

# In Harmony with the World



Harmony is the integrity and balance of opposing things, phenomena, actions.





Harmony with the world, it is a balance between us and what surrounds us.

To be in harmony with the world you need to know the world well, that is, to travel a lot and learn new things about the countries.





We are an integral part of  
the existing world.



Everyone should achieve  
harmony with the world.

And yet, what is harmony with the world? What should we do to be in harmony with nature?

We need to learn to find compromises between your own desires and those of other people. In addition, it is also the definition of our purpose in this world.



We must not forget that everything in the world moves, and therefore movement is life. We need to move more, this will help to find harmony not only with the world, but also with yourself!



The most important rule: life is exactly what we make it.

If we have failed, why not, instead of reassuring ourselves that this is our fate, take a lesson from it and rise up, overcoming all difficulties.





Thoughts are able to materialize. This is often the case. We should try to think more about the success we want to achieve. And, on the contrary, it is necessary to minimize negative thoughts and fears.



As we relate to the world around us, so it will relate to us.

If we do good deeds, then good returns to us, if bad deeds, then the result is appropriate. Perhaps this does not happen right away, or we may not even notice it, but usually it happens this way.



I want to summarize. Everyone should try to be in harmony with the world.

