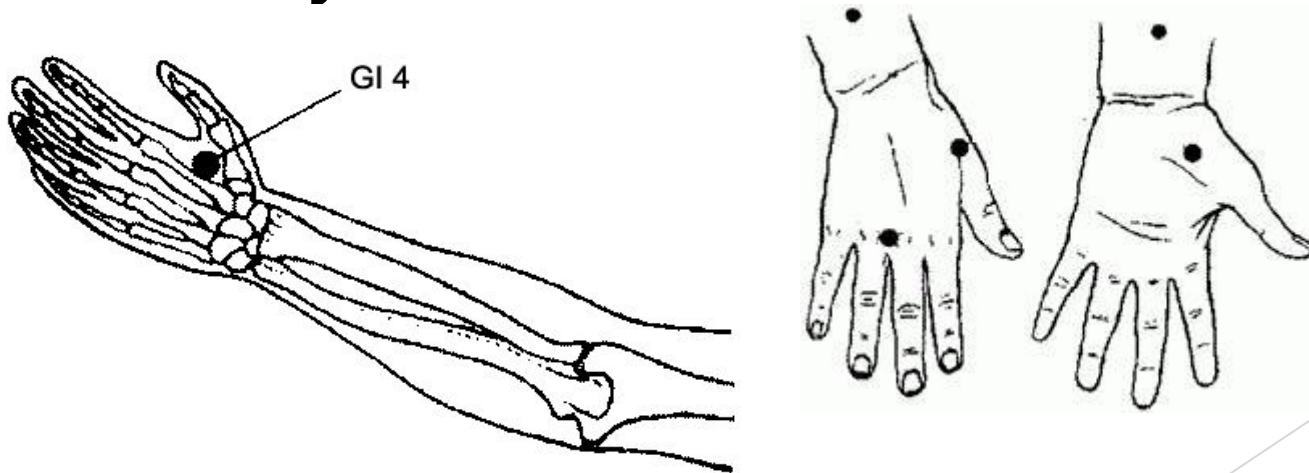
Acupuncture
alternative
medicine



7-A Daria Belska

What is Acupuncture?

Acupuncture is a component of the health care system of **China** that can be traced back at least **2,500** years. The general theory of acupuncture is based on the premise that there are patterns of energy flow (**Qi**) through the body that are essential for health.



Acupuncture



Acupuncture is a form of **alternative medicine** in which these needles are inserted into the body.

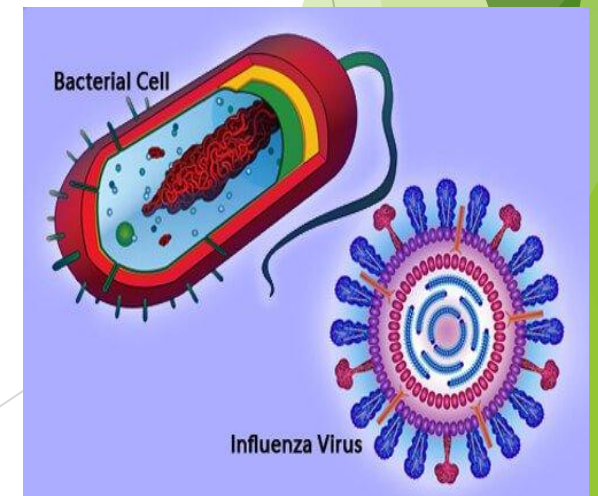
Acupuncture Facts

1. Acupuncture has been shown to be effective for the treatment of **nausea** and vomiting in adults following surgery or taking **chemotherapy** and post-operative dental pain.
2. Acupuncture may be effective in treating a number of other conditions.



What are the possible side effects of Acupuncture?

The most common serious injury reported from the needles of acupuncture has been accidental puncture of the lung, which results in a partial collapse of the lung called pneumothorax. The most common infection reported from acupuncture treatments is viral hepatitis, a potentially serious infection of the liver. Other side effects include bacterial infections locally at the site of needle insertion in the skin and elsewhere in the body. Generally, side effects seem to relate to poor hygiene and training of the acupuncturist.

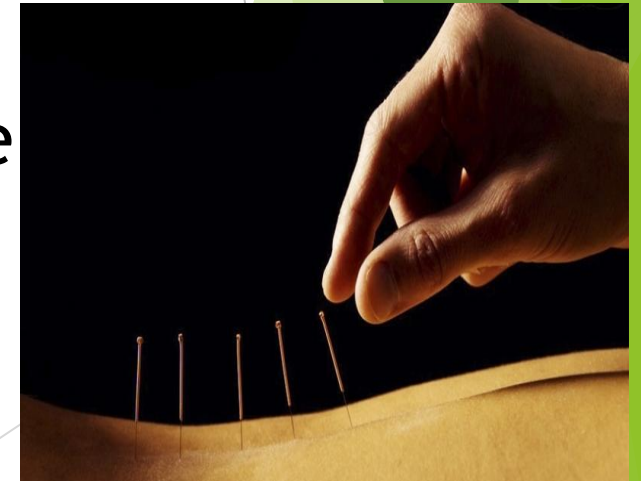


Acupuncture



Acupuncture in United States

Acupuncture as a therapeutic intervention is widely practiced in the United States. There have been many studies of its potential usefulness. However, many of these studies provide equivocal results because of design, sample size, and other factors. The issue is further complicated by inherent difficulties in the use of appropriate controls, such as placebo and sham acupuncture groups.



How does Acupuncture work?

Here are current thoughts from the National Institutes of Health on the manner by which acupuncture might produce beneficial health results.

Many studies in animals and humans have demonstrated that acupuncture can cause **multiple biological responses**. These responses can occur locally, i.e., at or close to the site of application, or at a distance, mediated mainly by sensory neurons to many structures within the central nervous system.





Acupuncture

Presentation is over



Thank you for attention!