Working day



Vocabulary



Study the following words and expressions.

to do one's best — делать все от тебя зависящее to achieve — достигать goal — цель radio alarm — радиобудильник to buzz — звонить, давать сигнал lazybones — лентяй to do one's morning exercises — делать утреннюю гимнастику health — здоровье wealth — достаток to have a shower — принимать душ; также to take a shower to get dressed — одеваться to brush one's hair — причесываться

to take sb some time to do sth занимать определенное время, чтобы сделать что-либо to be in the habit of doing sth - иметь привычку что-либо делать to grab — хватать to rush — бежать, спешить mood — настроение to flash by — пролетать the humanities — гуманитарные науки to drag — тянуться break - перерыв, перемена canteen — столовая to be over — заканчиваться groupmate — одногруппник to be busy doing sth — быть занятым чем-либо



Read the text.

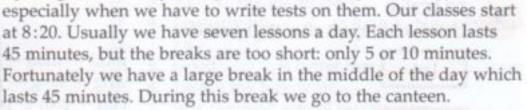
Alexander's Working Day

My usual working days look practically the same. But I do my best to make them more interesting and useful. Life is impossible without work. Teachers and parents always say that hard work is the only way to achieve our goals. My working day usually starts like this. At exactly 6:00 my radio alarm buzzes. Though I am not a lazybones, in winter it is always difficult for me to wake up early. I do my morning exercises every morning. I know that good health is better than wealth. After having a shower I get dressed and brush my hair. It takes me about 40 minutes. I am in



the habit of having only a light breakfast. After breakfast I grab my school bag and rush for college. Unfortunately I live far from the college. It takes me about one hour to get there.

Sometimes my mood depends on what classes I have. On some days lessons flash by very quickly, especially if they are on the humanities or Maths, which I like most, but they drag more slowly if they are on Chemistry or Biology and



At 3 o'clock, when the classes are over, I sometimes stay at college to play football with my groupmates. In the evenings I am busy doing my homework. If I have some free time left, I go for a walk with my friends, read or watch TV. At about 8 o'clock all our family have supper. At 11:30 I take a shower and go to bed.

Are these statements true or false? Correct the

- Alexander's working day starts at 6:30.
- 2. He is in the habit of having a big breakfast.
- 3. Alexander's favourite subject is Maths.
- In the middle of the day the students go to the canteen.
- 5. Alexander likes to play football.
- In the evenings he goes for a walk with his friends.







TRACK 7.

Listen to the three texts. What new information about Alexander have you learned?

Speaking

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Talk about your working day using the following prompts.

My usual working day starts at . . .

I get up at ...

It takes me . . .

My classes start at . . .

We usually have . . . lessons a day.

At . . . o'clock our classes are over.

I come back home at . . .

At home I...

If I have time, I...

I go to bed at ...



Check your grammar: grouping – the definite article Write the words and phrases in the correct group.

youngest	roses (in general)	Monday	Moon	Jane's
Danube	Andes	first	Lake Geneva	Beasley Street
love (in general)	Mount Everest	Ministry of Education		

the	Ø

Circle the best answer to complete the sentences.

1. He collects	He's got over two thousand!	a. books b. the books
2. We're going skiing in	for New Year!	a. Alps b. the Alps
3. She's of	a country in Europe.	a. a presidentb. the president
4. Honey, could you feed	, please?	a. a dog b. the dog
5. My sister loves	She wants to be a vet.	a. Animals b. the animals
6. My mum wants to go to	for her birthday.	a. a cinema b. the cinema
7. The Gilbert and Ellis Island	ds are in	a. Pacific Ocean b. the Pacific Ocean
8. They say	_ makes the world go round.	a. money b. the money

Write the words in the correct order to make questions.

- ► 1. to Who were you? Talking
- 2. are at they? looking What
- 3. music ? down the you Could turn
- 4. is for What homework the today?
- 5. Who that photo ? Took
- ► 6. match time does? the start What
- ► 7. you How clean often? do teeth your
- ► 8. penguins bears Why don't? polar eat

Translate

- Я студент колледжа.
- Мне требуется 50 минут, чтобы добраться до него, поэтому встаю рано.
- ▶ Утром я принимаю душ, умываюсь и завтракаю и отправляюсь в колледж.
- Занятия начинаются в 9.
- Обычно у нас 6-8 уроков.
- После занятий я отдыхаю.
- Затем я занят домашним заданием.
- Вечером у меня свободное время.
- Иногда я гуляю с друзьями в парке или смотрю фильм, или разговариваю по телефону.