sports style

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The history of sports style

The middle of the 19th century was a turning point in the formation of sports – there were communities, different directions. Men and women became interested in sports. Then there was a lull. And it was only by the 80s of the 20th century that the sports style began to develop, over the years the direction has undergone many changes – modern models are far from boiled jeans, colored leggings and bandanas



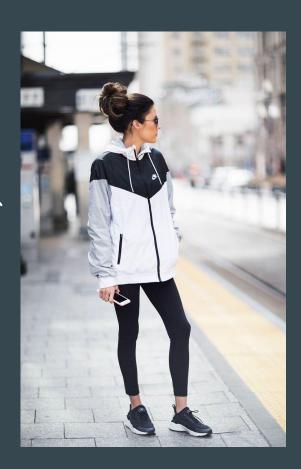
sport style for men



Now men mostly wear sweatpants, hoodies, Olympians or T-shirts. On his feet are comfortable socks and sports sneakers.

sport style for women

Girls wear hoodies, sweatshirts, T-shirts, leggings, baggy suits. A sporty casual style can consist of sneakers, free-cut pants and a denim jacket.



Varieties of styles

Sport-chic, sport-glam are outfits created on the basis of a glamorous wardrobe with a sporty one.

As you can understand from the name — **sports casual**, this is a mixture of two bold, comfortable styles in one image. **Sports and business style** sounded like a contradiction until recently, but now designers are successfully bringing elements of sports into business clothes.

Sports style Features

comfort. This is one of the main advantages. Thanks to the fabrics used, the cut of the clothes does not constrain movements.

thoughtfulness. Sporty style is famous for attention to detail - hoods, zippers, lacing are often found **a variety of colors.** Literally all the colors of the palette are used

The end