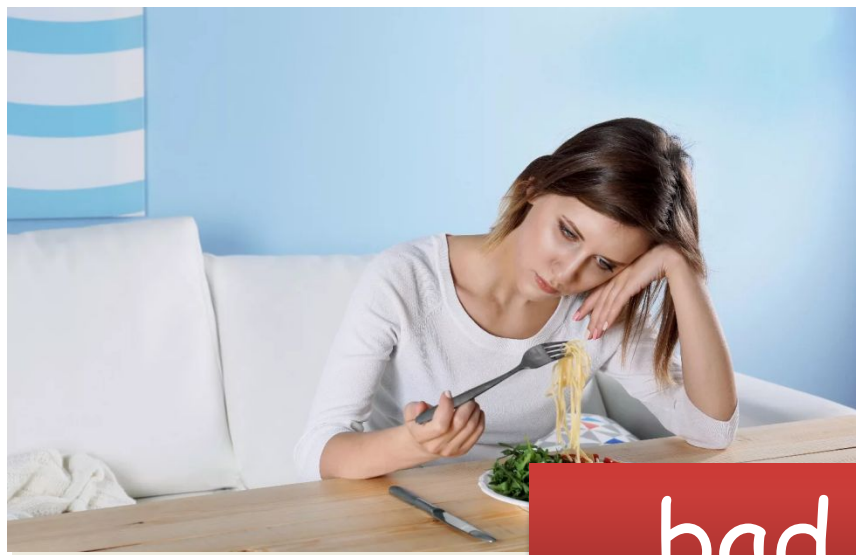




exciting news



How do you think they are feeling? Why?

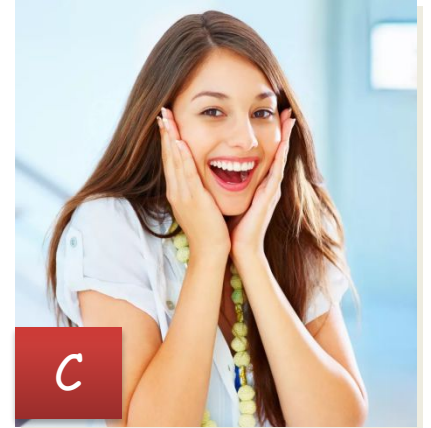


bad events



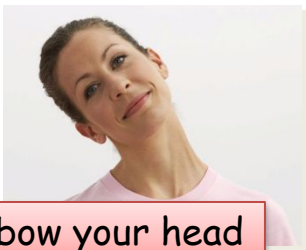
How do you think they are feeling? Why?

1 **VOCABULARY** Look at the people in the photos (A–F). What feelings does their body language express?





bite your fingernails



bow your head



cover your mouth



cross your fingers



fidget



fold your arms



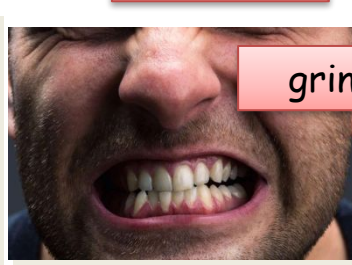
frown



give a thumbs up



grimace



grin



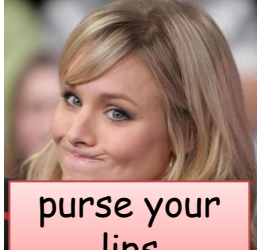
nod your head



point



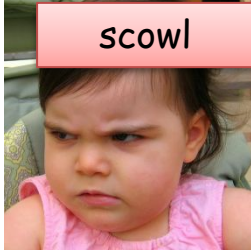
pout



purse your lips



raise your eyebrows



scowl



scratch your head



shake your head



shrug your shoulders



wave



wink



yawn

2 Check the meaning of the gestures and expressions below. Which ones can you match with the photos?

Gestures and expressions bite your fingernails bow your head cover your mouth cross your fingers cross your legs fidget fold your arms frown give a thumbs up grimace grin nod your head point pout purse your lips raise your eyebrows scowl scratch your head shake your head shrug your shoulders wave wink yawn

The woman in the first photo is shrugging ... and ...



A

raise your eyebrows



B

scratch your head



C

raise your eyebrows



D

bite your fingernails



E

frown



F

give a thumbs up

- 3 Work in pairs. Take turns to choose emotions from below and make gestures and expressions to convey them. Your partner identifies the gesture or expression and guesses the emotion.

annoyance anxiety boredom confusion disapproval disgust fear friendliness
happiness ignorance indifference interest pain shame shock surprise

You're grimacing, so you're expressing pain, or maybe disgust.



Gestures and expressions bite your fingernails bow your head cover your mouth
cross your fingers cross your legs fidget fold your arms frown give a thumbs up
grimace grin nod your head point pout purse your lips raise your eyebrows
scowl scratch your head shake your head shrug your shoulders wave wink yawn



4 **1.17 VOCABULARY** Listen and write in your notebook the sounds below in the order you hear them.

clear yo

sniff¹ /snɪf/ ●●○ verb  

1 [intransitive] to breathe air into your nose noisily, for example when you are crying or have a cold

C

tut¹ /tʌt/ (also tut-tut) interjection  

the sound that you make by touching the top of your mouth with your tongue in order to show disapproval

hiccup

sigh

slurp

sneeze

snif

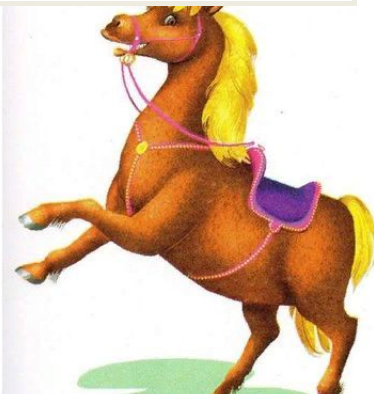
snor

tut

sniff

count

tut



sigh¹ /saɪ/ ●●○ verb [intransitive]

1 to breathe

slurp /slɜ:p \$ slɜ:rp/ verb [intransitive, transitive]  



sigh he



to drink a liquid while making a noisy sucking sound ▶ see thesaurus at **drink, eat**

Frankie stared out of the window and sighed deeply.

etc

5 Which sound(s) are you likely to make when you ...

- 1 have a bad cold? (more than one possible answer)
- 2 are preparing to speak? clear your throat
- 3 are asleep? snore
- 4 are disappointed or sad? sigh
- 5 are shocked? gasp
- 6 disapprove of something? tut
- 7 are drinking a very hot liquid? slurp

- clear your throat
- cough
- sneeze
- sniff

- clear your throat
- cough
- gasp
- hiccup

- sigh
- slurp
- sneeze
- sniff

- snore
- tut

Gestures and expressions bite your fingernails bow your head cover your mouth
cross your fingers cross your legs fidget fold your arms frown give a thumbs up
grimace grin nod your scowl scratch your head

Human sounds clear
sniff snore tut

often exist in other countries they can have very different meanings. Find out if you are ready to do our quiz on interesting

- 1 You should ¹ _____ rather than blow your nose in public, you might disgust a few people, so it's better to go to the bathroom to do it!
A Japan. B Russia. C Italy.
- 2 When a Turk raises their eyebrows, they are doing it to say 'no'. Very often this gesture is accompanied by a tutting sound, so they raise their eyebrows and make this sound – tut – at the same time.
A 'no'. B 'I'm confused'. C 'I'm sorry'.
- 3 If you want to wish someone good luck in Vietnam, don't do it by crossing your fingers! It's considered a very rude gesture and could get you into trouble!
A Ireland. B Vietnam. C Bulgaria.
- 4 You might shake your head to say 'no' in your country, but in Bulgaria it's exactly the opposite. Shaking the head means 'yes'!
A nod their head. B shake their head. C shrug their shoulders.
- 5 It may seem normal to you, but people in many countries, Indonesia, for example, will think you very rude if you point at people or things.
A 'no'. B 'I'm sorry'. C 'I'm happy'.
- 6 Making a noise when drinking is rude in many countries, but not in Japan. You can slurp whether you are drinking tea or eating a bowl of noodles.
A 'no'. B 'I'm sorry'. C 'I'm happy'.
- 7 Giving the thumbs up in Thailand is something that children do, so it's not offensive, but it's seen as childish. It's a bit like a child sticking out their tongue!
A Thailand. B Australia. C Italy.

Transcript

- 1 If you have a cold in Japan, you should sniff rather than blow your nose. If you blow your nose in public, you might disgust a few people, so it's better to go to the bathroom to do it!
- 2 When a Turk raises their eyebrows, they are doing it to say 'no'. Very often this gesture is accompanied by a tutting sound, so they raise their eyebrows and make this sound – tut – at the same time.
- 3 If you want to wish someone good luck in Vietnam, don't do it by crossing your fingers! It's considered a very rude gesture and could get you into trouble!
- 4 You might shake your head to say 'no' in your country, but in Bulgaria it's exactly the opposite. Shaking the head means 'yes'!
- 5 It may seem normal to you, but people in many countries, Indonesia, for example, will think you very rude if you point at people or things.
- 6 Making a noise when drinking is rude in many countries, but not in Japan. You can slurp whether you are drinking tea or eating a bowl of noodles.
- 7 Giving the thumbs up in Thailand is something that children do, so it's not offensive, but it's seen as childish. It's a bit like a child sticking out their tongue!

with words from exercises 2

exercise 2

exercise 4


answers to the quiz. Are you ready and taboos?



transcript

answers

thumbs up

8  1.19 Listen to four different situations. Match the questions to each situation 1–4.



In which situation do they talk about ...

- a making a good impression? **3**
- b making something appear believable? **4**
- c dealing with the symptoms of being unwell?
- d different ways of expressing yourself? **2**

situation 1
situation 2
situation 3
situation 4

2 **Tom** Anyway, s
Madrid go?

Leah Fantastic.

3 **Tom** *What was*
Now, we're g

Obviously yo
to make an e
without sayin

make a very c
types of body

your arms, yc
other hand, c

as you will ap
with your fee
the chair with
we're cold and

4 **Director** Cut ... cut!

Actor What's wrong?

Director It's the expression on your face. It's not right.

Actor How do you mean?

1 **Director** Your character is supposed to look confused.

Actor Well, I'm trying to transmit the idea by scratching my head while I'm looking at the menu and then I'll ask about one of the dishes – you know, 'Excuse me, what exactly is in the beef stroganoff?'

Director I know what it says in the script, Marc, but I don't want you to play it like that. I want you to be less obvious. When you scratched your head, it looked like you had a terrible itch! Just raise your eyebrows and put your head to one side and look up at the waitress.

Actor But if I do the scene like that, the audience won't realise that I've got a problem with the menu.

Director That's the point, Marc, that's the point! We don't want it to be obvious at first. You're supposed to be a man who is not very good at expressing his feelings!

Actor OK, OK, whatever you say!

Director Exactly – whatever the director says! OK, everybody, positions please! And ... 3 ... 2 ... 1 ... action!

RECYCLE! The first conditional for predicting

- We often use the first conditional to make predictions using *might*, *may*, *will* / *won't* or *could*.

You *might* annoy people if you constantly sniff!

If you *bite* your fingernails, you *won't* make a very good impression.

If you *fold* your arms, you *could* look defensive.



Recycle!

9  1.19

complete the

sentences using the words in brackets.

- 1 If you can't control your coughing or sniffing, you _____ **might annoy people** _____. (might)
- 2 If you use British ways of expressing yourself with Spanish people, they _____ **could think of you as cold and reserved** _____.
- 3 If you don't control your body language in an interview, you _____ **might not get the job** _____. (might not)
- 4 If the director lets Marc perform as he wants, the audience _____ **won't realise that Marc is supposed to be a man who is not very good at expressing his feelings** _____ (won't)

10 **SPEAKING** Work in pairs. Ask and answer the questions.

Which gesture or expression might you use if you were wishing someone luck in an exam?

- Which gesture or expression might you use if ...
- 1 you were wishing someone luck in an exam?
 - 2 you were puzzled by a question?
 - 3 you didn't know the answer to a question that somebody asked?
 - 4 you tasted something very bad?
 - 5 you were very anxious about something?
 - 6 you wanted to indicate that something you said wasn't serious?
 - 7 one of your friends was very rude to you?



If I were wishing someone luck in an exam, I might ...



Homework

What have you learned today?

What can you do now?

