

# sports style



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# Plan

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# The history of sports style

The middle of the 19th century was a turning point in the formation of sports – there were communities, different directions. Men and women became interested in sports. Then there was a lull. And it was only by the 80s of the 20th century that the sports style began to develop, over the years the direction has undergone many changes – modern models are far from boiled jeans, colored leggings and bandanas



# sport style for men



Now men mostly wear sweatpants, hoodies, Olympians or T-shirts. On his feet are comfortable socks and sports sneakers.

# sport style for women

Girls wear hoodies, sweatshirts, T-shirts, leggings, baggy suits. A sporty casual style can consist of sneakers, free-cut pants and a denim jacket.



# Varieties of styles

**Sport-chic, sport-glam** are outfits created on the basis of a glamorous wardrobe with a sporty one.

As you can understand from the name – **sports casual**, this is a mixture of two bold, comfortable styles in one image.

**Sports and business style** sounded like a contradiction until recently, but now designers are successfully bringing elements of sports into business clothes.

# Sports style Features

**comfort.** This is one of the main advantages. Thanks to the fabrics used, the cut of the clothes does not constrain movements.

**thoughtfulness.** Sporty style is famous for attention to detail - hoods, zippers, lacing are often found

**a variety of colors.** Literally all the colors of the palette are used

The end